

Grand Prix - Puchar Polski
Pozna , 24- - 25-11-2012

Konkurencja 36
2012-11-25 - 12:20

M czynzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	ZABOROWSKI, Filip SSz		94	MKP Szczecin				3:44.92	846
	<i>minimum M</i>								
	50m:	26.36 26.36	150m:	1:23.44 28.64	250m:	2:20.21 28.38	350m:	3:17.07 28.40	
	100m:	54.80 28.44	200m:	1:51.83 28.39	300m:	2:48.67 28.46	400m:	3:44.92 27.85	
2.	WITKOWSKI, Jan		94	Skarpa Lublin				3:45.65	838
	<i>minimum juniorskie M</i>								
	50m:	27.19 27.19	150m:	1:25.03 29.00	250m:	2:22.30 28.40	350m:	3:18.63 27.92	
	100m:	56.03 28.84	200m:	1:53.90 28.87	300m:	2:50.71 28.41	400m:	3:45.65 27.02	
3.	KACZMARSKI, Marcin SSz		94	KS KSZO Ostrowiec w				3:48.40	808
	50m:	26.14 26.14	150m:	1:24.01 29.14	250m:	2:22.00 28.94	350m:	3:20.20 29.12	
	100m:	54.87 28.73	200m:	1:53.06 29.05	300m:	2:51.08 29.08	400m:	3:48.40 28.20	
4.	BUJOCZEK, Filip		94	Slask Wroclaw				3:50.76	783
	50m:	27.10 27.10	150m:	1:25.84 29.48	250m:	2:24.59 29.17	350m:	3:23.14 29.26	
	100m:	56.36 29.26	200m:	1:55.42 29.58	300m:	2:53.88 29.29	400m:	3:50.76 27.62	
5.	ZACZY SKI, Karol		91	AZS AWF Katowice				3:50.92	782
	50m:	27.08 27.08	150m:	1:25.43 29.17	250m:	2:23.69 28.92	350m:	3:22.13 29.40	
	100m:	56.26 29.18	200m:	1:54.77 29.34	300m:	2:52.73 29.04	400m:	3:50.92 28.79	
6.	WYSOCZY SKI, Mateusz SZG		93	MKS Jordan Kraków				3:51.00	781
	50m:	26.17 26.17	150m:	1:25.75 30.26	250m:	2:24.29 28.80	350m:	3:22.90 29.37	
	100m:	55.49 29.32	200m:	1:55.49 29.74	300m:	2:53.53 29.24	400m:	3:51.00 28.10	
7.	KLICH, Kacper		94	AZS AWF Katowice				3:51.20	779
	50m:	27.49 27.49	150m:	1:26.34 29.30	250m:	2:25.09 29.22	350m:	3:23.35 29.25	
	100m:	57.04 29.55	200m:	1:55.87 29.53	300m:	2:54.10 29.01	400m:	3:51.20 27.85	
8.	PIELOWSKI, Krzysztof		91	AZS UWM Olsztyn				3:52.17	769
	50m:	27.06 27.06	150m:	1:25.07 29.23	250m:	2:23.70 29.41	350m:	3:22.77 29.61	
	100m:	55.84 28.78	200m:	1:54.29 29.22	300m:	2:53.16 29.46	400m:	3:52.17 29.40	
9.	FURTEK, Paweł SSz		95	WKS I sk Wrocław				3:53.28	758
	50m:	26.73 26.73	150m:	1:25.33 29.62	250m:	2:24.73 29.70	350m:	3:24.07 29.52	
	100m:	55.71 28.98	200m:	1:55.03 29.70	300m:	2:54.55 29.82	400m:	3:53.28 29.21	
10.	SZUBA, Michał		93	Slask Wroclaw				3:55.65	736
	50m:	26.66 26.66	150m:	1:24.60 29.27	250m:	2:23.85 29.59	350m:	3:25.16 30.96	
	100m:	55.33 28.67	200m:	1:54.26 29.66	300m:	2:54.20 30.35	400m:	3:55.65 30.49	
11.	ZONIUK, Maciej		94	Slask Wroclaw				3:55.84	734
	50m:	27.64 27.64	150m:	1:26.68 29.64	250m:	2:26.25 29.85	350m:	3:26.43 30.32	
	100m:	57.04 29.40	200m:	1:56.40 29.72	300m:	2:56.11 29.86	400m:	3:55.84 29.41	
12.	SMEJA, Sławomir		94	Mks - Astoria Bydgoszcz				3:56.58	727
	50m:	27.28 27.28	150m:	1:27.21 30.05	250m:	2:27.37 30.07	350m:	3:27.56 30.15	
	100m:	57.16 29.88	200m:	1:57.30 30.09	300m:	2:57.41 30.04	400m:	3:56.58 29.02	
13.	HURA, Bartosz		91	AZS UWM Olsztyn				3:56.85	724
	50m:	27.10 27.10	150m:	1:25.75 29.52	250m:	2:25.41 29.90	350m:	3:26.18 30.45	
	100m:	56.23 29.13	200m:	1:55.51 29.76	300m:	2:55.73 30.32	400m:	3:56.85 30.67	
14.	BOROWICZ SKONECZNY, Sylwester		92	AZS UWM Olsztyn				3:58.31	711
	50m:	27.96 27.96	150m:	1:27.81 29.98	250m:	2:28.06 30.21	350m:	3:28.53 30.31	
	100m:	57.83 29.87	200m:	1:57.85 30.04	300m:	2:58.22 30.16	400m:	3:58.31 29.78	
15.	KUBKOWSKI, Bartłomiej		95	Slask Wroclaw				3:58.83	707
	50m:	27.34 27.34	150m:	1:27.04 30.03	250m:	2:27.38 30.24	350m:	3:28.65 30.69	
	100m:	57.01 29.67	200m:	1:57.14 30.10	300m:	2:57.96 30.58	400m:	3:58.83 30.18	
16.	R YSKI, Marcin		94	AZS UWM Olsztyn				3:59.99	696
	50m:	28.94 28.94	150m:	1:29.73 30.55	250m:	2:30.58 30.12	350m:	3:30.78 29.77	
	100m:	59.18 30.24	200m:	2:00.46 30.73	300m:	3:01.01 30.43	400m:	3:59.99 29.21	

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Pozycja			Rok ur.					Czas	Pkt.
17.	URBANIAK, Jan		95	K.S.Warta Pozna				4:00.60	691
	50m:	27.46 27.46	150m:	1:27.62 30.43	250m:	2:29.44 30.98	350m:	3:31.22 30.62	
	100m:	57.19 29.73	200m:	1:58.46 30.84	300m:	3:00.60 31.16	400m:	4:00.60 29.38	
18.	DUBIEL, Adam		93	MTP Lublinianka Lublin				4:01.33	685
	50m:	27.84 27.84	150m:	1:28.97 30.74	250m:	2:30.28 30.34	350m:	3:31.70 30.63	
	100m:	58.23 30.39	200m:	1:59.94 30.97	300m:	3:01.07 30.79	400m:	4:01.33 29.63	
19.	STOKARSKI, Marek		92	AZS Warszawa				4:01.79	681
	50m:	27.37 27.37	150m:	1:27.54 30.25	250m:	2:29.03 31.09	350m:	3:31.48 31.19	
	100m:	57.29 29.92	200m:	1:57.94 30.40	300m:	3:00.29 31.26	400m:	4:01.79 30.31	
20.	TOWAREK, Sebastian		93	Slask Wroclaw				4:01.92	680
	50m:	27.39 27.39	150m:	1:27.80 30.42	250m:	2:28.99 30.60	350m:	3:30.84 31.05	
	100m:	57.38 29.99	200m:	1:58.39 30.59	300m:	2:59.79 30.80	400m:	4:01.92 31.08	
21.	CIESIELSKI, Filip		96	MUKS Pi tnaстка Bydgoszcz				4:02.93	671
	50m:	27.42 27.42	150m:	1:28.53 30.84	250m:	2:30.33 30.86	350m:	3:33.31 31.39	
	100m:	57.69 30.27	200m:	1:59.47 30.94	300m:	3:01.92 31.59	400m:	4:02.93 29.62	
22.	CZARNOTA, Mateusz		91	UKP Unia O wi cim				4:03.03	671
	50m:	28.36 28.36	150m:	1:30.13 30.75	250m:	2:30.90 30.17	350m:	3:32.29 30.66	
	100m:	59.38 31.02	200m:	2:00.73 30.60	300m:	3:01.63 30.73	400m:	4:03.03 30.74	
23.	PIETRZAK, Dawid		97	MUKS Pi tnaстка Bydgoszcz				4:03.56	666
	50m:	28.40 28.40	150m:	1:30.11 30.98	250m:	2:32.16 30.89	350m:	3:33.74 30.81	
	100m:	59.13 30.73	200m:	2:01.27 31.16	300m:	3:02.93 30.77	400m:	4:03.56 29.82	
24.	PIÓRO, Artur		91	AZS AWF Katowice				4:05.72	649
	50m:	27.99 27.99	150m:	1:29.16 30.94	250m:	2:31.05 30.89	350m:	3:35.52 32.52	
	100m:	58.22 30.23	200m:	2:00.16 31.00	300m:	3:03.00 31.95	400m:	4:05.72 30.20	
25.	OPALSKI, Marcin		93	UKS "GIM 92 Ursynów"				4:05.88	647
	50m:	27.89 27.89	150m:	1:29.80 31.28	250m:	2:32.63 31.15	350m:	3:35.66 31.37	
	100m:	58.52 30.63	200m:	2:01.48 31.68	300m:	3:04.29 31.66	400m:	4:05.88 30.22	
26.	SZARLI SKI, Filip		92	UKS "G-8 Bielany" Warszawa				4:06.02	646
	50m:	27.96 27.96	150m:	1:29.34 31.04	250m:	2:32.49 31.72	350m:	3:36.60 32.13	
	100m:	58.30 30.34	200m:	2:00.77 31.43	300m:	3:04.47 31.98	400m:	4:06.02 29.42	
27.	KSI EK, Sebastian		96	KS KSZO Ostrowiec wi tokrzysk				4:06.06	646
	50m:	28.67 28.67	150m:	1:31.27 31.13	250m:	2:33.71 31.26	350m:	3:35.76 30.87	
	100m:	1:00.14 31.47	200m:	2:02.45 31.18	300m:	3:04.89 31.18	400m:	4:06.06 30.30	
28.	KOŁODZIEJSKI, Filip		96	KORNER Zielona Góra				4:06.32	644
	50m:	28.39 28.39	150m:	1:31.96 32.10	250m:	2:35.53 31.50	350m:	3:37.51 30.49	
	100m:	59.86 31.47	200m:	2:04.03 32.07	300m:	3:07.02 31.49	400m:	4:06.32 28.81	
29.	JASZCZAK, Wiktor		97	Slask Wroclaw				4:06.52	642
	50m:	28.11 28.11	150m:	1:31.20 31.70	250m:	2:34.99 32.12	350m:	3:37.44 31.03	
	100m:	59.50 31.39	200m:	2:02.87 31.67	300m:	3:06.41 31.42	400m:	4:06.52 29.08	
30.	KO CIELAK, Adam		96	K.S.Warta Pozna				4:08.10	630
	50m:	28.51 28.51	150m:	1:32.17 31.89	250m:	2:36.08 31.88	350m:	3:38.86 31.10	
	100m:	1:00.28 31.77	200m:	2:04.20 32.03	300m:	3:07.76 31.68	400m:	4:08.10 29.24	
31.	GO DZIK, Damian		95	K.S.Warta Pozna				4:08.17	630
	50m:	28.03 28.03	150m:	1:29.64 31.29	250m:	2:33.25 32.19	350m:	3:37.56 32.27	
	100m:	58.35 30.32	200m:	2:01.06 31.42	300m:	3:05.29 32.04	400m:	4:08.17 30.61	
32.	ARNDT, Mateusz		98	KS Delfin Gdynia				4:09.02	623
	50m:	29.24 29.24	150m:	1:33.25 32.24	250m:	2:36.85 31.51	350m:	3:39.07 30.85	
	100m:	1:01.01 31.77	200m:	2:05.34 32.09	300m:	3:08.22 31.37	400m:	4:09.02 29.95	
33.	HORAŁA, Damian		96	K.S.Warta Pozna				4:09.25	622
	50m:	29.14 29.14	150m:	1:32.78 31.78	250m:	2:36.76 31.88	350m:	3:39.96 30.81	
	100m:	1:01.00 31.86	200m:	2:04.88 32.10	300m:	3:09.15 32.39	400m:	4:09.25 29.29	
34.	HOFFMANN, Robert		95	T.S.Olimpia Pozna				4:09.29	621
	50m:	28.69 28.69	150m:	1:32.00 31.83	250m:	2:35.80 31.73	350m:	3:39.43 31.73	
	100m:	1:00.17 31.48	200m:	2:04.07 32.07	300m:	3:07.70 31.90	400m:	4:09.29 29.86	

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Pozycja					Rok ur.					Czas	Pkt.	
35.	DYTKOWSKI, Jan				97	KS KSZO Ostrowiec wi tokrzysk				4:09.66	618	
	50m:	27.78	27.78	150m:	1:29.88	31.40	250m:	2:33.56	31.94	350m:	3:37.44	31.62
	100m:	58.48	30.70	200m:	2:01.62	31.74	300m:	3:05.82	32.26	400m:	4:09.66	32.22
36.	MUZYCZUK, Adrian SSz				95	MKP Szczecin				4:11.13	608	
	50m:	28.29	28.29	150m:	1:32.21	32.18	250m:	2:36.59	31.96	350m:	3:40.29	31.72
	100m:	1:00.03	31.74	200m:	2:04.63	32.42	300m:	3:08.57	31.98	400m:	4:11.13	30.84
37.	MIELCZAREK, Filip				96	EKS"SKRA"Bełchatów				4:11.85	602	
	50m:	28.66	28.66	150m:	1:33.22	32.21	250m:	2:37.76	32.30	350m:	3:41.56	31.70
	100m:	1:01.01	32.35	200m:	2:05.46	32.24	300m:	3:09.86	32.10	400m:	4:11.85	30.29
38.	KRYCIA, Mateusz				96	KS KSZO Ostrowiec wi tokrzysk				4:12.10	601	
	50m:	29.05	29.05	150m:	1:33.06	32.19	250m:	2:37.38	32.09	350m:	3:41.00	31.34
	100m:	1:00.87	31.82	200m:	2:05.29	32.23	300m:	3:09.66	32.28	400m:	4:12.10	31.10
39.	SKIERKA, Jakub				98	Trops Kartuzy				4:12.31	599	
	50m:	29.42	29.42	150m:	1:33.71	32.25	250m:	2:38.12	31.90	350m:	3:41.54	31.45
	100m:	1:01.46	32.04	200m:	2:06.22	32.51	300m:	3:10.09	31.97	400m:	4:12.31	30.77
40.	BRUCHAJZER, Dominik				97	KP MZOS Płock				4:13.07	594	
	50m:	29.08	29.08	150m:	1:32.60	32.00	250m:	2:37.53	32.46	350m:	3:42.19	32.27
	100m:	1:00.60	31.52	200m:	2:05.07	32.47	300m:	3:09.92	32.39	400m:	4:13.07	30.88
41.	CI KI, Bartosz				94	Mks - Astoria Bydgoszcz				4:13.52	591	
	50m:	28.65	28.65	150m:	1:33.05	32.56	250m:	2:37.83	32.48	350m:	3:42.69	32.28
	100m:	1:00.49	31.84	200m:	2:05.35	32.30	300m:	3:10.41	32.58	400m:	4:13.52	30.83
42.	BRODOWSKI, Jakub				97	MKP Słowianka Gorzów				4:13.66	590	
	50m:	29.30	29.30	150m:	1:33.39	32.27	250m:	2:38.03	32.27	350m:	3:42.79	32.45
	100m:	1:01.12	31.82	200m:	2:05.76	32.37	300m:	3:10.34	32.31	400m:	4:13.66	30.87
43.	BUCZKOWSKI, Kamil				96	KORNER Zielona Góra				4:15.98	574	
	50m:	28.46	28.46	150m:	1:33.46	32.75	250m:	2:38.92	32.74	350m:	3:44.52	32.87
	100m:	1:00.71	32.25	200m:	2:06.18	32.72	300m:	3:11.65	32.73	400m:	4:15.98	31.46
44.	MAJEWSKI, Lukasz				96	MKP Słowianka Gorzów WLKP				4:16.06	573	
	50m:	29.11	29.11	150m:	1:32.81	31.91	250m:	2:37.43	32.27	350m:	3:42.85	32.81
	100m:	1:00.90	31.79	200m:	2:05.16	32.35	300m:	3:10.04	32.61	400m:	4:16.06	33.21
45.	KU MA, Bartosz				98	Klub Sportowy "1" O arów Mazow				4:17.74	562	
	50m:	29.10	29.10	150m:	1:34.60	33.06	250m:	2:40.42	32.49	350m:	3:45.83	32.31
	100m:	1:01.54	32.44	200m:	2:07.93	33.33	300m:	3:13.52	33.10	400m:	4:17.74	31.91
46.	KONOPKA, Mateusz				97	KS Delfin Gdynia				4:19.01	554	
	50m:	29.70	29.70	150m:	1:35.54	33.22	250m:	2:41.46	32.85	350m:	3:46.86	32.95
	100m:	1:02.32	32.62	200m:	2:08.61	33.07	300m:	3:13.91	32.45	400m:	4:19.01	32.15
47.	SKRZYPCZAK, Filip				97	MKP Słowianka Gorzów				4:19.05	554	
	50m:	29.60	29.60	150m:	1:34.67	32.89	250m:	2:40.83	33.00	350m:	3:47.46	33.27
	100m:	1:01.78	32.18	200m:	2:07.83	33.16	300m:	3:14.19	33.36	400m:	4:19.05	31.59
48.	BAGROWSKI, Karol				96	MUKS Pi tnastka Bydgoszcz				4:19.80	549	
	50m:	28.91	28.91	150m:	1:33.52	32.66	250m:	2:39.12	32.89	350m:	3:46.59	33.76
	100m:	1:00.86	31.95	200m:	2:06.23	32.71	300m:	3:12.83	33.71	400m:	4:19.80	33.21
	SZEWCZYK, Arkadiusz SWR				95	Fala Niepołomice				4:19.80	549	
	50m:	28.92	28.92	150m:	1:32.12	32.02	250m:	2:36.90	32.48	350m:	3:41.15	31.38
	100m:	1:00.10	31.18	200m:	2:04.42	32.30	300m:	3:09.77	32.87	400m:	4:19.80	38.65
50.	STILLER, Piotr, SG				96	UKS Dwójka Morena Gda sk				4:20.49	544	
	50m:	30.37	30.37	150m:	1:35.70	32.78	250m:	2:41.53	32.77	350m:	3:47.83	32.96
	100m:	1:02.92	32.55	200m:	2:08.76	33.06	300m:	3:14.87	33.34	400m:	4:20.49	32.66
51.	STERNAK, Piotr				98	KP MZOS Płock				4:20.73	543	
	50m:	28.76	28.76	150m:	1:33.83	33.14	250m:	2:42.31	33.88	350m:	3:50.29	34.27
	100m:	1:00.69	31.93	200m:	2:08.43	34.60	300m:	3:16.02	33.71	400m:	4:20.73	30.44
52.	MASŁOWSKI, Mateusz				98	Slask Wroclaw				4:20.79	543	
	50m:	29.09	29.09	150m:	1:35.31	33.30	250m:	2:42.42	33.44	350m:	3:49.23	33.42
	100m:	1:02.01	32.92	200m:	2:08.98	33.67	300m:	3:15.81	33.39	400m:	4:20.79	31.56

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53.	DULSKI, Piotr		96	KS Pospolania Pozna			4:21.02	541	
	50m: 30.38	30.38	150m: 1:37.22	33.62	250m: 2:44.21	33.31	350m: 3:49.70	32.77	
	100m: 1:03.60	33.22	200m: 2:10.90	33.68	300m: 3:16.93	32.72	400m: 4:21.02	31.32	
54.	SALIK, Jakub		96	MKS Juvenia Wrocław			4:21.77	536	
	50m: 30.51	30.51	150m: 1:35.98	32.80	250m: 2:42.30	33.40	350m: 3:49.42	33.64	
	100m: 1:03.18	32.67	200m: 2:08.90	32.92	300m: 3:15.78	33.48	400m: 4:21.77	32.35	
55.	KWIATKOWSKI, Krzysztof		97	MTKP Delfin Toru			4:23.02	529	
	50m: 29.46	29.46	150m: 1:35.19	33.17	250m: 2:42.08	33.37	350m: 3:50.22	34.28	
	100m: 1:02.02	32.56	200m: 2:08.71	33.52	300m: 3:15.94	33.86	400m: 4:23.02	32.80	
56.	BRZEZI SKI, Jakub		97	MKS Piaseczno			4:23.91	524	
	50m: 28.95	28.95	150m: 1:34.91	33.36	250m: 2:43.28	34.43	350m: 3:51.29	33.95	
	100m: 1:01.55	32.60	200m: 2:08.85	33.94	300m: 3:17.34	34.06	400m: 4:23.91	32.62	
57.	PIETRZAK, Krzysztof		96	KS Delfin Gdynia			4:25.52	514	
	50m: 30.60	30.60	150m: 1:38.11	33.92	250m: 2:45.63	33.27	350m: 3:52.91	33.66	
	100m: 1:04.19	33.59	200m: 2:12.36	34.25	300m: 3:19.25	33.62	400m: 4:25.52	32.61	
58.	RADUCKI, Arkadiusz		97	KS Warta Pozna			4:25.71	513	
	50m: 29.62	29.62	150m: 1:37.20	34.08	250m: 2:45.62	33.93	350m: 3:53.12	33.74	
	100m: 1:03.12	33.50	200m: 2:11.69	34.49	300m: 3:19.38	33.76	400m: 4:25.71	32.59	
59.	PLUTA, Piotr		97	KORNER Zielona Góra			4:26.15	510	
	50m: 29.55	29.55	150m: 1:36.75	33.95	250m: 2:45.20	34.29	350m: 3:53.58	33.97	
	100m: 1:02.80	33.25	200m: 2:10.91	34.16	300m: 3:19.61	34.41	400m: 4:26.15	32.57	
60.	WIERDAK, Michał		98	Slask Wroclaw			4:27.92	500	
	50m: 30.78	30.78	150m: 1:39.02	34.73	250m: 2:47.59	34.44	350m: 3:55.63	33.93	
	100m: 1:04.29	33.51	200m: 2:13.15	34.13	300m: 3:21.70	34.11	400m: 4:27.92	32.29	
61.	TUREK, Maksymilian		98	Slask Wroclaw			4:27.93	500	
	50m: 30.80	30.80	150m: 1:38.52	34.12	250m: 2:46.63	34.23	350m: 3:54.74	34.11	
	100m: 1:04.40	33.60	200m: 2:12.40	33.88	300m: 3:20.63	34.00	400m: 4:27.93	33.19	
62.	URBA SKI, Michał		97	MUKS Pi tnostka Bydgoszcz			4:28.15	499	
	50m: 29.93	29.93	150m: 1:38.08	34.42	250m: 2:47.02	34.45	350m: 3:55.49	34.09	
	100m: 1:03.66	33.73	200m: 2:12.57	34.49	300m: 3:21.40	34.38	400m: 4:28.15	32.66	
	HODUR, Filip		97	Klub Sportowy "1" O arów Mazow			4:28.15	499	
	50m: 29.85	29.85	150m: 1:35.30	33.16	250m: 2:43.85	34.13	350m: 3:53.64	34.79	
	100m: 1:02.14	32.29	200m: 2:09.72	34.42	300m: 3:18.85	35.00	400m: 4:28.15	34.51	
64.	NOWAK, Mateusz		98	MKS Neptun Staragard Szcz			4:29.10	494	
	50m: 29.50	29.50	150m: 1:35.47	33.23	250m: 2:44.42	34.53	350m: 3:55.01	35.39	
	100m: 1:02.24	32.74	200m: 2:09.89	34.42	300m: 3:19.62	35.20	400m: 4:29.10	34.09	
65.	SZCZUTKOWSKI, Robert		98	Slask Wroclaw			4:29.85	490	
	50m: 30.64	30.64	150m: 1:37.20	33.65	250m: 2:45.82	34.53	350m: 3:55.35	34.52	
	100m: 1:03.55	32.91	200m: 2:11.29	34.09	300m: 3:20.83	35.01	400m: 4:29.85	34.50	
66.	JARASZKIEWICZ, Bartosz		96	Klub Sportowy Pospolania			4:30.34	487	
	50m: 30.97	30.97	150m: 1:39.39	34.33	250m: 2:47.76	34.16	350m: 3:56.99	34.94	
	100m: 1:05.06	34.09	200m: 2:13.60	34.21	300m: 3:22.05	34.29	400m: 4:30.34	33.35	
67.	GRZYMSKI, Mateusz		98	Slask Wroclaw			4:30.38	487	
	50m: 29.97	29.97	150m: 1:37.39	33.93	250m: 2:47.04	34.95	350m: 3:56.90	34.67	
	100m: 1:03.46	33.49	200m: 2:12.09	34.70	300m: 3:22.23	35.19	400m: 4:30.38	33.48	
68.	GNIĄZDOWSKI, Jerzy		96	WODNIK Rawicz			4:32.04	478	
	50m: 29.63	29.63	150m: 1:37.00	34.03	250m: 2:45.56	34.14	350m: 3:56.91	35.83	
	100m: 1:02.97	33.34	200m: 2:11.42	34.42	300m: 3:21.08	35.52	400m: 4:32.04	35.13	
69.	MA CZAK, Bła ej		98	KS Delfin Gdynia			4:37.50	450	
	50m: 30.27	30.27	150m: 1:40.13	35.85	250m: 2:52.09	35.94	350m: 4:03.77	35.77	
	100m: 1:04.28	34.01	200m: 2:16.15	36.02	300m: 3:28.00	35.91	400m: 4:37.50	33.73	
70.	PAWLAK, Tomasz		95	Uczniowski Klub Sportowy Trójk			4:37.56	450	
	50m: 29.31	29.31	150m: 1:37.36	34.74	250m: 2:48.72	35.91	350m: 4:02.37	36.87	
	100m: 1:02.62	33.31	200m: 2:12.81	35.45	300m: 3:25.50	36.78	400m: 4:37.56	35.19	

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Konkurencja 36, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
71.	SKORULSKI, Jakub		97	MMKS K dzierzyn-Ko le				4:39.83	439		
	50m:	31.74 31.74	150m:	1:41.72	35.12	250m:	2:52.73	35.66	350m:	4:05.20	36.42
	100m:	1:06.60 34.86	200m:	2:17.07	35.35	300m:	3:28.78	36.05	400m:	4:39.83	34.63
72.	KUCZMA, J drzej		98	Slask Wroclaw				4:40.53	436		
	50m:	31.02 31.02	150m:	1:41.03	35.61	250m:	2:53.02	35.88	350m:	4:05.36	36.42
	100m:	1:05.42 34.40	200m:	2:17.14	36.11	300m:	3:28.94	35.92	400m:	4:40.53	35.17
73.	OKUPNIK, Jakub		98	Slask Wroclaw				4:41.83	430		
	50m:	30.82 30.82	150m:	1:41.70	36.08	250m:	2:53.47	36.02	350m:	4:06.35	37.00
	100m:	1:05.62 34.80	200m:	2:17.45	35.75	300m:	3:29.35	35.88	400m:	4:41.83	35.48
74.	KORBANEK, Piotr		98	KS Warta Pozna				4:42.48	427		
	50m:	30.83 30.83	150m:	1:41.21	35.77	250m:	2:54.40	36.47	350m:	4:07.95	36.81
	100m:	1:05.44 34.61	200m:	2:17.93	36.72	300m:	3:31.14	36.74	400m:	4:42.48	34.53
75.	KOSSYK, Tomasz		98	K.S.Posnania				4:44.55	418		
	50m:	31.22 31.22	150m:	1:41.58	35.79	250m:	2:54.67	36.74	350m:	4:08.30	36.80
	100m:	1:05.79 34.57	200m:	2:17.93	36.35	300m:	3:31.50	36.83	400m:	4:44.55	36.25
76.	BORUCKI, Patryk		98	KS Warta Pozna				4:55.54	373		
	50m:	31.99 31.99	150m:	1:45.82	37.40	250m:	3:02.30	38.35	350m:	4:19.38	38.72
	100m:	1:08.42 36.43	200m:	2:23.95	38.13	300m:	3:40.66	38.36	400m:	4:55.54	36.16
77.	KRUK, Tomasz		98	KP Astromal Akwawit Leszno				5:01.04	353		
	50m:	32.48 32.48	150m:	1:47.39	38.09	250m:	3:05.31	39.48	350m:	4:23.83	39.19
	100m:	1:09.30 36.82	200m:	2:25.83	38.44	300m:	3:44.64	39.33	400m:	5:01.04	37.21
78.	JARONI, Karol		98	KS Warta Pozna				5:06.50	334		
	50m:	33.66 33.66	150m:	1:48.46	38.07	250m:	3:07.79	39.84	350m:	4:27.78	39.87
	100m:	1:10.39 36.73	200m:	2:27.95	39.49	300m:	3:47.91	40.12	400m:	5:06.50	38.72
NIE UK.	WYPYCH, Filip		91	Mks "Trójka" Łód							
	50m:	21.99 21.99	150m:			250m:			350m:		
	100m:		200m:			300m:			400m:		
NIE UK.	MAJCHRZAK, Kacper		92	K.S.Warta Pozna							
	50m:	22.12 22.12	150m:			250m:			350m:		
	100m:		200m:			300m:			400m:		