

Zimowe Mistrzostwa Województwa Łódzkiego
Łódź, 9. - 10.12.2010

Konkurencja 18
2010-12-10 - 10:50

Mężczyzn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	Milczarek Piotr		98	UKS 190 Łódź				4:57.79	392
	50m:	33.43	33.43	150m:	1:48.68	37.73	250m:	3:04.52	38.12
	100m:	1:10.95	37.52	200m:	2:26.40	37.72	300m:	3:43.21	38.69
							350m:	4:21.58	38.37
							400m:	4:57.79	36.21
2.	Kotas Wiktor		98	Skra				5:19.04	318
	50m:	35.26	35.26	150m:	1:59.13	42.17	250m:	3:22.19	41.58
	100m:	1:16.96	41.70	200m:	2:40.61	41.48	300m:	4:02.17	39.98
							350m:	4:42.96	40.79
							400m:	5:19.04	36.08
3.	Zaborowski Paweł ³		98	SKS Start Łódź				5:23.78	305
	50m:			150m:	2:42.28	1:25.95	250m:	3:23.76	
	100m:	1:16.33		200m:			300m:		
							350m:	4:46.47	
							400m:	5:23.78	37.31
4.	Dębski Michał ³		98	UKS NAWA Skierniewice				5:32.25	282
	50m:	37.49	37.49	150m:	2:02.91	42.75	250m:		
	100m:	1:20.16	42.67	200m:	2:45.97	43.06	300m:	4:11.93	
							350m:	4:54.06	42.13
							400m:	5:32.25	38.19
5.	Wesołowski Jakub		98	MKS Trójka Łódź				5:37.01	270
	50m:	38.66	38.66	150m:	2:04.12	43.19	250m:	3:30.79	43.23
	100m:	1:20.93	42.27	200m:	2:47.56	43.44	300m:	4:14.78	43.99
							350m:	4:57.28	42.50
							400m:	5:37.01	39.73
6.	Olszewski Maurycy		98	MKS Trójka Łódź				5:42.72	257
	50m:	38.39	38.39	150m:	2:06.59	44.20	250m:	3:33.52	42.76
	100m:	1:22.39	44.00	200m:	2:50.76	44.17	300m:	4:17.66	44.14
							350m:	5:02.59	44.93
							400m:	5:42.72	40.13
13 - 14 lat									
1.	PERYDZEŃSKI DAMIAN		96	TP Olimpijczyk Aleksandrów				4:17.26	607
	50m:	29.33	29.33	150m:	1:36.23	34.35	250m:	2:46.15	34.88
	100m:	1:01.88	32.55	200m:	2:11.27	35.04	300m:	3:21.25	35.10
							350m:	3:55.84	34.59
							400m:	4:17.26	21.42
2.	BUCHOLC BARTOSZ		96	TP Olimpijczyk Aleksandrów				4:24.36	560
	50m:	30.03	30.03	150m:	1:35.53	32.82	250m:	2:43.48	33.80
	100m:	1:02.71	32.68	200m:	2:09.68	34.15	300m:	3:17.52	34.04
							350m:	3:51.55	34.03
							400m:	4:24.36	32.81
3.	MOSCICKI JAN		96	TP Olimpijczyk Aleksandrów				4:36.90	487
	50m:	30.60	30.60	150m:	1:39.11	35.11	250m:	2:50.38	35.57
	100m:	1:04.00	33.40	200m:	2:14.81	35.70	300m:	3:26.52	36.14
							350m:	4:02.39	35.87
							400m:	4:36.90	34.51
4.	Karwat Krzysztof		96	UKS NAWA Skierniewice				4:37.09	486
	50m:	30.83	30.83	150m:	1:41.79	35.73	250m:	2:53.81	36.00
	100m:	1:06.06	35.23	200m:	2:17.81	36.02	300m:	3:30.05	36.24
							350m:	4:03.86	33.81
							400m:	4:37.09	33.23
5.	Jachowicz Mateusz		96	SKS Start Łódź				4:37.30	485
	50m:	31.30	31.30	150m:	1:41.73	36.11	250m:	2:53.69	35.98
	100m:	1:05.62	34.32	200m:	2:17.71	35.98	300m:	3:29.17	35.48
							350m:	4:04.22	35.05
							400m:	4:37.30	33.08
6.	Szwugier Jakub		96	MKS Trójka Łódź				4:37.40	484
	50m:			150m:	1:40.61		250m:		
	100m:			200m:	2:16.23	35.62	300m:		
							350m:		
							400m:	4:37.40	
7.	Frótczak Mateusz		97	MKS Jedyńka Łódź				4:41.49	464
	50m:	31.01	31.01	150m:	1:42.07	35.99	250m:	2:55.17	36.86
	100m:	1:06.08	35.07	200m:	2:18.31	36.24	300m:	3:31.63	36.46
							350m:	4:07.49	35.86
							400m:	4:41.49	34.00
8.	JERZYŃSKI KONRAD		96	MKS Trójka Łódź				4:46.09	442
	50m:	31.74	31.74	150m:	1:43.16		250m:		
	100m:			200m:	2:20.46	37.30	300m:		
							350m:		
							400m:	4:46.09	
9.	Paluszkiewicz Patryk		96	MKS Jedyńka Łódź				4:46.25	441
	50m:	32.05	32.05	150m:			250m:		
	100m:			200m:			300m:		
							350m:		
							400m:	4:46.25	
10.	Kępiński Michał ³		97	SKS Start Łódź				4:59.36	385
	50m:	33.81	33.81	150m:	1:49.06	38.02	250m:	3:05.42	37.61
	100m:	1:11.04	37.23	200m:	2:27.81	38.75	300m:	3:44.93	39.51
							350m:	4:23.22	38.29
							400m:	4:59.36	36.14

Zimowe Mistrzostwa Województwa Łódzkiego
Łódź, 9. - 10.12.2010

Konkurencja 18, Ch³opców, 400m dowolny, 13 - 14 lat

Pozycja	Rok ur.	Czas	Pkt.
DYSKW. Pierzyńceki Micha ³ o4	97 UKS 5 Konstantinów	4:30.80	
50m: 30.87 30.87	150m: 1:40.08 35.17	250m: 2:50.60 34.99	350m: 3:58.14 33.74
100m: 1:04.91 34.04	200m: 2:15.61 35.53	300m: 3:24.40 33.80	400m: 4:30.80 32.66
DYSKW. BANASIAK BARTOSZ o4	96 TP Olimpijczyk Aleksandrów	4:46.13	
50m: 31.20 31.20	150m: 1:42.18 36.40	250m: 2:56.39 37.54	350m: 4:11.81 37.59
100m: 1:05.78 34.58	200m: 2:18.85 36.67	300m: 3:34.22 37.83	400m: 4:46.13 34.32
DYSKW. Cwalina Kacper o4	97 UKS NAWA Skierniewice	4:48.29	
50m: 30.95 30.95	150m: 1:43.41 37.00	250m: 2:58.49 37.58	350m: 4:12.77 36.97
100m: 1:06.41 35.46	200m: 2:20.91 37.50	300m: 3:35.80 37.31	400m: 4:48.29 35.52

15 lat i starsi

1. Borkowski Łukasz	95 MKS Trójka Łódź	4:07.55	682
50m: 28.44 28.44	150m: 1:31.11 31.61	250m: 2:34.42 31.61	350m: 3:36.62 30.86
100m: 59.50 31.06	200m: 2:02.81 31.70	300m: 3:05.76 31.34	400m: 4:07.55 30.93
2. Lassek Bart ³ omiej	94 MKS Trójka Łódź	4:10.20	660
50m: 29.40 29.40	150m: 1:31.25 31.21	250m: 2:33.55 31.18	350m: 3:38.23 32.37
100m: 1:00.04 30.64	200m: 2:02.37 31.12	300m: 3:05.86 32.31	400m: 4:10.20 31.97
3. Sobczyk Kamil	93 MKS Trójka Łódź	4:13.82	632
50m: 27.08 27.08	150m: 1:29.28 31.59	250m: 2:33.58 32.45	350m: 3:40.53 33.98
100m: 57.69 30.61	200m: 2:01.13 31.85	300m: 3:06.55 32.97	400m: 4:13.82 33.29
4. Łowicki Marcin	95 UKS NAWA Skierniewice	4:19.58	591
50m: 28.98 28.98	150m: 1:33.44 32.59	250m: 2:39.48 33.03	350m: 3:47.47 33.83
100m: 1:00.85 31.87	200m: 2:06.45 33.01	300m: 3:13.64 34.16	400m: 4:19.58 32.11
5. Stanielewicz Bartosz	94 TP Olimpijczyk Aleksandrów	4:28.84	532
50m: 28.86 28.86	150m: 1:32.71 32.34	250m: 2:41.33 34.73	350m: 3:53.26 36.22
100m: 1:00.37 31.51	200m: 2:06.60 33.89	300m: 3:17.04 35.71	400m: 4:28.84 35.58
6. Golc Bartosz	94 SP Meduza Pajęczno	4:29.64	527
50m: 29.42 29.42	150m: 1:35.89 34.11	250m: 2:46.14 35.07	350m: 3:57.10 34.75
100m: 1:01.78 32.36	200m: 2:11.07 35.18	300m: 3:22.35 36.21	400m: 4:29.64 32.54
7. Derfla Marcin	95 UKS 5 Konstantinów	4:32.89	509
50m: 30.66 30.66	150m: 1:40.05 34.96	250m: 2:50.19 34.94	350m: 3:59.07 34.24
100m: 1:05.09 34.43	200m: 2:15.25 35.20	300m: 3:24.83 34.64	400m: 4:32.89 33.82
8. Bartoszewski Wojciech	94 MKS Jedyńka Łódź	4:46.69	439
50m: 30.34 30.34	150m:	250m:	350m:
100m: 1:04.91 34.57	200m:	300m:	400m: 4:46.69

Open

1. Borkowski Łukasz	95 MKS Trójka Łódź	4:07.55	682
50m: 28.44 28.44	150m: 1:31.11 31.61	250m: 2:34.42 31.61	350m: 3:36.62 30.86
100m: 59.50 31.06	200m: 2:02.81 31.70	300m: 3:05.76 31.34	400m: 4:07.55 30.93
2. Lassek Bart ³ omiej	94 MKS Trójka Łódź	4:10.20	660
50m: 29.40 29.40	150m: 1:31.25 31.21	250m: 2:33.55 31.18	350m: 3:38.23 32.37
100m: 1:00.04 30.64	200m: 2:02.37 31.12	300m: 3:05.86 32.31	400m: 4:10.20 31.97
3. Sobczyk Kamil	93 MKS Trójka Łódź	4:13.82	632
50m: 27.08 27.08	150m: 1:29.28 31.59	250m: 2:33.58 32.45	350m: 3:40.53 33.98
100m: 57.69 30.61	200m: 2:01.13 31.85	300m: 3:06.55 32.97	400m: 4:13.82 33.29
4. PERYDZEŃSKI DAMIAN	96 TP Olimpijczyk Aleksandrów	4:17.26	607
50m: 29.33 29.33	150m: 1:36.23 34.35	250m: 2:46.15 34.88	350m: 3:55.84 34.59
100m: 1:01.88 32.55	200m: 2:11.27 35.04	300m: 3:21.25 35.10	400m: 4:17.26 21.42

Zimowe Mistrzostwa Województwa Łódzkiego
Łódź, 9. - 10.12.2010

Konkurencja 18, Mężczyzn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
5.	Łowicki Marcin		95	UKS NAWA Skierniewice				4:19.58	591
	50m:	28.98 28.98	150m:	1:33.44 32.59	250m:	2:39.48 33.03	350m:	3:47.47 33.83	
	100m:	1:00.85 31.87	200m:	2:06.45 33.01	300m:	3:13.64 34.16	400m:	4:19.58 32.11	
6.	BUCHOLC BARTOSZ		96	TP Olimpijczyk Aleksandrów				4:24.36	560
	50m:	30.03 30.03	150m:	1:35.53 32.82	250m:	2:43.48 33.80	350m:	3:51.55 34.03	
	100m:	1:02.71 32.68	200m:	2:09.68 34.15	300m:	3:17.52 34.04	400m:	4:24.36 32.81	
7.	Stanielewicz Bartosz		94	TP Olimpijczyk Aleksandrów				4:28.84	532
	50m:	28.86 28.86	150m:	1:32.71 32.34	250m:	2:41.33 34.73	350m:	3:53.26 36.22	
	100m:	1:00.37 31.51	200m:	2:06.60 33.89	300m:	3:17.04 35.71	400m:	4:28.84 35.58	
8.	Golc Bartosz		94	SP Meduza Pajęczno				4:29.64	527
	50m:	29.42 29.42	150m:	1:35.89 34.11	250m:	2:46.14 35.07	350m:	3:57.10 34.75	
	100m:	1:01.78 32.36	200m:	2:11.07 35.18	300m:	3:22.35 36.21	400m:	4:29.64 32.54	
9.	Derfla Marcin		95	UKS 5 Konstantinów				4:32.89	509
	50m:	30.66 30.66	150m:	1:40.05 34.96	250m:	2:50.19 34.94	350m:	3:59.07 34.24	
	100m:	1:05.09 34.43	200m:	2:15.25 35.20	300m:	3:24.83 34.64	400m:	4:32.89 33.82	
10.	MOSCICKI JAN		96	TP Olimpijczyk Aleksandrów				4:36.90	487
	50m:	30.60 30.60	150m:	1:39.11 35.11	250m:	2:50.38 35.57	350m:	4:02.39 35.87	
	100m:	1:04.00 33.40	200m:	2:14.81 35.70	300m:	3:26.52 36.14	400m:	4:36.90 34.51	
11.	Karwat Krzysztof		96	UKS NAWA Skierniewice				4:37.09	486
	50m:	30.83 30.83	150m:	1:41.79 35.73	250m:	2:53.81 36.00	350m:	4:03.86 33.81	
	100m:	1:06.06 35.23	200m:	2:17.81 36.02	300m:	3:30.05 36.24	400m:	4:37.09 33.23	
12.	Jachowicz Mateusz		96	SKS Start Łódź				4:37.30	485
	50m:	31.30 31.30	150m:	1:41.73 36.11	250m:	2:53.69 35.98	350m:	4:04.22 35.05	
	100m:	1:05.62 34.32	200m:	2:17.71 35.98	300m:	3:29.17 35.48	400m:	4:37.30 33.08	
13.	Szwugier Jakub		96	MKS Trójka Łódź				4:37.40	484
	50m:		150m:	1:40.61	250m:		350m:		
	100m:		200m:	2:16.23 35.62	300m:		400m:	4:37.40	
14.	Fr1tczak Mateusz		97	MKS Jedyńka Łódź				4:41.49	464
	50m:	31.01 31.01	150m:	1:42.07 35.99	250m:	2:55.17 36.86	350m:	4:07.49 35.86	
	100m:	1:06.08 35.07	200m:	2:18.31 36.24	300m:	3:31.63 36.46	400m:	4:41.49 34.00	
15.	JERZYŃSKI KONRAD		96	MKS Trójka Łódź				4:46.09	442
	50m:	31.74 31.74	150m:	1:43.16	250m:		350m:		
	100m:		200m:	2:20.46 37.30	300m:		400m:	4:46.09	
16.	Paluszkiewicz Patryk		96	MKS Jedyńka Łódź				4:46.25	441
	50m:	32.05 32.05	150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:46.25	
17.	Bartoszewski Wojciech		94	MKS Jedyńka Łódź				4:46.69	439
	50m:	30.34 30.34	150m:		250m:		350m:		
	100m:	1:04.91 34.57	200m:		300m:		400m:	4:46.69	
18.	Milczarek Piotr		98	UKS 190 Łódź				4:57.79	392
	50m:	33.43 33.43	150m:	1:48.68 37.73	250m:	3:04.52 38.12	350m:	4:21.58 38.37	
	100m:	1:10.95 37.52	200m:	2:26.40 37.72	300m:	3:43.21 38.69	400m:	4:57.79 36.21	
19.	Kêpiński Michał ³		97	SKS Start Łódź				4:59.36	385
	50m:	33.81 33.81	150m:	1:49.06 38.02	250m:	3:05.42 37.61	350m:	4:23.22 38.29	
	100m:	1:11.04 37.23	200m:	2:27.81 38.75	300m:	3:44.93 39.51	400m:	4:59.36 36.14	
20.	Kotas Wiktor		98	Skra				5:19.04	318
	50m:	35.26 35.26	150m:	1:59.13 42.17	250m:	3:22.19 41.58	350m:	4:42.96 40.79	
	100m:	1:16.96 41.70	200m:	2:40.61 41.48	300m:	4:02.17 39.98	400m:	5:19.04 36.08	
21.	Zaborowski Paweł ³		98	SKS Start Łódź				5:23.78	305
	50m:		150m:	2:42.28 1:25.95	250m:	3:23.76	350m:	4:46.47	
	100m:	1:16.33	200m:		300m:		400m:	5:23.78 37.31	
22.	Dêbski Michał ³		98	UKS NAWA Skierniewice				5:32.25	282
	50m:	37.49 37.49	150m:	2:02.91 42.75	250m:		350m:	4:54.06 42.13	
	100m:	1:20.16 42.67	200m:	2:45.97 43.06	300m:	4:11.93	400m:	5:32.25 38.19	

Zimowe Mistrzostwa Województwa Łódzkiego
 Łódź, 9. - 10.12.2010

Konkurencja 18, Mężczyzn, 400m dowolny, Open

Pozycja			Rok ur.				Czas	Pkt.			
23.	Wesołowski Jakub		98	MKS Trójka Łódź			5:37.01	270			
	50m:	38.66 38.66	150m:	2:04.12	43.19	250m:	3:30.79	43.23	350m:	4:57.28	42.50
	100m:	1:20.93 42.27	200m:	2:47.56	43.44	300m:	4:14.78	43.99	400m:	5:37.01	39.73
24.	Olszewski Maurycy		98	MKS Trójka Łódź			5:42.72	257			
	50m:	38.39 38.39	150m:	2:06.59	44.20	250m:	3:33.52	42.76	350m:	5:02.59	44.93
	100m:	1:22.39 44.00	200m:	2:50.76	44.17	300m:	4:17.66	44.14	400m:	5:42.72	40.13
DYSKW.	Pierzyńceki Michaś		97	UKS 5 Konstancynów			4:30.80				
	<i>o4</i>										
	50m:	30.87 30.87	150m:	1:40.08	35.17	250m:	2:50.60	34.99	350m:	3:58.14	33.74
	100m:	1:04.91 34.04	200m:	2:15.61	35.53	300m:	3:24.40	33.80	400m:	4:30.80	32.66
DYSKW.	BANASIAK BARTOSZ		96	TP Olimpijczyk Aleksandrów			4:46.13				
	<i>o4</i>										
	50m:	31.20 31.20	150m:	1:42.18	36.40	250m:	2:56.39	37.54	350m:	4:11.81	37.59
	100m:	1:05.78 34.58	200m:	2:18.85	36.67	300m:	3:34.22	37.83	400m:	4:46.13	34.32
DYSKW.	Cwalina Kacper		97	UKS NAWA Skierniewice			4:48.29				
	<i>o4</i>										
	50m:	30.95 30.95	150m:	1:43.41	37.00	250m:	2:58.49	37.58	350m:	4:12.77	36.97
	100m:	1:06.41 35.46	200m:	2:20.91	37.50	300m:	3:35.80	37.31	400m:	4:48.29	35.52