

Grand Prix - Puchar Polski
Pozna , 24- - 25-11-2012

Event 1 Women, 400m Medley 14 years and older
2012-11-24 - 11:55 Results

Points: FINA 2012

Rank			YB					Time	Pts		
1.	SZCZEPANIAK, Karolina <i>minimum M</i>		92	AZS AWF Katowice				4:40.26	808		
	50m:	29.71 29.71	150m:	1:39.70	35.97	250m:	2:55.68	40.61	350m:	4:09.20	32.59
	100m:	1:03.73 34.02	200m:	2:15.07	35.37	300m:	3:36.61	40.93	400m:	4:40.26	31.06
2.	TCHORZ, Alicja <i>minimum M</i>		92	MKS Juvenia Wroclaw				4:40.77	803		
	50m:	29.93 29.93	150m:	1:41.13	36.69	250m:	2:56.55	39.62	350m:	4:09.78	33.00
	100m:	1:04.44 34.51	200m:	2:16.93	35.80	300m:	3:36.78	40.23	400m:	4:40.77	30.99
3.	CHWADECZKO, Zuzanna SSz		95	MTP Lublinianka				4:45.83	761		
	50m:	30.77 30.77	150m:	1:43.70	37.09	250m:	3:00.48	40.15	350m:	4:14.26	33.30
	100m:	1:06.61 35.84	200m:	2:20.33	36.63	300m:	3:40.96	40.48	400m:	4:45.83	31.57
4.	URBANSKA, Karolina		92	AZS Warsaw				4:51.76	716		
	50m:	31.12 31.12	150m:	1:43.28	36.28	250m:	3:01.59	42.19	350m:	4:18.67	33.98
	100m:	1:07.00 35.88	200m:	2:19.40	36.12	300m:	3:44.69	43.10	400m:	4:51.76	33.09
5.	SIENCZYK, Jowita SK <i>minimum juniorskie M</i>		97	MKS Zak Biala Podlaska				4:52.72	709		
	50m:	30.84 30.84	150m:	1:44.27	37.96	250m:	3:01.71	41.00	350m:	4:18.58	35.55
	100m:	1:06.31 35.47	200m:	2:20.71	36.44	300m:	3:43.03	41.32	400m:	4:52.72	34.14
6.	SZPUCHA, Katarzyna SK		96	TP Olimpijczyk Aleksandrow Lod				4:57.62	674		
	50m:	31.83 31.83	150m:	1:44.60	37.36	250m:	3:03.30	42.10	350m:	4:21.70	35.90
	100m:	1:07.24 35.41	200m:	2:21.20	36.60	300m:	3:45.80	42.50	400m:	4:57.62	35.92
7.	BAKIES, Gabriela		96	UKS "Piatka" Konstantynow Lodz				5:01.86	646		
	50m:	32.60 32.60	150m:	1:45.51	37.04	250m:	3:07.28	44.99	350m:	4:27.72	35.25
	100m:	1:08.47 35.87	200m:	2:22.29	36.78	300m:	3:52.47	45.19	400m:	5:01.86	34.14
8.	MENDOWSKA, Paulina		97	KS Warta Poznan				5:04.71	628		
	50m:	31.66 31.66	150m:	1:47.10	39.14	250m:	3:09.52	43.40	350m:	4:28.89	36.08
	100m:	1:07.96 36.30	200m:	2:26.12	39.02	300m:	3:52.81	43.29	400m:	5:04.71	35.82
9.	SPROSKA, Magda		97	MKS Zryw Opole				5:07.43	612		
	50m:	32.60 32.60	150m:	1:49.65	39.60	250m:	3:13.40	44.89	350m:	4:33.78	34.92
	100m:	1:10.05 37.45	200m:	2:28.51	38.86	300m:	3:58.86	45.46	400m:	5:07.43	33.65
10.	BIEDRZYCKA, Iga		97	MKS "Ros" Pisz				5:07.91	609		
	50m:	31.82 31.82	150m:	1:47.81	39.00	250m:	3:11.10	44.31	350m:	4:32.81	36.74
	100m:	1:08.81 36.99	200m:	2:26.79	38.98	300m:	3:56.07	44.97	400m:	5:07.91	35.10
11.	MIKOLAJCZAK, Anna SSz		95	MKP Szczecin				5:09.07	602		
	50m:	31.95 31.95	150m:	1:49.07	40.56	250m:	3:13.53	44.39	350m:	4:34.56	36.12
	100m:	1:08.51 36.56	200m:	2:29.14	40.07	300m:	3:58.44	44.91	400m:	5:09.07	34.51
12.	STEFANIAK, Malgorzata		92	K.S.Warta Poznan				5:09.32	601		
	50m:	32.39 32.39	150m:	1:48.42	39.60	250m:	3:10.90	44.24	350m:	4:32.77	37.61
	100m:	1:08.82 36.43	200m:	2:26.66	38.24	300m:	3:55.16	44.26	400m:	5:09.32	36.55
13.	BARANOWSKA, Katarzyna		87	MKP Szczecin				5:09.84	598		
	50m:	32.62 32.62	150m:	1:49.75	39.55	250m:	3:12.16	43.54	350m:	4:33.63	37.46
	100m:	1:10.20 37.58	200m:	2:28.62	38.87	300m:	3:56.17	44.01	400m:	5:09.84	36.21
14.	HALAGIERA, Joanna		96	MKP Slowianka Gorzow WLKP				5:10.84	592		
	50m:	33.06 33.06	150m:	1:50.53	40.58	250m:	3:16.78	45.23	350m:	4:36.33	34.93
	100m:	1:09.95 36.89	200m:	2:31.55	41.02	300m:	4:01.40	44.62	400m:	5:10.84	34.51
15.	NIKLARZ, Maria		97	UKS Ruch Grudziadz				5:11.19	590		
	50m:	34.35 34.35	150m:	1:54.72	39.68	250m:	3:15.64	42.03	350m:	4:35.52	37.20
	100m:	1:15.04 40.69	200m:	2:33.61	38.89	300m:	3:58.32	42.68	400m:	5:11.19	35.67
16.	BEJUK, Oliwia		98	MKP Slowianka Gorzow WLKP				5:12.84	580		
	50m:	33.20 33.20	150m:	1:51.73	39.93	250m:	3:15.21	43.79	350m:	4:36.64	37.47
	100m:	1:11.80 38.60	200m:	2:31.42	39.69	300m:	3:59.17	43.96	400m:	5:12.84	36.20

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Rank							YB							Time	Pts
17.	MUZOLF, Weronika						98	MTS Kwidzyn						5:13.90	575
	50m:	32.34	32.34	150m:	1:51.55	41.35	250m:	3:15.81	43.80	350m:	4:38.32	37.73			
	100m:	1:10.20	37.86	200m:	2:32.01	40.46	300m:	4:00.59	44.78	400m:	5:13.90	35.58			
18.	CIUPA, Aleksandra						96	MUKS Pietnastka Bydgoszcz						5:17.16	557
	50m:	34.18	34.18	150m:	1:53.65	40.05	250m:	3:19.29	46.52	350m:	4:41.25	35.96			
	100m:	1:13.60	39.42	200m:	2:32.77	39.12	300m:	4:05.29	46.00	400m:	5:17.16	35.91			
19.	SMAGA, Anna						98	Slask Wroclaw						5:20.74	539
	50m:	33.88	33.88	150m:	1:53.10	39.94	250m:	3:19.96	47.37	350m:	4:45.04	37.03			
	100m:	1:13.16	39.28	200m:	2:32.59	39.49	300m:	4:08.01	48.05	400m:	5:20.74	35.70			
20.	MISZTAL, Dorota						96	UKS "GIM 92 Ursynow"						5:22.47	530
	50m:	33.39	33.39	150m:	1:56.23	43.87	250m:	3:23.94	46.43	350m:	4:48.18	36.67			
	100m:	1:12.36	38.97	200m:	2:37.51	41.28	300m:	4:11.51	47.57	400m:	5:22.47	34.29			
21.	WALCZAK, Katarzyna						97	KS Warta Poznan						5:24.06	522
	50m:	34.73	34.73	150m:	1:56.01	40.99	250m:	3:22.64	46.57	350m:	4:47.37	37.65			
	100m:	1:15.02	40.29	200m:	2:36.07	40.06	300m:	4:09.72	47.08	400m:	5:24.06	36.69			
22.	SZKARLAT, Julia						98	Slask Wroclaw						5:25.12	517
	50m:	31.57	31.57	150m:	1:50.17	40.96	250m:	3:19.23	48.96	350m:	4:47.03	39.02			
	100m:	1:09.21	37.64	200m:	2:30.27	40.10	300m:	4:08.01	48.78	400m:	5:25.12	38.09			
23.	MENDOWSKA, Katarzyna SP						94	K.S.Warta Poznan						5:25.50	515
	50m:	33.80	33.80	150m:	1:55.84	41.38	250m:	3:23.38	46.91	350m:	4:48.11	37.71			
	100m:	1:14.46	40.66	200m:	2:36.47	40.63	300m:	4:10.40	47.02	400m:	5:25.50	37.39			
24.	WISNIEWSKA, Natalia						97	KS Warta Poznan						5:26.34	511
	50m:	33.82	33.82	150m:	1:57.21	42.23	250m:	3:23.03	44.09	350m:	4:47.31	40.51			
	100m:	1:14.98	41.16	200m:	2:38.94	41.73	300m:	4:06.80	43.77	400m:	5:26.34	39.03			
25.	HORUDKO, Jolanta						98	Slask Wroclaw						5:28.83	500
	50m:	37.07	37.07	150m:	2:02.32	41.90	250m:	3:27.63	45.02	350m:	4:51.52	39.05			
	100m:	1:20.42	43.35	200m:	2:42.61	40.29	300m:	4:12.47	44.84	400m:	5:28.83	37.31			
26.	BAGINSKA, Zofia						97	MOSiR Sopot						5:30.91	490
	50m:	34.38	34.38	150m:	1:57.93	42.77	250m:	3:27.08	46.56	350m:	4:53.24	38.79			
	100m:	1:15.16	40.78	200m:	2:40.52	42.59	300m:	4:14.45	47.37	400m:	5:30.91	37.67			