

Grand Prix - Puchar Polski w pływaniu
Ciechanów, 26- - 27-2-2011

Konkurencja 33 Kobiet, 400m dowolny 14 lat i starsi
2011-02-27 - 11:35 Wyniki

Top Times "Poland" 4:05.77 BARZYCKA, Paulina AZWAR Gorzow 2005-11-26

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.	
1.	OLCZAK, Mirela		93	MKP"Słowianka" Gorzów Wlkp						4:16.46	768	
	50m:	30.56	30.56	150m:	1:35.15	32.40	250m:	2:39.70	32.54	350m:	3:45.08	32.80
	100m:	1:02.75	32.19	200m:	2:07.16	32.01	300m:	3:12.28	32.58	400m:	4:16.46	31.38
2.	UKOWSKA, Paula SZG		93	Zryw Opole						4:17.45	759	
	50m:	30.55	30.55	150m:	1:35.26	32.57	250m:	2:40.18	32.48	350m:	3:45.34	32.84
	100m:	1:02.69	32.14	200m:	2:07.70	32.44	300m:	3:12.50	32.32	400m:	4:17.45	32.11
3.	GAWEŁCZYK, Dominika		91	AZS AWF Katowice						4:21.89	721	
	50m:	29.85	29.85	150m:	1:34.82	32.69	250m:	2:41.15	33.27	350m:	3:48.68	33.93
	100m:	1:02.13	32.28	200m:	2:07.88	33.06	300m:	3:14.75	33.60	400m:	4:21.89	33.21
4.	SZCZEPANIAK, Karolina		92	AZS AWF Warszawa						4:22.12	719	
	50m:	30.41	30.41	150m:	1:36.07	32.93	250m:	2:42.57	33.36	350m:	3:49.75	33.76
	100m:	1:03.14	32.73	200m:	2:09.21	33.14	300m:	3:15.99	33.42	400m:	4:22.12	32.37
5.	BURSKA, Justyna		95	UKS "Pi tka" Konstancynów						4:22.51	716	
	50m:	31.42	31.42	150m:	1:37.69	33.20	250m:	2:43.87	33.17	350m:	3:50.15	33.27
	100m:	1:04.49	33.07	200m:	2:10.70	33.01	300m:	3:16.88	33.01	400m:	4:22.51	32.36
6.	WOŁOSZYN, Sonia		95	KS KSZO Ostrowiec w.						4:23.30	710	
	50m:	30.21	30.21	150m:	1:35.90	33.07	250m:	2:43.38	33.91	350m:	3:51.09	33.80
	100m:	1:02.83	32.62	200m:	2:09.47	33.57	300m:	3:17.29	33.91	400m:	4:23.30	32.21
7.	BERNAT, Aleksandra		90	KS Warta Pozna						4:25.98	688	
	50m:	30.56	30.56	150m:	1:37.92	34.13	250m:	2:46.09	33.60	350m:	3:53.61	33.76
	100m:	1:03.79	33.23	200m:	2:12.49	34.57	300m:	3:19.85	33.76	400m:	4:25.98	32.37
8.	SZCZYTKO, Alicja		95	MUKS Olimpijczyk Suwałki						4:26.90	681	
	50m:	30.42	30.42	150m:	1:37.91	34.20	250m:	2:46.81	34.07	350m:	3:54.79	33.90
	100m:	1:03.71	33.29	200m:	2:12.74	34.83	300m:	3:20.89	34.08	400m:	4:26.90	32.11
9.	ZACHOSZCZ, Joanna		93	MKP"Słowianka" Gorzów Wlkp						4:27.76	675	
	50m:	30.95	30.95	150m:	1:37.40	33.44	250m:	2:45.26	34.08	350m:	3:53.86	34.30
	100m:	1:03.96	33.01	200m:	2:11.18	33.78	300m:	3:19.56	34.30	400m:	4:27.76	33.90
10.	KARPISZ, Milena		97	UKS "Pi tka" Konstancynów						4:28.51	669	
	50m:	31.58	31.58	150m:	1:39.30	34.00	250m:	2:47.33	33.90	350m:	3:55.24	33.79
	100m:	1:05.30	33.72	200m:	2:13.43	34.13	300m:	3:21.45	34.12	400m:	4:28.51	33.27
11.	SZMAGALSKA, Agata		95	MKP"Słowianka" Gorzów Wlkp						4:30.05	658	
	50m:	30.99	30.99	150m:	1:39.68	34.51	250m:	2:48.66	34.58	350m:	3:56.87	34.13
	100m:	1:05.17	34.18	200m:	2:14.08	34.40	300m:	3:22.74	34.08	400m:	4:30.05	33.18
12.	LEFANOWICZ, Iwona		92	UKS 23 Lublin						4:30.57	654	
	50m:	31.09	31.09	150m:	1:38.81	34.16	250m:	2:47.62	34.45	350m:	3:57.26	34.71
	100m:	1:04.65	33.56	200m:	2:13.17	34.36	300m:	3:22.55	34.93	400m:	4:30.57	33.31
13.	RUDAWSKA, Adrianna		96	UKS 23 Lublin						4:30.69	653	
	50m:	31.55	31.55	150m:	1:39.93	34.57	250m:	2:49.05	34.48	350m:	3:58.21	34.57
	100m:	1:05.36	33.81	200m:	2:14.57	34.64	300m:	3:23.64	34.59	400m:	4:30.69	32.48
14.	CHODYNA, Monika		92	AZS UWM Olsztyn						4:31.68	646	
	50m:	31.59	31.59	150m:	1:39.45	34.50	250m:	2:48.26	34.15	350m:	3:57.64	34.72
	100m:	1:04.95	33.36	200m:	2:14.11	34.66	300m:	3:22.92	34.66	400m:	4:31.68	34.04
15.	SZCZYTKO, Natalia		95	MUKS Olimpijczyk Suwałki						4:31.87	645	
	50m:	30.37	30.37	150m:	1:36.74	33.66	250m:	2:46.81	35.10	350m:	3:57.05	34.86
	100m:	1:03.08	32.71	200m:	2:11.71	34.97	300m:	3:22.19	35.38	400m:	4:31.87	34.82
16.	ALEKSANDROWICZ, Arleta		96	MUKS Olimpijczyk Suwałki						4:32.44	641	
	50m:	31.34	31.34	150m:	1:39.75	34.48	250m:	2:48.74	34.48	350m:	3:58.47	34.92
	100m:	1:05.27	33.93	200m:	2:14.26	34.51	300m:	3:23.55	34.81	400m:	4:32.44	33.97
17.	S DŁAK, Katarzyna		94	UKS Orka Zamo						4:32.60	640	
	50m:	31.62	31.62	150m:	1:40.32	34.60	250m:	2:49.67	34.63	350m:	3:59.77	35.01
	100m:	1:05.72	34.10	200m:	2:15.04	34.72	300m:	3:24.76	35.09	400m:	4:32.60	32.83

Grand Prix - Puchar Polski w pływaniu
Ciechanów, 26- - 27-2-2011

Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	WIERTEL, Agata		95	MTP Lublinianka Lublin			4:32.63	639	
	50m: 31.73	31.73	150m: 1:41.13	35.07	250m: 2:51.13	34.86	350m: 4:00.28	34.29	
	100m: 1:06.06	34.33	200m: 2:16.27	35.14	300m: 3:25.99	34.86	400m: 4:32.63	32.35	
19.	CHWADECZKO, Zuzanna		95	MTP Lublinianka Lublin			4:32.99	637	
	50m: 31.49	31.49	150m: 1:41.24	35.02	250m: 2:50.87	34.78	350m: 4:00.33	34.70	
	100m: 1:06.22	34.73	200m: 2:16.09	34.85	300m: 3:25.63	34.76	400m: 4:32.99	32.66	
20.	ZBROJEWSKA, Michalina		96	UKS "Pi tka" Konstancynów			4:37.66	605	
	50m: 31.90	31.90	150m: 1:41.89	35.28	250m: 2:52.36	35.38	350m: 4:03.12	35.12	
	100m: 1:06.61	34.71	200m: 2:16.98	35.09	300m: 3:28.00	35.64	400m: 4:37.66	34.54	
21.	B CZYK, Paula		93	MKS "Trójka" - Łód			4:38.55	599	
	50m: 32.06	32.06	150m: 1:42.07	35.31	250m: 2:52.98	35.50	350m: 4:03.96	35.37	
	100m: 1:06.76	34.70	200m: 2:17.48	35.41	300m: 3:28.59	35.61	400m: 4:38.55	34.59	
22.	CIESZKO, Agnieszka		97	SKS Start Łód			4:39.52	593	
	50m: 32.20	32.20	150m: 1:41.82	35.09	250m: 2:53.17	35.63	350m: 4:04.81	35.61	
	100m: 1:06.73	34.53	200m: 2:17.54	35.72	300m: 3:29.20	36.03	400m: 4:39.52	34.71	
23.	LEWITZKA, Paulina		95	UKS Ruch Grudzi dz			4:40.02	590	
	50m: 31.43	31.43	150m: 1:41.62	35.24	250m: 2:52.77	35.68	350m: 4:04.80	36.05	
	100m: 1:06.38	34.95	200m: 2:17.09	35.47	300m: 3:28.75	35.98	400m: 4:40.02	35.22	
24.	EJNIK, Sylwia		94	MZOS Płock			4:40.89	584	
	50m: 32.19	32.19	150m: 1:43.07	35.82	250m: 2:55.22	36.07	350m: 4:06.63	35.30	
	100m: 1:07.25	35.06	200m: 2:19.15	36.08	300m: 3:31.33	36.11	400m: 4:40.89	34.26	
25.	SZYNAL, Ludwika		94	UKS Skarpa Lublin			4:42.15	577	
	50m: 32.83	32.83	150m: 1:42.79	35.32	250m: 2:54.08	35.80	350m: 4:06.37	36.34	
	100m: 1:07.47	34.64	200m: 2:18.28	35.49	300m: 3:30.03	35.95	400m: 4:42.15	35.78	
26.	ZYGA, Paulina		94	UKS NAWA Skierniewice			4:42.25	576	
	50m: 32.85	32.85	150m: 1:43.97	36.03	250m: 2:55.61	35.32	350m: 4:07.60	36.01	
	100m: 1:07.94	35.09	200m: 2:20.29	36.32	300m: 3:31.59	35.98	400m: 4:42.25	34.65	
27.	KŁOPOCKA, Paulina		95	MKS Juwenia Wrocław			4:42.53	574	
	50m: 33.11	33.11	150m: 1:44.68	36.01	250m: 2:56.24	35.74	350m: 4:08.09	35.80	
	100m: 1:08.67	35.56	200m: 2:20.50	35.82	300m: 3:32.29	36.05	400m: 4:42.53	34.44	
28.	WRÓBLEWSKA, DOMINIKA		95	Slask Wrocław			4:43.21	570	
	50m: 31.61	31.61	150m: 1:41.41	35.29	250m: 2:53.69	36.40	350m: 4:07.52	36.83	
	100m: 1:06.12	34.51	200m: 2:17.29	35.88	300m: 3:30.69	37.00	400m: 4:43.21	35.69	
29.	TROJGO, Bogna		97	UKS "GIM 92 Ursynów" Warszawa			4:43.36	569	
	50m: 32.55	32.55	150m: 1:44.12	35.92	250m: 2:56.21	35.97	350m: 4:09.31	36.70	
	100m: 1:08.20	35.65	200m: 2:20.24	36.12	300m: 3:32.61	36.40	400m: 4:43.36	34.05	
30.	NIKLARZ, Maria		97	UKS Ruch Grudzi dz			4:43.38	569	
	50m: 32.13	32.13	150m: 1:44.23	36.40	250m: 2:56.02	35.75	350m: 4:08.58	36.02	
	100m: 1:07.83	35.70	200m: 2:20.27	36.04	300m: 3:32.56	36.54	400m: 4:43.38	34.80	
31.	LORANTY, Patrycja		97	KS KSZO Ostrowiec w.			4:43.78	567	
	50m: 32.63	32.63	150m: 1:43.75	36.19	250m: 2:56.85	36.49	350m: 4:08.91	36.04	
	100m: 1:07.56	34.93	200m: 2:20.36	36.61	300m: 3:32.87	36.02	400m: 4:43.78	34.87	
32.	KALI SKA, Magdalena		95	MZOS Płock			4:47.02	548	
	50m: 32.62	32.62	150m: 1:44.88	36.66	250m: 2:58.14	36.73	350m: 4:11.50	36.66	
	100m: 1:08.22	35.60	200m: 2:21.41	36.53	300m: 3:34.84	36.70	400m: 4:47.02	35.52	
33.	MACIESZA, Agata		96	KS Orzeł Elbl g			4:47.59	545	
	50m: 32.44	32.44	150m: 1:43.42	35.72	250m: 2:56.99	37.05	350m: 4:11.46	36.95	
	100m: 1:07.70	35.26	200m: 2:19.94	36.52	300m: 3:34.51	37.52	400m: 4:47.59	36.13	
34.	BARTOSZEWICZ, Ewelina		95	MUKS Olimpijczyk Suwałki			4:49.27	535	
	50m: 33.69	33.69	150m: 1:47.35	36.94	250m: 3:01.85	37.24	350m: 4:14.42	35.49	
	100m: 1:10.41	36.72	200m: 2:24.61	37.26	300m: 3:38.93	37.08	400m: 4:49.27	34.85	
35.	KOTYNIA, Katarzyna		95	SKS Start Łód			4:49.73	533	
	50m: 31.80	31.80	150m: 1:44.50	37.05	250m: 2:58.43	36.93	350m: 4:13.47	37.30	
	100m: 1:07.45	35.65	200m: 2:21.50	37.00	300m: 3:36.17	37.74	400m: 4:49.73	36.26	

Grand Prix - Puchar Polski w pływaniu
Ciechanów, 26- - 27-2-2011

Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
36.	CEWI SKA, Ida		94	SKS Start Łód				4:50.43	529			
	50m:	31.84	31.84	150m:	1:42.40	35.60	250m:	2:55.99	37.18	350m:	4:13.23	38.91
	100m:	1:06.80	34.96	200m:	2:18.81	36.41	300m:	3:34.32	38.33	400m:	4:50.43	37.20
	ZAWOLIK, Wiktoria		97	KS KSZO Ostrowiec w.				4:50.43	529			
	50m:	32.86	32.86	150m:	1:45.73	36.51	250m:	3:00.24	37.53	350m:	4:14.46	37.13
	100m:	1:09.22	36.36	200m:	2:22.71	36.98	300m:	3:37.33	37.09	400m:	4:50.43	35.97
38.	MAGIER, Marta		94	Skalar Słupsk				4:51.17	525			
	50m:	33.30	33.30	150m:	1:46.37	36.70	250m:	3:00.48	37.31	350m:	4:15.14	37.13
	100m:	1:09.67	36.37	200m:	2:23.17	36.80	300m:	3:38.01	37.53	400m:	4:51.17	36.03
39.	BUCHALSKA, Patrycja		96	KS Orzeł Elbl g				4:51.26	524			
	50m:	33.20	33.20	150m:	1:45.81	36.47	250m:	2:59.74	37.23	350m:	4:15.04	37.59
	100m:	1:09.34	36.14	200m:	2:22.51	36.70	300m:	3:37.45	37.71	400m:	4:51.26	36.22