

Zawody kwalifikacyjne do Mistrzostw Europy  
Pozna , 30-11- - 1-12-2013

Konkurencja 14  
2013-11-30 - 17:15

M czyzn, 400m dowolny

Open  
Wyniki

minimum ME Open: 3:44.50; 13 - 18: 3:45.79

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	Zaborowski Filip		94	MKP Szczecin				<b>3:42.11</b>	872
	<i>uzyskane minimum ME</i>								
	50m:	25.91 25.91	150m:	1:21.69 27.94	250m:	2:18.21 28.30	350m:	3:14.67 28.11	
	100m:	53.75 27.84	200m:	1:49.91 28.22	300m:	2:46.56 28.35	400m:	3:42.11 27.44	
2.	Furtek Paweł SSz		95	MKP Szczecin				<b>3:43.28</b>	859
	<i>Rekord Polski 18 lat, uzyskane minimum ME</i>								
	50m:	26.59 26.59	150m:	1:23.00 28.18	250m:	2:19.57 28.21	350m:	3:15.86 28.09	
	100m:	54.82 28.23	200m:	1:51.36 28.36	300m:	2:47.77 28.20	400m:	3:43.28 27.42	
3.	Korzeniowski Paweł		85	AZS Warszawa				<b>3:43.40</b>	857
	<i>uzyskane minimum ME</i>								
	50m:	25.87 25.87	150m:	1:22.14 28.31	250m:	2:19.09 28.55	350m:	3:15.55 28.37	
	100m:	53.83 27.96	200m:	1:50.54 28.40	300m:	2:47.18 28.09	400m:	3:43.40 27.85	
4.	Kaczmarek Marcin		94	MKP Szczecin				<b>3:45.98</b>	828
	50m:	26.27 26.27	150m:	1:22.98 28.39	250m:	2:20.57 28.98	350m:	3:18.34 28.88	
	100m:	54.59 28.32	200m:	1:51.59 28.61	300m:	2:49.46 28.89	400m:	3:45.98 27.64	
5.	Kuwik Maciej		96	WKS I sk Wrocław				<b>3:46.31</b>	824
	<i>Rekord Polski 17 lat</i>								
	50m:	26.74 26.74	150m:	1:23.53 28.47	250m:	2:20.69 28.55	350m:	3:18.31 28.91	
	100m:	55.06 28.32	200m:	1:52.14 28.61	300m:	2:49.40 28.71	400m:	3:46.31 28.00	
6.	Wojdak Wojciech SO		96	UKP Unia Olimpijczyków				<b>3:50.55</b>	780
	50m:	26.34 26.34	150m:	1:23.47 28.54	250m:	2:21.17 28.81	350m:	3:20.21 29.63	
	100m:	54.93 28.59	200m:	1:52.36 28.89	300m:	2:50.58 29.41	400m:	3:50.55 30.34	
7.	Sawrymowicz Mateusz		87	MKP Szczecin				<b>3:50.76</b>	778
	50m:	27.27 27.27	150m:	1:25.86 29.36	250m:	2:24.16 28.87	350m:	3:22.27 28.99	
	100m:	56.50 29.23	200m:	1:55.29 29.43	300m:	2:53.28 29.12	400m:	3:50.76 28.49	
8.	Kliza Mateusz		94	AZS AGH Kraków				<b>3:53.92</b>	747
	50m:	27.30 27.30	150m:	1:25.87 29.40	250m:	2:25.32 29.71	350m:	3:25.10 29.83	
	100m:	56.47 29.17	200m:	1:55.61 29.74	300m:	2:55.27 29.95	400m:	3:53.92 28.82	
9.	Jaszczak Wiktor SWR		97	WKS I sk Wrocław				<b>3:55.62</b>	730
	50m:	27.28 27.28	150m:	1:26.75 30.06	250m:	2:26.91 30.14	350m:	3:27.26 30.18	
	100m:	56.69 29.41	200m:	1:56.77 30.02	300m:	2:57.08 30.17	400m:	3:55.62 28.36	
10.	Arndt Mateusz		98	KS Delfin Gdynia				<b>3:55.73</b>	729
	50m:	27.37 27.37	150m:	1:27.49 30.06	250m:	2:27.59 30.17	350m:	3:27.85 29.58	
	100m:	57.43 30.06	200m:	1:57.42 29.93	300m:	2:58.27 30.68	400m:	3:55.73 27.88	
11.	Staniszewski Adam		97	Mks Trójka Łódź				<b>3:55.77</b>	729
	50m:	27.12 27.12	150m:	1:27.05 29.73	250m:	2:25.90 29.55	350m:	3:25.65 29.52	
	100m:	57.32 30.20	200m:	1:56.35 29.30	300m:	2:56.13 30.23	400m:	3:55.77 30.12	
12.	Ptaszyński Mikołaj SZG		95	KORNER Zielona Góra				<b>3:55.91</b>	728
	50m:	27.65 27.65	150m:	1:26.94 29.83	250m:	2:26.22 29.47	350m:	3:26.70 30.28	
	100m:	57.11 29.46	200m:	1:56.75 29.81	300m:	2:56.42 30.20	400m:	3:55.91 29.21	
13.	Urbaniak Jan Sp		95	Warta Poznań				<b>3:56.47</b>	723
	50m:	27.87 27.87	150m:	1:27.38 29.88	250m:	2:27.55 29.91	350m:	3:27.63 29.84	
	100m:	57.50 29.63	200m:	1:57.64 30.26	300m:	2:57.79 30.24	400m:	3:56.47 28.84	
14.	Klich Kacper		94	WKS I sk Wrocław				<b>3:57.63</b>	712
	50m:	27.61 27.61	150m:	1:26.05 29.59	250m:	2:26.62 30.48	350m:	3:27.53 30.63	
	100m:	56.46 28.85	200m:	1:56.14 30.09	300m:	2:56.90 30.28	400m:	3:57.63 30.10	
15.	Ciesielski Filip		96	MUKS Piastka Bydgoszcz				<b>3:59.01</b>	700
	50m:	27.17 27.17	150m:	1:27.11 30.26	250m:	2:28.30 30.48	350m:	3:29.42 30.35	
	100m:	56.85 29.68	200m:	1:57.82 30.71	300m:	2:59.07 30.77	400m:	3:59.01 29.59	

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Pozycja					Rok ur.					Czas	Pkt.	
16.	Goleniec Łukasz SO				97	UKP Unia O wi cim				<b>3:59.25</b>	698	
	50m:	27.78	27.78	150m:	1:28.84	30.42	250m:	2:29.51	30.32	350m:	3:30.31	30.32
	100m:	58.42	30.64	200m:	1:59.19	30.35	300m:	2:59.99	30.48	400m:	3:59.25	28.94
17.	Go dzik Damian Sp				95	Warta Pozna				<b>4:04.14</b>	657	
	50m:	28.07	28.07	150m:	1:28.68	30.71	250m:	2:31.50	31.48	350m:	3:34.12	31.23
	100m:	57.97	29.90	200m:	2:00.02	31.34	300m:	3:02.89	31.39	400m:	4:04.14	30.02
18.	Kału ny Daniel				97	MKP Słowianka Gorzów				<b>4:05.11</b>	649	
	50m:	28.26	28.26	150m:	1:29.55	30.53	250m:	2:32.19	31.57	350m:	3:35.07	31.31
	100m:	59.02	30.76	200m:	2:00.62	31.07	300m:	3:03.76	31.57	400m:	4:05.11	30.04
19.	Dere Kacper				98	MKS 9 Dzier oniów				<b>4:05.37</b>	647	
	50m:	28.19	28.19	150m:	1:30.92	31.57	250m:	2:33.69	31.29	350m:	3:35.98	31.07
	100m:	59.35	31.16	200m:	2:02.40	31.48	300m:	3:04.91	31.22	400m:	4:05.37	29.39
20.	Majewski Łukasz				96	MKP Słowianka Gorzów				<b>4:06.24</b>	640	
	50m:	28.70	28.70	150m:	1:31.32	31.45	250m:	2:33.87	31.26	350m:	3:36.01	30.85
	100m:	59.87	31.17	200m:	2:02.61	31.29	300m:	3:05.16	31.29	400m:	4:06.24	30.23
21.	Safin Konrad SK				96	UKS Delfin Tamobrzeg				<b>4:07.29</b>	632	
	50m:	28.35	28.35	150m:	1:30.97	31.39	250m:	2:33.76	31.15	350m:	3:36.32	30.91
	100m:	59.58	31.23	200m:	2:02.61	31.64	300m:	3:05.41	31.65	400m:	4:07.29	30.97
22.	Jaszewski Marcin				96	AZS Warszawa				<b>4:07.64</b>	629	
	50m:	28.38	28.38	150m:	1:31.94	32.12	250m:	2:34.00	31.20	350m:	3:36.76	31.50
	100m:	59.82	31.44	200m:	2:02.80	30.86	300m:	3:05.26	31.26	400m:	4:07.64	30.88
23.	Brodowski Jakub				97	MKP Słowianka Gorzów				<b>4:07.76</b>	628	
	50m:	28.39	28.39	150m:	1:31.13	31.66	250m:	2:34.78	31.80	350m:	3:38.28	31.43
	100m:	59.47	31.08	200m:	2:02.98	31.85	300m:	3:06.85	32.07	400m:	4:07.76	29.48
24.	Chrzanowski Damian				98	MZOS Płock				<b>4:08.35</b>	624	
	50m:	28.83	28.83	150m:	1:32.98	32.23	250m:	2:37.03	31.83	350m:	3:41.00	31.78
	100m:	1:00.75	31.92	200m:	2:05.20	32.22	300m:	3:09.22	32.19	400m:	4:08.35	27.35
25.	Horała Damian Sp				96	Warta Pozna				<b>4:10.18</b>	610	
	50m:	28.53	28.53	150m:	1:32.83	32.52	250m:	2:36.88	32.09	350m:	3:40.09	31.43
	100m:	1:00.31	31.78	200m:	2:04.79	31.96	300m:	3:08.66	31.78	400m:	4:10.18	30.09
26.	Skrzypczak Filip				97	MKP Słowianka Gorzów				<b>4:10.35</b>	609	
	50m:	28.59	28.59	150m:	1:32.17	32.11	250m:	2:36.16	32.01	350m:	3:39.65	31.44
	100m:	1:00.06	31.47	200m:	2:04.15	31.98	300m:	3:08.21	32.05	400m:	4:10.35	30.70
27.	Hada Mateusz Sp				96	Warta Pozna				<b>4:11.40</b>	601	
	50m:	28.59	28.59	150m:	1:32.04	32.10	250m:	2:37.07	32.16	350m:	3:40.90	31.31
	100m:	59.94	31.35	200m:	2:04.91	32.87	300m:	3:09.59	32.52	400m:	4:11.40	30.50
28.	Bagrowski Karol				96	MUKS Pi tnastka Bydgoszcz				<b>4:11.63</b>	600	
	50m:	28.72	28.72	150m:	1:32.90	32.62	250m:	2:37.20	31.69	350m:	3:40.67	31.64
	100m:	1:00.28	31.56	200m:	2:05.51	32.61	300m:	3:09.03	31.83	400m:	4:11.63	30.96
29.	Rybak Konrad				98	UKS Pirania Targówek				<b>4:11.98</b>	597	
	50m:	28.57	28.57	150m:	1:32.17	32.00	250m:	2:37.04	32.57	350m:	3:41.34	31.75
	100m:	1:00.17	31.60	200m:	2:04.47	32.30	300m:	3:09.59	32.55	400m:	4:11.98	30.64
30.	Szpyra Łukasz				97	MKP Słowianka Gorzów				<b>4:11.99</b>	597	
	50m:	28.39	28.39	150m:	1:32.27	32.30	250m:	2:36.90	32.37	350m:	3:40.83	31.56
	100m:	59.97	31.58	200m:	2:04.53	32.26	300m:	3:09.27	32.37	400m:	4:11.99	31.16
31.	Stiller Piotr, SG				96	UKS Dwójka Morena Gda sk				<b>4:12.22</b>	595	
	50m:	28.27	28.27	150m:	1:31.37	31.49	250m:	2:35.12	31.88	350m:	3:40.62	32.77
	100m:	59.88	31.61	200m:	2:03.24	31.87	300m:	3:07.85	32.73	400m:	4:12.22	31.60
32.	Szczepa ski Kacper				99	MUKS Pi tnastka Bydgoszcz				<b>4:12.99</b>	590	
	50m:	28.00	28.00	150m:	1:31.44	32.29	250m:	2:36.32	32.16	350m:	3:41.90	33.14
	100m:	59.15	31.15	200m:	2:04.16	32.72	300m:	3:08.76	32.44	400m:	4:12.99	31.09
33.	Przybysz Daniel				98	MKP Słowianka Gorzów				<b>4:13.18</b>	589	
	50m:	28.37	28.37	150m:	1:31.73	31.97	250m:	2:36.96	32.61	350m:	3:42.38	32.43
	100m:	59.76	31.39	200m:	2:04.35	32.62	300m:	3:09.95	32.99	400m:	4:13.18	30.80

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Pozycja					Rok ur.					Czas	Pkt.	
34.	Stawikowski Patryk				98	MKP Słowianka Gorzów				<b>4:15.21</b>	575	
	50m:	28.60	28.60	150m:	1:32.54	32.46	250m:	2:38.74	33.10	350m:	3:44.28	32.61
	100m:	1:00.08	31.48	200m:	2:05.64	33.10	300m:	3:11.67	32.93	400m:	4:15.21	30.93
35.	Jaraszkiwicz Piotr				98	Klub Sportowy Poznania				<b>4:16.49</b>	566	
	50m:	28.00	28.00	150m:	1:31.46	32.54	250m:	2:37.30	32.80	350m:	3:44.49	33.61
	100m:	58.92	30.92	200m:	2:04.50	33.04	300m:	3:10.88	33.58	400m:	4:16.49	32.00
36.	Szymkowiak Krystian				98	MKP Słowianka Gorzów				<b>4:21.99</b>	531	
	50m:	29.85	29.85	150m:	1:35.84	33.24	250m:	2:42.90	33.47	350m:	3:49.60	33.30
	100m:	1:02.60	32.75	200m:	2:09.43	33.59	300m:	3:16.30	33.40	400m:	4:21.99	32.39
37.	Rzadkowski Daniel				94	MUKS Olimpijczyk				<b>4:28.32</b>	494	
	50m:	22.22	22.22	150m:	1:34.14	34.71	250m:	2:45.39	35.53	350m:	3:54.69	34.55
	100m:	59.43	37.21	200m:	2:09.86	35.72	300m:	3:20.14	34.75	400m:	4:28.32	33.63
38.	Czapski Michał				96	MKP Słowianka Gorzów				<b>4:29.30</b>	489	
	50m:	29.98	29.98	150m:	1:37.71	34.44	250m:	2:47.16	34.57	350m:	3:56.39	34.26
	100m:	1:03.27	33.29	200m:	2:12.59	34.88	300m:	3:22.13	34.97	400m:	4:29.30	32.91
39.	Osses Filip SP				97	Warta Pozna				<b>4:29.79</b>	486	
	50m:	30.25	30.25	150m:	1:37.12	33.99	250m:	2:46.58	34.79	350m:	3:56.39	34.70
	100m:	1:03.13	32.88	200m:	2:11.79	34.67	300m:	3:21.69	35.11	400m:	4:29.79	33.40
40.	Watrak Filip				98	MKP Słowianka Gorzów				<b>4:30.78</b>	481	
	50m:	29.25	29.25	150m:	1:35.31	33.70	250m:	2:44.10	34.63	350m:	3:55.65	36.80
	100m:	1:01.61	32.36	200m:	2:09.47	34.16	300m:	3:18.85	34.75	400m:	4:30.78	35.13
41.	W głowski Karol				96	Uczniowski Klub Sportowy Trójk				<b>4:31.10</b>	479	
	50m:	30.03	30.03	150m:	1:37.39	34.13	250m:	2:46.76	34.86	350m:	3:55.81	33.85
	100m:	1:03.26	33.23	200m:	2:11.90	34.51	300m:	3:21.96	35.20	400m:	4:31.10	35.29
42.	Korbanek Piotr				98	Warta Pozna				<b>4:31.95</b>	475	
	50m:	30.31	30.31	150m:	1:36.75	34.00	250m:	2:46.21	35.04	350m:	3:57.96	36.12
	100m:	1:02.75	32.44	200m:	2:11.17	34.42	300m:	3:21.84	35.63	400m:	4:31.95	33.99
43.	Krawisz Szymon				98	MUKS Piastka Bydgoszcz				<b>4:34.53</b>	462	
	50m:	29.07	29.07	150m:	1:37.53	34.67	250m:	2:47.98	35.26	350m:	3:59.82	35.86
	100m:	1:02.86	33.79	200m:	2:12.72	35.19	300m:	3:23.96	35.98	400m:	4:34.53	34.71
44.	Łazarecki Dominik				98	MKS Piast Głogów				<b>4:34.82</b>	460	
	50m:	29.80	29.80	150m:	1:38.56	34.76	250m:	2:49.55	35.59	350m:	4:00.39	35.13
	100m:	1:03.80	34.00	200m:	2:13.96	35.40	300m:	3:25.26	35.71	400m:	4:34.82	34.43
45.	Matusiak Michał				97	UKS 9 Kalisz				<b>4:36.34</b>	453	
	50m:	28.08	28.08	150m:	1:36.71	35.16	250m:	2:48.92	35.91	350m:	4:01.20	36.46
	100m:	1:01.55	33.47	200m:	2:13.01	36.30	300m:	3:24.74	35.82	400m:	4:36.34	35.14
46.	Grzesi ski Michał				98	MKS Piast Głogów				<b>4:39.62</b>	437	
	50m:	30.06	30.06	150m:	1:38.82	34.84	250m:	2:50.21	36.08	350m:	4:03.29	36.34
	100m:	1:03.98	33.92	200m:	2:14.13	35.31	300m:	3:26.95	36.74	400m:	4:39.62	36.33
47.	Majchrzak Kacper				92	Warta Pozna				<b>4:47.80</b>	401	
	50m:	22.84	22.84	150m:	1:38.43	50.78	250m:	2:54.62	37.86	350m:	4:11.30	38.50
	100m:	47.65	24.81	200m:	2:16.76	38.33	300m:	3:32.80	38.18	400m:	4:47.80	36.50
48.	Mikołajczyk Michał				99	UKS 9 Kalisz				<b>4:47.95</b>	400	
	50m:	30.50	30.50	150m:	1:41.91	36.22	250m:	2:58.01	37.93	350m:	4:13.11	37.15
	100m:	1:05.69	35.19	200m:	2:20.08	38.17	300m:	3:35.96	37.95	400m:	4:47.95	34.84
49.	Brzu Michał				97	Orka Zamo				<b>4:49.97</b>	392	
	50m:	23.12	23.12	150m:	1:45.65	39.01	250m:	3:00.00	37.02	350m:	4:13.65	36.93
	100m:	1:06.64	43.52	200m:	2:22.98	37.33	300m:	3:36.72	36.72	400m:	4:49.97	36.32
50.	Gi ycki Hubert				97	Uczniowski Klub Sportowy FALA				<b>4:52.40</b>	382	
	50m:	31.06	31.06	150m:	1:43.67	37.12	250m:	3:00.67	38.52	350m:	4:16.42	37.76
	100m:	1:06.55	35.49	200m:	2:22.15	38.48	300m:	3:38.66	37.99	400m:	4:52.40	35.98
51.	Myszak Bartosz				99	Uczniowski Klub Sportowy Trójk				<b>4:59.17</b>	357	
	50m:	32.07	32.07	150m:	1:47.96	38.87	250m:	3:04.94	38.66	350m:	4:22.14	38.60
	100m:	1:09.09	37.02	200m:	2:26.28	38.32	300m:	3:43.54	38.60	400m:	4:59.17	37.03

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Pozna , 30-11- - 1-12-2013

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Pozycja	Rok ur.								Czas	Pkt.	
52. Bielawski Michał	93 UKS GIM 92 Ursynów								<b>5:06.70</b>	331	
50m:	24.36	24.36	150m:	1:36.75	44.68	250m:	3:00.77	42.62	350m:	4:24.86	41.44
100m:	52.07	27.71	200m:	2:18.15	41.40	300m:	3:43.42	42.65	400m:	5:06.70	41.84