

Zimowe Mistrzostwa Polski Seniorów i Młodzieowców 19-20 lat w Pływaniu
Pozna , 15- - 18-12-2011

Konkurencja 27
2011-12-17 - 9:35

Kobiet, 400m dowolny

Open
Wyniki Eliminacje

RP 4:05.77 BARZYCKA, Paulina 2005-11-26

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
1. BERNAT, Aleksandra	90 K.S.Warta	4:17.59	758 A
50m: 29.38 29.38	150m: 1:33.84 32.45	250m: 2:39.45 32.85	350m: 3:45.74 33.15
100m: 1:01.39 32.01	200m: 2:06.60 32.76	300m: 3:12.59 33.14	400m: 4:17.59 31.85
2. SZCZEPANIAK, Karolina	92 AZS-AWF Warszawa	4:20.75	731 A
50m: 29.78 29.78	150m: 1:35.76 33.47	250m: 2:42.51 33.63	350m: 3:49.01 33.18
100m: 1:02.29 32.51	200m: 2:08.88 33.12	300m: 3:15.83 33.32	400m: 4:20.75 31.74
3. KILIJA SKA, Donata SSz	95 KSZO Ostrowiec wi t.	4:20.80	730 A
50m: 29.75 29.75	150m: 1:35.78 33.44	250m: 2:42.55 33.57	350m: 3:49.08 33.42
100m: 1:02.34 32.59	200m: 2:08.98 33.20	300m: 3:15.66 33.11	400m: 4:20.80 31.72
4. SZCZYTKO, Alicja	95 MUKS Olimpijczyk	4:21.30	726 A
50m: 30.09 30.09	150m: 1:36.36 33.38	250m: 2:43.10 33.16	350m: 3:49.90 33.09
100m: 1:02.98 32.89	200m: 2:09.94 33.58	300m: 3:16.81 33.71	400m: 4:21.30 31.40
5. WIKIEŁ, Manuela	92 AZS UWM Olsztyn	4:21.48	725 A
50m: 30.71 30.71	150m: 1:36.65 33.24	250m: 2:42.94 32.97	350m: 3:49.49 33.12
100m: 1:03.41 32.70	200m: 2:09.97 33.32	300m: 3:16.37 33.43	400m: 4:21.48 31.99
6. LIPI SKA, Małgorzata SSz	93 KSZO Ostrowiec wi t.	4:21.54	724 A
50m: 31.30 31.30	150m: 1:37.18 32.97	250m: 2:43.63 33.11	350m: 3:49.75 32.99
100m: 1:04.21 32.91	200m: 2:10.52 33.34	300m: 3:16.76 33.13	400m: 4:21.54 31.79
7. UKOWSKA, Paula	93 MKS ZRYW Opole	4:21.63	723 A
50m: 30.91 30.91	150m: 1:36.88 32.92	250m: 2:43.02 33.14	350m: 3:49.42 33.32
100m: 1:03.96 33.05	200m: 2:09.88 33.00	300m: 3:16.10 33.08	400m: 4:21.63 32.21
8. DWORACZEK, Paulina SSz	96 MKS Jordan Kraków	4:21.69	723 A
50m: 30.99 30.99	150m: 1:36.89 33.12	250m: 2:43.98 33.40	350m: 3:50.42 33.12
100m: 1:03.77 32.78	200m: 2:10.58 33.69	300m: 3:17.30 33.32	400m: 4:21.69 31.27
ZACHOSZCZ, Joanna	93 MKP „Słowianka” Gorzów Wlkp.	4:21.69	723 A
50m: 30.09 30.09	150m: 1:35.01 32.79	250m: 2:40.97 33.16	350m: 3:48.26 33.82
100m: 1:02.22 32.13	200m: 2:07.81 32.80	300m: 3:14.44 33.47	400m: 4:21.69 33.43
10. WASILEWSKA, Barbara	94 LKS Omega Kleszczów	4:21.90	721 A
50m: 30.57 30.57	150m: 1:36.45 33.36	250m: 2:43.14 33.37	350m: 3:49.84 33.47
100m: 1:03.09 32.52	200m: 2:09.77 33.32	300m: 3:16.37 33.23	400m: 4:21.90 32.06
11. KOWALSKA, Agata	93 AZS-AWF Warszawa	4:22.45	717 R
50m: 29.96 29.96	150m: 1:36.23 33.28	250m: 2:43.49 33.70	350m: 3:50.38 33.27
100m: 1:02.95 32.99	200m: 2:09.79 33.56	300m: 3:17.11 33.62	400m: 4:22.45 32.07
12. BAJORSKA, Dorota SO	94 UKP Unia O wi cim	4:24.47	700 R
50m: 31.21 31.21	150m: 1:37.01 32.91	250m: 2:44.31 33.79	350m: 3:51.75 33.65
100m: 1:04.10 32.89	200m: 2:10.52 33.51	300m: 3:18.10 33.79	400m: 4:24.47 32.72
13. PIEKARSKA, Magdalena SSz	94 MKP Szczecin	4:24.52	700
50m: 30.48 30.48	150m: 1:37.18 33.71	250m: 2:44.66 33.62	350m: 3:51.66 33.36
100m: 1:03.47 32.99	200m: 2:11.04 33.86	300m: 3:18.30 33.64	400m: 4:24.52 32.86
14. DEMBSKA, Joanna	95 UKS "G-8 Bielany" Warszawa	4:25.01	696
50m: 30.18 30.18	150m: 1:36.74 33.30	250m: 2:44.36 33.77	350m: 3:51.99 33.83
100m: 1:03.44 33.26	200m: 2:10.59 33.85	300m: 3:18.16 33.80	400m: 4:25.01 33.02
15. ULATOWSKA, Alicja SO	96 UKP Unia O wi cim	4:27.33	678
50m: 30.95 30.95	150m: 1:38.81 34.03	250m: 2:46.86 33.99	350m: 3:54.71 33.69
100m: 1:04.78 33.83	200m: 2:12.87 34.06	300m: 3:21.02 34.16	400m: 4:27.33 32.62
16. KLIMASZEWSKA, Monika	96 MKS "Neptun" Stargard Szcz.	4:28.60	669
50m: 30.93 30.93	150m: 1:39.02 34.31	250m: 2:47.30 34.21	350m: 3:55.31 33.69
100m: 1:04.71 33.78	200m: 2:13.09 34.07	300m: 3:21.62 34.32	400m: 4:28.60 33.29
17. PO AROWSZCZYK, Beata	91 MKS Juvenia Wrocław	4:28.93	666
50m: 30.58 30.58	150m: 1:36.85 33.39	250m: 2:44.46 33.89	350m: 3:53.89 34.91
100m: 1:03.46 32.88	200m: 2:10.57 33.72	300m: 3:18.98 34.52	400m: 4:28.93 35.04

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Pozycja			Rok ur.					Czas	Pkt.		
18.	ALEKSANDROWICZ, Arleta		96	MUKS Olimpijczyk				4:29.45	662		
	50m:	30.42 30.42	150m:	1:38.45	34.54	250m:	2:47.12	34.11	350m:	3:56.06	34.45
	100m:	1:03.91 33.49	200m:	2:13.01	34.56	300m:	3:21.61	34.49	400m:	4:29.45	33.39
19.	KULIGOWSKA, Marcela SSz		94	MKP Szczecin				4:30.46	655		
	50m:	31.21 31.21	150m:	1:38.50	33.85	250m:	2:46.51	33.95	350m:	3:56.37	34.95
	100m:	1:04.65 33.44	200m:	2:12.56	34.06	300m:	3:21.42	34.91	400m:	4:30.46	34.09
20.	CHODYNA, Monika		92	AZS UWM Olsztyn				4:31.16	650		
	50m:	31.55 31.55	150m:	1:39.62	34.10	250m:	2:48.46	34.48	350m:	3:57.39	34.40
	100m:	1:05.52 33.97	200m:	2:13.98	34.36	300m:	3:22.99	34.53	400m:	4:31.16	33.77
21.	KUNKA, Kamila SO		96	GOSiR Piaseczno				4:31.80	645		
	50m:	30.93 30.93	150m:	1:38.90	34.53	250m:	2:48.61	34.80	350m:	3:58.20	34.51
	100m:	1:04.37 33.44	200m:	2:13.81	34.91	300m:	3:23.69	35.08	400m:	4:31.80	33.60
22.	SIRIGNANO, Luigia SK		96	MKS Jordan Kraków				4:33.68	632		
	50m:	30.87 30.87	150m:	1:39.52	34.12	250m:	2:49.23	35.15	350m:	3:59.39	35.16
	100m:	1:05.40 34.53	200m:	2:14.08	34.56	300m:	3:24.23	35.00	400m:	4:33.68	34.29
23.	S DŁAK, Katarzyna		94	Orka				4:34.02	630		
	50m:	30.84 30.84	150m:	1:39.16	34.75	250m:	2:49.05	34.96	350m:	3:59.50	35.41
	100m:	1:04.41 33.57	200m:	2:14.09	34.93	300m:	3:24.09	35.04	400m:	4:34.02	34.52
24.	WÓJCIK, Claudia		97	K.S. Warta Pozna				4:34.19	628		
	50m:	30.23 30.23	150m:	1:38.26	34.48	250m:	2:48.30	35.17	350m:	3:59.60	35.78
	100m:	1:03.78 33.55	200m:	2:13.13	34.87	300m:	3:23.82	35.52	400m:	4:34.19	34.59
25.	WAKUŁA, Karolina SO		93	AZS AWF Katowice				4:34.43	627		
	50m:	31.85 31.85	150m:	1:40.17	34.30	250m:	2:50.37	35.32	350m:	4:00.62	35.07
	100m:	1:05.87 34.02	200m:	2:15.05	34.88	300m:	3:25.55	35.18	400m:	4:34.43	33.81
26.	SOBOLEWSKA, Anna		95	K.S.Warta				4:35.21	621		
	50m:	31.89 31.89	150m:	1:40.65	34.86	250m:	2:50.97	35.21	350m:	4:01.95	35.64
	100m:	1:05.79 33.90	200m:	2:15.76	35.11	300m:	3:26.31	35.34	400m:	4:35.21	33.26
27.	KASPEREK, Katarzyna		96	K.S.Warta Pozna				4:35.50	620		
	50m:	31.29 31.29	150m:	1:40.84	35.18	250m:	2:51.85	35.17	350m:	4:02.12	34.89
	100m:	1:05.66 34.37	200m:	2:16.68	35.84	300m:	3:27.23	35.38	400m:	4:35.50	33.38
28.	GRZEGORCZYK, Izabella		93	Poznania Pozna				4:36.22	615		
	50m:	30.45 30.45	150m:	1:38.14	34.42	250m:	2:48.67	35.56	350m:	4:01.46	36.83
	100m:	1:03.72 33.27	200m:	2:13.11	34.97	300m:	3:24.63	35.96	400m:	4:36.22	34.76
29.	CHWADECZKO, Zuzanna SSz		95	MTP Lublinianka				4:36.57	612		
	50m:	30.26 30.26	150m:	1:39.03	35.15	250m:	2:49.89	35.53	350m:	4:01.51	35.77
	100m:	1:03.88 33.62	200m:	2:14.36	35.33	300m:	3:25.74	35.85	400m:	4:36.57	35.06
30.	KUZAWI SKA, Karolina		93	KP MZOS Płock				4:37.82	604		
	50m:	30.77 30.77	150m:	1:39.20	35.09	250m:	2:50.40	35.83	350m:	4:02.88	36.12
	100m:	1:04.11 33.34	200m:	2:14.57	35.37	300m:	3:26.76	36.36	400m:	4:37.82	34.94
31.	PODLEWSKA, Miriam		97	Poznania Pozna				4:38.14	602		
	50m:	31.59 31.59	150m:	1:42.05	35.57	250m:	2:53.63	35.71	350m:	4:04.30	35.21
	100m:	1:06.48 34.89	200m:	2:17.92	35.87	300m:	3:29.09	35.46	400m:	4:38.14	33.84
32.	WÓJCIK, Magdalena		97	1 Solex L bork				4:38.19	602		
	50m:	31.89 31.89	150m:	1:41.82	35.24	250m:	2:53.12	35.64	350m:	4:03.98	35.19
	100m:	1:06.58 34.69	200m:	2:17.48	35.66	300m:	3:28.79	35.67	400m:	4:38.19	34.21
33.	EJNIK, Sylwia		94	KP MZOS Płock				4:38.33	601		
	50m:	31.54 31.54	150m:	1:41.37	35.47	250m:	2:52.58	35.75	350m:	4:04.18	35.65
	100m:	1:05.90 34.36	200m:	2:16.83	35.46	300m:	3:28.53	35.95	400m:	4:38.33	34.15
34.	FILIPIAK, Wiktoria		97	K.S. Warta Pozna				4:40.99	584		
	50m:	31.32 31.32	150m:	1:41.82	35.38	250m:	2:53.53	35.86	350m:	4:05.79	36.14
	100m:	1:06.44 35.12	200m:	2:17.67	35.85	300m:	3:29.65	36.12	400m:	4:40.99	35.20
35.	SZCZYTO, Natalia		95	MUKS Olimpijczyk				4:41.45	581		
	50m:	30.18 30.18	150m:	1:39.21	35.23	250m:	2:51.62	36.27	350m:	4:05.62	36.77
	100m:	1:03.98 33.80	200m:	2:15.35	36.14	300m:	3:28.85	37.23	400m:	4:41.45	35.83

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Pozycja	Rok ur.						Czas	Pkt.
36. WALCZAK, Katarzyna	97 K.S. Warta Pozna						4:49.01	537
50m: 31.72 31.72	150m: 1:42.79	36.30	250m: 2:56.99	37.31	350m: 4:11.96	37.64		
100m: 1:06.49 34.77	200m: 2:19.68	36.89	300m: 3:34.32	37.33	400m: 4:49.01	37.05		
37. WLIZŁO, Patrycja	96 K.S.Warta Pozna						4:49.23	535
50m: 31.64 31.64	150m: 1:42.85	36.22	250m: 2:56.90	37.08	350m: 4:12.67	37.99		
100m: 1:06.63 34.99	200m: 2:19.82	36.97	300m: 3:34.68	37.78	400m: 4:49.23	36.56		
38. SZYMA SKA, Monika	96 LKS Omega Kleszczów						4:49.62	533
50m: 32.46 32.46	150m: 1:43.63	36.00	250m: 2:57.00	36.66	350m: 4:12.40	37.82		
100m: 1:07.63 35.17	200m: 2:20.34	36.71	300m: 3:34.58	37.58	400m: 4:49.62	37.22		
39. CHUDZIK, Katarzyna	95 MKP „Słowianka” Gorzów Wlkp.						4:53.43	513
50m: 31.40 31.40	150m: 1:43.92	36.70	250m: 2:59.68	38.00	350m: 4:16.28	38.29		
100m: 1:07.22 35.82	200m: 2:21.68	37.76	300m: 3:37.99	38.31	400m: 4:53.43	37.15		
40. WALCZAK, Barbara	94 K.S.Warta						4:56.52	497
50m: 33.41 33.41	150m: 1:46.80	36.87	250m: 3:01.94	37.85	350m: 4:18.79	38.51		
100m: 1:09.93 36.52	200m: 2:24.09	37.29	300m: 3:40.28	38.34	400m: 4:56.52	37.73		