

Zimowe Mistrzostwa Okręgu Wielkopolskiego
Poznań, 22- - 23-2-2014

Konkurencja 36
2014-02-23 - 13:25

Mężczyźni, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
16 lat i starsi											
1.	URBANIAK, Jan Sp		95	KS Warta Pozna				3:59.17	698		
	50m:	27.80 27.80	150m:	1:28.43	30.57	250m:	2:29.38	30.37	350m:	3:29.68	30.05
	100m:	57.86 30.06	200m:	1:59.01	30.58	300m:	2:59.63	30.25	400m:	3:59.17	29.49
2.	CIESIELSKI, Filip		96	MUKS Piłsnica Bydgoszcz				4:01.27	680		
	50m:	27.71 27.71	150m:	1:28.95	30.55	250m:	2:30.32	30.66	350m:	3:31.72	30.28
	100m:	58.40 30.69	200m:	1:59.66	30.71	300m:	3:01.44	31.12	400m:	4:01.27	29.55
3.	KO CIELAK, Adam Sp		96	KS Warta Pozna				4:02.11	673		
	50m:	27.61 27.61	150m:	1:28.99	30.62	250m:	2:30.08	30.67	350m:	3:31.93	31.01
	100m:	58.37 30.76	200m:	1:59.41	30.42	300m:	3:00.92	30.84	400m:	4:02.11	30.18
4.	AMBROZIAK, Kamil		96	UKS 9 Kalisz				4:03.30	663		
	50m:	27.22 27.22	150m:	1:29.15	31.20	250m:	2:31.74	31.19	350m:	3:34.13	31.09
	100m:	57.95 30.73	200m:	2:00.55	31.40	300m:	3:03.04	31.30	400m:	4:03.30	29.17
5.	HORAŁA, Damian Sp		96	KS Warta Pozna				4:08.06	626		
	50m:	28.28 28.28	150m:	1:32.15	32.54	250m:	2:35.67	31.84	350m:	3:38.61	31.23
	100m:	59.61 31.33	200m:	2:03.83	31.68	300m:	3:07.38	31.71	400m:	4:08.06	29.45
6.	D BSKI, Dominik		98	Mka Trójka Łódź				4:08.12	625		
	50m:	28.09 28.09	150m:	1:31.04	31.60	250m:	2:34.48	31.88	350m:	3:38.20	31.96
	100m:	59.44 31.35	200m:	2:02.60	31.56	300m:	3:06.24	31.76	400m:	4:08.12	29.92
7.	WERTEPNY, Damian		96	UKS Shark Rudna				4:08.33	624		
	50m:	28.59 28.59	150m:	1:31.06	31.56	250m:	2:34.18	31.64	350m:	3:37.92	31.85
	100m:	59.50 30.91	200m:	2:02.54	31.48	300m:	3:06.07	31.89	400m:	4:08.33	30.41
8.	JARASZKIEWICZ, Piotr		98	KS Posenania Pozna				4:15.17	575		
	50m:	28.39 28.39	150m:	1:31.95	32.13	250m:	2:37.57	32.90	350m:	3:44.00	32.99
	100m:	59.82 31.43	200m:	2:04.67	32.72	300m:	3:11.01	33.44	400m:	4:15.17	31.17
	KWIATKOWSKI, Krzysztof		97	MTKP Delfin Toru				4:15.17	575		
	50m:	28.88 28.88	150m:	1:33.58	32.63	250m:	2:38.78	32.46	350m:	3:44.20	32.59
	100m:	1:00.95 32.07	200m:	2:06.32	32.74	300m:	3:11.61	32.83	400m:	4:15.17	30.97
10.	RAFLEWSKI, Jakub		98	Uks 190 Łódź				4:15.29	574		
	50m:	28.83 28.83	150m:	1:32.25	31.62	250m:	2:36.85	32.36	350m:	3:43.04	33.34
	100m:	1:00.63 31.80	200m:	2:04.49	32.24	300m:	3:09.70	32.85	400m:	4:15.29	32.25
11.	TACZA SKI, Bartłomiej		96	UKS Shark Rudna				4:17.01	563		
	50m:	28.10 28.10	150m:	1:31.11	32.00	250m:	2:37.86	33.49	350m:	3:44.88	32.89
	100m:	59.11 31.01	200m:	2:04.37	33.26	300m:	3:11.99	34.13	400m:	4:17.01	32.13
12.	DULSKI, Piotr		96	KS Posenania Pozna				4:18.34	554		
	50m:	28.55 28.55	150m:	1:32.24	32.31	250m:	2:38.01	32.98	350m:	3:45.30	33.74
	100m:	59.93 31.38	200m:	2:05.03	32.79	300m:	3:11.56	33.55	400m:	4:18.34	33.04
13.	BOROWCZYK, Oskar		96	UKS CITYZEN Pozna				4:22.32	529		
	50m:	29.02 29.02	150m:	1:34.92	33.25	250m:	2:42.61	33.76	350m:	3:50.19	33.53
	100m:	1:01.67 32.65	200m:	2:08.85	33.93	300m:	3:16.66	34.05	400m:	4:22.32	32.13
14.	MARCINIAK, Konrad		95	KS Posenania Pozna				4:24.42	517		
	50m:	29.36 29.36	150m:	1:34.91	33.38	250m:	2:42.75	34.06	350m:	3:51.48	34.27
	100m:	1:01.53 32.17	200m:	2:08.69	33.78	300m:	3:17.21	34.46	400m:	4:24.42	32.94
15.	GRZYBEK, Bartosz		96	KS Posenania Pozna				4:25.13	513		
	50m:	29.14 29.14	150m:	1:36.16	33.68	250m:	2:44.24	33.99	350m:	3:52.27	34.09
	100m:	1:02.48 33.34	200m:	2:10.25	34.09	300m:	3:18.18	33.94	400m:	4:25.13	32.86
16.	URAWA, Kacper		98	UKS 9 Kalisz				4:27.57	499		
	50m:	29.53 29.53	150m:	1:38.18	34.46	250m:	2:48.18	34.93	350m:	3:56.27	33.68
	100m:	1:03.72 34.19	200m:	2:13.25	35.07	300m:	3:22.59	34.41	400m:	4:27.57	31.30
17.	JAKUBEK, Kamil		97	UKS 9 Kalisz				4:27.82	497		
	50m:	30.27 30.27	150m:	1:38.97	34.59	250m:	2:47.09	33.18	350m:	3:55.62	34.49
	100m:	1:04.38 34.11	200m:	2:13.91	34.94	300m:	3:21.13	34.04	400m:	4:27.82	32.20

Zimowe Mistrzostwa Okręgu Wielkopolskiego
Poznań, 22- - 23-2-2014

Konkurencja 36, Mężczyźni, 400m dowolny, 16 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
18.	WÓJCIK, Cezary				98	Mks Jedyńka Łódź				4:29.79	486	
	50m:	30.95	30.95	150m:	1:37.99	33.81	250m:	2:47.06	34.53	350m:	3:56.15	34.52
	100m:	1:04.18	33.23	200m:	2:12.53	34.54	300m:	3:21.63	34.57	400m:	4:29.79	33.64
19.	POPIELAS, Dawid				98	KP Astromal Akwawit Leszno				4:33.51	467	
	50m:	30.70	30.70	150m:	1:39.01	34.80	250m:	2:48.99	35.28	350m:	3:59.45	35.27
	100m:	1:04.21	33.51	200m:	2:13.71	34.70	300m:	3:24.18	35.19	400m:	4:33.51	34.06
20.	KRUK, Tomasz				98	KP Astromal Akwawit Leszno				4:34.97	459	
	50m:	31.15	31.15	150m:	1:41.78	35.71	250m:	2:52.57	35.55	350m:	4:02.66	34.92
	100m:	1:06.07	34.92	200m:	2:17.02	35.24	300m:	3:27.74	35.17	400m:	4:34.97	32.31
21.	SŁOWIK, Piotr				98	UKS Wodnik 29 Katowice				4:36.96	450	
	50m:	31.42	31.42	150m:	1:41.89	35.73	250m:	2:53.91	35.13	350m:	4:03.80	34.56
	100m:	1:06.16	34.74	200m:	2:18.78	36.89	300m:	3:29.24	35.33	400m:	4:36.96	33.16
22.	GI YCKI, Hubert				97	UKS Fala Swarzędz				5:06.46	332	
	50m:	33.20	33.20	150m:	1:49.89	39.59	250m:	3:09.73	39.84	350m:	4:29.05	39.17
	100m:	1:10.30	37.10	200m:	2:29.89	40.00	300m:	3:49.88	40.15	400m:	5:06.46	37.41

13 - 15 lat

1.	KA MIERCZAK, Kamil				99	TP Olimpijczyk Aleksandrów Ł.				4:07.74	628	
	50m:	28.58	28.58	150m:	1:32.12	32.02	250m:	2:35.78	31.81	350m:	3:38.89	31.24
	100m:	1:00.10	31.52	200m:	2:03.97	31.85	300m:	3:07.65	31.87	400m:	4:07.74	28.85
2.	FALBOGOWSKI, Maciej				99	KS Warta Poznań				4:22.45	528	
	50m:	29.83	29.83	150m:	1:35.84	33.47	250m:	2:43.11	33.67	350m:	3:50.59	33.49
	100m:	1:02.37	32.54	200m:	2:09.44	33.60	300m:	3:17.10	33.99	400m:	4:22.45	31.86
3.	DOMAŃSKI, Kamil				00	TP Olimpijczyk Aleksandrów Ł.				4:25.14	512	
	50m:	29.62	29.62	150m:	1:36.02	33.79	250m:	2:43.91	34.02	350m:	3:52.45	34.23
	100m:	1:02.23	32.61	200m:	2:09.89	33.87	300m:	3:18.22	34.31	400m:	4:25.14	32.69
4.	KUBIAK, Bartłomiej				99	UKS 9 Kalisz				4:25.40	511	
	50m:	30.02	30.02	150m:	1:36.23	33.71	250m:	2:44.92	34.39	350m:	3:53.26	34.03
	100m:	1:02.52	32.50	200m:	2:10.53	34.30	300m:	3:19.23	34.31	400m:	4:25.40	32.14
5.	BŁASZCZYK, Kacper				00	TP Olimpijczyk Aleksandrów Ł.				4:25.76	509	
	50m:	29.88	29.88	150m:	1:38.00	34.45	250m:	2:46.12	33.98	350m:	3:54.33	33.93
	100m:	1:03.55	33.67	200m:	2:12.14	34.14	300m:	3:20.40	34.28	400m:	4:25.76	31.43
6.	CECERE, Marco				99	KS Warta Poznań				4:26.66	504	
	50m:	29.65	29.65	150m:	1:36.57	33.80	250m:	2:45.15	34.32	350m:	3:53.43	33.95
	100m:	1:02.77	33.12	200m:	2:10.83	34.26	300m:	3:19.48	34.33	400m:	4:26.66	33.23
7.	ZAREMBA, Krystian				99	KP Astromal Akwawit Leszno				4:27.43	499	
	50m:	30.93	30.93	150m:	1:37.88	34.09	250m:	2:46.89	34.65	350m:	3:55.03	34.13
	100m:	1:03.79	32.86	200m:	2:12.24	34.36	300m:	3:20.90	34.01	400m:	4:27.43	32.40
8.	SMUL, Błażej				99	Mka Trójka Łódź				4:28.18	495	
	50m:	30.60	30.60	150m:	1:38.32	34.40	250m:	2:47.13	34.03	350m:	3:55.61	33.66
	100m:	1:03.92	33.32	200m:	2:13.10	34.78	300m:	3:21.95	34.82	400m:	4:28.18	32.57
9.	KWIASOWSKI, Jakub				00	Mks Jedyńka Łódź				4:29.11	490	
	50m:	30.30	30.30	150m:	1:37.38	34.14	250m:	2:46.71	34.82	350m:	3:56.18	34.78
	100m:	1:03.24	32.94	200m:	2:11.89	34.51	300m:	3:21.40	34.69	400m:	4:29.11	32.93
10.	OLEJNICZAK, Jędrzej				99	KP Astromal Akwawit Leszno				4:29.13	490	
	50m:	30.59	30.59	150m:	1:37.67	33.89	250m:	2:47.16	35.02	350m:	3:56.93	35.06
	100m:	1:03.78	33.19	200m:	2:12.14	34.47	300m:	3:21.87	34.71	400m:	4:29.13	32.20
11.	PISZCZOROWICZ, Bartosz				99	UKS 9 Kalisz				4:29.89	486	
	50m:	28.72	28.72	150m:	1:35.86	34.58	250m:	2:47.82	35.81	350m:	3:58.41	34.97
	100m:	1:01.28	32.56	200m:	2:12.01	36.15	300m:	3:23.44	35.62	400m:	4:29.89	31.48
12.	TOPOLSKI, Dawid				00	Mka Trójka Łódź				4:30.00	485	
	50m:	30.66	30.66	150m:	1:39.37	34.74	250m:	2:48.98	34.55	350m:	3:58.49	34.84
	100m:	1:04.63	33.97	200m:	2:14.43	35.06	300m:	3:23.65	34.67	400m:	4:30.00	31.51

Zimowe Mistrzostwa Okręgu Wielkopolskiego
Poznań, 22- - 23-2-2014

Konkurencja 36, Chłopców, 400m dowolny, 13 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
13.	G BKA, Olaf		00	KS Warta Pozna				4:30.23	484
	50m: 29.74	29.74	150m: 1:37.62	34.45	250m: 2:47.24	34.87	350m: 3:53.59	32.12	
	100m: 1:03.17	33.43	200m: 2:12.37	34.75	300m: 3:21.47	34.23	400m: 4:30.23	36.64	
14.	KRYSZTOFORSKI, Fryderyk		00	UKS 9 Kalisz				4:31.38	478
	50m: 30.52	30.52	150m: 1:39.94	35.07	250m: 2:49.32	34.46	350m: 3:58.43	34.85	
	100m: 1:04.87	34.35	200m: 2:14.86	34.92	300m: 3:23.58	34.26	400m: 4:31.38	32.95	
15.	RACINOWSKI, Piotr		00	TP Olimpijczyk Aleksandrów Ł				4:32.52	472
	50m: 30.24	30.24	150m: 1:37.59	34.24	250m: 2:47.13	34.14	350m: 3:58.14	35.28	
	100m: 1:03.35	33.11	200m: 2:12.99	35.40	300m: 3:22.86	35.73	400m: 4:32.52	34.38	
16.	OLEJNICZAK, Borys		00	KS Warta Pozna				4:32.79	471
	50m: 30.25	30.25	150m: 1:37.98	34.68	250m: 2:48.27	35.16	350m: 3:59.04	35.13	
	100m: 1:03.30	33.05	200m: 2:13.11	35.13	300m: 3:23.91	35.64	400m: 4:32.79	33.75	
17.	PAWLACZYK, Patryk		00	Uks 190 Łód				4:34.01	464
	50m: 31.33	31.33	150m: 1:40.71	35.14	250m: 2:50.67	34.86	350m: 4:00.89	35.10	
	100m: 1:05.57	34.24	200m: 2:15.81	35.10	300m: 3:25.79	35.12	400m: 4:34.01	33.12	
18.	STAWARUK, Michał		99	Mks Jedyńka Łód				4:34.18	463
	50m: 31.95	31.95	150m: 1:42.09	35.21	250m: 2:52.63	35.24	350m: 4:02.44	35.19	
	100m: 1:06.88	34.93	200m: 2:17.39	35.30	300m: 3:27.25	34.62	400m: 4:34.18	31.74	
19.	CIE LAK, Kacper		00	UKS 9 Kalisz				4:37.10	449
	50m: 31.07	31.07	150m: 1:42.28	36.21	250m: 2:53.31	34.86	350m: 4:02.47	34.63	
	100m: 1:06.07	35.00	200m: 2:18.45	36.17	300m: 3:27.84	34.53	400m: 4:37.10	34.63	
20.	SZCZEPA SKI, Kacper		99	MUKS Pi tnastrka Bydgoszcz				4:37.86	445
	50m: 28.88	28.88	150m: 1:35.89	34.43	250m: 2:47.06	35.83	350m: 4:00.33	36.43	
	100m: 1:01.46	32.58	200m: 2:11.23	35.34	300m: 3:23.90	36.84	400m: 4:37.86	37.53	
21.	CISZEWSKI, Jakub		00	Uks 190 Łód				4:40.26	434
	50m: 31.76	31.76	150m: 1:42.90	36.03	250m: 2:54.76	36.08	350m: 4:06.52	35.88	
	100m: 1:06.87	35.11	200m: 2:18.68	35.78	300m: 3:30.64	35.88	400m: 4:40.26	33.74	
22.	WOLI SKI, Artur		00	MKS Oceanik Ostrzeszów				4:48.41	398
	50m: 32.99	32.99	150m: 1:47.93	38.05	250m: 3:03.60	37.88	350m: 4:16.78	36.17	
	100m: 1:09.88	36.89	200m: 2:25.72	37.79	300m: 3:40.61	37.01	400m: 4:48.41	31.63	
23.	MIKSA, Bartosz		00	TP Olimpijczyk Aleksandrów Ł				4:48.62	397
	50m: 32.42	32.42	150m: 1:46.09	37.04	250m: 3:00.51	37.22	350m: 4:13.60	36.19	
	100m: 1:09.05	36.63	200m: 2:23.29	37.20	300m: 3:37.41	36.90	400m: 4:48.62	35.02	
24.	WIATR, Wojciech		01	KS Warta Pozna				4:51.15	387
	50m: 32.14	32.14	150m: 1:44.03	36.44	250m: 2:58.64	37.38	350m: 4:13.91	37.77	
	100m: 1:07.59	35.45	200m: 2:21.26	37.23	300m: 3:36.14	37.50	400m: 4:51.15	37.24	
25.	MIGIELSKI, Mateusz		01	Mks Jedyńka Łód				4:54.15	375
	50m: 32.26	32.26	150m: 1:46.80	37.42	250m: 3:03.31	38.03	350m: 4:18.74	37.35	
	100m: 1:09.38	37.12	200m: 2:25.28	38.48	300m: 3:41.39	38.08	400m: 4:54.15	35.41	
26.	GŁUSZKOWSKI, Mateusz		01	UKS CITYZEN Pozna				4:55.77	369
	50m: 33.63	33.63	150m: 1:48.17	37.58	250m: 3:03.90	37.78	350m: 4:19.22	37.42	
	100m: 1:10.59	36.96	200m: 2:26.12	37.95	300m: 3:41.80	37.90	400m: 4:55.77	36.55	
27.	KOKOSZA, Filip		00	KS Warta Pozna				4:56.89	365
	50m: 34.39	34.39	150m: 1:48.18	37.19	250m: 3:03.81	38.03	350m: 4:19.54	38.04	
	100m: 1:10.99	36.60	200m: 2:25.78	37.60	300m: 3:41.50	37.69	400m: 4:56.89	37.35	
28.	ADAMCZEWSKI, Eryk		00	UKS 9 Kalisz				4:58.42	359
	50m: 33.61	33.61	150m: 1:49.96	38.33	250m: 3:06.16	38.06	350m: 4:22.11	37.60	
	100m: 1:11.63	38.02	200m: 2:28.10	38.14	300m: 3:44.51	38.35	400m: 4:58.42	36.31	
29.	ADAMCZAK, Jakub		01	MKS Piranie Lubin				4:58.97	357
	50m: 34.03	34.03	150m: 1:50.18	38.30	250m: 3:06.15	37.83	350m: 4:22.92	38.07	
	100m: 1:11.88	37.85	200m: 2:28.32	38.14	300m: 3:44.85	38.70	400m: 4:58.97	36.05	
30.	PRUS, Mateusz		00	KP Astromal Akwawit Leszno				5:05.09	336
	50m: 33.49	33.49	150m: 1:49.62	38.68	250m: 3:08.19	39.10	350m: 4:27.92	40.09	
	100m: 1:10.94	37.45	200m: 2:29.09	39.47	300m: 3:47.83	39.64	400m: 5:05.09	37.17	

Zimowe Mistrzostwa Okręgu Wielkopolskiego
Poznań, 22- - 23-2-2014

Konkurencja 36, Chłopców, 400m dowolny, 13 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
31.	KOWALSKI, Michał		00	KS Warta Poznań				5:05.95	333
	50m:	34.84 34.84	150m:	1:52.01 38.72	250m:	3:10.46 39.14	350m:	4:28.63 38.93	
	100m:	1:13.29 38.45	200m:	2:31.32 39.31	300m:	3:49.70 39.24	400m:	5:05.95 37.32	
32.	JUSKOWIAK, Jakub		01	UKS miały Poznań				5:15.11	305
	50m:	34.73 34.73	150m:	1:52.50 39.42	250m:	3:13.58 40.58	350m:	4:35.15 40.65	
	100m:	1:13.08 38.35	200m:	2:33.00 40.50	300m:	3:54.50 40.92	400m:	5:15.11 39.96	
33.	KRUK, Michał		00	KP Astromal Akwawit Leszno				5:18.32	296
	50m:	35.44 35.44	150m:	1:54.37 39.90	250m:	3:15.76 40.92	350m:	4:37.96 41.29	
	100m:	1:14.47 39.03	200m:	2:34.84 40.47	300m:	3:56.67 40.91	400m:	5:18.32 40.36	
34.	ZIELI SKI, Alan		00	KS Poznań Poznań				5:20.66	290
	50m:	35.32 35.32	150m:	1:55.52 40.45	250m:	3:18.09 40.95	350m:	4:40.91 41.04	
	100m:	1:15.07 39.75	200m:	2:37.14 41.62	300m:	3:59.87 41.78	400m:	5:20.66 39.75	
35.	RATAJCZAK, Mateusz		99	KS Warta Poznań				5:25.14	278
	50m:	33.79 33.79	150m:	1:54.06 40.65	250m:	3:17.67 41.92	350m:	4:42.91 42.69	
	100m:	1:13.41 39.62	200m:	2:35.75 41.69	300m:	4:00.22 42.55	400m:	5:25.14 42.23	
36.	JANKOWIAK, Tomasz		00	UPKS Wodnik Rawicz				5:28.67	269
	50m:	36.34 36.34	150m:	1:57.93 41.42	250m:	3:22.31 42.74	350m:	4:48.21 42.69	
	100m:	1:16.51 40.17	200m:	2:39.57 41.64	300m:	4:05.52 43.21	400m:	5:28.67 40.46	
37.	CEMPURA, Szymon		01	KS Poznań Poznań				5:41.22	240
	50m:	37.97 37.97	150m:	2:03.81 43.73	250m:	3:31.90 43.87	350m:	4:59.71 43.17	
	100m:	1:20.08 42.11	200m:	2:48.03 44.22	300m:	4:16.54 44.64	400m:	5:41.22 41.51	
DYSKW.	PAWLINIAK, Mariusz		99	UKS Wodnik 29 Katowice					
	O-4								
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:		