

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 21- - 22-6-2013

Konkurencja 27
2013-06-22 - 10:00

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2012

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------|-------------------------|-------|---------------|-------|----------------|------|
| 1. | WI NIEWSKA, Natalia | | 97 | KS Warta Pozna | | | | 5:23.25 | 579 |
| | 50m: 33.04 33.04 | 150m: 1:56.79 | 43.02 | 250m: 3:21.73 | 43.75 | 350m: 4:45.44 | 39.39 | | |
| | 100m: 1:13.77 40.73 | 200m: 2:37.98 | 41.19 | 300m: 4:06.05 | 44.32 | 400m: 5:23.25 | 37.81 | | |
| 2. | WÓJCIK, Claudia | | 97 | KS Warta Pozna | | | | 5:29.06 | 549 |
| | 50m: 34.86 34.86 | 150m: 1:59.52 | 42.61 | 250m: 3:28.24 | 46.53 | 350m: 4:53.31 | 37.76 | | |
| | 100m: 1:16.91 42.05 | 200m: 2:41.71 | 42.19 | 300m: 4:15.55 | 47.31 | 400m: 5:29.06 | 35.75 | | |
| 3. | NAGÓRSKA, Monika | | 97 | MUKS Piłastka Bydgoszcz | | | | 5:29.62 | 546 |
| | 50m: 34.62 34.62 | 150m: 2:00.84 | 43.90 | 250m: 3:28.72 | 45.23 | 350m: 4:53.36 | 37.97 | | |
| | 100m: 1:16.94 42.32 | 200m: 2:43.49 | 42.65 | 300m: 4:15.39 | 46.67 | 400m: 5:29.62 | 36.26 | | |
| PK | KLESSA, Helena | | 99 | MKS Nielba Wągrowiec | | | | 5:54.97 | 437 |
| | 50m: 38.00 38.00 | 150m: 2:08.67 | 45.68 | 250m: 3:44.20 | 51.82 | 350m: 5:15.63 | 39.97 | | |
| | 100m: 1:22.99 44.99 | 200m: 2:52.38 | 43.71 | 300m: 4:35.66 | 51.46 | 400m: 5:54.97 | 39.34 | | |