

Grand Prix Puchar Polski
Kozienice, 28-2- - 1-3-2015

Konkurencja 2
2015-02-28 - 9:20

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Top Times "Poland" 4:03.20 WOJT, Lukasz POL Berlin (GER) 2009-11-14

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	WITKOWSKI, Jan		94	Skarpa Lublin				4:14.01	796
	50m:	26.72 26.72	150m:	1:29.26	32.64	250m:	2:37.69 37.03	350m:	3:45.33 30.41
	100m:	56.62 29.90	200m:	2:00.66	31.40	300m:	3:14.92 37.23	400m:	4:14.01 28.68
2.	KUBKOWSKI, Bartłomiej		95	MTP KORMORAN Olsztyn				4:16.63	772
	50m:	28.40 28.40	150m:	1:33.00	33.08	250m:	2:41.34 36.00	350m:	3:47.30 29.76
	100m:	59.92 31.52	200m:	2:05.34	32.34	300m:	3:17.54 36.20	400m:	4:16.63 29.33
3.	SUZIN, Marcin		93	AZS AGH Kraków				4:22.75	720
	50m:	28.63 28.63	150m:	1:35.35	34.18	250m:	2:46.08 35.42	350m:	3:53.03 29.59
	100m:	1:01.17 32.54	200m:	2:10.66	35.31	300m:	3:23.44 37.36	400m:	4:22.75 29.72
4.	POPRAWA, Michał		94	AZS AWF Katowice				4:24.12	708
	50m:	26.81 26.81	150m:	1:32.68	34.57	250m:	2:44.55 37.41	350m:	3:53.47 30.25
	100m:	58.11 31.30	200m:	2:07.14	34.46	300m:	3:23.22 38.67	400m:	4:24.12 30.65
5.	DUBIEL, Adam		93	AZS AWF Warszawa				4:25.13	700
	50m:	28.11 28.11	150m:	1:33.01	33.05	250m:	2:43.60 37.11	350m:	3:54.55 31.63
	100m:	59.96 31.85	200m:	2:06.49	33.48	300m:	3:22.92 39.32	400m:	4:25.13 30.58
6.	SOBCZYK, Maciej		95	AZS AGH Kraków				4:25.55	697
	50m:	28.73 28.73	150m:	1:35.41	33.68	250m:	2:45.62 35.98	350m:	3:55.43 31.94
	100m:	1:01.73 33.00	200m:	2:09.64	34.23	300m:	3:23.49 37.87	400m:	4:25.55 30.12
7.	BAŁABUCH, Krystian		95	AZS AGH Kraków				4:27.19	684
	50m:	28.97 28.97	150m:	1:36.10	34.72	250m:	2:47.07 36.10	350m:	3:56.05 31.72
	100m:	1:01.38 32.41	200m:	2:10.97	34.87	300m:	3:24.33 37.26	400m:	4:27.19 31.14
8.	G SIOR, Patryk		94	AZS AWF Warszawa				4:27.76	680
	50m:	28.12 28.12	150m:	1:35.54	35.26	250m:	2:47.54 37.48	350m:	3:57.30 31.59
	100m:	1:00.28 32.16	200m:	2:10.06	34.52	300m:	3:25.71 38.17	400m:	4:27.76 30.46
9.	PIETRZAK, Dawid SSz		97	MKP Szczecin				4:29.98	663
	50m:	29.00 29.00	150m:	1:35.60	34.54	250m:	2:48.78 39.43	350m:	3:59.95 31.20
	100m:	1:01.06 32.06	200m:	2:09.35	33.75	300m:	3:28.75 39.97	400m:	4:29.98 30.03
10.	CHRZANOWSKI, Damian		98	MZOS Płock				4:32.25	647
	50m:	28.38 28.38	150m:	1:34.21	33.87	250m:	2:47.97 40.58	350m:	4:00.90 32.35
	100m:	1:00.34 31.96	200m:	2:07.39	33.18	300m:	3:28.55 40.58	400m:	4:32.25 31.35
11.	TOKARSKI, Krzysztof Sr		96	MKS SMS Victoria Racibórz				4:32.29	646
	50m:	27.88 27.88	150m:	1:36.84	37.06	250m:	2:50.21 36.57	350m:	4:00.01 33.20
	100m:	59.78 31.90	200m:	2:13.64	36.80	300m:	3:26.81 36.60	400m:	4:32.29 32.28
12.	BODZIOCH, ANDRZEJ SSz		98	MKP Szczecin				4:32.94	642
	50m:	28.96 28.96	150m:	1:36.66	34.36	250m:	2:49.99 39.47	350m:	4:01.67 32.42
	100m:	1:02.30 33.34	200m:	2:10.52	33.86	300m:	3:29.25 39.26	400m:	4:32.94 31.27
13.	TOPOLSKI, Arkadiusz SO		98	UKP Unia O wi cim				4:33.50	638
	50m:	29.82 29.82	150m:	1:38.41	33.69	250m:	2:52.44 39.23	350m:	4:03.62 31.54
	100m:	1:04.72 34.90	200m:	2:13.21	34.80	300m:	3:32.08 39.64	400m:	4:33.50 29.88
14.	ADAMCZYK, PATRYK SSz		97	MKP Szczecin				4:38.16	606
	50m:	28.00 28.00	150m:	1:38.18	36.65	250m:	2:54.18 40.48	350m:	4:06.74 32.34
	100m:	1:01.53 33.53	200m:	2:13.70	35.52	300m:	3:34.40 40.22	400m:	4:38.16 31.42
15.	STEC, ADAM SSz		97	MKP Szczecin				4:40.30	593
	50m:	29.55 29.55	150m:	1:38.38	33.77	250m:	2:55.26 41.46	350m:	4:08.78 31.74
	100m:	1:04.61 35.06	200m:	2:13.80	35.42	300m:	3:37.04 41.78	400m:	4:40.30 31.52
16.	KACZOROWSKI, Jakub		97	UKS " oliborz" Warszawa				4:41.33	586
	50m:	30.64 30.64	150m:	1:42.35	36.00	250m:	2:57.00 39.47	350m:	4:09.81 32.71
	100m:	1:06.35 35.71	200m:	2:17.53	35.18	300m:	3:37.10 40.10	400m:	4:41.33 31.52
17.	KEMPA, Mikołaj SO		99	MMKS K dzierzyn Kozle				4:41.76	583
	50m:	30.50 30.50	150m:	1:40.12	36.36	250m:	2:54.93 39.32	350m:	4:09.19 33.13
	100m:	1:03.76 33.26	200m:	2:15.61	35.49	300m:	3:36.06 41.13	400m:	4:41.76 32.57

Grand Prix Puchar Polski
Kozienice, 28-2- - 1-3-2015

Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	BARUSI	SKI, Kordian	01	KORONA SWIM Kielce				4:47.03	552
	50m:	30.53 30.53	150m:	1:40.93	35.94	250m:	2:58.25 40.81	350m:	4:13.85 34.45
	100m:	1:04.99 34.46	200m:	2:17.44	36.51	300m:	3:39.40 41.15	400m:	4:47.03 33.18
19.	NAPIERAJ,	Jan SWwa	98	MKS Polonia Warszawa				4:47.05	552
	50m:	30.28 30.28	150m:	1:41.93	35.90	250m:	2:59.88 42.99	350m:	4:15.64 33.13
	100m:	1:06.03 35.75	200m:	2:16.89	34.96	300m:	3:42.51 42.63	400m:	4:47.05 31.41
20.	SOLA,	Kornel	97	Fala Kra nik				4:47.22	551
	50m:	29.97 29.97	150m:	1:42.46	37.85	250m:	3:00.67 40.91	350m:	4:15.42 32.76
	100m:	1:04.61 34.64	200m:	2:19.76	37.30	300m:	3:42.66 41.99	400m:	4:47.22 31.80
21.	GRABCZAK,	Dawid	97	KS Wisła Puławy				4:47.72	548
	50m:	29.09 29.09	150m:	1:41.27	38.02	250m:	2:59.41 41.22	350m:	4:15.11 33.32
	100m:	1:03.25 34.16	200m:	2:18.19	36.92	300m:	3:41.79 42.38	400m:	4:47.72 32.61
22.	WASIUK,	Jakub SO	99	MMKS K dzierzyn Kozle				4:48.51	543
	50m:	31.31 31.31	150m:	1:44.55	36.67	250m:	3:02.12 41.75	350m:	4:16.40 31.53
	100m:	1:07.88 36.57	200m:	2:20.37	35.82	300m:	3:44.87 42.75	400m:	4:48.51 32.11
23.	ZAPALSKI,	Konrad	98	Fala Kra nik				4:50.55	532
	50m:	30.73 30.73	150m:	1:42.27	35.78	250m:	3:01.34 44.25	350m:	4:18.33 32.31
	100m:	1:06.49 35.76	200m:	2:17.09	34.82	300m:	3:46.02 44.68	400m:	4:50.55 32.22
24.	SZAFARCZYK,	Igor	97	KORONA SWIM Kielce				4:53.57	516
	50m:	31.23 31.23	150m:	1:45.93	37.60	250m:	3:02.31 39.60	350m:	4:19.27 35.16
	100m:	1:08.33 37.10	200m:	2:22.71	36.78	300m:	3:44.11 41.80	400m:	4:53.57 34.30
25.	CHAREWICZ,	Hubert	00	MKS " AK" Biała Podlaska				4:58.43	491
	50m:	30.22 30.22	150m:	1:43.18	36.84	250m:	3:05.29 45.26	350m:	4:24.91 34.38
	100m:	1:06.34 36.12	200m:	2:20.03	36.85	300m:	3:50.53 45.24	400m:	4:58.43 33.52
26.	KARNIK,	Kacper	01	MKS WODNIK Radom				5:06.50	453
	50m:	29.30 29.30	150m:	1:47.01	41.51	250m:	3:09.38 41.51	350m:	4:28.53 37.60
	100m:	1:05.50 36.20	200m:	2:27.87	40.86	300m:	3:50.93 41.55	400m:	5:06.50 37.97
27.	KLEJ,	Jakub	00	MKS " AK" Biała Podlaska				5:18.99	402
	50m:	31.82 31.82	150m:	1:51.45	41.53	250m:	3:18.60 46.34	350m:	4:41.98 39.00
	100m:	1:09.92 38.10	200m:	2:32.26	40.81	300m:	4:02.98 44.38	400m:	5:18.99 37.01
28.	KŁAK,	Marcin	01	KS Płetwal Szczytno				5:25.61	378
	50m:	33.64 33.64	150m:	1:52.02	41.58	250m:	3:21.54 49.72	350m:	
	100m:	1:10.44 36.80	200m:	2:31.82	39.80	300m:	4:48.45 1:26.91	400m:	5:25.61