

Grand Prix - Puchar Polski w pływaniu
Ciechanów, 26- 27-2-2011

Konkurencja 2 M czyzn, 400m zmienny 14 lat i starsi
2011-02-26 - 10:35 Wyniki

Top Times "Poland" 4:03.20 WOJT, Lukasz POL Berlin (GER) 2009-11-14

Punkty: FINA 2010

Pozycja	Rok ur.	Czas	Pkt.
1. ZACZY SKI, Karol	91 AZS AWF Katowice	4:26.03	709
50m: 28.10 28.10	150m: 1:34.52 34.28	250m: 2:45.75 38.52	350m: 3:56.16 31.35
100m: 1:00.24 32.14	200m: 2:07.23 32.71	300m: 3:24.81 39.06	400m: 4:26.03 29.87
2. KIERZKOWSKI, Mateusz	87 KS AZS-AWFis Gda sk	4:28.14	692
50m: 28.25 28.25	150m: 1:35.41 35.35	250m: 2:48.36 39.05	350m: 3:59.03 31.72
100m: 1:00.06 31.81	200m: 2:09.31 33.90	300m: 3:27.31 38.95	400m: 4:28.14 29.11
3. SUZIN, Marcin SK	93 MKS Jordan Kraków	4:28.33	691
50m: 29.01 29.01	150m: 1:37.07 35.45	250m: 2:48.95 37.58	350m: 3:58.31 31.62
100m: 1:01.62 32.61	200m: 2:11.37 34.30	300m: 3:26.69 37.74	400m: 4:28.33 30.02
4. KLIZA, Mateusz SK	94 KP AVIA widnik	4:30.69	673
50m: 29.50 29.50	150m: 1:37.63 35.89	250m: 2:50.78 38.18	350m: 4:00.42 30.75
100m: 1:01.74 32.24	200m: 2:12.60 34.97	300m: 3:29.67 38.89	400m: 4:30.69 30.27
5. SUDENIS, Maciej SR	93 MKS-SMS Victoria Racibórz	4:38.28	619
50m: 28.73 28.73	150m: 1:36.98 34.54	250m: 2:52.08 40.33	350m: 4:06.12 33.15
100m: 1:02.44 33.71	200m: 2:11.75 34.77	300m: 3:32.97 40.89	400m: 4:38.28 32.16
6. NACHTMAN, MATEUSZ	95 Śląsk Wrocław	4:40.09	607
50m: 29.84 29.84	150m: 1:40.82 36.81	250m: 2:54.44 38.04	350m: 4:08.58 34.05
100m: 1:04.01 34.17	200m: 2:16.40 35.58	300m: 3:34.53 40.09	400m: 4:40.09 31.51
7. WIEK, Kacper	95 MKS Polonia Warszawa	4:40.32	606
50m: 30.33 30.33	150m: 1:41.07 35.73	250m: 2:56.21 39.92	350m: 4:09.44 32.32
100m: 1:05.34 35.01	200m: 2:16.29 35.22	300m: 3:37.12 40.91	400m: 4:40.32 30.88
8. G SIOR, Patryk	94 MKS Polonia Warszawa	4:41.18	600
50m: 31.04 31.04	150m: 1:41.93 35.09	250m: 2:56.74 40.59	350m: 4:10.47 32.16
100m: 1:06.84 35.80	200m: 2:16.15 34.22	300m: 3:38.31 41.57	400m: 4:41.18 30.71
9. OSNOWSKI, Bartosz	94 UKS Osemka Starogard Gdanski	4:44.76	578
50m: 30.92 30.92	150m: 1:42.62 35.86	250m: 2:59.08 41.11	350m: 4:13.22 32.79
100m: 1:06.76 35.84	200m: 2:17.97 35.35	300m: 3:40.43 41.35	400m: 4:44.76 31.54
10. WILK, Przemysław SK	95 MKS Jordan Kraków	4:48.56	555
50m: 29.94 29.94	150m: 1:41.03 37.21	250m: 3:00.00 41.61	350m: 4:16.83 34.67
100m: 1:03.82 33.88	200m: 2:18.39 37.36	300m: 3:42.16 42.16	400m: 4:48.56 31.73
11. STANIELEWICZ, BARTOSZ	94 TP Olimpijczyk Aleksandrów	4:53.23	529
50m: 31.08 31.08	150m: 1:45.48 38.43	250m: 3:03.81 40.36	350m: 4:20.27 33.80
100m: 1:07.05 35.97	200m: 2:23.45 37.97	300m: 3:46.47 42.66	400m: 4:53.23 32.96
12. STANIELEWICZ, MICHAŁ	95 TP Olimpijczyk Aleksandrów	4:53.33	529
50m: 30.77 30.77	150m: 1:44.11 38.04	250m: 3:02.57 40.34	350m: 4:20.17 35.42
100m: 1:06.07 35.30	200m: 2:22.23 38.12	300m: 3:44.75 42.18	400m: 4:53.33 33.16
13. DOROSZ, Adam	95 MKS Polonia Warszawa	4:58.12	504
50m: 32.67 32.67	150m: 1:49.09 38.92	250m: 3:08.53 41.41	350m: 4:26.23 34.75
100m: 1:10.17 37.50	200m: 2:27.12 38.03	300m: 3:51.48 42.95	400m: 4:58.12 31.89
14. SZCZUCHURA, Patryk	95 KS KSZO Ostrowiec w.	4:58.21	503
50m: 31.58 31.58	150m: 1:47.20 38.57	250m: 3:07.48 43.02	350m: 4:25.49 33.67
100m: 1:08.63 37.05	200m: 2:24.46 37.26	300m: 3:51.82 44.34	400m: 4:58.21 32.72
15. MUSIAŁOWSKI, Marcin	95 MKS Juvenia Wrocław	4:58.58	501
50m: 30.48 30.48	150m: 1:46.84 40.54	250m: 3:07.97 42.59	350m: 4:25.74 36.88
100m: 1:06.30 35.82	200m: 2:25.38 38.54	300m: 3:48.86 40.89	400m: 4:58.58 32.84
16. MIELCZAREK, Filip	96 EKS SKRA Bełchatów	4:58.59	501
50m: 30.66 30.66	150m: 1:44.68 37.84	250m: 3:06.76 44.77	350m: 4:26.01 35.38
100m: 1:06.84 36.18	200m: 2:21.99 37.31	300m: 3:50.63 43.87	400m: 4:58.59 32.58
17. RACZKOWSKI, Piotr, Daniel	96 MUKS Olimpijczyk Suwałki	4:59.46	497
50m: 31.51 31.51	150m: 1:45.76 37.03	250m: 3:05.92 42.86	350m: 4:25.89 36.07
100m: 1:08.73 37.22	200m: 2:23.06 37.30	300m: 3:49.82 43.90	400m: 4:59.46 33.57

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Pozycja			Rok ur.					Czas	Pkt.		
18.	KSIA EK, Sebastian		96	KS KSZO Ostrowiec w.				4:59.93	495		
	50m:	29.30 29.30	150m:	1:41.80	38.24	250m:	3:05.24	45.05	350m:	4:26.82	34.99
	100m:	1:03.56 34.26	200m:	2:20.19	38.39	300m:	3:51.83	46.59	400m:	4:59.93	33.11
19.	GIERACKI, Bartosz		95	UKS Wodny wiat Kudowa Zdrój				5:00.55	492		
	50m:	29.88 29.88	150m:	1:45.02	39.05	250m:	3:07.64	44.04	350m:	4:26.96	35.33
	100m:	1:05.97 36.09	200m:	2:23.60	38.58	300m:	3:51.63	43.99	400m:	5:00.55	33.59
20.	SZOT, MATEUSZ		95	Slask Wroclaw				5:02.55	482		
	50m:	31.46 31.46	150m:	1:49.29	40.91	250m:	3:08.61	39.66	350m:	4:26.89	37.22
	100m:	1:08.38 36.92	200m:	2:28.95	39.66	300m:	3:49.67	41.06	400m:	5:02.55	35.66
21.	ZATKA, Mateusz		94	MKS Juvenia Wrocław				5:04.32	473		
	50m:	33.06 33.06	150m:	1:50.26	38.80	250m:	3:09.54	40.76	350m:	4:28.16	37.28
	100m:	1:11.46 38.40	200m:	2:28.78	38.52	300m:	3:50.88	41.34	400m:	5:04.32	36.16
22.	PERYDZE SKI, DAMIAN		96	TP Olimpijczyk Aleksandrów				5:06.14	465		
	50m:	31.28 31.28	150m:	1:46.85	38.99	250m:	3:09.96	45.15	350m:	4:31.62	36.14
	100m:	1:07.86 36.58	200m:	2:24.81	37.96	300m:	3:55.48	45.52	400m:	5:06.14	34.52
23.	SZMAJDA, Michał		97	MUKS Olimpijczyk Suwałki				5:06.74	462		
	50m:	30.57 30.57	150m:	1:45.18	39.13	250m:	3:08.47	44.82	350m:	4:31.22	36.83
	100m:	1:06.05 35.48	200m:	2:23.65	38.47	300m:	3:54.39	45.92	400m:	5:06.74	35.52
24.	WOLANEK, Szymon		96	SKS Start Łód				5:11.58	441		
	50m:	32.75 32.75	150m:	1:51.70	40.99	250m:	3:15.53	44.63	350m:	4:36.64	35.61
	100m:	1:10.71 37.96	200m:	2:30.90	39.20	300m:	4:01.03	45.50	400m:	5:11.58	34.94
25.	SZUTKO, Mateusz		97	MKS " AK" Biała Podlaska				5:13.37	434		
	50m:	33.00 33.00	150m:	1:52.82	39.59	250m:	3:17.04	44.81	350m:	4:39.58	36.76
	100m:	1:13.23 40.23	200m:	2:32.23	39.41	300m:	4:02.82	45.78	400m:	5:13.37	33.79
26.	CIBIOREK, Krzysztof		97	SKS Start Łód				5:13.75	432		
	50m:	30.77 30.77	150m:	1:48.14	39.54	250m:	3:12.02	44.98	350m:	4:37.31	38.71
	100m:	1:08.60 37.83	200m:	2:27.04	38.90	300m:	3:58.60	46.58	400m:	5:13.75	36.44
27.	UMI SKI, Grzegorz		97	MKS "Trójka" - Łód				5:24.01	392		
	50m:	32.46 32.46	150m:	1:53.00	39.80	250m:	3:20.31	48.81	350m:	4:48.24	37.61
	100m:	1:13.20 40.74	200m:	2:31.50	38.50	300m:	4:10.63	50.32	400m:	5:24.01	35.77
28.	BOROWSKI, Tomasz		97	Wisła Puławy				5:36.66	350		
	50m:	32.14 32.14	150m:	1:58.20	45.26	250m:	3:29.58	47.58	350m:	5:36.66	1:17.64
	100m:	1:12.94 40.80	200m:	2:42.00	43.80	300m:	4:19.02	49.44	400m:	5:36.66	