

Grand Prix - Puchar Polski  
Łódź, 20. - 21.11.2010

Konkurencja 2  
2010-11-20 - 10:40

Mężczyźni, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Pkt.	Czas		
1.	Korzeniowski Paweł		85	AZS AWF Warszawa				819	<b>4:13.51</b>		
	50m:		150m:	1:31.48	33.90	250m:	2:40.63	36.08	350m:	3:46.42	29.07
	100m:	57.58	200m:	2:04.55	33.07	300m:	3:17.35	36.72	400m:	4:13.51	27.09
2.	Suzin Marcin SK		93	MKS Jordan Kraków				712	<b>4:25.65</b>		
	50m:	28.58	150m:	1:36.08	35.28	250m:	2:46.99	37.26	350m:	3:55.25	31.23
	100m:	1:00.80	200m:	2:09.73	33.65	300m:	3:24.02	37.03	400m:	4:25.65	30.40
3.	Matczak Mateusz		89	MKP Szczecin				709	<b>4:26.08</b>		
	50m:	29.25	150m:	1:36.16	34.23	250m:	2:47.79	37.87	350m:	3:56.42	30.67
	100m:	1:01.93	200m:	2:09.92	33.76	300m:	3:25.75	37.96	400m:	4:26.08	29.66
4.	Zaczy ski Karol		91	AZS AWF Katowice				701	<b>4:27.08</b>		
	50m:		150m:			250m:	2:46.03	39.16	350m:	3:56.89	31.28
	100m:	1:00.48	200m:	2:06.87		300m:	3:25.61	39.58	400m:	4:27.08	30.19
5.	Kierzkowski Mateusz		87	KS AZS-AWFis Gdańsk				690	<b>4:28.46</b>		
	50m:	27.83	150m:	1:35.17	35.70	250m:	2:48.75	39.42	350m:	3:58.64	31.07
	100m:	59.47	200m:	2:09.33	34.16	300m:	3:27.57	38.82	400m:	4:28.46	29.82
6.	Kliza Mateusz SK		94	Avia Widnia				678	<b>4:29.96</b>		
	50m:	29.15	150m:	1:37.64	35.95	250m:	2:50.79	38.13	350m:	4:00.02	31.54
	100m:	1:01.69	200m:	2:12.66	35.02	300m:	3:28.48	37.69	400m:	4:29.96	29.94
7.	Księżek Michał SK		93	MKS Jordan Kraków				677	<b>4:30.13</b>		
	50m:	29.06	150m:	1:37.16	35.71	250m:	2:48.86	37.67	350m:	3:59.91	31.85
	100m:	1:01.45	200m:	2:11.19	34.03	300m:	3:28.06	39.20	400m:	4:30.13	30.22
8.	Szwedzki Dawid		94	UKS 5 Konstancin				648	<b>4:34.15</b>		
	50m:	30.24	150m:	1:40.06	35.96	250m:	2:51.92	37.76	350m:	4:02.65	31.80
	100m:	1:04.10	200m:	2:14.16	34.10	300m:	3:30.85	38.93	400m:	4:34.15	31.50
9.	Pęczyski Kacper SO		92	UKP Unia Opole				645	<b>4:34.61</b>		
	50m:		150m:	1:38.39	36.85	250m:	2:52.59	38.24	350m:	4:03.87	32.48
	100m:	1:01.54	200m:	2:14.35	35.96	300m:	3:31.39	38.80	400m:	4:34.61	30.74
10.	Krzywiecki Tomasz		89	MKP Szczecin				644	<b>4:34.74</b>		
	50m:	28.85	150m:	1:37.72	36.10	250m:	2:51.14	38.36	350m:	4:03.14	32.65
	100m:	1:01.62	200m:	2:12.78	35.06	300m:	3:30.49	39.35	400m:	4:34.74	31.60
11.	Baran Rafał SK		93	MKS Jordan Kraków				637	<b>4:35.71</b>		
	50m:	29.14	150m:	1:37.80	35.85	250m:	2:51.38	39.20	350m:	4:03.59	32.29
	100m:	1:01.95	200m:	2:12.18	34.38	300m:	3:31.30	39.92	400m:	4:35.71	32.12
12.	STACHURA MACIEJ		91	AZS AGH Kraków				631	<b>4:36.51</b>		
	50m:	29.45	150m:	1:38.43	35.76	250m:	2:53.59	38.79	350m:	4:04.76	32.43
	100m:	1:02.67	200m:	2:14.80	36.37	300m:	3:32.33	38.74	400m:	4:36.51	31.75
13.	Wiśkiewicz Rafał		93	UKS "G-8 Bielany" Warszawa				616	<b>4:38.84</b>		
	50m:	28.55	150m:	1:37.23	35.96	250m:	2:53.84	41.24	350m:	4:07.44	32.06
	100m:	1:01.27	200m:	2:12.60	35.37	300m:	3:35.38	41.54	400m:	4:38.84	31.40
14.	Kut Bartosz SK		93	Boby Dębica				614	<b>4:39.05</b>		
	50m:	29.32	150m:	1:38.44	36.29	250m:	2:54.24	40.05	350m:	4:07.72	32.69
	100m:	1:02.15	200m:	2:14.19	35.75	300m:	3:35.03	40.79	400m:	4:39.05	31.33
15.	DYREK MATEUSZ		91	AZS AGH Kraków				609	<b>4:39.78</b>		
	50m:	29.61	150m:	1:38.87	35.98	250m:	2:53.95	39.90	350m:	4:07.40	33.03
	100m:	1:02.89	200m:	2:14.05	35.18	300m:	3:34.37	40.42	400m:	4:39.78	32.38
16.	NACHTMAN MATEUSZ		95	Śląsk Wrocław				608	<b>4:40.01</b>		
	50m:	28.84	150m:	1:38.97	36.55	250m:	2:54.66	38.94	350m:	4:07.98	33.84
	100m:	1:02.42	200m:	2:15.72	36.75	300m:	3:34.14	39.48	400m:	4:40.01	32.03
17.	Wiak Jakub		95	LUKS Orlik Lublin				600	<b>4:41.27</b>		
	50m:	29.68	150m:	1:39.81	36.15	250m:	2:57.44	41.83	350m:	4:10.98	31.72
	100m:	1:03.66	200m:	2:15.61	35.80	300m:	3:39.26	41.82	400m:	4:41.27	30.29

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Łódź, 20. - 21.11.2010

Konkurencja 2, M czynn, 400m zmienny, 14 lat i starsi

Pozycja					Rok ur.					Pkt.	Czas	
18.	Skubicha Konrad				92	LUKS Orlik Lublin				598	<b>4:41.53</b>	
	50m:	28.84	28.84	150m:	1:37.45	35.39	250m:	2:54.54	41.47	350m:	4:09.76	33.26
	100m:	1:02.06	33.22	200m:	2:13.07	35.62	300m:	3:36.50	41.96	400m:	4:41.53	31.77
19.	GUZIK JAKUB				91	AZS AGH Kraków				579	<b>4:44.52</b>	
	50m:	29.92	29.92	150m:	1:42.72	38.58	250m:	2:59.28	39.27	350m:	4:12.07	33.67
	100m:	1:04.14	34.22	200m:	2:20.01	37.29	300m:	3:38.40	39.12	400m:	4:44.52	32.45
20.	Brus Dominik SK				93	MKS Jordan Kraków				573	<b>4:45.56</b>	
	50m:	30.16	30.16	150m:	1:40.12	35.76	250m:	2:56.88	41.60	350m:	4:13.91	34.72
	100m:	1:04.36	34.20	200m:	2:15.28	35.16	300m:	3:39.19	42.31	400m:	4:45.56	31.65
21.	Paciorek Artur SK				93	MKS Jordan Kraków				569	<b>4:46.17</b>	
	50m:	29.51	29.51	150m:	1:41.04	37.73	250m:	2:57.62	40.73	350m:	4:13.77	34.33
	100m:	1:03.31	33.80	200m:	2:16.89	35.85	300m:	3:39.44	41.82	400m:	4:46.17	32.40
22.	Biadu Adrian				93	LUKS Orlik Lublin				550	<b>4:49.51</b>	
	50m:	29.85	29.85	150m:	1:43.10	38.91	250m:	2:59.73	38.78	350m:	4:14.83	36.03
	100m:	1:04.19	34.34	200m:	2:20.95	37.85	300m:	3:38.80	39.07	400m:	4:49.51	34.68
23.	ST PIE KONRAD				96	MKS Polonia Warszawa				542	<b>4:50.84</b>	
	50m:	30.28	30.28	150m:	1:43.24	37.50	250m:	3:02.49	41.49	350m:	4:17.52	33.78
	100m:	1:05.74	35.46	200m:	2:21.00	37.76	300m:	3:43.74	41.25	400m:	4:50.84	33.32
24.	K pka Maciej				94	UKS "GIM 92 Ursynów" Warszawa				540	<b>4:51.34</b>	
	50m:	30.64	30.64	150m:	1:42.69	37.04	250m:	3:00.17	40.74	350m:	4:17.00	34.78
	100m:	1:05.65	35.01	200m:	2:19.43	36.74	300m:	3:42.22	42.05	400m:	4:51.34	34.34
25.	Kami ski Maciej				93	LUKS Orlik Lublin				536	<b>4:52.05</b>	
	50m:	31.16	31.16	150m:	1:44.65	38.28	250m:	3:02.68	40.48	350m:	4:18.64	34.74
	100m:	1:06.37	35.21	200m:	2:22.20	37.55	300m:	3:43.90	41.22	400m:	4:52.05	33.41
26.	FURTEK PAWEŁ				95	Slask Wroclaw				535	<b>4:52.19</b>	
	50m:	31.16	31.16	150m:	1:46.42	39.51	250m:	3:07.28	44.04	350m:	4:23.25	31.13
	100m:	1:06.91	35.75	200m:	2:23.24	36.82	300m:	3:52.12	44.84	400m:	4:52.19	28.94
27.	Wolanecki Szymon				96	SKS Start Łódź				488	<b>5:01.26</b>	
	50m:	32.87	32.87	150m:	1:49.91	40.32	250m:	3:11.07	42.69	350m:	4:28.49	35.39
	100m:	1:09.59	36.72	200m:	2:28.38	38.47	300m:	3:53.10	42.03	400m:	5:01.26	32.77
28.	Gockowiak Radoslaw				95	UKS Osemka Starogard Gdanski				487	<b>5:01.49</b>	
	50m:	33.83	33.83	150m:	1:52.90	39.51	250m:	3:13.33	40.10	350m:	4:29.41	35.08
	100m:	1:13.39	39.56	200m:	2:33.23	40.33	300m:	3:54.33	41.00	400m:	5:01.49	32.08
29.	PERYDZE SKI DAMIAN				96	TP Olimpijczyk Aleksandrów				481	<b>5:02.75</b>	
	50m:	31.08	31.08	150m:	1:45.22	37.67	250m:	3:06.83	44.26	350m:	4:28.18	35.60
	100m:	1:07.55	36.47	200m:	2:22.57	37.35	300m:	3:52.58	45.75	400m:	5:02.75	34.57
30.	Szwaracki J drzej				96	UKS "Dwójka Morena" Gda sk				458	<b>5:07.80</b>	
	50m:	33.07	33.07	150m:	1:49.76	39.21	250m:	3:13.23	44.21	350m:	4:32.53	35.28
	100m:	1:10.55	37.48	200m:	2:29.02	39.26	300m:	3:57.25	44.02	400m:	5:07.80	35.27
31.	Marciniak Konrad				95	K S Poznania				437	<b>5:12.59</b>	
	50m:	33.61	33.61	150m:	1:53.07	41.37	250m:	3:15.02	41.27	350m:	4:36.31	37.65
	100m:	1:11.70	38.09	200m:	2:33.75	40.68	300m:	3:58.66	43.64	400m:	5:12.59	36.28
DYSKW.	Opalski Marcin				93	UKS "GIM 92 Ursynów" Warszawa					<b>4:47.04</b>	
	z2											
	50m:	28.67	28.67	150m:	1:37.77	36.52	250m:	2:56.28	42.39	350m:	4:13.86	33.82
	100m:	1:01.25	32.58	200m:	2:13.89	36.12	300m:	3:40.04	43.76	400m:	4:47.04	33.18