

Grand Prix Puchar Polski w Pływaniu
Suwałki, 26- - 27-10-2013

Konkurencja 23
2013-10-26

M czynn, 400m dowolny

14 lat i starsi
Wyniki

Top Times "Poland" Open	3:37.78	KORZENIOWSKI Paweł	AZWAR	Gorzow Wielkopolski	2009-11-26
Top Times "Poland" 14	3:59.77	ZONIUK Maciej	SLWRO	Saint Dizier (FRA)	2008-11-15
Top Times "Poland" 15	3:55.05	SZUBA Michał	SLWRO	Nowa Ruda	2008-12-13
Top Times "Poland" 16	3:50.48	MROZ Gregor	POL	???	1999-03-01
Top Times "Poland" 17	3:48.14	WERNER Paweł	JUWRO	Szczecin	2010-12-01
Top Times "Poland" 18	3:43.83	SAWRYMOWICZ Mateusz	POL	Trieste (ITA)	2005-12-08
Top Times "Poland" 19 +	3:37.78	KORZENIOWSKI Paweł	AZWAR	Gorzow Wielkopolski	2009-11-26

Punkty: FINA 2013

Pozycja			Rok ur.						Czas	Pkt.	
1.	KAW	CKI Radosław	91	KORNER Zielona Góra				3:53.33	752		
	50m:	27.11 27.11	150m:	1:27.21	30.14	250m:	2:27.87	30.34	350m:	3:25.24	27.98
	100m:	57.07 29.96	200m:	1:57.53	30.32	300m:	2:57.26	29.39	400m:	3:53.33	28.09
2.	DUBIEL	Adam	93	KORNER Zielona Góra				3:54.00	746		
	50m:	27.24 27.24	150m:	1:27.46	30.29	250m:	2:27.30	29.68	350m:	3:26.17	29.09
	100m:	57.17 29.93	200m:	1:57.62	30.16	300m:	2:57.08	29.78	400m:	3:54.00	27.83
3.	BARTŁOMIEJ	Lassek	94	Azs Uł Pł Łód				3:54.74	739		
	50m:	27.21 27.21	150m:	1:26.44	29.72	250m:	2:25.97	29.64	350m:	3:25.79	29.69
	100m:	56.72 29.51	200m:	1:56.33	29.89	300m:	2:56.10	30.13	400m:	3:54.74	28.95
4.	RZADKOWSKI	Daniel	94	MUKS Olimpijczyk Suwałki				3:56.08	726		
	50m:	27.38 27.38	150m:	1:27.56	30.30	250m:	2:28.38	30.19	350m:	3:27.52	29.24
	100m:	57.26 29.88	200m:	1:58.19	30.63	300m:	2:58.28	29.90	400m:	3:56.08	28.56
5.	PTASZY	SKI Mikołaj	95	KORNER Zielona Góra				3:56.97	718		
	50m:	27.46 27.46	150m:	1:27.37	30.07	250m:	2:27.49	30.09	350m:	3:28.13	30.17
	100m:	57.30 29.84	200m:	1:57.40	30.03	300m:	2:57.96	30.47	400m:	3:56.97	28.84
6.	USCİŁKO	Michał	95	MKS MOS Juwenia Białystok				3:57.52	713		
	50m:	28.23 28.23	150m:	1:28.21	29.93	250m:	2:28.26	29.93	350m:	3:28.40	30.30
	100m:	58.28 30.05	200m:	1:58.33	30.12	300m:	2:58.10	29.84	400m:	3:57.52	29.12
7.	KOŁODZIEJSKI	Filip	96	KORNER Zielona Góra				4:01.39	679		
	50m:	28.72 28.72	150m:	1:30.62	31.11	250m:	2:32.27	30.65	350m:	3:32.28	29.93
	100m:	59.51 30.79	200m:	2:01.62	31.00	300m:	3:02.35	30.08	400m:	4:01.39	29.11
8.	İLEND0	Piotr	93	MKS MOS Juwenia Białystok				4:05.71	644		
	50m:	27.93 27.93	150m:	1:29.17	30.81	250m:	2:31.55	31.07	350m:	3:34.88	31.52
	100m:	58.36 30.43	200m:	2:00.48	31.31	300m:	3:03.36	31.81	400m:	4:05.71	30.83
9.	MIELCZAREK	Filip	96	LKS"OMEGA"Kleszczów				4:08.30	624		
	50m:	28.60 28.60	150m:	1:31.57	31.79	250m:	2:34.91	31.85	350m:	3:38.39	31.55
	100m:	59.78 31.18	200m:	2:03.06	31.49	300m:	3:06.84	31.93	400m:	4:08.30	29.91
10.	LELEK	Mateusz	96	MKS Polonia Warszawa				4:09.61	614		
	50m:	28.94 28.94	150m:	1:32.49	32.20	250m:	2:36.27	31.44	350m:	3:39.35	31.36
	100m:	1:00.29 31.35	200m:	2:04.83	32.34	300m:	3:07.99	31.72	400m:	4:09.61	30.26
11.	KASZTELAN	Mateusz	98	UKS Mos Ełk				4:10.46	608		
	50m:	27.65 27.65	150m:	1:30.08	31.72	250m:	2:34.51	32.26	350m:	3:39.57	32.50
	100m:	58.36 30.71	200m:	2:02.25	32.17	300m:	3:07.07	32.56	400m:	4:10.46	30.89
12.	ZIELI	SKI Cezary	97	MKS Medyk Gi ycko				4:12.04	597		
	50m:	28.32 28.32	150m:	1:32.22	32.32	250m:	2:36.48	32.09	350m:	3:41.28	32.62
	100m:	59.90 31.58	200m:	2:04.39	32.17	300m:	3:08.66	32.18	400m:	4:12.04	30.76
13.	POPIS	Emil SR	98	MKS-SMS Victoria Racibórz				4:16.94	563		
	50m:	29.29 29.29	150m:	1:34.16	32.71	250m:	2:39.34	32.40	350m:	3:45.01	32.68
	100m:	1:01.45 32.16	200m:	2:06.94	32.78	300m:	3:12.33	32.99	400m:	4:16.94	31.93
14.	NIEDZIAŁEK	Dominik	98	Skarpa Lublin				4:19.56	546		
	50m:	29.71 29.71	150m:	1:35.80	33.49	250m:	2:41.76	33.08	350m:	3:48.08	33.11
	100m:	1:02.31 32.60	200m:	2:08.68	32.88	300m:	3:14.97	33.21	400m:	4:19.56	31.48
15.	BRYŁA	Kamil	99	MTP Lublinianka Lublin				4:21.41	535		
	50m:	29.51 29.51	150m:	1:34.90	33.25	250m:	2:42.22	33.56	350m:	3:49.65	33.62
	100m:	1:01.65 32.14	200m:	2:08.66	33.76	300m:	3:16.03	33.81	400m:	4:21.41	31.76

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Suwałki, 26- - 27-10-2013

Konkurencja 23, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.				Czas	Pkt.			
16.	RACZKOWSKI Piotr		96	MUKS Olimpijczyk Suwałki			4:23.92	520			
	50m:	29.23 29.23	150m:	1:35.51	33.70	250m:	2:43.68	34.12	350m:	3:51.17	33.79
	100m:	1:01.81 32.58	200m:	2:09.56	34.05	300m:	3:17.38	33.70	400m:	4:23.92	32.75
17.	HODUR Filip		97	MKS Polonia Warszawa			4:26.36	505			
	50m:	30.03 30.03	150m:	1:36.15	33.71	250m:	2:44.75	34.67	350m:	3:53.36	34.06
	100m:	1:02.44 32.41	200m:	2:10.08	33.93	300m:	3:19.30	34.55	400m:	4:26.36	33.00
18.	NAPIERAJ Jan		98	MKS Polonia Warszawa			4:29.29	489			
	50m:	30.57 30.57	150m:	1:38.61	34.47	250m:	2:47.46	34.47	350m:	3:56.35	34.25
	100m:	1:04.14 33.57	200m:	2:12.99	34.38	300m:	3:22.10	34.64	400m:	4:29.29	32.94
19.	TRACZEWSKI Michał		95	MKS Polonia Warszawa			4:30.36	483			
	50m:	30.52 30.52	150m:	1:38.71	34.30	250m:	2:47.26	34.05	350m:	3:56.02	34.35
	100m:	1:04.41 33.89	200m:	2:13.21	34.50	300m:	3:21.67	34.41	400m:	4:30.36	34.34
20.	WOŁYNIEC Robert		96	UKS Mos Elk			4:32.54	472			
	50m:	30.38 30.38	150m:	1:39.38	35.14	250m:	2:48.87	34.98	350m:	3:59.54	35.60
	100m:	1:04.24 33.86	200m:	2:13.89	34.51	300m:	3:23.94	35.07	400m:	4:32.54	33.00
21.	AWRUK Szymon		99	MKS MOS Juwenia Białystok			4:34.71	461			
	50m:	30.92 30.92	150m:	1:40.90	34.99	250m:	2:52.24	35.93	350m:	4:03.00	34.55
	100m:	1:05.91 34.99	200m:	2:16.31	35.41	300m:	3:28.45	36.21	400m:	4:34.71	31.71
22.	FIDRYCH Patryk		99	MUKS Olimpijczyk Suwałki			4:36.30	453			
	50m:	30.99 30.99	150m:	1:39.95	34.98	250m:	2:50.88	35.75	350m:	4:03.23	36.37
	100m:	1:04.97 33.98	200m:	2:15.13	35.18	300m:	3:26.86	35.98	400m:	4:36.30	33.07
23.	BARGŁOWSKI Mateusz		98	UKS Siódemka Brodnica			4:45.28	411			
	50m:	29.87 29.87	150m:	1:39.58	36.23	250m:	2:53.97	37.85	350m:	4:09.08	37.71
	100m:	1:03.35 33.48	200m:	2:16.12	36.54	300m:	3:31.37	37.40	400m:	4:45.28	36.20
24.	OMAK Fryderyk		99	MKS Medyk Gi ycko			4:48.97	396			
	50m:	32.19 32.19	150m:	1:45.88	37.19	250m:	3:00.69	37.61	350m:	4:14.19	36.29
	100m:	1:08.69 36.50	200m:	2:23.08	37.20	300m:	3:37.90	37.21	400m:	4:48.97	34.78
25.	S DŁAK Wiktor		99	Orka Zamo			4:54.12	375			
	50m:	33.07 33.07	150m:	1:47.98	37.87	250m:	3:04.39	37.99	350m:	4:19.56	37.47
	100m:	1:10.11 37.04	200m:	2:26.40	38.42	300m:	3:42.09	37.70	400m:	4:54.12	34.56
26.	KICZA Mateusz		99	UKS Ruch Grudzi dz			4:54.93	372			
	50m:	32.51 32.51	150m:	1:48.30	38.14	250m:	3:05.23	38.49	350m:	4:20.95	38.19
	100m:	1:10.16 37.65	200m:	2:26.74	38.44	300m:	3:42.76	37.53	400m:	4:54.93	33.98