

Grand Prix - Puchar Polski  
Pozna , 24- - 25-11-2012

Konkurencja 6  
2012-11-24 - 13:10

M czyzn, 1500m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2012

| Pozycja |                               |         | Rok ur.       |                     |                 | Czas            | Pkt.            |         |
|---------|-------------------------------|---------|---------------|---------------------|-----------------|-----------------|-----------------|---------|
| 1.      | ZACZY SKI, Karol              |         | 91            | AZS AWF Katowice    |                 | <b>14:55.64</b> | 855             |         |
|         | <i>minimum M</i>              |         |               |                     |                 |                 |                 |         |
|         | 100m: 57.42                   | 57.42   | 500m: 4:57.94 | 1:00.08             | 900m: 8:58.30   | 1:00.22         | 1300m: 12:57.56 | 59.72   |
|         | 200m: 1:57.60                 | 1:00.18 | 600m: 5:57.94 | 1:00.00             | 1000m: 9:58.51  | 1:00.21         | 1400m: 13:57.56 | 1:00.00 |
|         | 300m: 2:57.85                 | 1:00.25 | 700m: 6:57.91 | 59.97               | 1100m: 10:58.19 | 59.68           | 1500m: 14:55.64 | 58.08   |
|         | 400m: 3:57.86                 | 1:00.01 | 800m: 7:58.08 | 1:00.17             | 1200m: 11:57.84 | 59.65           |                 |         |
| 2.      | KACZMARSKI, Marcin SSz        |         | 94            | KS KSZO Ostrowiec w |                 | <b>14:58.67</b> | 846             |         |
|         | <i>minimum M</i>              |         |               |                     |                 |                 |                 |         |
|         | 100m: 57.14                   | 57.14   | 500m: 4:57.60 | 1:00.15             | 900m: 8:58.24   | 1:00.42         | 1300m: 12:59.41 | 59.77   |
|         | 200m: 1:57.40                 | 1:00.26 | 600m: 5:57.37 | 59.77               | 1000m: 9:58.76  | 1:00.52         | 1400m: 13:58.52 | 59.11   |
|         | 300m: 2:57.46                 | 1:00.06 | 700m: 6:57.65 | 1:00.28             | 1100m: 10:59.11 | 1:00.35         | 1500m: 14:58.67 | 1:00.15 |
|         | 400m: 3:57.45                 | 59.99   | 800m: 7:57.82 | 1:00.17             | 1200m: 11:59.64 | 1:00.53         |                 |         |
| 3.      | ZABOROWSKI, Filip SSz         |         | 94            | MKP Szczecin        |                 | <b>15:02.28</b> | 836             |         |
|         | <i>minimum M</i>              |         |               |                     |                 |                 |                 |         |
|         | 100m: 57.43                   | 57.43   | 500m: 4:57.57 | 1:00.33             | 900m: 8:58.26   | 1:00.25         | 1300m: 13:00.38 | 1:00.71 |
|         | 200m: 1:57.52                 | 1:00.09 | 600m: 5:57.59 | 1:00.02             | 1000m: 9:58.85  | 1:00.59         | 1400m: 14:01.06 | 1:00.68 |
|         | 300m: 2:57.70                 | 1:00.18 | 700m: 6:57.89 | 1:00.30             | 1100m: 10:59.07 | 1:00.22         | 1500m: 15:02.28 | 1:01.22 |
|         | 400m: 3:57.24                 | 59.54   | 800m: 7:58.01 | 1:00.12             | 1200m: 11:59.67 | 1:00.60         |                 |         |
| 4.      | FURTEK, Paweł SSz             |         | 95            | WKS I sk Wrocław    |                 | <b>15:11.54</b> | 811             |         |
|         | <i>minimum juniorskie M</i>   |         |               |                     |                 |                 |                 |         |
|         | 100m: 56.67                   | 56.67   | 500m: 4:55.12 | 59.80               | 900m: 8:57.95   | 1:01.37         | 1300m: 13:07.05 | 1:02.24 |
|         | 200m: 1:56.54                 | 59.87   | 600m: 5:55.48 | 1:00.36             | 1000m: 9:59.58  | 1:01.63         | 1400m: 14:10.12 | 1:03.07 |
|         | 300m: 2:55.94                 | 59.40   | 700m: 6:55.87 | 1:00.39             | 1100m: 11:02.12 | 1:02.54         | 1500m: 15:11.54 | 1:01.42 |
|         | 400m: 3:55.32                 | 59.38   | 800m: 7:56.58 | 1:00.71             | 1200m: 12:04.81 | 1:02.69         |                 |         |
| 5.      | PIELOWSKI, Krzysztof          |         | 91            | AZS UWM Olsztyn     |                 | <b>15:24.08</b> | 778             |         |
|         | 100m: 57.85                   | 57.85   | 500m: 4:58.64 | 1:00.26             | 900m: 9:02.11   | 1:01.52         | 1300m: 13:15.62 | 1:04.09 |
|         | 200m: 1:58.09                 | 1:00.24 | 600m: 5:58.98 | 1:00.34             | 1000m: 10:04.31 | 1:02.20         | 1400m: 14:20.04 | 1:04.42 |
|         | 300m: 2:58.28                 | 1:00.19 | 700m: 6:59.73 | 1:00.75             | 1100m: 11:07.63 | 1:03.32         | 1500m: 15:24.08 | 1:04.04 |
|         | 400m: 3:58.38                 | 1:00.10 | 800m: 8:00.59 | 1:00.86             | 1200m: 12:11.53 | 1:03.90         |                 |         |
| 6.      | SZUBA, Michał                 |         | 93            | Slask Wroclaw       |                 | <b>15:29.51</b> | 764             |         |
|         | 100m: 57.87                   | 57.87   | 500m: 5:00.28 | 1:00.65             | 900m: 9:08.67   | 1:02.70         | 1300m: 13:22.27 | 1:03.54 |
|         | 200m: 1:58.34                 | 1:00.47 | 600m: 6:02.03 | 1:01.75             | 1000m: 10:11.66 | 1:02.99         | 1400m: 14:26.25 | 1:03.98 |
|         | 300m: 2:59.07                 | 1:00.73 | 700m: 7:03.76 | 1:01.73             | 1100m: 11:15.11 | 1:03.45         | 1500m: 15:29.51 | 1:03.26 |
|         | 400m: 3:59.63                 | 1:00.56 | 800m: 8:05.97 | 1:02.21             | 1200m: 12:18.73 | 1:03.62         |                 |         |
| 7.      | BOROWICZ SKONECZNY, Sylwester |         | 92            | AZS UWM Olsztyn     |                 | <b>15:41.53</b> | 736             |         |
|         | 100m: 59.61                   | 59.61   | 500m: 5:04.12 | 1:01.56             | 900m: 9:14.60   | 1:03.41         | 1300m: 13:32.81 | 1:05.07 |
|         | 200m: 2:00.60                 | 1:00.99 | 600m: 6:05.87 | 1:01.75             | 1000m: 10:18.49 | 1:03.89         | 1400m: 14:38.05 | 1:05.24 |
|         | 300m: 3:01.44                 | 1:00.84 | 700m: 7:08.17 | 1:02.30             | 1100m: 11:22.79 | 1:04.30         | 1500m: 15:41.53 | 1:03.48 |
|         | 400m: 4:02.56                 | 1:01.12 | 800m: 8:11.19 | 1:03.02             | 1200m: 12:27.74 | 1:04.95         |                 |         |
| 8.      | URBANIAK, Jan                 |         | 95            | K.S.Warta Pozna     |                 | <b>15:55.07</b> | 705             |         |
|         | 100m: 59.17                   | 59.17   | 500m: 5:08.69 | 1:02.85             | 900m: 9:25.34   | 1:04.92         | 1300m: 13:46.26 | 1:05.52 |
|         | 200m: 2:01.07                 | 1:01.90 | 600m: 6:11.75 | 1:03.06             | 1000m: 10:30.62 | 1:05.28         | 1400m: 14:51.37 | 1:05.11 |
|         | 300m: 3:03.21                 | 1:02.14 | 700m: 7:15.60 | 1:03.85             | 1100m: 11:35.26 | 1:04.64         | 1500m: 15:55.07 | 1:03.70 |
|         | 400m: 4:05.84                 | 1:02.63 | 800m: 8:20.42 | 1:04.82             | 1200m: 12:40.74 | 1:05.48         |                 |         |
| 9.      | HORAŁA, Damian                |         | 96            | K.S.Warta Pozna     |                 | <b>16:05.15</b> | 683             |         |
|         | 100m: 1:03.17                 | 1:03.17 | 500m: 5:23.91 | 1:04.95             | 900m: 9:43.20   | 1:04.56         | 1300m: 13:59.88 | 1:04.14 |
|         | 200m: 2:08.41                 | 1:05.24 | 600m: 6:28.90 | 1:04.99             | 1000m: 10:47.52 | 1:04.32         | 1400m: 15:03.85 | 1:03.97 |
|         | 300m: 3:13.87                 | 1:05.46 | 700m: 7:33.74 | 1:04.84             | 1100m: 11:51.63 | 1:04.11         | 1500m: 16:05.15 | 1:01.30 |
|         | 400m: 4:18.96                 | 1:05.09 | 800m: 8:38.64 | 1:04.90             | 1200m: 12:55.74 | 1:04.11         |                 |         |
| 10.     | JASZCZAK, Wiktor              |         | 97            | Slask Wroclaw       |                 | <b>16:05.69</b> | 682             |         |
|         | 100m: 1:00.46                 | 1:00.46 | 500m: 5:24.36 | 1:06.03             | 900m: 9:44.72   | 1:04.54         | 1300m: 14:02.27 | 1:03.77 |
|         | 200m: 2:06.03                 | 1:05.57 | 600m: 6:30.11 | 1:05.75             | 1000m: 10:49.24 | 1:04.52         | 1400m: 15:05.23 | 1:02.96 |
|         | 300m: 3:12.12                 | 1:06.09 | 700m: 7:35.52 | 1:05.41             | 1100m: 11:53.80 | 1:04.56         | 1500m: 16:05.69 | 1:00.46 |
|         | 400m: 4:18.33                 | 1:06.21 | 800m: 8:40.18 | 1:04.66             | 1200m: 12:58.50 | 1:04.70         |                 |         |

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Pozna , 24- - 25-11-2012

Konkurencja 6, M czyzn, 1500m dowolny, 14 lat i starsi

| Pozycja |                        |         | Rok ur. |                               |          |         | Czas   |                 | Pkt.    |        |          |         |
|---------|------------------------|---------|---------|-------------------------------|----------|---------|--------|-----------------|---------|--------|----------|---------|
| 11.     | KARA , Sebastian       |         | 91      | UKS "G-8 Bielany" Warszawa    |          |         |        | <b>16:06.06</b> | 681     |        |          |         |
|         | 100m:                  | 1:02.15 | 1:02.15 | 500m:                         | 5:24.31  | 1:05.47 | 900m:  | 9:43.62         | 1:04.10 | 1300m: | 14:00.93 | 1:04.48 |
|         | 200m:                  | 2:07.19 | 1:05.04 | 600m:                         | 6:29.36  | 1:05.05 | 1000m: | 10:47.55        | 1:03.93 | 1400m: | 15:05.04 | 1:04.11 |
|         | 300m:                  | 3:12.96 | 1:05.77 | 700m:                         | 7:34.41  | 1:05.05 | 1100m: | 11:52.01        | 1:04.46 | 1500m: | 16:06.06 | 1:01.02 |
|         | 400m:                  | 4:18.84 | 1:05.88 | 800m:                         | 8:39.52  | 1:05.11 | 1200m: | 12:56.45        | 1:04.44 |        |          |         |
| 12.     | SOKOŁOWSKI, Ziemowit   |         | 97      | KS Warta Pozna                |          |         |        | <b>16:31.13</b> | 630     |        |          |         |
|         | 100m:                  | 1:02.55 | 1:02.55 | 500m:                         | 5:28.87  | 1:07.10 | 900m:  | 9:55.04         | 1:06.39 | 1300m: | 14:20.47 | 1:05.83 |
|         | 200m:                  | 2:08.49 | 1:05.94 | 600m:                         | 6:35.85  | 1:06.98 | 1000m: | 11:01.83        | 1:06.79 | 1400m: | 15:26.52 | 1:06.05 |
|         | 300m:                  | 3:15.08 | 1:06.59 | 700m:                         | 7:42.39  | 1:06.54 | 1100m: | 12:08.62        | 1:06.79 | 1500m: | 16:31.13 | 1:04.61 |
|         | 400m:                  | 4:21.77 | 1:06.69 | 800m:                         | 8:48.65  | 1:06.26 | 1200m: | 13:14.64        | 1:06.02 |        |          |         |
| 13.     | KRYCIA, Mateusz        |         | 96      | KS KSZO Ostrowiec wi tokrzysk |          |         |        | <b>16:44.47</b> | 606     |        |          |         |
|         | 100m:                  | 1:00.11 | 1:00.11 | 500m:                         | 5:26.28  | 1:06.91 | 900m:  | 9:56.94         | 1:07.90 | 1300m: | 14:29.92 | 1:08.61 |
|         | 200m:                  | 2:05.91 | 1:05.80 | 600m:                         | 6:33.78  | 1:07.50 | 1000m: | 11:04.78        | 1:07.84 | 1400m: | 15:38.64 | 1:08.72 |
|         | 300m:                  | 3:12.41 | 1:06.50 | 700m:                         | 7:41.14  | 1:07.36 | 1100m: | 12:13.01        | 1:08.23 | 1500m: | 16:44.47 | 1:05.83 |
|         | 400m:                  | 4:19.37 | 1:06.96 | 800m:                         | 8:49.04  | 1:07.90 | 1200m: | 13:21.31        | 1:08.30 |        |          |         |
| 14.     | MIELCZAREK, Filip      |         | 96      | EKS"SKRA"Bełchatów            |          |         |        | <b>16:53.79</b> | 589     |        |          |         |
|         | 100m:                  | 1:04.12 | 1:04.12 | 500m:                         | 5:38.06  | 1:07.82 | 900m:  | 10:12.44        | 1:07.99 | 1300m: | 14:45.25 | 1:07.90 |
|         | 200m:                  | 2:13.43 | 1:09.31 | 600m:                         | 6:46.75  | 1:08.69 | 1000m: | 11:20.60        | 1:08.16 | 1400m: | 15:51.50 | 1:06.25 |
|         | 300m:                  | 3:22.03 | 1:08.60 | 700m:                         | 7:55.47  | 1:08.72 | 1100m: | 12:29.10        | 1:08.50 | 1500m: | 16:53.79 | 1:02.29 |
|         | 400m:                  | 4:30.24 | 1:08.21 | 800m:                         | 9:04.45  | 1:08.98 | 1200m: | 13:37.35        | 1:08.25 |        |          |         |
| 15.     | MASŁOWSKI, Mateusz     |         | 98      | Slask Wroclaw                 |          |         |        | <b>17:12.21</b> | 558     |        |          |         |
|         | 100m:                  | 1:03.37 | 1:03.37 | 500m:                         | 5:36.95  | 1:09.22 | 900m:  | 10:15.87        | 1:10.00 | 1300m: | 14:55.54 | 1:10.02 |
|         | 200m:                  | 2:10.73 | 1:07.36 | 600m:                         | 6:46.18  | 1:09.23 | 1000m: | 11:25.39        | 1:09.52 | 1400m: | 16:04.75 | 1:09.21 |
|         | 300m:                  | 3:18.95 | 1:08.22 | 700m:                         | 7:55.93  | 1:09.75 | 1100m: | 12:35.84        | 1:10.45 | 1500m: | 17:12.21 | 1:07.46 |
|         | 400m:                  | 4:27.73 | 1:08.78 | 800m:                         | 9:05.87  | 1:09.94 | 1200m: | 13:45.52        | 1:09.68 |        |          |         |
| 16.     | DULSKI, Piotr          |         | 96      | KS Posnania Pozna             |          |         |        | <b>17:20.60</b> | 545     |        |          |         |
|         | 100m:                  | 1:04.35 | 1:04.35 | 500m:                         | 5:41.45  | 1:09.80 | 900m:  | 10:21.69        | 1:09.75 | 1300m: | 15:03.05 | 1:09.75 |
|         | 200m:                  | 2:13.20 | 1:08.85 | 600m:                         | 6:51.80  | 1:10.35 | 1000m: | 11:31.94        | 1:10.25 | 1400m: | 16:12.54 | 1:09.49 |
|         | 300m:                  | 3:22.25 | 1:09.05 | 700m:                         | 8:01.53  | 1:09.73 | 1100m: | 12:42.48        | 1:10.54 | 1500m: | 17:20.60 | 1:08.06 |
|         | 400m:                  | 4:31.65 | 1:09.40 | 800m:                         | 9:11.94  | 1:10.41 | 1200m: | 13:53.30        | 1:10.82 |        |          |         |
| 17.     | GRZYMSKI, Mateusz      |         | 98      | Slask Wroclaw                 |          |         |        | <b>17:34.57</b> | 523     |        |          |         |
|         | 100m:                  | 1:04.73 | 1:04.73 | 500m:                         | 5:42.95  | 1:10.15 | 900m:  | 10:26.18        | 1:10.92 | 1300m: | 15:11.96 | 1:10.92 |
|         | 200m:                  | 2:13.80 | 1:09.07 | 600m:                         | 6:53.02  | 1:10.07 | 1000m: | 11:37.74        | 1:11.56 | 1400m: | 16:23.92 | 1:11.96 |
|         | 300m:                  | 3:23.41 | 1:09.61 | 700m:                         | 8:04.29  | 1:11.27 | 1100m: | 12:48.91        | 1:11.17 | 1500m: | 17:34.57 | 1:10.65 |
|         | 400m:                  | 4:32.80 | 1:09.39 | 800m:                         | 9:15.26  | 1:10.97 | 1200m: | 14:01.04        | 1:12.13 |        |          |         |
| 18.     | NOWAK, Mateusz         |         | 98      | MKS Neptun Staragard Szcz     |          |         |        | <b>17:46.12</b> | 506     |        |          |         |
|         | 100m:                  | 1:03.95 | 1:03.95 | 500m:                         | 5:43.05  | 1:10.66 | 900m:  | 10:27.47        | 1:10.94 | 1300m: | 15:19.44 | 1:13.79 |
|         | 200m:                  | 2:12.43 | 1:08.48 | 600m:                         | 6:53.71  | 1:10.66 | 1000m: | 11:39.33        | 1:11.86 | 1400m: | 16:32.93 | 1:13.49 |
|         | 300m:                  | 3:22.22 | 1:09.79 | 700m:                         | 8:05.14  | 1:11.43 | 1100m: | 12:52.75        | 1:13.42 | 1500m: | 17:46.12 | 1:13.19 |
|         | 400m:                  | 4:32.39 | 1:10.17 | 800m:                         | 9:16.53  | 1:11.39 | 1200m: | 14:05.65        | 1:12.90 |        |          |         |
| 19.     | POPIELAS, Dawid        |         | 98      | KP Astromal Akwawit Leszno    |          |         |        | <b>17:46.39</b> | 506     |        |          |         |
|         | 100m:                  | 1:05.35 | 1:05.35 | 500m:                         | 5:49.09  | 1:11.55 | 900m:  | 10:36.27        | 1:11.97 | 1300m: | 15:24.36 | 1:11.63 |
|         | 200m:                  | 2:15.01 | 1:09.66 | 600m:                         | 7:00.57  | 1:11.48 | 1000m: | 11:48.45        | 1:12.18 | 1400m: | 16:37.00 | 1:12.64 |
|         | 300m:                  | 3:25.94 | 1:10.93 | 700m:                         | 8:11.97  | 1:11.40 | 1100m: | 13:00.32        | 1:11.87 | 1500m: | 17:46.39 | 1:09.39 |
|         | 400m:                  | 4:37.54 | 1:11.60 | 800m:                         | 9:24.30  | 1:12.33 | 1200m: | 14:12.73        | 1:12.41 |        |          |         |
| 20.     | TCHÓRZEWSKI, Krzysztof |         | 97      | KS Posnania Pozna             |          |         |        | <b>17:48.58</b> | 503     |        |          |         |
|         | 100m:                  | 1:04.33 | 1:04.33 | 500m:                         | 5:49.51  | 1:11.78 | 900m:  | 10:36.69        | 1:11.57 | 1300m: | 15:26.80 | 1:12.50 |
|         | 200m:                  | 2:14.60 | 1:10.27 | 600m:                         | 7:01.42  | 1:11.91 | 1000m: | 11:49.75        | 1:13.06 | 1400m: | 16:38.54 | 1:11.74 |
|         | 300m:                  | 3:25.94 | 1:11.34 | 700m:                         | 8:13.32  | 1:11.90 | 1100m: | 13:02.40        | 1:12.65 | 1500m: | 17:48.58 | 1:10.04 |
|         | 400m:                  | 4:37.73 | 1:11.79 | 800m:                         | 9:25.12  | 1:11.80 | 1200m: | 14:14.30        | 1:11.90 |        |          |         |
| 21.     | KAMI SKI, Marcin       |         | 97      | UKP Marlin                    |          |         |        | <b>18:29.32</b> | 450     |        |          |         |
|         | 100m:                  | 1:05.53 | 1:05.53 | 500m:                         | 6:00.67  | 1:14.63 | 900m:  | 11:01.23        | 1:14.90 | 1300m: | 16:03.99 | 1:15.56 |
|         | 200m:                  | 2:17.41 | 1:11.88 | 600m:                         | 7:16.23  | 1:15.56 | 1000m: | 12:16.80        | 1:15.57 | 1400m: | 17:19.15 | 1:15.16 |
|         | 300m:                  | 3:31.34 | 1:13.93 | 700m:                         | 8:30.96  | 1:14.73 | 1100m: | 13:32.92        | 1:16.12 | 1500m: | 18:29.32 | 1:10.17 |
|         | 400m:                  | 4:46.04 | 1:14.70 | 800m:                         | 9:46.33  | 1:15.37 | 1200m: | 14:48.43        | 1:15.51 |        |          |         |
| 22.     | KRUK, Tomasz           |         | 98      | KP Astromal Akwawit Leszno    |          |         |        | <b>20:11.10</b> | 345     |        |          |         |
|         | 100m:                  | 1:11.51 | 1:11.51 | 500m:                         | 6:34.19  | 1:21.27 | 900m:  | 12:02.46        | 1:23.23 | 1300m: | 17:34.46 | 1:22.34 |
|         | 200m:                  | 2:31.05 | 1:19.54 | 600m:                         | 7:55.46  | 1:21.27 | 1000m: | 13:25.26        | 1:22.80 | 1400m: | 18:55.08 | 1:20.62 |
|         | 300m:                  | 3:52.04 | 1:20.99 | 700m:                         | 9:16.66  | 1:21.20 | 1100m: | 14:48.11        | 1:22.85 | 1500m: | 20:11.10 | 1:16.02 |
|         | 400m:                  | 5:12.92 | 1:20.88 | 800m:                         | 10:39.23 | 1:22.57 | 1200m: | 16:12.12        | 1:24.01 |        |          |         |