

Grand Prix Puchar Polski w Kozienicach 01-02.03.2014
Kozienice, 1- - 2-3-2014

Konkurencja 22 Kobiet, 400m dowolny 14 lat i starsi
2014-03-01 - 19:36 Wyniki

Top Times "Poland" 4:05.77 BARZYCKA, Paulina 00114 Gorzow 2005-11-26

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	ZACHOSZCZ, Joanna	93	AZS UWM Olsztyn					4:14.45	786
	50m: 30.01 30.01	150m: 1:33.62	31.91	250m: 2:37.55	31.94	350m: 3:42.40	32.42		
	100m: 1:01.71 31.70	200m: 2:05.61	31.99	300m: 3:09.98	32.43	400m: 4:14.45	32.05		
2.	NAZI BŁO, Klaudia	93	MKS Juvenia Wrocław					4:15.62	775
	50m: 29.91 29.91	150m: 1:34.73	32.81	250m: 2:39.89	32.45	350m: 3:44.49	32.28		
	100m: 1:01.92 32.01	200m: 2:07.44	32.71	300m: 3:12.21	32.32	400m: 4:15.62	31.13		
3.	WIKIEŁ, Manuela	92	AZS UWM Olsztyn					4:18.85	746
	50m: 30.80 30.80	150m: 1:35.52	32.30	250m: 2:40.18	32.39	350m: 3:46.04	33.19		
	100m: 1:03.22 32.42	200m: 2:07.79	32.27	300m: 3:12.85	32.67	400m: 4:18.85	32.81		
4.	ORCZYKOWSKA, Wioletta SK	97	Limanowa-swim					4:22.76	713
	50m: 30.58 30.58	150m: 1:36.55	33.30	250m: 2:43.35	33.11	350m: 3:50.62	33.75		
	100m: 1:03.25 32.67	200m: 2:10.24	33.69	300m: 3:16.87	33.52	400m: 4:22.76	32.14		
5.	KUNKA, Kamila SO	96	UKP UNIA O wi cim					4:24.01	703
	50m: 30.53 30.53	150m: 1:36.97	33.23	250m: 2:44.05	33.51	350m: 3:51.51	33.88		
	100m: 1:03.74 33.21	200m: 2:10.54	33.57	300m: 3:17.63	33.58	400m: 4:24.01	32.50		
6.	BACK, Emelie	96	Vaesby SS					4:25.70	690
	50m: 29.89 29.89	150m: 1:36.68	33.69	250m: 2:44.62	34.13	350m: 3:53.06	34.29		
	100m: 1:02.99 33.10	200m: 2:10.49	33.81	300m: 3:18.77	34.15	400m: 4:25.70	32.64		
7.	ULATOWSKA, Alicja	96	UKP UNIA O wi cim					4:25.79	689
	50m: 30.19 30.19	150m: 1:37.01	33.57	250m: 2:44.57	33.75	350m: 3:53.07	34.36		
	100m: 1:03.44 33.25	200m: 2:10.82	33.81	300m: 3:18.71	34.14	400m: 4:25.79	32.72		
8.	BORKOWSKA, Lucyna SK	97	Sambor Tczew					4:28.88	666
	50m: 31.18 31.18	150m: 1:37.19	33.44	250m: 2:45.47	34.32	350m: 3:54.46	34.52		
	100m: 1:03.75 32.57	200m: 2:11.15	33.96	300m: 3:19.94	34.47	400m: 4:28.88	34.42		
9.	ELAZNA, Paulina	94	WKS I sk Wrocław					4:30.68	653
	50m: 30.18 30.18	150m: 1:36.60	33.55	250m: 3:21.57	1:10.56	350m:			
	100m: 1:03.05 32.87	200m: 2:11.01	34.41	300m:		400m: 4:30.68			
10.	KOWALI SKA, Oriana	93	MTP KORMORAN Olsztyn					4:30.69	653
	50m: 31.90 31.90	150m: 1:40.45	34.53	250m: 2:48.42	33.84	350m: 3:57.06	34.54		
	100m: 1:05.92 34.02	200m: 2:14.58	34.13	300m: 3:22.52	34.10	400m: 4:30.69	33.63		
11.	WOJCIECHOWSKA, Joanna	98	LUKS Orlik Lublin					4:30.83	652
	50m: 31.83 31.83	150m: 1:40.35	34.45	250m: 2:49.01	34.12	350m: 3:57.78	34.06		
	100m: 1:05.90 34.07	200m: 2:14.89	34.54	300m: 3:23.72	34.71	400m: 4:30.83	33.05		
12.	WARDZI SKA, Martyna	98	MKS Trójka Łód					4:31.49	647
	50m: 30.63 30.63	150m: 1:39.34	34.68	250m: 2:48.27	34.42	350m: 3:58.05	34.85		
	100m: 1:04.66 34.03	200m: 2:13.85	34.51	300m: 3:23.20	34.93	400m: 4:31.49	33.44		
13.	DEMBSKA, Joanna	95	UKS G-8 Bielany Warszawa					4:34.70	624
	50m: 30.84 30.84	150m: 1:40.17	34.89	250m: 2:50.71	35.44	350m: 4:01.82	35.35		
	100m: 1:05.28 34.44	200m: 2:15.27	35.10	300m: 3:26.47	35.76	400m: 4:34.70	32.88		
14.	HACZKIEWICZ, Paulina SWR	97	WKS I sk Wrocław					4:34.71	624
	50m: 31.68 31.68	150m: 1:41.60	35.09	250m: 2:51.80	35.03	350m: 4:01.62	34.43		
	100m: 1:06.51 34.83	200m: 2:16.77	35.17	300m: 3:27.19	35.39	400m: 4:34.71	33.09		
15.	KAMI SKA, Joanna	94	MKS Trójka Łód					4:36.27	614
	50m: 30.58 30.58	150m: 1:40.55	35.30	250m: 2:51.73	35.59	350m: 4:02.07	35.15		
	100m: 1:05.25 34.67	200m: 2:16.14	35.59	300m: 3:26.92	35.19	400m: 4:36.27	34.20		
16.	JAROCHA, Wiktoria	98	KS KSZO Ostrowiec w.					4:38.59	599
	50m: 32.35 32.35	150m: 1:42.81	35.63	250m: 2:53.90	35.28	350m: 4:04.12	35.25		
	100m: 1:07.18 34.83	200m: 2:18.62	35.81	300m: 3:28.87	34.97	400m: 4:38.59	34.47		
17.	LEWANDOWSKA, Aleksandra SSz	98	MKP Szczecin					4:41.11	583
	50m: 31.99 31.99	150m: 1:42.44	35.62	250m: 2:53.81	35.69	350m: 4:05.85	36.10		
	100m: 1:06.82 34.83	200m: 2:18.12	35.68	300m: 3:29.75	35.94	400m: 4:41.11	35.26		

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Pozycja			Rok ur.				Czas	Pkt.
18.	OKAJ, Oliwia	SWR	96	WKS	I sk Wrocław	4:42.58	574	
	50m:	31.61 31.61	150m:	1:42.78 36.07	250m:	2:54.97 36.39	350m:	4:07.07 36.13
	100m:	1:06.71 35.10	200m:	2:18.58 35.80	300m:	3:30.94 35.97	400m:	4:42.58 35.51
19.	ŁUCZY SKA, Martyna		98	UKS "	oliborz" Warszawa	4:42.59	573	
	50m:	32.55 32.55	150m:	1:43.20 35.71	250m:	2:54.84 35.78	350m:	4:07.17 36.20
	100m:	1:07.49 34.94	200m:	2:19.06 35.86	300m:	3:30.97 36.13	400m:	4:42.59 35.42
20.	MACHNIK, Monika		97	DOKiS SP	"Vega" Dobrodzie	4:47.58	544	
	50m:	31.74 31.74	150m:	1:43.31 36.61	250m:	2:57.48 37.33	350m:	4:11.70 37.16
	100m:	1:06.70 34.96	200m:	2:20.15 36.84	300m:	3:34.54 37.06	400m:	4:47.58 35.88
21.	FILIPKOWSKA, Dominika		99	MKS "Ro "	Pisz	4:49.96	531	
	50m:	31.90 31.90	150m:	1:42.29 35.74	250m:	2:56.77 37.53	350m:	4:12.55 37.73
	100m:	1:06.55 34.65	200m:	2:19.24 36.95	300m:	3:34.82 38.05	400m:	4:49.96 37.41
22.	DUDA, Natasza		98	MKS Trójka	Łód	4:51.41	523	
	50m:	31.83 31.83	150m:	1:43.54 36.63	250m:	2:58.71 37.76	350m:	4:14.63 38.04
	100m:	1:06.91 35.08	200m:	2:20.95 37.41	300m:	3:36.59 37.88	400m:	4:51.41 36.78
23.	SKORUPA, Monika		99	DOKiS SP	"Vega" Dobrodzie	4:52.96	515	
	50m:	32.79 32.79	150m:	1:46.18 37.01	250m:	3:01.02 37.61	350m:	4:16.85 38.13
	100m:	1:09.17 36.38	200m:	2:23.41 37.23	300m:	3:38.72 37.70	400m:	4:52.96 36.11
24.	NIEDZIAŁKOWSKA, Daria		00	RTP "VICTORIA"	Radom	4:53.05	514	
	50m:	31.76 31.76	150m:	1:46.29 37.70	250m:	3:02.07 37.75	350m:	4:16.78 36.72
	100m:	1:08.59 36.83	200m:	2:24.32 38.03	300m:	3:40.06 37.99	400m:	4:53.05 36.27
25.	ZIÓŁKOWSKA, Daria		98	MTKP Delfin	Toru	4:54.78	505	
	50m:	33.70 33.70	150m:	1:47.22 37.18	250m:	3:02.37 37.41	350m:	4:18.05 37.48
	100m:	1:10.04 36.34	200m:	2:24.96 37.74	300m:	3:40.57 38.20	400m:	4:54.78 36.73
26.	MAŁEK, Julia		98	Skarpa Lublin		4:55.92	499	
	50m:	33.40 33.40	150m:	1:47.43 37.56	250m:	3:03.23 38.06	350m:	4:19.11 37.51
	100m:	1:09.87 36.47	200m:	2:25.17 37.74	300m:	3:41.60 38.37	400m:	4:55.92 36.81
27.	CHOJECKA, Karolina		00	UKS OLIMPIC	Warka	4:59.35	482	
	50m:	34.36 34.36	150m:	1:49.60 38.00	250m:	3:05.21 37.81	350m:	4:21.54 38.58
	100m:	1:11.60 37.24	200m:	2:27.40 37.80	300m:	3:42.96 37.75	400m:	4:59.35 37.81
28.	KRUK, Alicja		98	Skarpa Lublin		5:08.40	441	
	50m:	33.10 33.10	150m:	1:49.66 39.28	250m:	3:09.23 39.90	350m:	3:48.98
	100m:	1:10.38 37.28	200m:	2:29.33 39.67	300m:		400m:	5:08.40 1:19.42
29.	HAJDENRAICH, Julia		00	Fala Kra	nik	5:09.08	438	
	50m:	33.94 33.94	150m:	1:51.03 38.96	250m:	3:10.47 40.09	350m:	4:30.69 40.09
	100m:	1:12.07 38.13	200m:	2:30.38 39.35	300m:	3:50.60 40.13	400m:	5:09.08 38.39