

Zawody kwalifikacyjne do Mistrzostw Europy
Pozna , 30-11- - 1-12-2013

Konkurencja 13
2013-11-30 - 17:00

Kobiet, 400m dowolny

Open
Wyniki

minimum ME Open: 4:04.99; 13 - 16: 4:10.12

Punkty: FINA 2013

Pozycja			Rok ur.				Czas				Pkt.	
1.	Kilija ska Donata	SWR	95	KS KSZO Ostrowiec				4:10.16				827
	50m:	29.47	29.47	150m:	1:32.87	31.74	250m:	2:36.28	31.48	350m:	3:39.06	31.51
	100m:	1:01.13	31.66	200m:	2:04.80	31.93	300m:	3:07.55	31.27	400m:	4:10.16	31.10
2.	Kasperek Katarzyna	SSZ	96	MKP Szczecin				4:11.65				812
	50m:	29.59	29.59	150m:	1:33.48	32.16	250m:	2:38.15	32.14	350m:	3:41.57	31.57
	100m:	1:01.32	31.73	200m:	2:06.01	32.53	300m:	3:10.00	31.85	400m:	4:11.65	30.08
3.	Wikieł Manuela		92	AZS UWM Olsztyn				4:12.21				807
	50m:	30.09	30.09	150m:	1:33.30	31.74	250m:	2:36.80	31.59	350m:	3:40.78	32.09
	100m:	1:01.56	31.47	200m:	2:05.21	31.91	300m:	3:08.69	31.89	400m:	4:12.21	31.43
4.	Zachoszcz Joanna		93	AZS UWM Olsztyn				4:12.66				803
	50m:	29.72	29.72	150m:	1:33.24	32.06	250m:	2:36.89	31.70	350m:	3:41.00	32.21
	100m:	1:01.18	31.46	200m:	2:05.19	31.95	300m:	3:08.79	31.90	400m:	4:12.66	31.66
5.	Cieslak Joanna	SP	96	Warta Pozna				4:16.76				765
	50m:	29.77	29.77	150m:	1:33.94	32.22	250m:	2:38.79	32.50	350m:	3:45.02	33.31
	100m:	1:01.72	31.95	200m:	2:06.29	32.35	300m:	3:11.71	32.92	400m:	4:16.76	31.74
6.	Borkowska Lucyna	SK	97	MKS Sambor Tczew				4:18.05				753
	50m:	29.94	29.94	150m:	1:34.35	32.51	250m:	2:39.46	32.64	350m:	3:45.51	33.06
	100m:	1:01.84	31.90	200m:	2:06.82	32.47	300m:	3:12.45	32.99	400m:	4:18.05	32.54
7.	Piechota Paulina		99	Uks 190 Łód				4:19.28				743
	50m:	29.74	29.74	150m:	1:34.87	33.01	250m:	2:40.77	33.25	350m:	3:47.32	33.30
	100m:	1:01.86	32.12	200m:	2:07.52	32.65	300m:	3:14.02	33.25	400m:	4:19.28	31.96
8.	Po arowszczyk Beata		91	MKS Juwenia Wrocław				4:23.27				709
	50m:	30.87	30.87	150m:	1:36.48	33.00	250m:	2:42.78	33.23	350m:	3:50.10	33.74
	100m:	1:03.48	32.61	200m:	2:09.55	33.07	300m:	3:16.36	33.58	400m:	4:23.27	33.17
9.	Szatanek Julia	SSZ	99	MKP Szczecin				4:26.34				685
	50m:	29.67	29.67	150m:	1:36.36	33.95	250m:	2:45.15	34.32	350m:	3:53.70	34.13
	100m:	1:02.41	32.74	200m:	2:10.83	34.47	300m:	3:19.57	34.42	400m:	4:26.34	32.64
10.	Halagiera Joanna		96	MKP Słowianka Gorzów				4:26.40				685
	50m:	31.13	31.13	150m:	1:39.35	34.37	250m:	2:47.70	33.96	350m:	3:54.61	33.35
	100m:	1:04.98	33.85	200m:	2:13.74	34.39	300m:	3:21.26	33.56	400m:	4:26.40	31.79
11.	Roman Magdalena		99	MKS Polonia Warszawa				4:28.16				671
	50m:	30.24	30.24	150m:	1:37.46	33.94	250m:	2:46.17	34.26	350m:	3:55.06	34.47
	100m:	1:03.52	33.28	200m:	2:11.91	34.45	300m:	3:20.59	34.42	400m:	4:28.16	33.10
12.	Bieli ska Karolina		99	MKP Słowianka Gorzów				4:30.11				657
	50m:	30.78	30.78	150m:	1:38.69	34.42	250m:	2:47.78	34.61	350m:	3:56.57	34.31
	100m:	1:04.27	33.49	200m:	2:13.17	34.48	300m:	3:22.26	34.48	400m:	4:30.11	33.54
13.	Nowak Julia		97	MKP Słowianka Gorzów				4:30.49				654
	50m:	30.63	30.63	150m:	1:37.92	33.99	250m:	2:47.04	34.57	350m:	3:56.73	34.56
	100m:	1:03.93	33.30	200m:	2:12.47	34.55	300m:	3:22.17	35.13	400m:	4:30.49	33.76
14.	Leo czuk Sara		99	MOS Ełk				4:31.63				646
	50m:	29.88	29.88	150m:	1:37.28	34.01	250m:	2:47.12	35.09	350m:	3:56.93	34.94
	100m:	1:03.27	33.39	200m:	2:12.03	34.75	300m:	3:21.99	34.87	400m:	4:31.63	34.70
15.	Grzegorzczuk Izabella		93	Klub Sportowy Poznania				4:32.65				639
	50m:	30.84	30.84	150m:	1:37.91	34.03	250m:	2:47.29	34.80	350m:	3:57.81	35.45
	100m:	1:03.88	33.04	200m:	2:12.49	34.58	300m:	3:22.36	35.07	400m:	4:32.65	34.84
16.	Bakuniak Hanna		96	MUKS Pi tnaстка Bydgoszcz				4:33.56				632
	50m:	30.85	30.85	150m:	1:38.98	34.77	250m:	2:49.28	35.17	350m:	4:00.14	35.39
	100m:	1:04.21	33.36	200m:	2:14.11	35.13	300m:	3:24.75	35.47	400m:	4:33.56	33.42
17.	Bukowska Laura		99	MKS Polonia Warszawa				4:36.15				615
	50m:	31.41	31.41	150m:	1:41.98	35.43	250m:	2:52.55	34.82	350m:	4:02.24	35.06
	100m:	1:06.55	35.14	200m:	2:17.73	35.75	300m:	3:27.18	34.63	400m:	4:36.15	33.91

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Pozycja					Rok ur.					Czas	Pkt.	
18.	Zrobek Natalia				99	Uks 190 Łód				4:36.17	614	
	50m:	30.71	30.71	150m:	1:40.99	35.42	250m:	2:52.44	35.37	350m:	4:02.75	35.02
	100m:	1:05.57	34.86	200m:	2:17.07	36.08	300m:	3:27.73	35.29	400m:	4:36.17	33.42
19.	Lewandowska Aleksandra SSz				98	MKP Szczecin				4:36.57	612	
	50m:	31.27	31.27	150m:	1:39.85	34.70	250m:	2:50.15	35.36	350m:	4:01.57	35.66
	100m:	1:05.15	33.88	200m:	2:14.79	34.94	300m:	3:25.91	35.76	400m:	4:36.57	35.00
20.	Dziewa Aleksandra SSz				96	Lider Chełm				4:36.58	612	
	50m:	30.52	30.52	150m:	1:38.74	34.63	250m:	2:49.71	35.58	350m:	4:01.94	35.88
	100m:	1:04.11	33.59	200m:	2:14.13	35.39	300m:	3:26.06	36.35	400m:	4:36.58	34.64
21.	Adamczyk Julia				99	MTP Lublinianka Lublin				4:39.02	596	
	50m:	31.65	31.65	150m:	1:41.88	35.45	250m:	2:53.35	35.59	350m:	4:04.30	35.38
	100m:	1:06.43	34.78	200m:	2:17.76	35.88	300m:	3:28.92	35.57	400m:	4:39.02	34.72
22.	Nagórska Monika				97	MUKS Pi tnaстка Bydgoszcz				4:40.85	584	
	50m:	31.80	31.80	150m:	1:42.23	35.60	250m:	2:54.05	35.95	350m:	4:05.91	35.79
	100m:	1:06.63	34.83	200m:	2:18.10	35.87	300m:	3:30.12	36.07	400m:	4:40.85	34.94
23.	Skwarska Karolina				99	MZOS Płock				4:41.08	583	
	50m:	32.04	32.04	150m:	1:41.86	35.23	250m:	2:54.04	36.04	350m:	4:05.87	36.08
	100m:	1:06.63	34.59	200m:	2:18.00	36.14	300m:	3:29.79	35.75	400m:	4:41.08	35.21
24.	Filipkowska Dominika				99	MKS "Ro " Pisz				4:44.11	564	
	50m:	32.05	32.05	150m:	1:42.47	35.75	250m:	2:54.35	35.85	350m:	4:07.79	37.02
	100m:	1:06.72	34.67	200m:	2:18.50	36.03	300m:	3:30.77	36.42	400m:	4:44.11	36.32
25.	Senetelska Olga SK				97	Jordan Kraków				4:45.49	556	
	50m:	32.59	32.59	150m:	1:44.76	36.38	250m:	2:57.37	36.20	350m:	4:09.70	36.08
	100m:	1:08.38	35.79	200m:	2:21.17	36.41	300m:	3:33.62	36.25	400m:	4:45.49	35.79
26.	Van Doorne Gabriela				98	MKP Słowianka Gorzów				4:47.91	542	
	50m:	31.91	31.91	150m:	1:44.66	36.74	250m:	2:58.99	36.98	350m:	4:12.98	36.38
	100m:	1:07.92	36.01	200m:	2:22.01	37.35	300m:	3:36.60	37.61	400m:	4:47.91	34.93
27.	Krzy an Maria				98	Warta Pozna				4:49.77	532	
	50m:	32.00	32.00	150m:	1:44.01	36.52	250m:	2:58.10	36.94	350m:	4:13.22	37.45
	100m:	1:07.49	35.49	200m:	2:21.16	37.15	300m:	3:35.77	37.67	400m:	4:49.77	36.55
28.	Juszczak Aleksandra				98	UKS 9 Kalisz				4:56.49	496	
	50m:	32.38	32.38	150m:	1:45.37	37.35	250m:	3:00.93	37.84	350m:	4:18.15	38.75
	100m:	1:08.02	35.64	200m:	2:23.09	37.72	300m:	3:39.40	38.47	400m:	4:56.49	38.34
29.	Sidorkiewicz Ola				97	UKS CITYZEN Pozna				5:04.84	457	
	50m:	34.28	34.28	150m:	1:49.90	38.29	250m:	3:07.73	38.74	350m:	4:26.59	39.72
	100m:	1:11.61	37.33	200m:	2:28.99	39.09	300m:	3:46.87	39.14	400m:	5:04.84	38.25
30.	Radosz Joanna				97	Uczniowski Klub Sportowy FALA				5:05.28	455	
	50m:	34.82	34.82	150m:	1:51.50	38.80	250m:	3:09.92	39.11	350m:	4:27.96	38.83
	100m:	1:12.70	37.88	200m:	2:30.81	39.31	300m:	3:49.13	39.21	400m:	5:05.28	37.32