

Grand Prix Puchar Polski
Kozienice, 28-2 - 1-3-2015

Konkurencja 1
2015-02-28 - 9:00

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Top Times "Poland" 4:31.89 BARANOWSKA, Katarzyna 00116 Debrecen (HUN) 2007-12-16

Punkty: FINA 2014

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------------|---------------|---------|--------------------------------|-------|---------------|-------|----------------|------|
| 1. | TCHÓRZ, Alicja | | 92 | MKS Juvenia Wrocław | | | | 4:42.24 | 789 |
| | 50m: | 29.99 29.99 | 150m: | 1:41.09 36.75 | 250m: | 2:57.52 39.79 | 350m: | 4:10.68 33.37 | |
| | 100m: | 1:04.34 34.35 | 200m: | 2:17.73 36.64 | 300m: | 3:37.31 39.79 | 400m: | 4:42.24 31.56 | |
| 2. | PIECHOTA, Paulina | | 99 | Uks 190 Łód | | | | 4:54.60 | 694 |
| | 50m: | 31.91 31.91 | 150m: | 1:43.65 36.95 | 250m: | 3:03.94 43.95 | 350m: | 4:21.27 33.73 | |
| | 100m: | 1:06.70 34.79 | 200m: | 2:19.99 36.34 | 300m: | 3:47.54 43.60 | 400m: | 4:54.60 33.33 | |
| 3. | ADAMCZYK, Julia | | 99 | MTP Lublinianka Lublin | | | | 4:56.76 | 679 |
| | 50m: | 32.83 32.83 | 150m: | 1:45.21 36.63 | 250m: | 3:04.05 41.38 | 350m: | 4:22.37 35.19 | |
| | 100m: | 1:08.58 35.75 | 200m: | 2:22.67 37.46 | 300m: | 3:47.18 43.13 | 400m: | 4:56.76 34.39 | |
| 4. | GRALEWSKA, Kalina SWwa | | 96 | MKS Polonia Warszawa | | | | 4:57.12 | 676 |
| | 50m: | 31.24 31.24 | 150m: | 1:44.39 36.51 | 250m: | 3:02.64 42.67 | 350m: | 4:22.91 35.29 | |
| | 100m: | 1:07.88 36.64 | 200m: | 2:19.97 35.58 | 300m: | 3:47.62 44.98 | 400m: | 4:57.12 34.21 | |
| 5. | JANISZEWSKA, Dominika SWwa | | 99 | MKS Polonia Warszawa | | | | 4:58.16 | 669 |
| | 50m: | 32.10 32.10 | 150m: | 1:46.66 39.40 | 250m: | 3:06.82 41.03 | 350m: | 4:25.09 35.48 | |
| | 100m: | 1:07.26 35.16 | 200m: | 2:25.79 39.13 | 300m: | 3:49.61 42.79 | 400m: | 4:58.16 33.07 | |
| 6. | KUNKA, Kamila SO | | 96 | UKP Unia O wi cim | | | | 5:02.73 | 639 |
| | 50m: | 32.91 32.91 | 150m: | 1:46.63 37.03 | 250m: | 3:09.53 45.30 | 350m: | 4:29.84 34.86 | |
| | 100m: | 1:09.60 36.69 | 200m: | 2:24.23 37.60 | 300m: | 3:54.98 45.45 | 400m: | 5:02.73 32.89 | |
| 7. | KARPISZ, Milena | | 97 | UKS"Pi tka"Konstantynów Łódzki | | | | 5:02.96 | 638 |
| | 50m: | 33.62 33.62 | 150m: | 1:52.29 40.18 | 250m: | 3:15.06 43.93 | 350m: | 4:30.30 32.41 | |
| | 100m: | 1:12.11 38.49 | 200m: | 2:31.13 38.84 | 300m: | 3:57.89 42.83 | 400m: | 5:02.96 32.66 | |
| 8. | MENDYK, Adrianna SO | | 98 | MKS WODNIK Radom | | | | 5:05.75 | 620 |
| | 50m: | 31.31 31.31 | 150m: | 1:46.22 37.97 | 250m: | 3:07.98 44.24 | 350m: | 4:29.29 36.04 | |
| | 100m: | 1:08.25 36.94 | 200m: | 2:23.74 37.52 | 300m: | 3:53.25 45.27 | 400m: | 5:05.75 36.46 | |
| 9. | BURSKA, Justyna | | 95 | UKS"Pi tka"Konstantynów Łódzki | | | | 5:07.23 | 612 |
| | 50m: | 33.98 33.98 | 150m: | 1:51.56 40.17 | 250m: | 3:15.72 45.66 | 350m: | 4:34.47 32.59 | |
| | 100m: | 1:11.39 37.41 | 200m: | 2:30.06 38.50 | 300m: | 4:01.88 46.16 | 400m: | 5:07.23 32.76 | |
| 10. | BEDNAREK, Aleksandra | | 98 | MKS Jedyńka Łód | | | | 5:09.27 | 600 |
| | 50m: | 34.36 34.36 | 150m: | 1:52.41 39.63 | 250m: | 3:15.12 43.79 | 350m: | 4:34.81 35.93 | |
| | 100m: | 1:12.78 38.42 | 200m: | 2:31.33 38.92 | 300m: | 3:58.88 43.76 | 400m: | 5:09.27 34.46 | |
| 11. | BAJURA, Marta SR | | 98 | Wodnk Katowice | | | | 5:11.33 | 588 |
| | 50m: | 33.50 33.50 | 150m: | 1:51.42 38.98 | 250m: | 3:13.89 43.96 | 350m: | 4:35.29 37.37 | |
| | 100m: | 1:12.44 38.94 | 200m: | 2:29.93 38.51 | 300m: | 3:57.92 44.03 | 400m: | 5:11.33 36.04 | |
| 12. | NIED WIEDZKA, Małgorzata SR | | 97 | MMKS K dzierzyn Kozle | | | | 5:13.23 | 577 |
| | 50m: | 32.33 32.33 | 150m: | 1:50.37 39.95 | 250m: | 3:14.63 43.66 | 350m: | 4:36.31 36.53 | |
| | 100m: | 1:10.42 38.09 | 200m: | 2:30.97 40.60 | 300m: | 3:59.78 45.15 | 400m: | 5:13.23 36.92 | |
| 13. | KOLBOWICZ, Barbara | | 99 | MKP Szczecin | | | | 5:14.70 | 569 |
| | 50m: | 32.34 32.34 | 150m: | 1:50.68 40.60 | 250m: | 3:14.11 43.99 | 350m: | 4:37.95 38.63 | |
| | 100m: | 1:10.08 37.74 | 200m: | 2:30.12 39.44 | 300m: | 3:59.32 45.21 | 400m: | 5:14.70 36.75 | |
| 14. | MUDA, Weronika | | 00 | MTP Lublinianka Lublin | | | | 5:17.00 | 557 |
| | 50m: | 31.76 31.76 | 150m: | 1:52.09 41.46 | 250m: | 3:18.98 46.11 | 350m: | 4:41.79 36.41 | |
| | 100m: | 1:10.63 38.87 | 200m: | 2:32.87 40.78 | 300m: | 4:05.38 46.40 | 400m: | 5:17.00 35.21 | |
| 15. | WIECZOREK, Magdalena | | 98 | Fala Kra nik | | | | 5:22.41 | 529 |
| | 50m: | 34.15 34.15 | 150m: | 1:56.45 42.25 | 250m: | 3:21.68 43.05 | 350m: | 4:45.32 38.61 | |
| | 100m: | 1:14.20 40.05 | 200m: | 2:38.63 42.18 | 300m: | 4:06.71 45.03 | 400m: | 5:22.41 37.09 | |
| 16. | BIENIECKA, Natalia | | 01 | MKS Polonia Warszawa | | | | 5:28.76 | 499 |
| | 50m: | 32.78 32.78 | 150m: | 1:56.18 42.70 | 250m: | 3:24.97 46.08 | 350m: | 4:51.24 38.18 | |
| | 100m: | 1:13.48 40.70 | 200m: | 2:38.89 42.71 | 300m: | 4:13.06 48.09 | 400m: | 5:28.76 37.52 | |
| 17. | WŁODARCZYK, Zuzanna | | 01 | Huragan Mi dzyrzec Podlaski | | | | 5:56.38 | 392 |
| | 50m: | 37.85 37.85 | 150m: | 2:12.04 49.27 | 250m: | 3:46.14 48.75 | 350m: | 5:18.42 43.48 | |
| | 100m: | 1:22.77 44.92 | 200m: | 2:57.39 45.35 | 300m: | 4:34.94 48.80 | 400m: | 5:56.38 37.96 | |