

Punktacja indywidualna me czyzn

M czyzn, 18 - 29 lat - 12 z 24 Konkurencji

| | | | | |
|-----------------------|--------------------|------------------------|--------------------|---|
| 1. Chorz pa Remigiusz | 98 | Byle do przodu | 94 | 9 |
| 100 Dow 1:01.27 1. | 50 Dow 27.62 1. | 100 Dow 1:00.09 1. | 100 Dow 1:00.21 1. | |
| 400 Dow 5:16.55 2. | 50 Dow 27.35 2. | 400 Dow 5:20.55 2. | 50 Dow 28.51 3. | |
| 400 Dow 5:26.42 3. | | | | |
| 2. Juru Jeremi | 95 | Polonia Bydgoszcz | 64 | 9 |
| 200 Dow 2:48.95 1. | 200 Dow 3:06.10 3. | 50 Dow 31.06 4. | 100 Dow 1:13.01 4. | |
| 50 Dow 31.40 4. | 100 Dow 1:14.04 5. | 100 Dow 1:12.75 5. | 200 Dow 2:53.79 5. | |
| 50 Dow 30.83 6. | | | | |
| 3. Krasicki Artur | 95 | Shark Swim | 72 | 6 |
| 50 Dow 24.01 1. | 200 Dow 1:59.32 1. | 400 Dow 4:17.45 1. | 50 Dow 23.64 1. | |
| 200 Dow 1:56.52 1. | 400 Dow 4:14.89 1. | | | |
| 4. Kielpi ski Mikołaj | 97 | Szkoła Pływania Hanami | 47 | 6 |
| 200 Dow 2:41.72 2. | 100 Dow 1:07.75 3. | 100 Dow 1:09.95 3. | 100 Dow 1:06.75 3. | |
| 200 Dow 2:40.64 4. | 50 Dow 29.20 5. | | | |
| 5. Ruci ski Benjamin | 03 | TT Soda | 48 | 5 |
| 50 Dow 28.03 2. | 100 Dow 1:06.73 2. | 100 Dow 1:05.11 2. | 200 Dow 2:28.36 2. | |
| 50 Dow 27.41 3. | | | | |
| 6. Chojecki Jan | 03 | Niezzreszony | 37 | 5 |
| 50 Dow 30.60 3. | 200 Dow 2:35.86 3. | 100 Dow 1:12.39 4. | 50 Dow 28.24 4. | |
| 100 Dow 1:12.66 4. | | | | |
| 7. Kruczkowski Jakub | 97 | TM Iron Team | 32 | 3 |
| 400 Dow 5:12.92 1. | 50 Dow 27.76 2. | 100 Dow 1:01.59 2. | | |
| 8. Paduch Paweł | 99 | Niezzreszony | 10 | 1 |
| 400 Dow 5:04.62 2. | | | | |

M czyzn, 30 - 39 lat - 12 z 24 Konkurencji

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|------------------------|--------------------|---------------------|--------------------|---|
| 1. Grabowicz Łukasz | 90 | Boomer Swimmer | 108 | 9 |
| 50 Dow 23.42 1. | 100 Dow 55.73 1. | 200 Dow 1:59.59 1. | 50 Dow 23.52 1. | |
| 100 Dow 52.03 1. | 200 Dow 2:07.93 1. | 50 Dow 23.16 1. | 100 Dow 54.64 1. | |
| 200 Dow 1:57.16 1. | | | | |
| 2. Malicki Łukasz | 84 | Champions Swim | 83 | 9 |
| 400 Dow 4:50.95 1. | 50 Dow 25.53 2. | 100 Dow 57.83 2. | 100 Dow 57.65 2. | |
| 200 Dow 2:19.93 2. | 200 Dow 2:13.09 2. | 50 Dow 25.47 3. | 100 Dow 57.70 4. | |
| 50 Dow 25.55 5. | | | | |
| 3. Rymer Jakub | 85 | Niezzreszony | 62 | 9 |
| 400 Dow 5:06.61 1. | 400 Dow 5:08.15 2. | 200 Dow 2:23.61 3. | 200 Dow 2:20.12 3. | |
| 200 Dow 2:18.95 4. | 400 Dow 5:06.01 4. | 100 Dow 1:03.08 7. | 100 Dow 1:02.71 7. | |
| 100 Dow 1:04.35 9. | | | | |
| 4. Banach Jan | 91 | Klinika Triathlonu | 44 | 9 |
| 400 Dow 5:15.64 2. | 400 Dow 5:24.01 4. | 100 Dow 1:01.74 5. | 100 Dow 1:00.63 5. | |
| 400 Dow 5:11.09 5. | 100 Dow 59.62 6. | 50 Dow 28.42 9. | 50 Dow 31.68 10. | |
| 50 Dow 30.65 10. | | | | |
| 5. Wojciechowski Jakub | 88 | Boomer Swimmer | 59 | 8 |
| 200 Dow 2:18.66 2. | 50 Dow 25.57 3. | 100 Dow 58.19 3. | 50 Dow 25.20 3. | |
| 100 Dow 57.18 3. | 200 Dow 2:15.13 3. | 100 Dow 1:02.59 6. | 50 Dow 28.34 7. | |
| 6. Bajerski Jakub | 89 | Bajerswim | 48 | 7 |
| 50 Dow 25.80 4. | 100 Dow 1:00.41 4. | 50 Dow 25.64 4. | 100 Dow 1:00.27 4. | |
| 200 Dow 2:28.51 4. | 50 Dow 25.54 4. | 100 Dow 58.31 5. | | |
| 7. Thielmann Sebastian | 89 | Niezzreszony | 17 | 7 |
| 200 Dow 2:54.60 5. | 50 Dow 29.69 8. | 50 Dow 29.62 8. | 100 Dow 1:10.21 8. | |
| 100 Dow 1:08.44 9. | 50 Dow 30.08 12. | 100 Dow 1:09.59 12. | | |

Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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|-------------------------|---------------------|--------------------------|---------------------|---|
| 8. Pieczara Michał | 92 | Boomer Swimmer | 36 | 6 |
| 400 Dow 5:08.33 3. | 400 Dow 5:02.70 3. | 50 Dow 26.31 5. | 100 Dow 1:02.43 6. | |
| 50 Dow 26.08 6. | 100 Dow 1:00.55 7. | | | |
| 9. Kuriga Mateusz | 88 | Niezzreszony | 28 | 6 |
| 400 Dow 5:28.10 4. | 400 Dow 5:31.25 5. | 50 Dow 27.59 6. | 50 Dow 27.89 6. | |
| 50 Dow 28.26 8. | 400 Dow 5:35.48 9. | | | |
| 10. Piekarski Paweł | 90 | Niezzreszony | 23 | 6 |
| 200 Dow 2:34.65 4. | 400 Dow 5:37.61 6. | 200 Dow 2:35.97 6. | 100 Dow 1:06.99 8. | |
| 400 Dow 5:34.98 8. | 100 Dow 1:06.76 11. | | | |
| 11. Spryszy ski Michał | 88 | Tri Rodzinka | 15 | 6 |
| 200 Dow 3:35.41 6. | 400 Dow 7:37.48 6. | 200 Dow 3:28.74 7. | 400 Dow 7:29.92 10. | |
| 100 Dow 1:33.41 14. | 100 Dow 1:33.31 11. | | | |
| 12. Pic Dawid | 92 | Byle do przodu | 10 | 6 |
| 400 Dow 6:15.14 5. | 400 Dow 6:23.62 8. | 100 Dow 1:13.66 10. | 50 Dow 31.79 11. | |
| 100 Dow 1:13.64 12. | 50 Dow 31.70 12. | | | |
| 13. Jagódka Dariusz | 87 | AURA Team | 6 | 6 |
| 50 Dow 30.36 9. | 50 Dow 29.69 9. | 100 Dow 1:11.67 9. | 100 Dow 1:14.51 13. | |
| 50 Dow 29.77 11. | 100 Dow 1:12.50 13. | | | |
| 14. Łab cki Maciej | 90 | Trispace Trek | 9 | 5 |
| 200 Dow 2:46.70 6. | 400 Dow 6:32.73 9. | 100 Dow 1:10.96 10. | 400 Dow 6:38.59 10. | |
| 100 Dow 1:12.70 14. | | | | |
| 15. Wawrzyniak Jarosław | 86 | Skalar Słupsk | 22 | 4 |
| 400 Dow 5:27.31 3. | 50 Dow 27.35 5. | 50 Dow 27.46 7. | 400 Dow 5:19.07 7. | |
| | | | | |
| 16. Pekowski Dominik | 89 | Boomer Swimmer | 32 | 3 |
| 400 Dow 4:43.22 1. | 50 Dow 23.93 2. | 100 Dow 55.83 2. | | |
| | | | | |
| 17. Kubiak Krzysztof | 89 | K.P. aglica Pozna | 12 | 3 |
| 200 Dow 2:28.31 5. | 400 Dow 5:14.04 6. | 100 Dow 1:06.73 10. | | |
| | | | | |
| 18. Nowicki Bartosz | 88 | Trispace Trek | 10 | 3 |
| 200 Dow 2:42.54 5. | 400 Dow 5:55.49 7. | 100 Dow 1:11.57 11. | | |
| | | | | |
| 19. D bowski Patryk | 91 | Boomer Swimmer | 18 | 2 |
| 50 Dow 25.00 2. | 100 Dow 58.32 3. | | | |
| | | | | |
| 20. Kubi ski Jakub | 87 | Enea Bydgoszcz Triathlon | 13 | 2 |
| 400 Dow 4:59.09 2. | 100 Dow 1:03.18 8. | | | |
| | | | | |
| 21. Zalewski Kamil | 90 | Niezzreszony | 1 | 2 |
| 50 Dow 28.63 10. | 50 Dow 30.92 11. | | | |
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| 22. Sieg Mateusz | 91 | Niezzreszony | 4 | 1 |
| 50 Dow 29.02 7. | | | | |

M czyzn, 40 - 49 lat - 12 z 24 Konkurencji

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|-----------------------|--------------------|--------------------|--------------------|---|
| 1. Królikowski Michał | 80 | Cyklon | 100 | 9 |
| 50 Dow 26.07 1. | 100 Dow 1:00.53 1. | 200 Dow 2:15.27 1. | 50 Dow 25.92 1. | |
| 100 Dow 58.50 1. | 200 Dow 2:11.22 1. | 50 Dow 26.98 2. | 100 Dow 59.53 2. | |
| 200 Dow 2:16.72 3. | | | | |
| 2. Gummer Andrzej | 81 | Niezzreszony | 92 | 9 |
| 200 Dow 2:14.76 1. | 400 Dow 4:48.97 1. | 400 Dow 4:48.05 1. | 100 Dow 1:00.57 2. | |
| 200 Dow 2:15.95 2. | 400 Dow 4:55.75 2. | 200 Dow 2:12.38 2. | 100 Dow 1:00.22 3. | |
| 100 Dow 59.69 3. | | | | |
| 3. Linke Radek | 81 | Cyklon | 52 | 9 |
| 200 Dow 2:46.24 4. | 50 Dow 28.83 4. | 50 Dow 30.70 5. | 50 Dow 29.54 5. | |
| 200 Dow 2:46.58 5. | 200 Dow 2:41.68 5. | 100 Dow 1:07.47 6. | 100 Dow 1:06.45 6. | |
| 100 Dow 1:10.67 7. | | | | |

Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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|---|---------------------|--------------------------------|---------------------|---|
| 4. Chrapowski Marcel | 83 | Iron House Triathlon Włocławek | 38 | 9 |
| 400 Dow 6:28.61 3. | 400 Dow 6:36.64 4. | 200 Dow 2:56.37 6. | 200 Dow 3:00.72 6. | |
| 400 Dow 6:29.18 6. | 200 Dow 2:57.56 7. | 100 Dow 1:16.39 9. | 100 Dow 1:15.15 10. | |
| 100 Dow 1:14.24 10. | | | | |
| 5. Lica Grzegorz | 75 | Niezzreszony | 19 | 9 |
| 50 Dow 33.09 7. | 50 Dow 33.00 7. | 200 Dow 4:00.58 8. | 200 Dow 3:46.46 8. | |
| 200 Dow 3:23.76 8. | 50 Dow 34.70 9. | 100 Dow 1:29.98 13. | 100 Dow 1:19.14 11. | |
| 100 Dow 1:20.06 11. | | | | |
| 6. Spychalski Tomasz | 80 | Leszcze | 70 | 8 |
| 400 Dow 4:55.35 1. | 200 Dow 2:15.98 2. | 400 Dow 4:58.58 2. | 200 Dow 2:15.79 3. | |
| 100 Dow 1:01.13 3. | 200 Dow 2:18.05 3. | 100 Dow 1:00.82 4. | 100 Dow 1:00.82 4. | |
| 7. Łukasz Baczy ski | 83 | Niezzreszony | 28 | 7 |
| 200 Dow 2:47.35 5. | 50 Dow 31.03 6. | 50 Dow 31.81 6. | 200 Dow 2:53.29 6. | |
| 100 Dow 1:12.60 8. | 50 Dow 44.80 9. | 100 Dow 1:13.96 9. | | |
| 8. Michalski Wiktor | 82 | Optyk Michalscy | 45 | 6 |
| 50 Dow 27.76 2. | 50 Dow 27.45 3. | 50 Dow 27.83 3. | 100 Dow 1:03.69 4. | |
| 100 Dow 1:01.92 5. | 100 Dow 1:01.50 5. | | | |
| 9. Ciepłowski Robert | 77 | Leszcze | 38 | 6 |
| 50 Dow 30.03 3. | 400 Dow 5:26.55 3. | 400 Dow 5:28.45 3. | 100 Dow 1:08.03 5. | |
| 50 Dow 31.15 6. | 100 Dow 1:09.61 8. | | | |
| 10. G siorowski Daniel | 80 | Endure Team | 36 | 6 |
| 400 Dow 5:44.47 2. | 200 Dow 2:39.58 4. | 400 Dow 5:45.63 4. | 200 Dow 2:38.12 4. | |
| 100 Dow 1:09.39 8. | 100 Dow 1:09.87 9. | | | |
| 11. Stasiewski Mariusz | 75 | Trispace Trek | 18 | 6 |
| 400 Dow 6:57.71 5. | 200 Dow 3:07.60 7. | 200 Dow 3:04.34 7. | 400 Dow 6:49.56 7. | |
| 100 Dow 1:22.87 12. | 100 Dow 1:23.88 12. | | | |
| 12. Kałek Artur | 74 | TM Iron Team | 18 | 5 |
| 400 Dow 6:30.81 4. | 400 Dow 6:24.21 5. | 50 Dow 34.89 8. | 50 Dow 35.91 9. | |
| 100 Dow 1:22.87 12. | | | | |
| 13. Hajder Adam | 83 | TMKS Champions | 12 | 5 |
| 400 Dow 7:39.55 6. | 50 Dow 31.39 7. | 50 Dow 33.21 8. | 100 Dow 1:22.13 11. | |
| 100 Dow 1:23.16 13. | | | | |
| 14. Witkowski Marek | 80 | Cyklon | 44 | 4 |
| 50 Dow 26.81 1. | 100 Dow 59.23 1. | 50 Dow 26.01 2. | 100 Dow 59.34 2. | |
| | | | | |
| 15. Kania Szymon | 82 | Niezzreszony | 21 | 4 |
| 50 Dow 28.58 4. | 50 Dow 29.14 5. | 100 Dow 1:08.80 7. | 100 Dow 1:07.79 7. | |
| | | | | |
| 16. Juszkiewicz Tomasz | 74 | Niezzreszony | 12 | 2 |
| 50 Dow 30.18 4. | 100 Dow 1:09.35 6. | | | |
| | | | | |
| 17. Tuszy ski Jarosław | 75 | Niezzreszony | 4 | 2 |
| 50 Dow 32.73 8. | 100 Dow 1:20.52 10. | | | |
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| M czynn, 50 lat i starsi - 12 z 24 Konkurencji | | | | |
| 1. Falkowski Wojciech | 64 | Niezzreszony | 62 | 9 |
| 200 Dow 2:47.80 1. | 50 Dow 34.28 3. | 50 Dow 32.28 3. | 100 Dow 1:12.73 3. | |
| 50 Dow 31.46 4. | 200 Dow 2:49.81 5. | 200 Dow 3:00.24 6. | 100 Dow 1:16.16 7. | |
| 100 Dow 1:14.00 7. | | | | |
| 2. Grubich Robert | 65 | Swim Drama | 60 | 9 |
| 200 Dow 2:48.08 2. | 200 Dow 2:45.21 3. | 50 Dow 34.29 4. | 100 Dow 1:14.05 4. | |
| 200 Dow 2:50.10 5. | 50 Dow 33.91 5. | 50 Dow 33.52 5. | 100 Dow 1:15.86 6. | |
| 100 Dow 1:12.85 6. | | | | |

Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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|-------------------------|--------------------|----------------------------|--------------------|---|
| 3. Sie ski Jacek | 63 | niezrzeszony | 41 | 8 |
| 400 Dow 6:53.81 3. | 400 Dow 6:58.37 5. | 50 Dow 36.54 5. | 100 Dow 1:26.16 5. | |
| 50 Dow 37.58 6. | 50 Dow 36.12 7. | 100 Dow 1:26.42 8. | 100 Dow 1:26.57 8. | |
| 4. Stasziewicz Radosław | 68 | Suchary | 72 | 6 |
| 200 Dow 2:19.60 1. | 400 Dow 5:04.68 1. | 200 Dow 2:17.75 1. | 400 Dow 5:00.46 1. | |
| 100 Dow 1:01.40 1. | 100 Dow 1:01.95 1. | | | |
| 5. Michalski Jarosław | 61 | Optyk Michalscy | 59 | 6 |
| 50 Dow 29.88 1. | 100 Dow 1:09.04 1. | 50 Dow 30.05 2. | 50 Dow 30.34 2. | |
| 100 Dow 1:08.48 3. | 100 Dow 1:09.23 4. | | | |
| 6. Majewski Roman | 72 | Toru ski Klub Triathlonowy | 53 | 6 |
| 400 Dow 5:37.77 2. | 100 Dow 1:08.43 2. | 200 Dow 2:35.98 2. | 200 Dow 2:35.09 3. | |
| 400 Dow 5:40.75 3. | 100 Dow 1:08.70 4. | | | |
| Zienkiewicz Janusz | 72 | Trispace Trek 1 | 53 | 6 |
| 400 Dow 5:55.00 1. | 50 Dow 30.75 2. | 100 Dow 1:12.42 2. | 50 Dow 31.34 3. | |
| 400 Dow 5:48.39 4. | 100 Dow 1:10.10 5. | | | |
| 8. Cieszy ski Jacek | 63 | Swim Drama | 45 | 6 |
| 400 Dow 6:10.22 2. | 200 Dow 2:53.64 3. | 200 Dow 2:49.51 4. | 400 Dow 6:29.39 4. | |
| 200 Dow 2:48.04 4. | 400 Dow 6:23.91 5. | | | |
| 9. Flici ski Marek | 54 | Niezrzeszony | 18 | 5 |
| 50 Dow 42.47 6. | 100 Dow 1:38.40 6. | 50 Dow 41.59 7. | 100 Dow 1:36.61 9. | |
| 100 Dow 1:34.86 9. | | | | |
| 10. Martynowicz Michał | 72 | Trispace Trek 1 | 32 | 3 |
| 50 Dow 29.13 1. | 100 Dow 1:05.90 2. | 200 Dow 2:29.64 2. | | |
| | | | | |
| 11. K dzior Mateusz | 73 | K.P. aglica Pozna | 30 | 3 |
| 50 Dow 30.18 1. | 400 Dow 5:39.64 2. | 100 Dow 1:08.59 3. | | |
| | | | | |
| 12. Lipka Mariusz | 64 | Suchary | 14 | 2 |
| 400 Dow 5:50.20 3. | 100 Dow 1:13.19 5. | | | |
| | | | | |
| 13. Kolan Zbigniew | 57 | Niezrzeszona | 7 | 1 |
| 50 Dow 33.59 4. | | | | |
| | | | | |
| 14. Kajak Wojciech | 65 | Swim Drama | 5 | 1 |
| 50 Dow 35.72 6. | | | | |
| | | | | |
| 15. Banach Jan, Ludwik | 51 | Klinika Triathlonu | 3 | 1 |
| 50 Dow 44.78 8. | | | | |

M czyzn, Open - 12 z 24 Konkurencji

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|------------------------|--------------------|--------------------|--------------------|---|
| 1. Grabowicz Łukasz | 90 | Boomer Swimmer | 108 | 9 |
| 50 Dow 23.42 1. | 100 Dow 55.73 1. | 200 Dow 1:59.59 1. | 50 Dow 23.52 1. | |
| 100 Dow 52.03 1. | 200 Dow 2:07.93 1. | 50 Dow 23.16 1. | 100 Dow 54.64 1. | |
| 200 Dow 1:57.16 1. | | | | |
| 2. Królikowski Michał | 80 | Cyklon | 100 | 9 |
| 50 Dow 26.07 1. | 100 Dow 1:00.53 1. | 200 Dow 2:15.27 1. | 50 Dow 25.92 1. | |
| 100 Dow 58.50 1. | 200 Dow 2:11.22 1. | 50 Dow 26.98 2. | 100 Dow 59.53 2. | |
| 200 Dow 2:16.72 3. | | | | |
| 3. Chorzysta Remigiusz | 98 | Byle do przodu | 94 | 9 |
| 100 Dow 1:01.27 1. | 50 Dow 27.62 1. | 100 Dow 1:00.09 1. | 100 Dow 1:00.21 1. | |
| 400 Dow 5:16.55 2. | 50 Dow 27.35 2. | 400 Dow 5:20.55 2. | 50 Dow 28.51 3. | |
| 400 Dow 5:26.42 3. | | | | |
| 4. Gummer Andrzej | 81 | Niezrzeszony | 92 | 9 |
| 200 Dow 2:14.76 1. | 400 Dow 4:48.97 1. | 400 Dow 4:48.05 1. | 100 Dow 1:00.57 2. | |
| 200 Dow 2:15.95 2. | 400 Dow 4:55.75 2. | 200 Dow 2:12.38 2. | 100 Dow 1:00.22 3. | |
| 100 Dow 59.69 3. | | | | |

Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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|--------------------------------|-----|-----------------|---------------------------------------|-----------------|-----------|-----------------|
| 5. Malicki Łukasz | | 84 | Champions Swim | | 83 | 9 |
| 400 Dow 4:50.95 | 1. | 50 Dow 25.53 | 2. | 100 Dow 57.83 | 2. | 100 Dow 57.65 |
| 200 Dow 2:19.93 | 2. | 200 Dow 2:13.09 | 2. | 50 Dow 25.47 | 3. | 100 Dow 57.70 |
| 50 Dow 25.55 | 5. | | | | | |
| 6. Juru Jeremi | | 95 | Polonia Bydgoszcz | | 64 | 9 |
| 200 Dow 2:48.95 | 1. | 200 Dow 3:06.10 | 3. | 50 Dow 31.06 | 4. | 100 Dow 1:13.01 |
| 50 Dow 31.40 | 4. | 100 Dow 1:14.04 | 5. | 100 Dow 1:12.75 | 5. | 200 Dow 2:53.79 |
| 50 Dow 30.83 | 6. | | | | | |
| 7. Rymer Jakub | | 85 | Niezzreszony | | 62 | 9 |
| 400 Dow 5:06.61 | 1. | 400 Dow 5:08.15 | 2. | 200 Dow 2:23.61 | 3. | 200 Dow 2:20.12 |
| 200 Dow 2:18.95 | 4. | 400 Dow 5:06.01 | 4. | 100 Dow 1:03.08 | 7. | 100 Dow 1:02.71 |
| 100 Dow 1:04.35 | 9. | | | | | |
| Falkowski Wojciech | | 64 | Niezzreszony | | 62 | 9 |
| 200 Dow 2:47.80 | 1. | 50 Dow 34.28 | 3. | 50 Dow 32.28 | 3. | 100 Dow 1:12.73 |
| 50 Dow 31.46 | 4. | 200 Dow 2:49.81 | 5. | 200 Dow 3:00.24 | 6. | 100 Dow 1:16.16 |
| 100 Dow 1:14.00 | 7. | | | | | |
| 9. Grubich Robert | | 65 | Swim Drama | | 60 | 9 |
| 200 Dow 2:48.08 | 2. | 200 Dow 2:45.21 | 3. | 50 Dow 34.29 | 4. | 100 Dow 1:14.05 |
| 200 Dow 2:50.10 | 5. | 50 Dow 33.91 | 5. | 50 Dow 33.52 | 5. | 100 Dow 1:15.86 |
| 100 Dow 1:12.85 | 6. | | | | | |
| 10. Linke Radek | | 81 | Cyklon | | 52 | 9 |
| 200 Dow 2:46.24 | 4. | 50 Dow 28.83 | 4. | 50 Dow 30.70 | 5. | 50 Dow 29.54 |
| 200 Dow 2:46.58 | 5. | 200 Dow 2:41.68 | 5. | 100 Dow 1:07.47 | 6. | 100 Dow 1:06.45 |
| 100 Dow 1:10.67 | 7. | | | | | |
| 11. Banach Jan | | 91 | Klinika Triathlonu | | 44 | 9 |
| 400 Dow 5:15.64 | 2. | 400 Dow 5:24.01 | 4. | 100 Dow 1:01.74 | 5. | 100 Dow 1:00.63 |
| 400 Dow 5:11.09 | 5. | 100 Dow 59.62 | 6. | 50 Dow 28.42 | 9. | 50 Dow 31.68 |
| 50 Dow 30.65 | 10. | | | | | |
| 12. Chrapowski Marcel | | 83 | Iron House Triathlon Włocławek | | 38 | 9 |
| 400 Dow 6:28.61 | 3. | 400 Dow 6:36.64 | 4. | 200 Dow 2:56.37 | 6. | 200 Dow 3:00.72 |
| 400 Dow 6:29.18 | 6. | 200 Dow 2:57.56 | 7. | 100 Dow 1:16.39 | 9. | 100 Dow 1:15.15 |
| 100 Dow 1:14.24 | 10. | | | | | |
| 13. Lica Grzegorz | | 75 | Niezzreszony | | 19 | 9 |
| 50 Dow 33.09 | 7. | 50 Dow 33.00 | 7. | 200 Dow 4:00.58 | 8. | 200 Dow 3:46.46 |
| 200 Dow 3:23.76 | 8. | 50 Dow 34.70 | 9. | 100 Dow 1:29.98 | 13. | 100 Dow 1:19.14 |
| 100 Dow 1:20.06 | 11. | | | | | |
| 14. Spychalski Tomasz | | 80 | Leszcze | | 70 | 8 |
| 400 Dow 4:55.35 | 1. | 200 Dow 2:15.98 | 2. | 400 Dow 4:58.58 | 2. | 200 Dow 2:15.79 |
| 100 Dow 1:01.13 | 3. | 200 Dow 2:18.05 | 3. | 100 Dow 1:00.82 | 4. | 100 Dow 1:00.82 |
| | | | | | | |
| 15. Wojciechowski Jakub | | 88 | Boomer Swimmer | | 59 | 8 |
| 200 Dow 2:18.66 | 2. | 50 Dow 25.57 | 3. | 100 Dow 58.19 | 3. | 50 Dow 25.20 |
| 100 Dow 57.18 | 3. | 200 Dow 2:15.13 | 3. | 100 Dow 1:02.59 | 6. | 50 Dow 28.34 |
| | | | | | | |
| 16. Sie ski Jacek | | 63 | niezzreszony | | 41 | 8 |
| 400 Dow 6:53.81 | 3. | 400 Dow 6:58.37 | 5. | 50 Dow 36.54 | 5. | 100 Dow 1:26.16 |
| 50 Dow 37.58 | 6. | 50 Dow 36.12 | 7. | 100 Dow 1:26.42 | 8. | 100 Dow 1:26.57 |
| | | | | | | |
| 17. Bajerski Jakub | | 89 | Bajerswim | | 48 | 7 |
| 50 Dow 25.80 | 4. | 100 Dow 1:00.41 | 4. | 50 Dow 25.64 | 4. | 100 Dow 1:00.27 |
| 200 Dow 2:28.51 | 4. | 50 Dow 25.54 | 4. | 100 Dow 58.31 | 5. | |
| | | | | | | |
| 18. Łukasz Baczy ski | | 83 | Niezzreszony | | 28 | 7 |
| 200 Dow 2:47.35 | 5. | 50 Dow 31.03 | 6. | 50 Dow 31.81 | 6. | 200 Dow 2:53.29 |
| 100 Dow 1:12.60 | 8. | 50 Dow 44.80 | 9. | 100 Dow 1:13.96 | 9. | |
| | | | | | | |
| 19. Thielmann Sebastian | | 89 | Niezzreszony | | 17 | 7 |
| 200 Dow 2:54.60 | 5. | 50 Dow 29.69 | 8. | 50 Dow 29.62 | 8. | 100 Dow 1:10.21 |
| 100 Dow 1:08.44 | 9. | 50 Dow 30.08 | 12. | 100 Dow 1:09.59 | 12. | |
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Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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| 20. Staszekiewicz Radosław | 68 | Suchary | 72 | 6 |
| 200 Dow 2:19.60 1. | 400 Dow 5:04.68 1. | 200 Dow 2:17.75 1. | 400 Dow 5:00.46 1. | |
| 100 Dow 1:01.40 1. | 100 Dow 1:01.95 1. | | | |
| Krasicki Artur | 95 | Shark Swim | 72 | 6 |
| 50 Dow 24.01 1. | 200 Dow 1:59.32 1. | 400 Dow 4:17.45 1. | 50 Dow 23.64 1. | |
| 200 Dow 1:56.52 1. | 400 Dow 4:14.89 1. | | | |
| 22. Michalski Jarosław | 61 | Optyk Michalscy | 59 | 6 |
| 50 Dow 29.88 1. | 100 Dow 1:09.04 1. | 50 Dow 30.05 2. | 50 Dow 30.34 2. | |
| 100 Dow 1:08.48 3. | 100 Dow 1:09.23 4. | | | |
| 23. Majewski Roman | 72 | Toru ski Klub Triathlonowy | 53 | 6 |
| 400 Dow 5:37.77 2. | 100 Dow 1:08.43 2. | 200 Dow 2:35.98 2. | 200 Dow 2:35.09 3. | |
| 400 Dow 5:40.75 3. | 100 Dow 1:08.70 4. | | | |
| Zienkiewicz Janusz | 72 | Trispace Trek 1 | 53 | 6 |
| 400 Dow 5:55.00 1. | 50 Dow 30.75 2. | 100 Dow 1:12.42 2. | 50 Dow 31.34 3. | |
| 400 Dow 5:48.39 4. | 100 Dow 1:10.10 5. | | | |
| 25. Kiełpi ski Mikołaj | 97 | Szkoła Pływania Hanami | 47 | 6 |
| 200 Dow 2:41.72 2. | 100 Dow 1:07.75 3. | 100 Dow 1:09.95 3. | 100 Dow 1:06.75 3. | |
| 200 Dow 2:40.64 4. | 50 Dow 29.20 5. | | | |
| 26. Cieszy ski Jacek | 63 | Swim Drama | 45 | 6 |
| 400 Dow 6:10.22 2. | 200 Dow 2:53.64 3. | 200 Dow 2:49.51 4. | 400 Dow 6:29.39 4. | |
| 200 Dow 2:48.04 4. | 400 Dow 6:23.91 5. | | | |
| Michalski Wiktor | 82 | Optyk Michalscy | 45 | 6 |
| 50 Dow 27.76 2. | 50 Dow 27.45 3. | 50 Dow 27.83 3. | 100 Dow 1:03.69 4. | |
| 100 Dow 1:01.92 5. | 100 Dow 1:01.50 5. | | | |
| 28. Ciepłowski Robert | 77 | Leszcze | 38 | 6 |
| 50 Dow 30.03 3. | 400 Dow 5:26.55 3. | 400 Dow 5:28.45 3. | 100 Dow 1:08.03 5. | |
| 50 Dow 31.15 6. | 100 Dow 1:09.61 8. | | | |
| 29. Pieczara Michał | 92 | Boomer Swimmer | 36 | 6 |
| 400 Dow 5:08.33 3. | 400 Dow 5:02.70 3. | 50 Dow 26.31 5. | 100 Dow 1:02.43 6. | |
| 50 Dow 26.08 6. | 100 Dow 1:00.55 7. | | | |
| G siorowski Daniel | 80 | Endure Team | 36 | 6 |
| 400 Dow 5:44.47 2. | 200 Dow 2:39.58 4. | 400 Dow 5:45.63 4. | 200 Dow 2:38.12 4. | |
| 100 Dow 1:09.39 8. | 100 Dow 1:09.87 9. | | | |
| 31. Kuriga Mateusz | 88 | Niezzreszony | 28 | 6 |
| 400 Dow 5:28.10 4. | 400 Dow 5:31.25 5. | 50 Dow 27.59 6. | 50 Dow 27.89 6. | |
| 50 Dow 28.26 8. | 400 Dow 5:35.48 9. | | | |
| 32. Piekarski Paweł | 90 | Niezzreszony | 23 | 6 |
| 200 Dow 2:34.65 4. | 400 Dow 5:37.61 6. | 200 Dow 2:35.97 6. | 100 Dow 1:06.99 8. | |
| 400 Dow 5:34.98 8. | 100 Dow 1:06.76 11. | | | |
| 33. Stasiewski Mariusz | 75 | Trispace Trek | 18 | 6 |
| 400 Dow 6:57.71 5. | 200 Dow 3:07.60 7. | 200 Dow 3:04.34 7. | 400 Dow 6:49.56 7. | |
| 100 Dow 1:22.87 12. | 100 Dow 1:23.88 12. | | | |
| 34. Spryszy ski Michał | 88 | Tri Rodzinka | 15 | 6 |
| 200 Dow 3:35.41 6. | 400 Dow 7:37.48 6. | 200 Dow 3:28.74 7. | 400 Dow 7:29.92 10. | |
| 100 Dow 1:33.41 14. | 100 Dow 1:33.31 11. | | | |
| 35. Pic Dawid | 92 | Byle do przodu | 10 | 6 |
| 400 Dow 6:15.14 5. | 400 Dow 6:23.62 8. | 100 Dow 1:13.66 10. | 50 Dow 31.79 11. | |
| 100 Dow 1:13.64 12. | 50 Dow 31.70 12. | | | |
| 36. Jagódka Dariusz | 87 | AURA Team | 6 | 6 |
| 50 Dow 30.36 9. | 50 Dow 29.69 9. | 100 Dow 1:11.67 9. | 100 Dow 1:14.51 13. | |
| 50 Dow 29.77 11. | 100 Dow 1:12.50 13. | | | |
| 37. Ruci ski Benjamin | 03 | TT Soda | 48 | 5 |
| 50 Dow 28.03 2. | 100 Dow 1:06.73 2. | 100 Dow 1:05.11 2. | 200 Dow 2:28.36 2. | |
| 50 Dow 27.41 3. | | | | |

Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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| 38. Chojecki Jan | 03 | Niezzreszony | 37 | 5 |
| 50 Dow 30.60 3. | 200 Dow 2:35.86 3. | 100 Dow 1:12.39 4. | 50 Dow 28.24 4. | |
| 100 Dow 1:12.66 4. | | | | |
| 39. Kałek Artur | 74 | TM Iron Team | 18 | 5 |
| 400 Dow 6:30.81 4. | 400 Dow 6:24.21 5. | 50 Dow 34.89 8. | 50 Dow 35.91 9. | |
| 100 Dow 1:22.87 12. | | | | |
| Flici ski Marek | 54 | Niezzreszony | 18 | 5 |
| 50 Dow 42.47 6. | 100 Dow 1:38.40 6. | 50 Dow 41.59 7. | 100 Dow 1:36.61 9. | |
| 100 Dow 1:34.86 9. | | | | |
| 41. Hajder Adam | 83 | TMKS Champions | 12 | 5 |
| 400 Dow 7:39.55 6. | 50 Dow 31.39 7. | 50 Dow 33.21 8. | 100 Dow 1:22.13 11. | |
| 100 Dow 1:23.16 13. | | | | |
| 42. Łab cki Maciej | 90 | Trispace Trek | 9 | 5 |
| 200 Dow 2:46.70 6. | 400 Dow 6:32.73 9. | 100 Dow 1:10.96 10. | 400 Dow 6:38.59 10. | |
| 100 Dow 1:12.70 14. | | | | |
| 43. Witkowski Marek | 80 | Cyklon | 44 | 4 |
| 50 Dow 26.81 1. | 100 Dow 59.23 1. | 50 Dow 26.01 2. | 100 Dow 59.34 2. | |
| | | | | |
| 44. Wawrzyniak Jarosław | 86 | Skalar Słupsk | 22 | 4 |
| 400 Dow 5:27.31 3. | 50 Dow 27.35 5. | 50 Dow 27.46 7. | 400 Dow 5:19.07 7. | |
| | | | | |
| 45. Kania Szymon | 82 | Niezzreszony | 21 | 4 |
| 50 Dow 28.58 4. | 50 Dow 29.14 5. | 100 Dow 1:08.80 7. | 100 Dow 1:07.79 7. | |
| | | | | |
| 46. Martynowicz Michał | 72 | Trispace Trek 1 | 32 | 3 |
| 50 Dow 29.13 1. | 100 Dow 1:05.90 2. | 200 Dow 2:29.64 2. | | |
| | | | | |
| Kruczkowski Jakub | 97 | TM Iron Team | 32 | 3 |
| 400 Dow 5:12.92 1. | 50 Dow 27.76 2. | 100 Dow 1:01.59 2. | | |
| | | | | |
| Pekowski Dominik | 89 | Boomer Swimmer | 32 | 3 |
| 400 Dow 4:43.22 1. | 50 Dow 23.93 2. | 100 Dow 55.83 2. | | |
| | | | | |
| 49. K dzior Mateusz | 73 | K.P. aglica Pozna | 30 | 3 |
| 50 Dow 30.18 1. | 400 Dow 5:39.64 2. | 100 Dow 1:08.59 3. | | |
| | | | | |
| 50. Kubiak Krzysztof | 89 | K.P. aglica Pozna | 12 | 3 |
| 200 Dow 2:28.31 5. | 400 Dow 5:14.04 6. | 100 Dow 1:06.73 10. | | |
| | | | | |
| 51. Nowicki Bartosz | 88 | Trispace Trek | 10 | 3 |
| 200 Dow 2:42.54 5. | 400 Dow 5:55.49 7. | 100 Dow 1:11.57 11. | | |
| | | | | |
| 52. D bowski Patryk | 91 | Boomer Swimmer | 18 | 2 |
| 50 Dow 25.00 2. | 100 Dow 58.32 3. | | | |
| | | | | |
| 53. Lipka Mariusz | 64 | Suchary | 14 | 2 |
| 400 Dow 5:50.20 3. | 100 Dow 1:13.19 5. | | | |
| | | | | |
| 54. Kubi ski Jakub | 87 | Enea Bydgoszcz Triathlon | 13 | 2 |
| 400 Dow 4:59.09 2. | 100 Dow 1:03.18 8. | | | |
| | | | | |
| 55. Juszkievicz Tomasz | 74 | Niezzreszony | 12 | 2 |
| 50 Dow 30.18 4. | 100 Dow 1:09.35 6. | | | |
| | | | | |
| 56. Tuszy ski Jarosław | 75 | Niezzreszony | 4 | 2 |
| 50 Dow 32.73 8. | 100 Dow 1:20.52 10. | | | |
| | | | | |
| 57. Zalewski Kamil | 90 | Niezzreszony | 1 | 2 |
| 50 Dow 28.63 10. | 50 Dow 30.92 11. | | | |
| | | | | |
| 58. Paduch Paweł | 99 | Niezzreszony | 10 | 1 |
| 400 Dow 5:04.62 2. | | | | |
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| 59. Kolan Zbigniew | 57 | Niezzreszona | 7 | 1 |
| 50 Dow 33.59 4. | | | | |
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Bydgoska Liga Pływacka
Bydgoszcz, 27.11.2022 - 22.4.2023

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|------------------------|----|--------------------|----------|----------|
| 60. Kajak Wojciech | 65 | Swim Drama | 5 | 1 |
| 50 Dow 35.72 6. | | | | |
| 61. Sieg Mateusz | 91 | Niezrzeszony | 4 | 1 |
| 50 Dow 29.02 7. | | | | |
| 62. Banach Jan, Ludwik | 51 | Klinika Triathlonu | 3 | 1 |
| 50 Dow 44.78 8. | | | | |