

III RUNDA KPP W PŁYWANIU W PŁETWACH  
Pozna , 12- - 13-10-2013

Konkurencja 7  
2013-10-12 - 14:55

M czyzn, 400 m PP

14 lat i starsi  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.	
<b>14 - 15 lat</b>										
1.	KRAKOWIAK, Waldemar		98	TMiFS Pozna				<b>3:39.00</b>		
	50m:	22.99 22.99	150m:	1:16.37	27.05	250m:	2:13.12	28.40	350m:	3:10.65 28.70
	100m:	49.32 26.33	200m:	1:44.72	28.35	300m:	2:41.95	28.83	400m:	3:39.00 28.35
2.	KIRYLUK, Damian		98	Neptun Gda sk				<b>3:47.43</b>		
	50m:	22.85 22.85	150m:	1:16.80	27.60	250m:	2:16.02	30.09	350m:	3:17.02 30.76
	100m:	49.20 26.35	200m:	1:45.93	29.13	300m:	2:46.26	30.24	400m:	3:47.43 30.41
3.	GIBA, Bartłomiej		99	KS Nautilus Jastrz bie				<b>3:58.55</b>		
	50m:	25.28 25.28	150m:	1:22.08	29.65	250m:	2:24.30	31.50	350m:	3:26.61 31.33
	100m:	52.43 27.15	200m:	1:52.80	30.72	300m:	2:55.28	30.98	400m:	3:58.55 31.94
4.	GIL, Adam		98	UKS Delfinek Chodzie				<b>4:06.92</b>		
	50m:	28.26 28.26	150m:	1:30.67	32.08	250m:	2:34.43	31.59	350m:	3:36.49 30.82
	100m:	58.59 30.33	200m:	2:02.84	32.17	300m:	3:05.67	31.24	400m:	4:06.92 30.43
5.	BALCEREK, Hubert		99	UKS Delfin Jastarnia				<b>4:28.74</b>		
	50m:	27.84 27.84	150m:	1:33.81	33.82	250m:	2:43.29	35.09	350m:	3:55.01 36.03
	100m:	59.99 32.15	200m:	2:08.20	34.39	300m:	3:18.98	35.69	400m:	4:28.74 33.73
6.	SAKERSKI, Patryk		99	Laguna 24 Toru				<b>4:32.11</b>		
	50m:	26.86 26.86	150m:	1:32.50	33.57	250m:	2:43.94	34.78	350m:	3:55.67 35.95
	100m:	58.93 32.07	200m:	2:09.16	36.66	300m:	3:19.72	35.78	400m:	4:32.11 36.44
7.	KARPISZ, J drzej		99	W.M. Bars Gorzów				<b>4:34.64</b>		
	50m:	27.55 27.55	150m:	1:37.14	35.85	250m:	2:50.69	36.75	350m:	4:02.67 35.27
	100m:	1:01.29 33.74	200m:	2:13.94	36.80	300m:	3:27.40	36.71	400m:	4:34.64 31.97
8.	KOWALSKI, Hubert		99	Laguna 24 Toru				<b>4:37.78</b>		
	50m:	29.06 29.06	150m:	1:38.11	35.93	250m:	2:51.14	36.56	350m:	4:05.32 37.64
	100m:	1:02.18 33.12	200m:	2:14.58	36.47	300m:	3:27.68	36.54	400m:	4:37.78 32.46
9.	SKRZYPCZAK, Wojciech		98	TMiFS Pozna				<b>5:01.73</b>		
	50m:	29.99 29.99	150m:	1:40.75	35.75	250m:	3:00.23	39.03	350m:	4:22.22 40.86
	100m:	1:05.00 35.01	200m:	2:21.20	40.45	300m:	3:41.36	41.13	400m:	5:01.73 39.51
10.	KACZOR, Michał Sławomir		99	Laguna 24 Toru				<b>5:04.89</b>		
	50m:	30.55 30.55	150m:	1:43.60	38.44	250m:	3:04.89	41.13	350m:	4:26.28 40.10
	100m:	1:05.16 34.61	200m:	2:23.76	40.16	300m:	3:46.18	41.29	400m:	5:04.89 38.61
<b>16 - 17 lat</b>										
1.	MICHALSKI, Mateusz		96	Laguna 24 Toru				<b>3:27.53</b>		
	50m:	23.31 23.31	150m:	1:13.85	25.77	250m:	2:06.96	26.91	350m:	3:01.87 27.54
	100m:	48.08 24.77	200m:	1:40.05	26.20	300m:	2:34.33	27.37	400m:	3:27.53 25.66
2.	DYRSZKA, Jakub		97	KS Nautilus Jastrz bie				<b>3:29.90</b>		
	50m:	23.33 23.33	150m:	1:15.64	26.46	250m:	2:09.87	26.92	350m:	3:03.20 26.87
	100m:	49.18 25.85	200m:	1:42.95	27.31	300m:	2:36.33	26.46	400m:	3:29.90 26.70
3.	SENFTLEBEN, Dawid		97	UKS City Zen Pozna				<b>3:31.39</b>		
	50m:	24.04 24.04	150m:	1:15.95	26.29	250m:	2:11.02	28.05	350m:	3:06.11 27.08
	100m:	49.66 25.62	200m:	1:42.97	27.02	300m:	2:39.03	28.01	400m:	3:31.39 25.28
4.	PRECH, Kacper		97	TMiFS Pozna				<b>3:38.52</b>		
	50m:	23.76 23.76	150m:	1:15.71	26.05	250m:	2:11.45	28.29	350m:	3:09.87 29.62
	100m:	49.66 25.90	200m:	1:43.16	27.45	300m:	2:40.25	28.80	400m:	3:38.52 28.65
5.	NOWAK, Filip		97	UKS Delfinek Chodzie				<b>3:38.84</b>		
	50m:	23.38 23.38	150m:	1:15.67	26.77	250m:	2:11.13	27.89	350m:	3:09.47 29.42
	100m:	48.90 25.52	200m:	1:43.24	27.57	300m:	2:40.05	28.92	400m:	3:38.84 29.37
6.	NALEPKA, Sebastian		96	KS Nautilus Jastrz bie				<b>3:42.97</b>		
	50m:	23.48 23.48	150m:	1:15.70	26.93	250m:	2:13.34	29.07	350m:	3:13.07 29.97
	100m:	48.77 25.29	200m:	1:44.27	28.57	300m:	2:43.10	29.76	400m:	3:42.97 29.90

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Konkurencja 7, Chłopców, 400 m PP, 16 - 17 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	GÓRNY, Jakub		96	Laguna 24 Toru				<b>3:54.07</b>	
	50m:	25.08 25.08	150m:	1:22.40 29.65	250m:	2:23.86 31.26	350m:	3:24.47 30.61	
	100m:	52.75 27.67	200m:	1:52.60 30.20	300m:	2:53.86 30.00	400m:	3:54.07 29.60	
8.	KAWKA, Damian		96	Laguna 24 Toru				<b>4:13.03</b>	
	50m:	26.17 26.17	150m:	1:26.25 30.79	250m:	2:30.54 33.34	350m:	3:39.05 34.50	
	100m:	55.46 29.29	200m:	1:57.20 30.95	300m:	3:04.55 34.01	400m:	4:13.03 33.98	
9.	PRZYBYSZEWSKI, Kamil		97	Neptun Gda sk				<b>4:34.16</b>	
	50m:	29.50 29.50	150m:	1:37.08 34.44	250m:	2:47.00 34.68	350m:	3:58.38 35.48	
	100m:	1:02.64 33.14	200m:	2:12.32 35.24	300m:	3:22.90 35.90	400m:	4:34.16 35.78	
10.	PEPLI SKI, Mateusz		96	UKS PCM Manta Ko cierzyna				<b>4:44.41</b>	
	50m:	30.36 30.36	150m:	1:41.26 36.28	250m:	2:57.85 39.30	350m:	4:12.91 37.21	
	100m:	1:04.98 34.62	200m:	2:18.55 37.29	300m:	3:35.70 37.85	400m:	4:44.41 31.50	

18 lat i starsi

1.	ŁUKASZEWSKI, Szymon		94	Laguna 24 Toru				<b>3:38.47</b>	
	50m:	23.43 23.43	150m:	1:17.97 27.99	250m:	2:15.45 28.74	350m:	3:12.89 28.49	
	100m:	49.98 26.55	200m:	1:46.71 28.74	300m:	2:44.40 28.95	400m:	3:38.47 25.58	
2.	SMARUJ, Bartosz		81	UKS Delfinek Chodzie				<b>3:41.06</b>	
	50m:	24.26 24.26	150m:	1:19.54 28.50	250m:	2:17.52 29.02	350m:	3:14.61 27.90	
	100m:	51.04 26.78	200m:	1:48.50 28.96	300m:	2:46.71 29.19	400m:	3:41.06 26.45	
3.	MICHALAK, Adrian		94	KS Nautilus Jastrz bie				<b>3:57.57</b>	
	50m:	25.18 25.18	150m:	1:22.14 29.06	250m:	2:24.21 31.36	350m:	3:28.21 31.08	
	100m:	53.08 27.90	200m:	1:52.85 30.71	300m:	2:57.13 32.92	400m:	3:57.57 29.36	