

Bydgoska Liga Pływacka  
Bydgoszcz, 27.11.2022 - 22.4.2023

Konkurencja 8  
27.11.2022 - 11:33

Mężczyzn, 400y dowolny

Open  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
<b>18 - 29 lat</b>									
1.	Krasicki Artur		95	Shark Swim				<b>4:17.45</b>	
	50y:	27.95	27.95	150y:	1:31.93	32.75	250y:	2:38.50	33.35
	100y:	59.18	31.23	200y:	2:05.15	33.22	300y:	3:12.15	33.65
							350y:	3:45.26	33.11
							400y:	4:17.45	32.19
2.	Paduch Paweł		99	Niezrzeszony				<b>5:04.62</b>	
	50y:	32.24	32.24	150y:	1:46.84	38.01	250y:	3:06.15	40.01
	100y:	1:08.83	36.59	200y:	2:26.14	39.30	300y:	3:46.44	40.29
							350y:	4:26.58	40.14
							400y:	5:04.62	38.04
3.	Chorzpa Remigiusz		98	Byle do przodu				<b>5:26.42</b>	
	50y:	34.45	34.45	150y:	1:52.41	40.15	250y:	3:16.86	42.42
	100y:	1:12.26	37.81	200y:	2:34.44	42.03	300y:	4:00.70	43.84
							350y:	4:45.11	44.41
							400y:	5:26.42	41.31
<b>30 - 39 lat</b>									
1.	Malicki Łukasz		84	Champions Swim				<b>4:50.95</b>	
	50y:	29.21	29.21	150y:	1:39.05	36.24	250y:	2:55.38	38.63
	100y:	1:02.81	33.60	200y:	2:16.75	37.70	300y:	3:34.07	38.69
							350y:	4:13.64	39.57
							400y:	4:50.95	37.31
2.	Rymer Jakub		85	Niezrzeszony				<b>5:08.15</b>	
	50y:	34.49	34.49	150y:	1:50.19	38.81	250y:	3:09.68	39.10
	100y:	1:11.38	36.89	200y:	2:30.58	40.39	300y:	3:50.07	40.39
							350y:	4:30.10	40.03
							400y:	5:08.15	38.05
3.	Pieczara Michał		92	Boomer Swimmer				<b>5:08.33</b>	
	50y:	33.13	33.13	150y:	1:48.66	38.76	250y:	3:08.25	40.00
	100y:	1:09.90	36.77	200y:	2:28.25	39.59	300y:	3:48.80	40.55
							350y:	4:29.98	41.18
							400y:	5:08.33	38.35
4.	Banach Jan		91	Klinika Triathlonu				<b>5:24.01</b>	
	50y:	34.08	34.08	150y:	1:51.35	39.95	250y:	3:15.99	43.16
	100y:	1:11.40	37.32	200y:	2:32.83	41.48	300y:	3:58.58	42.59
							350y:	4:41.60	43.02
							400y:	5:24.01	42.41
5.	Kuriga Mateusz		88	Niezrzeszony				<b>5:31.25</b>	
	50y:	31.22	31.22	150y:	1:50.07	41.66	250y:	3:19.11	45.38
	100y:	1:08.41	37.19	200y:	2:33.73	43.66	300y:	4:04.07	44.96
							350y:	4:48.97	44.90
							400y:	5:31.25	42.28
6.	Piekarski Paweł		90	Niezrzeszony				<b>5:37.61</b>	
	50y:			150y:			250y:		350y:
	100y:			200y:			300y:		400y:
									5:37.61
7.	Nowicki Bartosz		88	Trispace Trek				<b>5:55.49</b>	
	50y:	40.62	40.62	150y:	2:08.23	44.52	250y:	3:39.12	45.80
	100y:	1:23.71	43.09	200y:	2:53.32	45.09	300y:	4:25.07	45.95
							350y:	5:11.17	46.10
							400y:	5:55.49	44.32
8.	Pic Dawid		92	Byle do przodu				<b>6:23.62</b>	
	50y:	39.07	39.07	150y:	2:10.93	47.59	250y:	3:51.24	49.96
	100y:	1:23.34	44.27	200y:	3:01.28	50.35	300y:	4:41.60	50.36
							350y:	5:33.23	51.63
							400y:	6:23.62	50.39
9.	Łabacki Maciej		90	Trispace Trek				<b>6:32.73</b>	
	50y:	36.23	36.23	150y:	2:05.54	47.14	250y:	3:46.45	51.39
	100y:	1:18.40	42.17	200y:	2:55.06	49.52	300y:	4:39.02	52.57
							350y:	5:31.51	52.49
							400y:	6:32.73	1:01.22
10.	Spryszski Michał		88	Tri Rodzinka				<b>7:29.92</b>	
	50y:	50.90	50.90	150y:	2:43.01	56.96	250y:	4:39.93	58.72
	100y:	1:46.05	55.15	200y:	3:41.21	58.20	300y:	5:38.22	58.29
							350y:	6:35.44	57.22
							400y:	7:29.92	54.48
<b>40 - 49 lat</b>									
1.	Gummer Andrzej		81	Niezrzeszony				<b>4:48.97</b>	
	50y:	32.13	32.13	150y:	1:41.70	35.41	250y:	2:54.66	37.16
	100y:	1:06.29	34.16	200y:	2:17.50	35.80	300y:	3:32.50	37.84
							350y:	4:10.94	38.44
							400y:	4:48.97	38.03
2.	Spychalski Tomasz		80	Leszcze				<b>4:58.58</b>	
	50y:	31.44	31.44	150y:	1:43.53	36.86	250y:	3:00.25	38.73
	100y:	1:06.67	35.23	200y:	2:21.52	37.99	300y:	3:40.60	40.35
							350y:	4:20.38	39.78
							400y:	4:58.58	38.20

Bydgoska Liga Pływacka  
Bydgoszcz, 27.11.2022 - 22.4.2023

Konkurencja 8, M czynn, 400y dowolny, 40 - 49 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	Cieplowski Robert		77	Leszcze				<b>5:26.55</b>	
	50y:	35.39 35.39	150y:	1:55.73	41.61	250y:	3:21.47 43.03	350y:	4:47.34 42.90
	100y:	1:14.12 38.73	200y:	2:38.44	42.71	300y:	4:04.44 42.97	400y:	5:26.55 39.21
4.	Chrapowski Marcel		83	Iron House Triathlon Włocławek				<b>6:36.64</b>	
	50y:	40.01 40.01	150y:	2:18.65	51.41	250y:	4:02.51 52.40	350y:	5:49.11 52.88
	100y:	1:27.24 47.23	200y:	3:10.11	51.46	300y:	4:56.23 53.72	400y:	6:36.64 47.53
5.	Stasiewski Mariusz		75	Trispace Trek				<b>6:57.71</b>	
	50y:	44.80 44.80	150y:	2:23.56	51.90	250y:	4:12.18 54.74	350y:	6:02.05 54.80
	100y:	1:31.66 46.86	200y:	3:17.44	53.88	300y:	5:07.25 55.07	400y:	6:57.71 55.66
6.	Hajder Adam		83	TMKS Champions				<b>7:39.55</b>	
	50y:	43.16 43.16	150y:	2:34.06	58.90	250y:	4:35.40 59.60	350y:	6:40.56 1:03.66
	100y:	1:35.16 52.00	200y:	3:35.80	1:01.74	300y:	5:36.90 1:01.50	400y:	7:39.55 58.99

50 lat i starsi

1.	Staszkiwicz Radosław		68	Suchary				<b>5:04.68</b>	
	50y:	32.49 32.49	150y:	1:46.39	37.68	250y:	3:05.49 39.77	350y:	4:26.26 40.11
	100y:	1:08.71 36.22	200y:	2:25.72	39.33	300y:	3:46.15 40.66	400y:	5:04.68 38.42
2.	Majewski Roman		72	Toru ski Klub Triathlonowy				<b>5:37.77</b>	
	50y:	34.56 34.56	150y:	1:54.86	41.87	250y:	3:23.55 44.48	350y:	4:54.89 45.60
	100y:	1:12.99 38.43	200y:	2:39.07	44.21	300y:	4:09.29 45.74	400y:	5:37.77 42.88
3.	Lipka Mariusz		64	Suchary				<b>5:50.20</b>	
	50y:	37.42 37.42	150y:	2:03.63	44.40	250y:	3:34.83 45.80	350y:	5:06.41 45.60
	100y:	1:19.23 41.81	200y:	2:49.03	45.40	300y:	4:20.81 45.98	400y:	5:50.20 43.79
4.	Cieszy ski Jacek		63	Swim Drama				<b>6:29.39</b>	
	50y:	41.85 41.85	150y:	2:18.30	48.12	250y:	3:56.22 49.21	350y:	5:34.14 50.97
	100y:	1:30.18 48.33	200y:	3:07.01	48.71	300y:	4:43.17 46.95	400y:	6:29.39 55.25
5.	Sie ski Jacek		63	niezrzeszony				<b>6:58.37</b>	
	50y:	45.91 45.91	150y:	2:28.90	52.86	250y:	4:16.60 53.71	350y:	6:05.06 54.17
	100y:	1:36.04 50.13	200y:	3:22.89	53.99	300y:	5:10.89 54.29	400y:	6:58.37 53.31

Open

1.	Krasicki Artur		95	Shark Swim				<b>4:17.45</b>	
	50y:	27.95 27.95	150y:	1:31.93	32.75	250y:	2:38.50 33.35	350y:	3:45.26 33.11
	100y:	59.18 31.23	200y:	2:05.15	33.22	300y:	3:12.15 33.65	400y:	4:17.45 32.19
2.	Gummer Andrzej		81	Niezrzeszony				<b>4:48.97</b>	
	50y:	32.13 32.13	150y:	1:41.70	35.41	250y:	2:54.66 37.16	350y:	4:10.94 38.44
	100y:	1:06.29 34.16	200y:	2:17.50	35.80	300y:	3:32.50 37.84	400y:	4:48.97 38.03
3.	Malicki Łukasz		84	Champions Swim				<b>4:50.95</b>	
	50y:	29.21 29.21	150y:	1:39.05	36.24	250y:	2:55.38 38.63	350y:	4:13.64 39.57
	100y:	1:02.81 33.60	200y:	2:16.75	37.70	300y:	3:34.07 38.69	400y:	4:50.95 37.31
4.	Spychalski Tomasz		80	Leszcze				<b>4:58.58</b>	
	50y:	31.44 31.44	150y:	1:43.53	36.86	250y:	3:00.25 38.73	350y:	4:20.38 39.78
	100y:	1:06.67 35.23	200y:	2:21.52	37.99	300y:	3:40.60 40.35	400y:	4:58.58 38.20
5.	Paduch Paweł		99	Niezrzeszony				<b>5:04.62</b>	
	50y:	32.24 32.24	150y:	1:46.84	38.01	250y:	3:06.15 40.01	350y:	4:26.58 40.14
	100y:	1:08.83 36.59	200y:	2:26.14	39.30	300y:	3:46.44 40.29	400y:	5:04.62 38.04
6.	Staszkiwicz Radosław		68	Suchary				<b>5:04.68</b>	
	50y:	32.49 32.49	150y:	1:46.39	37.68	250y:	3:05.49 39.77	350y:	4:26.26 40.11
	100y:	1:08.71 36.22	200y:	2:25.72	39.33	300y:	3:46.15 40.66	400y:	5:04.68 38.42
7.	Rymer Jakub		85	Niezrzeszony				<b>5:08.15</b>	
	50y:	34.49 34.49	150y:	1:50.19	38.81	250y:	3:09.68 39.10	350y:	4:30.10 40.03
	100y:	1:11.38 36.89	200y:	2:30.58	40.39	300y:	3:50.07 40.39	400y:	5:08.15 38.05

Bydgoska Liga Pływacka  
Bydgoszcz, 27.11.2022 - 22.4.2023

Konkurencja 8, M czynn, 400y dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
8.	Pieczara Michał				92	Boomer Swimmer				<b>5:08.33</b>		
	50y:	33.13	33.13	150y:	1:48.66	38.76	250y:	3:08.25	40.00	350y:	4:29.98	41.18
	100y:	1:09.90	36.77	200y:	2:28.25	39.59	300y:	3:48.80	40.55	400y:	5:08.33	38.35
9.	Banach Jan				91	Klinika Triathlonu				<b>5:24.01</b>		
	50y:	34.08	34.08	150y:	1:51.35	39.95	250y:	3:15.99	43.16	350y:	4:41.60	43.02
	100y:	1:11.40	37.32	200y:	2:32.83	41.48	300y:	3:58.58	42.59	400y:	5:24.01	42.41
10.	Chorz pa Remigiusz				98	Byle do przodu				<b>5:26.42</b>		
	50y:	34.45	34.45	150y:	1:52.41	40.15	250y:	3:16.86	42.42	350y:	4:45.11	44.41
	100y:	1:12.26	37.81	200y:	2:34.44	42.03	300y:	4:00.70	43.84	400y:	5:26.42	41.31
11.	Cieplowski Robert				77	Leszcze				<b>5:26.55</b>		
	50y:	35.39	35.39	150y:	1:55.73	41.61	250y:	3:21.47	43.03	350y:	4:47.34	42.90
	100y:	1:14.12	38.73	200y:	2:38.44	42.71	300y:	4:04.44	42.97	400y:	5:26.55	39.21
12.	Kuriga Mateusz				88	Niezrzeszony				<b>5:31.25</b>		
	50y:	31.22	31.22	150y:	1:50.07	41.66	250y:	3:19.11	45.38	350y:	4:48.97	44.90
	100y:	1:08.41	37.19	200y:	2:33.73	43.66	300y:	4:04.07	44.96	400y:	5:31.25	42.28
13.	Piekarski Paweł				90	Niezrzeszony				<b>5:37.61</b>		
	50y:			150y:			250y:			350y:		
	100y:			200y:			300y:			400y:	5:37.61	
14.	Majewski Roman				72	Toru ski Klub Triathlonowy				<b>5:37.77</b>		
	50y:	34.56	34.56	150y:	1:54.86	41.87	250y:	3:23.55	44.48	350y:	4:54.89	45.60
	100y:	1:12.99	38.43	200y:	2:39.07	44.21	300y:	4:09.29	45.74	400y:	5:37.77	42.88
15.	Lipka Mariusz				64	Suchary				<b>5:50.20</b>		
	50y:	37.42	37.42	150y:	2:03.63	44.40	250y:	3:34.83	45.80	350y:	5:06.41	45.60
	100y:	1:19.23	41.81	200y:	2:49.03	45.40	300y:	4:20.81	45.98	400y:	5:50.20	43.79
16.	Nowicki Bartosz				88	Trispace Trek				<b>5:55.49</b>		
	50y:	40.62	40.62	150y:	2:08.23	44.52	250y:	3:39.12	45.80	350y:	5:11.17	46.10
	100y:	1:23.71	43.09	200y:	2:53.32	45.09	300y:	4:25.07	45.95	400y:	5:55.49	44.32
17.	Pic Dawid				92	Byle do przodu				<b>6:23.62</b>		
	50y:	39.07	39.07	150y:	2:10.93	47.59	250y:	3:51.24	49.96	350y:	5:33.23	51.63
	100y:	1:23.34	44.27	200y:	3:01.28	50.35	300y:	4:41.60	50.36	400y:	6:23.62	50.39
18.	Cieszy ski Jacek				63	Swim Drama				<b>6:29.39</b>		
	50y:	41.85	41.85	150y:	2:18.30	48.12	250y:	3:56.22	49.21	350y:	5:34.14	50.97
	100y:	1:30.18	48.33	200y:	3:07.01	48.71	300y:	4:43.17	46.95	400y:	6:29.39	55.25
19.	Łab cki Maciej				90	Trispace Trek				<b>6:32.73</b>		
	50y:	36.23	36.23	150y:	2:05.54	47.14	250y:	3:46.45	51.39	350y:	5:31.51	52.49
	100y:	1:18.40	42.17	200y:	2:55.06	49.52	300y:	4:39.02	52.57	400y:	6:32.73	1:01.22
20.	Chrapowski Marcel				83	Iron House Triathlon Włocławek				<b>6:36.64</b>		
	50y:	40.01	40.01	150y:	2:18.65	51.41	250y:	4:02.51	52.40	350y:	5:49.11	52.88
	100y:	1:27.24	47.23	200y:	3:10.11	51.46	300y:	4:56.23	53.72	400y:	6:36.64	47.53
21.	Stasiewski Mariusz				75	Trispace Trek				<b>6:57.71</b>		
	50y:	44.80	44.80	150y:	2:23.56	51.90	250y:	4:12.18	54.74	350y:	6:02.05	54.80
	100y:	1:31.66	46.86	200y:	3:17.44	53.88	300y:	5:07.25	55.07	400y:	6:57.71	55.66
22.	Sie ski Jacek				63	niezrzeszony				<b>6:58.37</b>		
	50y:	45.91	45.91	150y:	2:28.90	52.86	250y:	4:16.60	53.71	350y:	6:05.06	54.17
	100y:	1:36.04	50.13	200y:	3:22.89	53.99	300y:	5:10.89	54.29	400y:	6:58.37	53.31
23.	Spryszy ski Michał				88	Tri Rodzinka				<b>7:29.92</b>		
	50y:	50.90	50.90	150y:	2:43.01	56.96	250y:	4:39.93	58.72	350y:	6:35.44	57.22
	100y:	1:46.05	55.15	200y:	3:41.21	58.20	300y:	5:38.22	58.29	400y:	7:29.92	54.48
24.	Hajder Adam				83	TMKS Champions				<b>7:39.55</b>		
	50y:	43.16	43.16	150y:	2:34.06	58.90	250y:	4:35.40	59.60	350y:	6:40.56	1:03.66
	100y:	1:35.16	52.00	200y:	3:35.80	1:01.74	300y:	5:36.90	1:01.50	400y:	7:39.55	58.99