

Grand Prix - Puchar Polski
Pozna , 24- - 25-11-2012

Konkurencja 2
2012-11-24 - 12:05

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	WITKOWSKI, Jan <i>minimum juniorskie M</i>		94	Skarpa Lublin				4:14.24	794
	50m:	27.22 27.22	150m:	1:30.89 32.64	250m:	2:38.58 35.89	350m:	3:45.50 30.22	
	100m:	58.25 31.03	200m:	2:02.69 31.80	300m:	3:15.28 36.70	400m:	4:14.24 28.74	
2.	SZWEDZKI, Dawid		94	UKS "Pi tka" Konstantinów Łódz				4:17.07	768
	50m:	27.19 27.19	150m:	1:32.31 33.70	250m:	2:39.60 35.09	350m:	3:46.86 31.07	
	100m:	58.61 31.42	200m:	2:04.51 32.20	300m:	3:15.79 36.19	400m:	4:17.07 30.21	
3.	NACHTMAN, Mateusz		95	Slask Wroclaw				4:26.99	686
	50m:	28.51 28.51	150m:	1:36.84 35.34	250m:	2:48.09 36.74	350m:	3:56.65 31.40	
	100m:	1:01.50 32.99	200m:	2:11.35 34.51	300m:	3:25.25 37.16	400m:	4:26.99 30.34	
4.	KUBKOWSKI, Bartłomiej		95	Slask Wroclaw				4:27.67	681
	50m:	28.18 28.18	150m:	1:35.04 34.04	250m:	2:46.41 38.31	350m:	3:57.12 31.39	
	100m:	1:01.00 32.82	200m:	2:08.10 33.06	300m:	3:25.73 39.32	400m:	4:27.67 30.55	
5.	DUBIEL, Adam		93	MTP Lublinianka Lublin				4:29.15	669
	50m:	28.02 28.02	150m:	1:33.68 33.23	250m:	2:46.10 39.96	350m:	3:58.28 31.63	
	100m:	1:00.45 32.43	200m:	2:06.14 32.46	300m:	3:26.65 40.55	400m:	4:29.15 30.87	
6.	PIETRZAK, Dawid		97	MUKS Pi tnatka Bydgoszcz				4:29.58	666
	50m:	28.59 28.59	150m:	1:35.87 34.97	250m:	2:49.21 39.50	350m:	3:59.88 31.00	
	100m:	1:00.90 32.31	200m:	2:09.71 33.84	300m:	3:28.88 39.67	400m:	4:29.58 29.70	
7.	BAŁABUCH, Krystian SO		95	BOSiR SP Brzesko				4:30.60	659
	50m:	28.26 28.26	150m:	1:36.61 35.90	250m:	2:49.05 37.77	350m:	3:59.38 31.63	
	100m:	1:00.71 32.45	200m:	2:11.28 34.67	300m:	3:27.75 38.70	400m:	4:30.60 31.22	
8.	CZARNOTA, Mateusz		91	UKP Unia O wi cim				4:31.69	651
	50m:	29.29 29.29	150m:	1:37.86 34.87	250m:	2:50.45 38.64	350m:	4:01.21 31.37	
	100m:	1:02.99 33.70	200m:	2:11.81 33.95	300m:	3:29.84 39.39	400m:	4:31.69 30.48	
9.	MACHNIK, Mikołaj		93	AZS AWF Katowice				4:33.26	640
	50m:	29.08 29.08	150m:	1:40.46 36.84	250m:	2:52.59 36.45	350m:	4:01.73 32.35	
	100m:	1:03.62 34.54	200m:	2:16.14 35.68	300m:	3:29.38 36.79	400m:	4:33.26 31.53	
10.	WERTEPNY, Damian		96	UKS Shark Rudna				4:33.68	637
	50m:	28.84 28.84	150m:	1:36.55 34.68	250m:	2:49.31 39.00	350m:	4:01.72 33.00	
	100m:	1:01.87 33.03	200m:	2:10.31 33.76	300m:	3:28.72 39.41	400m:	4:33.68 31.96	
11.	MORAWSKI, Krzysztof		94	MUKS "Pi tnatka" Bydgoszcz				4:35.78	622
	50m:	29.30 29.30	150m:	1:36.82 33.87	250m:	2:49.52 38.58	350m:	4:03.41 33.72	
	100m:	1:02.95 33.65	200m:	2:10.94 34.12	300m:	3:29.69 40.17	400m:	4:35.78 32.37	
12.	MUZYCZUK, Adrian SSz		95	MKP Szczecin				4:37.43	611
	50m:	28.57 28.57	150m:	1:38.92 37.74	250m:	2:53.80 38.86	350m:	4:06.38 32.80	
	100m:	1:01.18 32.61	200m:	2:14.94 36.02	300m:	3:33.58 39.78	400m:	4:37.43 31.05	
13.	CIESIELSKI, Filip		96	MUKS Pi tnatka Bydgoszcz				4:37.50	611
	50m:	29.63 29.63	150m:	1:40.14 36.30	250m:	2:56.30 41.27	350m:	4:08.27 31.08	
	100m:	1:03.84 34.21	200m:	2:15.03 34.89	300m:	3:37.19 40.89	400m:	4:37.50 29.23	
14.	SALIK, Jakub		96	MKS Juvenia Wrocław				4:39.41	598
	50m:	29.82 29.82	150m:	1:40.19 37.16	250m:	2:54.99 38.45	350m:	4:07.04 32.87	
	100m:	1:03.03 33.21	200m:	2:16.54 36.35	300m:	3:34.17 39.18	400m:	4:39.41 32.37	
15.	GIERACKI, Bartosz		95	Slask Wroclaw				4:42.48	579
	50m:	29.24 29.24	150m:	1:40.93 37.48	250m:	2:59.26 41.46	350m:	4:12.38 31.79	
	100m:	1:03.45 34.21	200m:	2:17.80 36.87	300m:	3:40.59 41.33	400m:	4:42.48 30.10	
16.	NOWAK, Patryk		95	AZS AWF Katowice				4:43.55	572
	50m:	29.12 29.12	150m:	1:43.44 39.38	250m:	3:00.07 37.87	350m:	4:11.51 33.05	
	100m:	1:04.06 34.94	200m:	2:22.20 38.76	300m:	3:38.46 38.39	400m:	4:43.55 32.04	
17.	ARNDT, Mateusz		98	KS Delfin Gdynia				4:43.79	571
	50m:	29.64 29.64	150m:	1:40.53 35.90	250m:	2:58.08 42.27	350m:	4:12.97 32.40	
	100m:	1:04.63 34.99	200m:	2:15.81 35.28	300m:	3:40.57 42.49	400m:	4:43.79 30.82	

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Pozycja			Rok ur.					Czas	Pkt.
18.	KOZAKIEWICZ, Jan		96	UKS "GIM 92 Ursynów"			4:43.82	571	
	50m: 31.16	31.16	150m: 1:46.57	38.43	250m: 3:00.10	37.30	350m: 4:12.02	34.72	
	100m: 1:08.14	36.98	200m: 2:22.80	36.23	300m: 3:37.30	37.20	400m: 4:43.82	31.80	
19.	RADUCKI, Arkadiusz		97	KS Warta Pozna			4:44.70	565	
	50m: 30.85	30.85	150m: 1:43.33	36.49	250m: 2:59.61	40.81	350m: 4:13.11	32.60	
	100m: 1:06.84	35.99	200m: 2:18.80	35.47	300m: 3:40.51	40.90	400m: 4:44.70	31.59	
20.	WIERCZY SKI, Jakub		95	AZS AWF Katowice			4:45.49	561	
	50m: 30.64	30.64	150m: 1:44.17	37.45	250m: 2:59.19	38.61	350m: 4:12.67	34.45	
	100m: 1:06.72	36.08	200m: 2:20.58	36.41	300m: 3:38.22	39.03	400m: 4:45.49	32.82	
21.	PIETRZAK, Krzysztof		96	KS Delfin Gdynia			4:47.75	548	
	50m: 30.82	30.82	150m: 1:42.71	36.20	250m: 2:59.54	41.53	350m: 4:14.83	33.70	
	100m: 1:06.51	35.69	200m: 2:18.01	35.30	300m: 3:41.13	41.59	400m: 4:47.75	32.92	
22.	FRYMUS, Tyberiusz SSz		95	MKP Szczecin			4:47.78	548	
	50m: 29.95	29.95	150m: 1:45.45	40.12	250m: 3:02.36	36.49	350m: 4:14.92	34.25	
	100m: 1:05.33	35.38	200m: 2:25.87	40.42	300m: 3:40.67	38.31	400m: 4:47.78	32.86	
23.	MULLER, Maksym		97	MKP Słowianka Gorzów			4:47.84	547	
	50m: 30.47	30.47	150m: 1:43.45	37.47	250m: 3:00.70	40.76	350m: 4:14.78	32.74	
	100m: 1:05.98	35.51	200m: 2:19.94	36.49	300m: 3:42.04	41.34	400m: 4:47.84	33.06	
24.	BARTOSZEK, Jarosław		97	MKP Słowianka Gorzów			4:47.94	547	
	50m: 30.10	30.10	150m: 1:39.35	34.53	250m: 2:57.09	43.11	350m: 4:15.66	34.79	
	100m: 1:04.82	34.72	200m: 2:13.98	34.63	300m: 3:40.87	43.78	400m: 4:47.94	32.28	
25.	KAMINIARZ, Jakub		96	KP Astromal Akwawit Leszno			4:48.00	546	
	50m: 31.53	31.53	150m: 1:45.29	37.99	250m: 3:02.13	39.88	350m: 4:15.44	33.81	
	100m: 1:07.30	35.77	200m: 2:22.25	36.96	300m: 3:41.63	39.50	400m: 4:48.00	32.56	
26.	STOLARSKI, Marcin		96	Uks,, oliborz" Warszawa			4:51.29	528	
	50m: 30.41	30.41	150m: 1:45.43	39.35	250m: 3:03.08	39.42	350m: 4:18.46	35.48	
	100m: 1:06.08	35.67	200m: 2:23.66	38.23	300m: 3:42.98	39.90	400m: 4:51.29	32.83	
27.	ADAMCZYK, Michał		97	MKP Słowianka Gorzów			4:52.24	523	
	50m: 29.76	29.76	150m: 1:42.31	37.65	250m: 3:01.60	42.71	350m: 4:18.68	34.09	
	100m: 1:04.66	34.90	200m: 2:18.89	36.58	300m: 3:44.59	42.99	400m: 4:52.24	33.56	
28.	SZYDŁOWSKI, Kamil		98	KP Astromal Akwawit Leszno			4:52.80	520	
	50m: 30.02	30.02	150m: 1:44.63	39.55	250m: 3:02.11	39.84	350m: 4:19.29	36.44	
	100m: 1:05.08	35.06	200m: 2:22.27	37.64	300m: 3:42.85	40.74	400m: 4:52.80	33.51	
29.	NIECZYPOROWSKI, Łukasz		97	KS Warta Pozna			4:53.63	515	
	50m: 30.82	30.82	150m: 1:45.27	38.57	250m: 3:03.25	39.97	350m: 4:19.70	35.36	
	100m: 1:06.70	35.88	200m: 2:23.28	38.01	300m: 3:44.34	41.09	400m: 4:53.63	33.93	
30.	URBA SKI, Michał		97	MUKS Pi tnastka Bydgoszcz			4:53.84	514	
	50m: 30.82	30.82	150m: 1:46.15	39.36	250m: 3:04.17	39.92	350m: 4:19.85	34.96	
	100m: 1:06.79	35.97	200m: 2:24.25	38.10	300m: 3:44.89	40.72	400m: 4:53.84	33.99	
31.	JANUSZANIS, Jakub		98	MUKS"Olimpijczyk" Suwalki			4:54.70	510	
	50m: 31.92	31.92	150m: 1:49.73	39.34	250m: 3:06.28	38.67	350m: 4:21.17	35.38	
	100m: 1:10.39	38.47	200m: 2:27.61	37.88	300m: 3:45.79	39.51	400m: 4:54.70	33.53	
32.	STILLER, Piotr, SG		96	UKS Dwójka Morena Gda sk			4:57.53	495	
	50m: 30.70	30.70	150m: 1:44.37	38.32	250m: 3:04.73	43.01	350m: 4:24.03	35.43	
	100m: 1:06.05	35.35	200m: 2:21.72	37.35	300m: 3:48.60	43.87	400m: 4:57.53	33.50	
33.	OKUPNIK, Jakub		98	Slask Wroclaw			4:58.96	488	
	50m: 30.13	30.13	150m: 1:45.70	39.77	250m: 3:08.24	44.18	350m: 4:27.01	34.15	
	100m: 1:05.93	35.80	200m: 2:24.06	38.36	300m: 3:52.86	44.62	400m: 4:58.96	31.95	
34.	SÓWKA, Denis		98	Vega			5:00.16	482	
	50m: 31.34	31.34	150m: 1:48.42	38.86	250m: 3:07.56	40.90	350m: 4:26.06	35.28	
	100m: 1:09.56	38.22	200m: 2:26.66	38.24	300m: 3:50.78	43.22	400m: 5:00.16	34.10	
35.	BURBA, Jakub		97	MKP Słowianka Gorzów			5:00.26	482	
	50m: 30.03	30.03	150m: 1:43.69	38.84	250m: 3:07.08	44.87	350m: 4:27.09	35.60	
	100m: 1:04.85	34.82	200m: 2:22.21	38.52	300m: 3:51.49	44.41	400m: 5:00.26	33.17	

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Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
36.	SZCZUTKOWSKI, Robert			98	Slask Wroclaw				5:07.97	447		
	50m:	32.93	32.93	150m:	1:51.06	39.40	250m:	3:10.91	41.70	350m:	4:31.10	37.81
	100m:	1:11.66	38.73	200m:	2:29.21	38.15	300m:	3:53.29	42.38	400m:	5:07.97	36.87
37.	MARKOWSKI, Jakub			97	MKP Słowianka Gorzów				5:08.74	443		
	50m:	31.39	31.39	150m:	1:48.30	39.45	250m:	3:12.70	44.96	350m:	4:35.23	36.31
	100m:	1:08.85	37.46	200m:	2:27.74	39.44	300m:	3:58.92	46.22	400m:	5:08.74	33.51
38.	OSSES, Filip			97	KS Warta Pozna				5:10.52	436		
	50m:	31.60	31.60	150m:	1:50.03	42.18	250m:	3:14.52	42.58	350m:	4:34.63	36.31
	100m:	1:07.85	36.25	200m:	2:31.94	41.91	300m:	3:58.32	43.80	400m:	5:10.52	35.89
39.	CWALINA, Piotr			98	Slask Wroclaw				5:11.41	432		
	50m:	31.82	31.82	150m:	1:48.48	40.16	250m:	3:13.90	46.40	350m:	4:36.43	36.31
	100m:	1:08.32	36.50	200m:	2:27.50	39.02	300m:	4:00.12	46.22	400m:	5:11.41	34.98
40.	JAWORSKI, Norbert			98	MUKS UNIA Busko-Zdrój				5:12.35	428		
	50m:	32.62	32.62	150m:	1:54.21	42.27	250m:	3:16.85	41.10	350m:	4:36.66	37.62
	100m:	1:11.94	39.32	200m:	2:35.75	41.54	300m:	3:59.04	42.19	400m:	5:12.35	35.69