

Grand Prix Puchar Polski
Kozienice, 28-2 - 1-3-2015

Konkurencja 22
2015-02-28 - 19:16

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Top Times "Poland" 4:05.77 BARZYCKA, Paulina 00114 Gorzow 2005-11-26

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	BURSKA, Justyna		95	UKS"Pi tka"Konstantynów Łódzki				4:12.96	796
	50m:	30.14 30.14	150m:	1:34.50 32.22	250m:	2:38.01 31.51	350m:	3:41.34 31.69	
	100m:	1:02.28 32.14	200m:	2:06.50 32.00	300m:	3:09.65 31.64	400m:	4:12.96 31.62	
2.	ZACHOSZCZ, Joanna		93	AZS UWM Olsztyn				4:13.88	788
	50m:	30.25 30.25	150m:	1:34.62 32.18	250m:	2:38.41 31.72	350m:	3:42.21 32.00	
	100m:	1:02.44 32.19	200m:	2:06.69 32.07	300m:	3:10.21 31.80	400m:	4:13.88 31.67	
3.	WIKIEŁ, Manuela		92	AZS UWM Olsztyn				4:15.42	774
	50m:	30.55 30.55	150m:	1:34.82 32.12	250m:	2:39.09 32.08	350m:	3:43.81 32.37	
	100m:	1:02.70 32.15	200m:	2:07.01 32.19	300m:	3:11.44 32.35	400m:	4:15.42 31.61	
4.	PIECHOTA, Paulina		99	Uks 190 Łód				4:16.34	765
	50m:	30.00 30.00	150m:	1:34.93 32.45	250m:	2:39.52 32.26	350m:	3:44.66 32.82	
	100m:	1:02.48 32.48	200m:	2:07.26 32.33	300m:	3:11.84 32.32	400m:	4:16.34 31.68	
5.	KUNKA, Kamila SO		96	UKP Unia O wi cim				4:17.21	758
	50m:	30.07 30.07	150m:	1:35.65 32.65	250m:	2:40.98 32.43	350m:	3:45.70 32.20	
	100m:	1:03.00 32.93	200m:	2:08.55 32.90	300m:	3:13.50 32.52	400m:	4:17.21 31.51	
6.	KARPISZ, Milena		97	UKS"Pi tka"Konstantynów Łódzki				4:18.16	749
	50m:	30.23 30.23	150m:	1:35.19 32.55	250m:	2:40.28 32.42	350m:	3:45.71 32.72	
	100m:	1:02.64 32.41	200m:	2:07.86 32.67	300m:	3:12.99 32.71	400m:	4:18.16 32.45	
7.	ROMAN, Magdalena SWwa		99	MKS Polonia Warszawa				4:20.82	726
	50m:	30.45 30.45	150m:	1:37.20 33.27	250m:	2:43.59 33.06	350m:	3:48.95 32.59	
	100m:	1:03.93 33.48	200m:	2:10.53 33.33	300m:	3:16.36 32.77	400m:	4:20.82 31.87	
8.	ADAMCZYK, Julia		99	MTP Lublinianka Lublin				4:25.71	687
	50m:	30.95 30.95	150m:	1:38.57 33.91	250m:	2:46.03 33.61	350m:	3:53.43 33.75	
	100m:	1:04.66 33.71	200m:	2:12.42 33.85	300m:	3:19.68 33.65	400m:	4:25.71 32.28	
9.	JANISZEWSKA, Dominika SWwa		99	MKS Polonia Warszawa				4:25.99	685
	50m:	30.12 30.12	150m:	1:37.19 33.77	250m:	2:45.25 33.61	350m:	3:53.94 34.46	
	100m:	1:03.42 33.30	200m:	2:11.64 34.45	300m:	3:19.48 34.23	400m:	4:25.99 32.05	
10.	ZROBEK, Natalia		99	MKS Jedyńka Łód				4:30.35	652
	50m:	30.32 30.32	150m:	1:38.29 34.22	250m:	2:47.31 34.34	350m:	3:57.48 34.86	
	100m:	1:04.07 33.75	200m:	2:12.97 34.68	300m:	3:22.62 35.31	400m:	4:30.35 32.87	
11.	KRÓL, Oliwia		99	MKS Trójka Łód				4:34.78	621
	50m:	31.25 31.25	150m:	1:39.69 34.42	250m:	2:50.40 35.59	350m:	4:00.51 34.96	
	100m:	1:05.27 34.02	200m:	2:14.81 35.12	300m:	3:25.55 35.15	400m:	4:34.78 34.27	
12.	ZADUMI SKA, Weronika		99	MKS Polonia Warszawa				4:37.34	604
	50m:	31.13 31.13	150m:	1:39.49 34.61	250m:	2:50.34 35.51	350m:	4:01.96 35.95	
	100m:	1:04.88 33.75	200m:	2:14.83 35.34	300m:	3:26.01 35.67	400m:	4:37.34 35.38	
13.	PO AROWSZCZYK, Beata		91	AZS AWF Wrocław				4:39.40	591
	50m:	31.30 31.30	150m:	1:39.70 34.35	250m:	2:50.22 35.32	350m:	4:03.09 36.63	
	100m:	1:05.35 34.05	200m:	2:14.90 35.20	300m:	3:26.46 36.24	400m:	4:39.40 36.31	
14.	BEDNAREK, Aleksandra		98	MKS Jedyńka Łód				4:39.87	588
	50m:	32.49 32.49	150m:	1:42.66 35.48	250m:	2:54.12 35.68	350m:	4:05.52 35.80	
	100m:	1:07.18 34.69	200m:	2:18.44 35.78	300m:	3:29.72 35.60	400m:	4:39.87 34.35	
15.	KŁADOCZNA, Julia		99	UKS " oliborz" Warszawa				4:41.64	577
	50m:	31.97 31.97	150m:	1:41.86 35.34	250m:	2:53.99 36.29	350m:	4:06.37 35.78	
	100m:	1:06.52 34.55	200m:	2:17.70 35.84	300m:	3:30.59 36.60	400m:	4:41.64 35.27	
16.	WIECZOREK, Magdalena		98	Fala Kra nik				4:41.98	575
	50m:	32.14 32.14	150m:	1:42.62 35.55	250m:	2:54.78 36.32	350m:	4:07.27 36.24	
	100m:	1:07.07 34.93	200m:	2:18.46 35.84	300m:	3:31.03 36.25	400m:	4:41.98 34.71	
17.	WAWRZYNKIEWICZ, Wiktoria		99	UKS " oliborz" Warszawa				4:43.90	563
	50m:	32.59 32.59	150m:	1:44.41 35.75	250m:	2:57.37 36.40	350m:	4:10.12 35.91	
	100m:	1:08.66 36.07	200m:	2:20.97 36.56	300m:	3:34.21 36.84	400m:	4:43.90 33.78	

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Pozycja			Rok ur.					Czas	Pkt.			
18.	ARNOWSKA, Karolina	SWwa	99	MKS Polonia Warszawa				4:43.97	563			
	50m:	31.67	31.67	150m:	1:42.27	35.40	250m:	2:55.17	36.72	350m:	4:09.12	36.78
	100m:	1:06.87	35.20	200m:	2:18.45	36.18	300m:	3:32.34	37.17	400m:	4:43.97	34.85
19.	CHOJECKA, Karolina		00	UKS OLIMPIC Warka				4:46.70	547			
	50m:	32.60	32.60	150m:	1:44.84	36.63	250m:	2:58.85	37.34	350m:	4:11.90	
	100m:	1:08.21	35.61	200m:	2:21.51	36.67	300m:			400m:	4:46.70	34.80
20.	SZCZ CH, Inez		99	MKS Polonia Warszawa				4:53.91	508			
	50m:	32.85	32.85	150m:	1:46.04	36.95	250m:	3:01.26	37.78	350m:	4:17.03	37.72
	100m:	1:09.09	36.24	200m:	2:23.48	37.44	300m:	3:39.31	38.05	400m:	4:53.91	36.88
21.	HAJDENRAICH, Julia		00	Fala Kra nik				4:54.82	503			
	50m:	33.47	33.47	150m:	1:47.97	37.60	250m:	3:03.23	37.58	350m:	4:18.40	37.19
	100m:	1:10.37	36.90	200m:	2:25.65	37.68	300m:	3:41.21	37.98	400m:	4:54.82	36.42
22.	STEFANIUK, Oliwia		01	Huragan Mi dzyrzec Podlaski				4:59.51	480			
	50m:	34.07	34.07	150m:	1:50.32	38.27	250m:	3:07.38	38.67	350m:	4:23.56	37.39
	100m:	1:12.05	37.98	200m:	2:28.71	38.39	300m:	3:46.17	38.79	400m:	4:59.51	35.95
23.	WIKIEŁ, Angelika	SOL	98	U KS Ostroł ka				5:26.61	370			
	50m:	35.70	35.70	150m:	1:56.36	40.58	250m:	3:19.95	42.07	350m:	4:44.44	42.37
	100m:	1:15.78	40.08	200m:	2:37.88	41.52	300m:	4:02.07	42.12	400m:	5:26.61	42.17