

Grand Prix - Puchar Polski
Łódź, 20. - 21.11.2010

Konkurencja 1
2010-11-20 - 10:21

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2010

| Pozycja | | | Rok ur. | | | | | Pkt. | Czas | |
|---------|-------------------------|---------------|---------|------------------------------|-------|---------------|-------|---------------|----------------|--|
| 1. | Tchórz Alicja | | 92 | MKP „Słowianka” Gorzów Wlkp. | | | | 755 | 4:46.59 | |
| | 50m: | 30.83 30.83 | 150m: | 1:43.24 37.30 | 250m: | 3:01.31 40.75 | 350m: | 4:15.45 32.86 | | |
| | 100m: | 1:05.94 35.11 | 200m: | 2:20.56 37.32 | 300m: | 3:42.59 41.28 | 400m: | 4:46.59 31.14 | | |
| 2. | Urbańska Karolina SG | | 92 | KS AZS-AWFis Gdańsk | | | | 746 | 4:47.75 | |
| | 50m: | 31.18 31.18 | 150m: | 1:42.83 35.60 | 250m: | 3:00.49 41.87 | 350m: | 4:15.49 33.06 | | |
| | 100m: | 1:07.23 36.05 | 200m: | 2:18.62 35.79 | 300m: | 3:42.43 41.94 | 400m: | 4:47.75 32.26 | | |
| 3. | Olnowska Katarzyna | | 90 | MZOS Płock | | | | 697 | 4:54.28 | |
| | 50m: | 32.25 32.25 | 150m: | 1:46.87 38.17 | 250m: | 3:05.40 40.98 | 350m: | 4:21.29 34.23 | | |
| | 100m: | 1:08.70 36.45 | 200m: | 2:24.42 37.55 | 300m: | 3:47.06 41.66 | 400m: | 4:54.28 32.99 | | |
| 4. | Naziębło Klaudia | | 93 | MKS Juwenia Wrocław | | | | 691 | 4:55.24 | |
| | 50m: | 30.86 30.86 | 150m: | 1:42.62 36.74 | 250m: | 3:02.47 45.06 | 350m: | 4:22.44 34.66 | | |
| | 100m: | 1:05.88 35.02 | 200m: | 2:17.41 34.79 | 300m: | 3:47.78 45.31 | 400m: | 4:55.24 32.80 | | |
| 5. | Dawidowicz Anna | | 93 | UKS 5 Konstancynów | | | | 684 | 4:56.23 | |
| | 50m: | 32.04 32.04 | 150m: | 1:45.99 37.74 | 250m: | 3:04.83 42.44 | 350m: | 4:22.10 35.50 | | |
| | 100m: | 1:08.25 36.21 | 200m: | 2:22.39 36.40 | 300m: | 3:46.60 41.77 | 400m: | 4:56.23 34.13 | | |
| 6. | Lukowska Paula SZG | | 93 | Zryw Opole | | | | 680 | 4:56.79 | |
| | 50m: | 32.38 32.38 | 150m: | 1:46.40 37.46 | 250m: | 3:04.17 43.06 | 350m: | 4:23.44 35.02 | | |
| | 100m: | 1:08.94 36.56 | 200m: | 2:21.11 34.71 | 300m: | 3:48.42 44.25 | 400m: | 4:56.79 33.35 | | |
| 7. | Radlińska Marcelina | | 93 | Orka Zamość | | | | 670 | 4:58.29 | |
| | 50m: | 30.92 30.92 | 150m: | 1:44.92 38.03 | 250m: | 3:05.15 41.76 | 350m: | 4:23.78 35.85 | | |
| | 100m: | 1:06.89 35.97 | 200m: | 2:23.39 38.47 | 300m: | 3:47.93 42.78 | 400m: | 4:58.29 34.51 | | |
| 8. | Czeriak Monika SR | | 92 | Bobyry Dębica | | | | 662 | 4:59.43 | |
| | 50m: | 31.49 31.49 | 150m: | 1:46.08 38.45 | 250m: | 3:07.20 43.06 | 350m: | 4:25.75 34.77 | | |
| | 100m: | 1:07.63 36.14 | 200m: | 2:24.14 38.06 | 300m: | 3:50.98 43.78 | 400m: | 4:59.43 33.68 | | |
| 9. | Korzeniowska Marta SO | | 93 | UKP Unia Olimpijczyków | | | | 650 | 5:01.33 | |
| | 50m: | 31.60 31.60 | 150m: | 1:47.14 39.96 | 250m: | 3:07.81 41.61 | 350m: | 4:26.56 35.87 | | |
| | 100m: | 1:07.18 35.58 | 200m: | 2:26.20 39.06 | 300m: | 3:50.69 42.88 | 400m: | 5:01.33 34.77 | | |
| 10. | BAKIES GABRIELA | | 96 | UKS 5 Konstancynów | | | | 642 | 5:02.52 | |
| | 50m: | 32.30 32.30 | 150m: | 1:45.95 37.32 | 250m: | 3:07.72 45.38 | 350m: | 4:28.25 35.21 | | |
| | 100m: | 1:08.63 36.33 | 200m: | 2:22.34 36.39 | 300m: | 3:53.04 45.32 | 400m: | 5:02.52 34.27 | | |
| 11. | Pelowska Aleksandra, SG | | 93 | UKS 1-Solex Lublin | | | | 640 | 5:02.88 | |
| | 50m: | 33.44 33.44 | 150m: | 1:49.38 39.26 | 250m: | 3:10.67 42.51 | 350m: | 4:28.54 35.23 | | |
| | 100m: | 1:10.12 36.68 | 200m: | 2:28.16 38.78 | 300m: | 3:53.31 42.64 | 400m: | 5:02.88 34.34 | | |
| 12. | Stefaniak Małgorzata SP | | 92 | K.S. Warta Poznań | | | | 638 | 5:03.21 | |
| | 50m: | 32.00 32.00 | 150m: | 1:45.48 38.15 | 250m: | 3:06.48 43.72 | 350m: | 4:27.25 37.01 | | |
| | 100m: | 1:07.33 35.33 | 200m: | 2:22.76 37.28 | 300m: | 3:50.24 43.76 | 400m: | 5:03.21 35.96 | | |
| 13. | MÓZGOWSKA JAGODA | | 90 | AZS AGH Kraków | | | | 628 | 5:04.71 | |
| | 50m: | 31.94 31.94 | 150m: | 1:48.11 39.84 | 250m: | 3:08.74 42.84 | 350m: | 4:29.05 36.89 | | |
| | 100m: | 1:08.27 36.33 | 200m: | 2:25.90 37.79 | 300m: | 3:52.16 43.42 | 400m: | 5:04.71 35.66 | | |
| 14. | SZPUCHA KATARZYNA | | 96 | TP Olimpijczyk Aleksandrów | | | | 616 | 5:06.69 | |
| | 50m: | 33.25 33.25 | 150m: | 1:48.05 37.85 | 250m: | 3:08.97 42.79 | 350m: | 4:29.78 37.64 | | |
| | 100m: | 1:10.20 36.95 | 200m: | 2:26.18 38.13 | 300m: | 3:52.14 43.17 | 400m: | 5:06.69 36.91 | | |
| 15. | Jankowska Marta SO | | 92 | AZS AWF Katowice | | | | 613 | 5:07.13 | |
| | 50m: | 32.00 32.00 | 150m: | 1:48.15 39.80 | 250m: | 3:11.57 43.87 | 350m: | 4:31.76 36.14 | | |
| | 100m: | 1:08.35 36.35 | 200m: | 2:27.70 39.55 | 300m: | 3:55.62 44.05 | 400m: | 5:07.13 35.37 | | |
| 16. | Bajorska Dorota SO | | 94 | UKP Unia Olimpijczyków | | | | 608 | 5:08.04 | |
| | 50m: | 32.66 32.66 | 150m: | 1:51.60 41.67 | 250m: | 3:15.92 44.59 | 350m: | 4:34.60 34.68 | | |
| | 100m: | 1:09.93 37.27 | 200m: | 2:31.33 39.73 | 300m: | 3:59.92 44.00 | 400m: | 5:08.04 33.44 | | |
| 17. | NIENAŁTOWSKA NATALIA | | 96 | MKS Polonia Warszawa | | | | 600 | 5:09.44 | |
| | 50m: | 32.09 32.09 | 150m: | 1:49.43 39.25 | 250m: | 3:14.13 46.32 | 350m: | 4:34.74 35.48 | | |
| | 100m: | 1:10.18 38.09 | 200m: | 2:27.81 38.38 | 300m: | 3:59.26 45.13 | 400m: | 5:09.44 34.70 | | |

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Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Pkt. | Czas |
|---------|-----------------------------|---------------|---------|-------------------------------|-------|---------------|-------|---------------|----------------|
| 18. | OLBERT DOMINIKA | | 95 | Slask Wroclaw | | | | 588 | 5:11.55 |
| | 50m: | 33.70 33.70 | 150m: | 1:52.04 39.62 | 250m: | 3:14.52 43.01 | 350m: | 4:36.17 37.63 | |
| | 100m: | 1:12.42 38.72 | 200m: | 2:31.51 39.47 | 300m: | 3:58.54 44.02 | 400m: | 5:11.55 35.38 | |
| 19. | Mendowska Katarzyna | | 94 | K.S.Warta Pozna | | | | 579 | 5:13.02 |
| | 50m: | 33.59 33.59 | 150m: | 1:51.47 38.97 | 250m: | 3:15.48 45.46 | 350m: | 4:37.70 36.25 | |
| | 100m: | 1:12.50 38.91 | 200m: | 2:30.02 38.55 | 300m: | 4:01.45 45.97 | 400m: | 5:13.02 35.32 | |
| 20. | ZBROJEWSKA MICHALINA | | 96 | UKS 5 Konstantinów | | | | 558 | 5:16.93 |
| | 50m: | 34.83 34.83 | 150m: | 1:57.39 41.57 | 250m: | 3:21.28 43.89 | 350m: | 4:41.57 36.55 | |
| | 100m: | 1:15.82 40.99 | 200m: | 2:37.39 40.00 | 300m: | 4:05.02 43.74 | 400m: | 5:16.93 35.36 | |
| 21. | LESIAK BARBARA | | 95 | Slask Wroclaw | | | | 541 | 5:20.23 |
| | 50m: | 33.89 33.89 | 150m: | 1:53.30 40.25 | 250m: | 3:19.79 45.76 | 350m: | 4:43.08 38.49 | |
| | 100m: | 1:13.05 39.16 | 200m: | 2:34.03 40.73 | 300m: | 4:04.59 44.80 | 400m: | 5:20.23 37.15 | |
| 22. | Trepka Karolina | | 96 | UKS "GIM 92 Ursynów" Warszawa | | | | 539 | 5:20.56 |
| | 50m: | 34.69 34.69 | 150m: | 1:53.85 39.43 | 250m: | 3:21.04 48.43 | 350m: | 4:44.20 36.70 | |
| | 100m: | 1:14.42 39.73 | 200m: | 2:32.61 38.76 | 300m: | 4:07.50 46.46 | 400m: | 5:20.56 36.36 | |
| 23. | Paciorkiewicz Agata | | 96 | SKS Start Łódź | | | | 539 | 5:20.69 |
| | 50m: | 35.53 35.53 | 150m: | 1:58.41 41.75 | 250m: | 3:24.02 45.50 | 350m: | 4:46.09 36.68 | |
| | 100m: | 1:16.66 41.13 | 200m: | 2:38.52 40.11 | 300m: | 4:09.41 45.39 | 400m: | 5:20.69 34.60 | |
| 24. | Rybi ska Magdalena | | 96 | UKS "GIM 92 Ursynów" Warszawa | | | | 506 | 5:27.55 |
| | 50m: | 35.64 35.64 | 150m: | 1:57.66 41.29 | 250m: | 3:21.72 43.67 | 350m: | 4:47.64 41.23 | |
| | 100m: | 1:16.37 40.73 | 200m: | 2:38.05 40.39 | 300m: | 4:06.41 44.69 | 400m: | 5:27.55 39.91 | |
| 25. | CIUPA ALEKSANDRA | | 96 | AZS-WSG-Astoria Bydgoszcz | | | | 502 | 5:28.27 |
| | 50m: | 35.53 35.53 | 150m: | 1:58.82 42.27 | 250m: | 3:27.59 47.53 | 350m: | 4:52.44 37.17 | |
| | 100m: | 1:16.55 41.02 | 200m: | 2:40.06 41.24 | 300m: | 4:15.27 47.68 | 400m: | 5:28.27 35.83 | |
| 26. | BARCZUCH ALEKSANDRA | | 96 | TP Olimpijczyk Aleksandrów | | | | 474 | 5:34.58 |
| | 50m: | 36.78 36.78 | 150m: | 2:00.02 41.37 | 250m: | 3:30.71 49.31 | 350m: | 4:57.34 37.29 | |
| | 100m: | 1:18.65 41.87 | 200m: | 2:41.40 41.38 | 300m: | 4:20.05 49.34 | 400m: | 5:34.58 37.24 | |