

Bydgoska Liga Pływacka
Bydgoszcz, 19.11.2023 - 22.4.2024

Konkurencja 21
10.12.2023 - 11:12

M czynzn, 400y dowolny

Open
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.						Czas	Pkt.
18 - 29 lat								
1. Krasicki Artur	95		Shark Swim				4:16.01	
50y: 27.75	27.75	150y: 1:31.40	32.39	250y: 2:37.46	33.16	350y: 3:43.68	32.83	
100y: 59.01	31.26	200y: 2:04.30	32.90	300y: 3:10.85	33.39	400y: 4:16.01	32.33	
2. Krzewi ski Patryk	96		Niezrzeszony				4:49.61	
50y: 30.16	30.16	150y: 1:38.51	34.98	250y: 2:53.14	37.86	350y: 4:11.24	39.36	
100y: 1:03.53	33.37	200y: 2:15.28	36.77	300y: 3:31.88	38.74	400y: 4:49.61	38.37	
3. Krawisz Szymon	98		Niezrzeszony				5:03.95	
50y: 30.22	30.22	150y: 1:43.39	37.19	250y: 3:01.48	39.55	350y: 4:25.04	41.35	
100y: 1:06.20	35.98	200y: 2:21.93	38.54	300y: 3:43.69	42.21	400y: 5:03.95	38.91	
30 - 39 lat								
1. Rymer Jakub	85		Niezrzeszony				5:02.78	
50y: 31.76	31.76	150y: 1:45.97	38.10	250y: 3:05.17	39.57	350y: 4:25.06	40.02	
100y: 1:07.87	36.11	200y: 2:25.60	39.63	300y: 3:45.04	39.87	400y: 5:02.78	37.72	
2. Kubi ski Jakub	87		Enea Bydgoszcz Triathlon				5:22.32	
50y: 32.96	32.96	150y: 1:50.87	40.22	250y: 3:15.03	42.56	350y: 4:41.53	43.09	
100y: 1:10.65	37.69	200y: 2:32.47	41.60	300y: 3:58.44	43.41	400y: 5:22.32	40.79	
3. Łab cki Maciej	90		Trispace Trek				6:23.97	
50y: 37.96	37.96	150y: 2:08.76	47.39	250y: 3:49.78	50.63	350y: 5:33.43	52.19	
100y: 1:21.37	43.41	200y: 2:59.15	50.39	300y: 4:41.24	51.46	400y: 6:23.97	50.54	
40 - 49 lat								
1. Pie lak Mirosław	79		Niezrzeszony				4:47.42	
50y: 31.82	31.82	150y: 1:42.24	35.58	250y: 2:56.02	37.19	350y: 4:11.72	37.57	
100y: 1:06.66	34.84	200y: 2:18.83	36.59	300y: 3:34.15	38.13	400y: 4:47.42	35.70	
2. Spychalski Tomasz	80		UKS Czwórka Nakło				5:03.45	
50y: 31.43	31.43	150y: 1:43.58	37.20	250y: 3:02.68	40.07	350y: 4:25.42	41.38	
100y: 1:06.38	34.95	200y: 2:22.61	39.03	300y: 3:44.04	41.36	400y: 5:03.45	38.03	
3. Hordecki Krzysztof	79		TRENIGO				5:31.41	
50y: 35.27	35.27	150y: 1:57.23	41.59	250y: 3:22.68	42.69	350y: 4:50.17	43.80	
100y: 1:15.64	40.37	200y: 2:39.99	42.76	300y: 4:06.37	43.69	400y: 5:31.41	41.24	
4. G siorowski Daniel	80		Endure Team				5:34.54	
50y: 35.45	35.45	150y: 1:55.63	41.05	250y: 3:23.40	44.33	350y: 4:52.20	44.28	
100y: 1:14.58	39.13	200y: 2:39.07	43.44	300y: 4:07.92	44.52	400y: 5:34.54	42.34	
5. Tezcan Hakan	75		Niezrzeszony				6:57.76	
50y: 38.89	38.89	150y: 2:17.65	51.32	250y: 4:07.70	55.55	350y: 6:02.62	57.99	
100y: 1:26.33	47.44	200y: 3:12.15	54.50	300y: 5:04.63	56.93	400y: 6:57.76	55.14	
50 lat i starsi								
1. Paradowski Krzysztof	68		Suchary				5:06.25	
50y: 34.27	34.27	150y: 1:50.69	38.90	250y: 3:09.99	39.64	350y: 4:29.14	39.52	
100y: 1:11.79	37.52	200y: 2:30.35	39.66	300y: 3:49.62	39.63	400y: 5:06.25	37.11	
2. Weiner Krzysztof	68		Niezrzeszony				6:51.76	
50y: 40.19	40.19	150y: 2:24.68	54.57	250y: 4:13.70	53.32	350y: 5:59.90	52.96	
100y: 1:30.11	49.92	200y: 3:20.38	55.70	300y: 5:06.94	53.24	400y: 6:51.76	51.86	

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1.	Krasicki Artur		95	Shark Swim		4:16.01						
	50y:	27.75	27.75	150y:	1:31.40	32.39	250y:	2:37.46	33.16	350y:	3:43.68	32.83
	100y:	59.01	31.26	200y:	2:04.30	32.90	300y:	3:10.85	33.39	400y:	4:16.01	32.33
2.	Pie lak Mirosław		79	Niezrzeszony		4:47.42						
	50y:	31.82	31.82	150y:	1:42.24	35.58	250y:	2:56.02	37.19	350y:	4:11.72	37.57
	100y:	1:06.66	34.84	200y:	2:18.83	36.59	300y:	3:34.15	38.13	400y:	4:47.42	35.70
3.	Krzewi ski Patryk		96	Niezrzeszony		4:49.61						
	50y:	30.16	30.16	150y:	1:38.51	34.98	250y:	2:53.14	37.86	350y:	4:11.24	39.36
	100y:	1:03.53	33.37	200y:	2:15.28	36.77	300y:	3:31.88	38.74	400y:	4:49.61	38.37
4.	Rymer Jakub		85	Niezrzeszony		5:02.78						
	50y:	31.76	31.76	150y:	1:45.97	38.10	250y:	3:05.17	39.57	350y:	4:25.06	40.02
	100y:	1:07.87	36.11	200y:	2:25.60	39.63	300y:	3:45.04	39.87	400y:	5:02.78	37.72
5.	Spychalski Tomasz		80	UKS Czwórka Nakło		5:03.45						
	50y:	31.43	31.43	150y:	1:43.58	37.20	250y:	3:02.68	40.07	350y:	4:25.42	41.38
	100y:	1:06.38	34.95	200y:	2:22.61	39.03	300y:	3:44.04	41.36	400y:	5:03.45	38.03
6.	Krawisz Szymon		98	Niezrzeszony		5:03.95						
	50y:	30.22	30.22	150y:	1:43.39	37.19	250y:	3:01.48	39.55	350y:	4:25.04	41.35
	100y:	1:06.20	35.98	200y:	2:21.93	38.54	300y:	3:43.69	42.21	400y:	5:03.95	38.91
7.	Paradowski Krzysztof		68	Suchary		5:06.25						
	50y:	34.27	34.27	150y:	1:50.69	38.90	250y:	3:09.99	39.64	350y:	4:29.14	39.52
	100y:	1:11.79	37.52	200y:	2:30.35	39.66	300y:	3:49.62	39.63	400y:	5:06.25	37.11
8.	Kubi ski Jakub		87	Enea Bydgoszcz Triathlon		5:22.32						
	50y:	32.96	32.96	150y:	1:50.87	40.22	250y:	3:15.03	42.56	350y:	4:41.53	43.09
	100y:	1:10.65	37.69	200y:	2:32.47	41.60	300y:	3:58.44	43.41	400y:	5:22.32	40.79
9.	Hordecki Krzysztof		79	TRENIGO		5:31.41						
	50y:	35.27	35.27	150y:	1:57.23	41.59	250y:	3:22.68	42.69	350y:	4:50.17	43.80
	100y:	1:15.64	40.37	200y:	2:39.99	42.76	300y:	4:06.37	43.69	400y:	5:31.41	41.24
10.	G siorowski Daniel		80	Endure Team		5:34.54						
	50y:	35.45	35.45	150y:	1:55.63	41.05	250y:	3:23.40	44.33	350y:	4:52.20	44.28
	100y:	1:14.58	39.13	200y:	2:39.07	43.44	300y:	4:07.92	44.52	400y:	5:34.54	42.34
11.	Łab cki Maciej		90	Trispace Trek		6:23.97						
	50y:	37.96	37.96	150y:	2:08.76	47.39	250y:	3:49.78	50.63	350y:	5:33.43	52.19
	100y:	1:21.37	43.41	200y:	2:59.15	50.39	300y:	4:41.24	51.46	400y:	6:23.97	50.54
12.	Weiner Krzysztof		68	Niezrzeszony		6:51.76						
	50y:	40.19	40.19	150y:	2:24.68	54.57	250y:	4:13.70	53.32	350y:	5:59.90	52.96
	100y:	1:30.11	49.92	200y:	3:20.38	55.70	300y:	5:06.94	53.24	400y:	6:51.76	51.86
13.	Tezcan Hakan		75	Niezrzeszony		6:57.76						
	50y:	38.89	38.89	150y:	2:17.65	51.32	250y:	4:07.70	55.55	350y:	6:02.62	57.99
	100y:	1:26.33	47.44	200y:	3:12.15	54.50	300y:	5:04.63	56.93	400y:	6:57.76	55.14