

Grand Prix - Puchar Polski w pływaniu
Ciechanów, 26- - 27-2-2011

Konkurencja 1
2011-02-26 - 10:20

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Top Times "Poland" 4:31.89 BARANOWSKA, Katarzyna MKSZC Debrecen (HUN) 2007-12-16

Punkty: FINA 2010

Pozycja	Rok ur.	Czas	Pkt.
1. URBA SKA, Karolina	92	4:46.15	759
50m: 30.54 30.54	150m: 1:42.11 36.03	250m: 2:59.73 42.06	350m: 4:14.00 33.06
100m: 1:06.08 35.54	200m: 2:17.67 35.56	300m: 3:40.94 41.21	400m: 4:46.15 32.15
2. TCHÓRZ, Alicja	92	4:46.91	753
50m: 30.98 30.98	150m: 1:43.79 37.61	250m: 3:01.45 40.95	350m: 4:16.33 33.25
100m: 1:06.18 35.20	200m: 2:20.50 36.71	300m: 3:43.08 41.63	400m: 4:46.91 30.58
3. SZPUCHA, KATARZYNA	96	4:53.58	702
50m: 31.99 31.99	150m: 1:44.65 36.79	250m: 3:01.56 40.85	350m: 4:19.10 36.24
100m: 1:07.86 35.87	200m: 2:20.71 36.06	300m: 3:42.86 41.30	400m: 4:53.58 34.48
4. NAZI BŁO, Klaudia	93	4:54.50	696
50m: 31.42 31.42	150m: 1:43.14 36.22	250m: 3:02.37 44.98	350m: 4:21.83 34.70
100m: 1:06.92 35.50	200m: 2:17.39 34.25	300m: 3:47.13 44.76	400m: 4:54.50 32.67
5. LEFANOWICZ, Iwona	92	4:56.47	682
50m: 31.98 31.98	150m: 1:45.08 36.18	250m: 3:03.91 43.55	350m: 4:22.52 34.46
100m: 1:08.90 36.92	200m: 2:20.36 35.28	300m: 3:48.06 44.15	400m: 4:56.47 33.95
6. SZMAGALSKA, Agata	95	5:00.43	655
50m: 31.22 31.22	150m: 1:44.99 37.52	250m: 3:06.25 44.23	350m: 4:26.35 35.43
100m: 1:07.47 36.25	200m: 2:22.02 37.03	300m: 3:50.92 44.67	400m: 5:00.43 34.08
7. BAKIES, Gabriela	96	5:00.98	652
50m: 32.09 32.09	150m: 1:46.11 37.21	250m: 3:08.36 45.47	350m: 4:27.64 34.25
100m: 1:08.90 36.81	200m: 2:22.89 36.78	300m: 3:53.39 45.03	400m: 5:00.98 33.34
8. OLBERT, DOMINIKA	95	5:02.37	643
50m: 32.23 32.23	150m: 1:48.27 38.86	250m: 3:07.64 42.69	350m: 4:27.89 36.64
100m: 1:09.41 37.18	200m: 2:24.95 36.68	300m: 3:51.25 43.61	400m: 5:02.37 34.48
9. KARPISZ, Milena	97	5:03.40	636
50m: 32.89 32.89	150m: 1:50.72 40.02	250m: 3:11.14 41.16	350m: 4:28.63 34.78
100m: 1:10.70 37.81	200m: 2:29.98 39.26	300m: 3:53.85 42.71	400m: 5:03.40 34.77
10. SIE CZYK, Jowita	97	5:05.78	622
50m: 32.40 32.40	150m: 1:47.98 38.34	250m: 3:08.35 42.73	350m: 4:29.23 38.01
100m: 1:09.64 37.24	200m: 2:25.62 37.64	300m: 3:51.22 42.87	400m: 5:05.78 36.55
11. KUZAWI SKA, Karolina	93	5:10.41	594
50m: 31.77 31.77	150m: 1:47.02 39.72	250m: 3:12.99 46.01	350m: 4:35.28 35.85
100m: 1:07.30 35.53	200m: 2:26.98 39.96	300m: 3:59.43 46.44	400m: 5:10.41 35.13
12. KAMI SKA, Joanna	94	5:10.75	592
50m: 33.36 33.36	150m: 1:51.08 39.15	250m: 3:14.31 44.55	350m: 4:35.32 36.46
100m: 1:11.93 38.57	200m: 2:29.76 38.68	300m: 3:58.86 44.55	400m: 5:10.75 35.43
13. CIESZKO, Agnieszka	97	5:11.71	587
50m: 31.65 31.65	150m: 1:49.64 40.88	250m: 3:14.10 44.30	350m: 4:36.62 36.83
100m: 1:08.76 37.11	200m: 2:29.80 40.16	300m: 3:59.79 45.69	400m: 5:11.71 35.09
14. PORZELSKA, Anna	95	5:12.77	581
50m: 32.21 32.21	150m: 1:49.20 39.77	250m: 3:13.15 44.84	350m: 4:36.27 37.90
100m: 1:09.43 37.22	200m: 2:28.31 39.11	300m: 3:58.37 45.22	400m: 5:12.77 36.50
15. NIKLARZ, Maria	97	5:14.36	572
50m: 33.93 33.93	150m: 1:55.89 40.48	250m: 3:17.68 41.63	350m: 4:37.36 37.56
100m: 1:15.41 41.48	200m: 2:36.05 40.16	300m: 3:59.80 42.12	400m: 5:14.36 37.00
16. PACIORKIEWICZ, Agata	96	5:14.97	569
50m: 34.62 34.62	150m: 1:55.53 41.23	250m: 3:20.14 44.65	350m: 4:41.28 35.73
100m: 1:14.30 39.68	200m: 2:35.49 39.96	300m: 4:05.55 45.41	400m: 5:14.97 33.69
17. LESIAK, BARBARA	95	5:16.45	561
50m: 33.93 33.93	150m: 1:54.48 40.84	250m: 3:18.52 44.02	350m: 4:40.51 37.31
100m: 1:13.64 39.71	200m: 2:34.50 40.02	300m: 4:03.20 44.68	400m: 5:16.45 35.94

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Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.	
18. SZEL G, Karolina	95	KS KSZO Ostrowiec w.						5:21.88	533		
50m:	32.89	32.89	150m:	1:54.55	41.97	250m:	3:20.53	45.61	350m:	4:44.67	37.81
100m:	1:12.58	39.69	200m:	2:34.92	40.37	300m:	4:06.86	46.33	400m:	5:21.88	37.21
19. TREPKA, Karolina	96	UKS "GIM 92 Ursynów" Warszawa						5:23.51	525		
50m:	35.48	35.48	150m:	1:55.48	38.89	250m:	3:22.67	48.45	350m:	4:47.31	37.20
100m:	1:16.59	41.11	200m:	2:34.22	38.74	300m:	4:10.11	47.44	400m:	5:23.51	36.20
20. DRUCIS, Iga	95	MUKS Olimpijczyk Suwałki						5:24.58	520		
50m:	34.33	34.33	150m:	1:54.58	41.15	250m:	3:20.78	46.89	350m:	4:47.23	38.71
100m:	1:13.43	39.10	200m:	2:33.89	39.31	300m:	4:08.52	47.74	400m:	5:24.58	37.35
21. R YSKA, Anna	96	MTP KORMORAN Olsztyn						5:25.81	514		
50m:	33.98	33.98	150m:	1:57.26	44.57	250m:	3:25.57	45.95	350m:	4:49.38	38.01
100m:	1:12.69	38.71	200m:	2:39.62	42.36	300m:	4:11.37	45.80	400m:	5:25.81	36.43
22. BARCZUCH, ALEKSANDRA	96	TP Olimpijczyk Aleksandrów						5:35.66	470		
50m:	35.82	35.82	150m:	2:00.69	41.72	250m:	3:31.70	49.65	350m:	4:58.23	37.10
100m:	1:18.97	43.15	200m:	2:42.05	41.36	300m:	4:21.13	49.43	400m:	5:35.66	37.43
DYSKW. RYBI SKA, Magdalena Z2,G9	96	UKS "GIM 92 Ursynów" Warszawa									
50m:	36.04	36.04	150m:	2:00.88	43.57	250m:	3:28.54	45.32	350m:	4:55.69	40.78
100m:	1:17.31	41.27	200m:	2:43.22	42.34	300m:	4:14.91	46.37	400m:		