

Grand Prix - Puchar Polski
Łódź, 12- - 13-11-2011

Konkurencja 34
2011-11-13 - 13:01

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Pkt.	Czas	
1.	Korzeniowski Paweł		85	AZS AWF Warszawa				806	3:48.61	
	50m:	26.30 26.30	150m:	1:24.53 29.31	250m:	2:23.92 29.65	350m:	3:21.22 28.32		
	100m:	55.22 28.92	200m:	1:54.27 29.74	300m:	2:52.90 28.98	400m:	3:48.61 27.39		
2.	Szuba Michał SWR		93	Wks SI sk				789	3:50.19	
	50m:	27.12 27.12	150m:	1:25.71 29.50	250m:	2:24.09 28.79	350m:	3:22.13 29.06		
	100m:	56.21 29.09	200m:	1:55.30 29.59	300m:	2:53.07 28.98	400m:	3:50.19 28.06		
3.	Starczyk Przemysław		85	MKP Szczecin				788	3:50.29	
	50m:	26.93 26.93	150m:	1:25.00 29.23	250m:	2:24.00 29.59	350m:	3:22.42 29.08		
	100m:	55.77 28.84	200m:	1:54.41 29.41	300m:	2:53.34 29.34	400m:	3:50.29 27.87		
4.	Zaborowski Filip SSZ		94	MKP Szczecin				779	3:51.20	
	50m:	27.54 27.54	150m:	1:26.14 29.49	250m:	2:24.77 29.20	350m:	3:23.14 29.07		
	100m:	56.65 29.11	200m:	1:55.57 29.43	300m:	2:54.07 29.30	400m:	3:51.20 28.06		
5.	Pielowski Krzysztof		91	AZS UWM Olsztyn				774	3:51.73	
	50m:	27.50 27.50	150m:	1:25.51 29.16	250m:	2:24.26 29.41	350m:	3:22.95 29.33		
	100m:	56.35 28.85	200m:	1:54.85 29.34	300m:	2:53.62 29.36	400m:	3:51.73 28.78		
6.	Kaczmarski Marcin SSz		94	KS KSZO Ostrowiec w				747	3:54.43	
	50m:	28.21 28.21	150m:	1:28.02 29.81	250m:	2:27.21 29.44	350m:	3:25.90 29.26		
	100m:	58.21 30.00	200m:	1:57.77 29.75	300m:	2:56.64 29.43	400m:	3:54.43 28.53		
7.	witkowski Jan		94	UKS Skarpa Lublin				740	3:55.19	
	50m:	27.98 27.98	150m:	1:27.97 29.93	250m:	2:27.81 29.47	350m:	3:26.78 29.38		
	100m:	58.04 30.06	200m:	1:58.34 30.37	300m:	2:57.40 29.59	400m:	3:55.19 28.41		
8.	Zaczyński Karol		91	AZS AWF Katowice				739	3:55.28	
	50m:	27.46 27.46	150m:	1:27.02 30.03	250m:	2:27.24 30.06	350m:	3:27.00 29.62		
	100m:	56.99 29.53	200m:	1:57.18 30.16	300m:	2:57.38 30.14	400m:	3:55.28 28.28		
9.	Borowicz Skoneczny Sylwester		92	AZS UWM Olsztyn				736	3:55.56	
	50m:	28.00 28.00	150m:	1:27.00 29.57	250m:	2:26.50 29.78	350m:	3:26.21 30.01		
	100m:	57.43 29.43	200m:	1:56.72 29.72	300m:	2:56.20 29.70	400m:	3:55.56 29.35		
10.	Rybiński Dawid SWR		93	Wks SI sk				733	3:55.96	
	50m:	28.10 28.10	150m:	1:27.45 30.08	250m:	2:27.45 29.87	350m:	3:27.01 29.68		
	100m:	57.37 29.27	200m:	1:57.58 30.13	300m:	2:57.33 29.88	400m:	3:55.96 28.95		
11.	Kawcki Radosław		91	KORNER Zielona Góra				731	3:56.10	
	50m:	26.63 26.63	150m:	1:25.91 30.34	250m:	2:26.59 30.50	350m:	3:27.61 30.76		
	100m:	55.57 28.94	200m:	1:56.09 30.18	300m:	2:56.85 30.26	400m:	3:56.10 28.49		
12.	Bujoczek Filip SWR		94	Wks SI sk				724	3:56.88	
	50m:	27.61 27.61	150m:	1:27.73 30.09	250m:	2:28.03 30.05	350m:	3:28.01 29.98		
	100m:	57.64 30.03	200m:	1:57.98 30.25	300m:	2:58.03 30.00	400m:	3:56.88 28.87		
13.	Wysoczyński Matusz SZG		93	MKS Jordan Kraków				719	3:57.40	
	50m:	27.98 27.98	150m:	1:28.38 30.34	250m:	2:28.66 29.94	350m:	3:28.61 29.90		
	100m:	58.04 30.06	200m:	1:58.72 30.34	300m:	2:58.71 30.05	400m:	3:57.40 28.79		
14.	Towarek Sebastian SWR		93	Wks SI sk				718	3:57.55	
	50m:	28.11 28.11	150m:	1:27.73 29.92	250m:	2:28.41 30.24	350m:	3:28.73 30.07		
	100m:	57.81 29.70	200m:	1:58.17 30.44	300m:	2:58.66 30.25	400m:	3:57.55 28.82		
15.	Chmiel Łukasz		93	CSiR MOS D browa Górnicza				706	3:58.87	
	50m:	27.55 27.55	150m:	1:27.94 30.51	250m:	2:28.97 30.20	350m:	3:30.05 30.55		
	100m:	57.43 29.88	200m:	1:58.77 30.83	300m:	2:59.50 30.53	400m:	3:58.87 28.82		
16.	Gilski Krzysztof		93	MTP KORMORAN Olsztyn				705	3:58.99	
	50m:	28.62 28.62	150m:	1:31.01 31.08	250m:	2:31.57 29.76	350m:	3:30.90 29.68		
	100m:	59.93 31.31	200m:	2:01.81 30.80	300m:	3:01.22 29.65	400m:	3:58.99 28.09		
17.	Meller Olaf		92	KS AZS-AWFis Gdańsk				705	3:59.01	
	50m:	27.98 27.98	150m:	1:28.20 30.29	250m:	2:28.20 29.56	350m:	3:28.55 30.09		
	100m:	57.91 29.93	200m:	1:58.64 30.44	300m:	2:58.46 30.26	400m:	3:59.01 30.46		

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Konkurencja 34, Mężczyźni, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Pkt.	Czas	
18.	Hura Bartosz		91	AZS UWM Olsztyn				704	3:59.12	
	50m:	28.43 28.43	150m:	1:28.08 29.78	250m:	2:27.72 29.87	350m:	3:28.25 30.52		
	100m:	58.30 29.87	200m:	1:57.85 29.77	300m:	2:57.73 30.01	400m:	3:59.12 30.87		
19.	Klich Kacper SWR		94	Azs-Awf Katowice				703	3:59.20	
	50m:	28.01 28.01	150m:	1:27.91 30.12	250m:	2:28.53 30.32	350m:	3:29.41 30.54		
	100m:	57.79 29.78	200m:	1:58.21 30.30	300m:	2:58.87 30.34	400m:	3:59.20 29.79		
20.	Furtek Paweł		95	Wks SI sk				699	3:59.70	
	50m:	27.78 27.78	150m:	1:28.24 30.30	250m:	2:29.04 30.39	350m:	3:30.04 30.46		
	100m:	57.94 30.16	200m:	1:58.65 30.41	300m:	2:59.58 30.54	400m:	3:59.70 29.66		
21.	Szamotulski Wojciech		91	Wks SI sk				699	3:59.74	
	50m:	28.56 28.56	150m:	1:29.01 30.02	250m:	2:29.81 30.30	350m:	3:30.79 30.30		
	100m:	58.99 30.43	200m:	1:59.51 30.50	300m:	3:00.49 30.68	400m:	3:59.74 28.95		
22.	Lassek Bartłomiej		94	Mks Trójka Łódź				694	4:00.29	
	50m:	27.86 27.86	150m:	1:27.79 30.06	250m:	2:28.75 30.59	350m:	3:30.21 30.88		
	100m:	57.73 29.87	200m:	1:58.16 30.37	300m:	2:59.33 30.58	400m:	4:00.29 30.08		
23.	Kuwik Maciej SWR		96	Wks SI sk				692	4:00.49	
	50m:	28.17 28.17	150m:	1:29.19 30.86	250m:	2:30.71 30.60	350m:	3:31.67 30.30		
	100m:	58.33 30.16	200m:	2:00.11 30.92	300m:	3:01.37 30.66	400m:	4:00.49 28.82		
24.	Kliza Mateusz SK		94	Avia widnik				687	4:01.10	
	50m:	28.31 28.31	150m:	1:29.06 30.58	250m:	2:30.17 30.62	350m:	3:31.38 30.40		
	100m:	58.48 30.17	200m:	1:59.55 30.49	300m:	3:00.98 30.81	400m:	4:01.10 29.72		
25.	Jankowski Paweł		95	CSiR MOS D browa Górnicza				678	4:02.11	
	50m:	28.48 28.48	150m:	1:30.98 31.27	250m:	2:32.21 29.97	350m:	3:33.09 30.39		
	100m:	59.71 31.23	200m:	2:02.24 31.26	300m:	3:02.70 30.49	400m:	4:02.11 29.02		
26.	Kwiecień Kacper		95	MKS Polonia Warszawa				674	4:02.65	
	50m:	28.63 28.63	150m:	1:30.03 30.93	250m:	2:31.90 30.62	350m:	3:33.32 30.51		
	100m:	59.10 30.47	200m:	2:01.28 31.25	300m:	3:02.81 30.91	400m:	4:02.65 29.33		
27.	Piłkowski Mateusz		90	AZS AWF Warszawa				669	4:03.21	
	50m:	27.71 27.71	150m:	1:27.42 30.08	250m:	2:29.22 31.19	350m:	3:32.30 31.57		
	100m:	57.34 29.63	200m:	1:58.03 30.61	300m:	3:00.73 31.51	400m:	4:03.21 30.91		
28.	Poławski Mariusz		93	UKS"G-8 Bielany" Warszawa				667	4:03.49	
	50m:	28.07 28.07	150m:	1:29.17 30.46	250m:	2:30.84 30.56	350m:	3:33.28 31.22		
	100m:	58.71 30.64	200m:	2:00.28 31.11	300m:	3:02.06 31.22	400m:	4:03.49 30.21		
29.	Stokarski Marek		92	AZS AWF Warszawa				663	4:03.94	
	50m:	28.29 28.29	150m:	1:30.00 31.10	250m:	2:31.72 30.92	350m:	3:33.38 30.71		
	100m:	58.90 30.61	200m:	2:00.80 30.80	300m:	3:02.67 30.95	400m:	4:03.94 30.56		
30.	Borkowski Łukasz		95	Mks Trójka Łódź				652	4:05.26	
	50m:	28.07 28.07	150m:	1:29.33 30.92	250m:	2:31.51 31.13	350m:	3:34.31 31.27		
	100m:	58.41 30.34	200m:	2:00.38 31.05	300m:	3:03.04 31.53	400m:	4:05.26 30.95		
31.	Kubkowski Bartłomiej SWR		95	Wks SI sk				650	4:05.62	
	50m:	28.70 28.70	150m:	1:30.91 31.36	250m:	2:32.70 30.27	350m:	3:34.85 31.51		
	100m:	59.55 30.85	200m:	2:02.43 31.52	300m:	3:03.34 30.64	400m:	4:05.62 30.77		
32.	Grosz Patryk		94	MKS Polonia Warszawa				648	4:05.78	
	50m:	28.40 28.40	150m:	1:29.86 30.79	250m:	2:31.27 30.35	350m:	3:33.92 31.63		
	100m:	59.07 30.67	200m:	2:00.92 31.06	300m:	3:02.29 31.02	400m:	4:05.78 31.86		
33.	Zoniuk Maciej SWR		94	Wks SI sk				647	4:05.94	
	50m:	28.06 28.06	150m:	1:29.34 30.81	250m:	2:32.25 31.63	350m:	3:34.93 31.82		
	100m:	58.53 30.47	200m:	2:00.62 31.28	300m:	3:03.11 30.86	400m:	4:05.94 31.01		
34.	Urbaniak Jan		95	Warta Poznań				647	4:05.98	
	50m:	28.33 28.33	150m:	1:29.25 30.60	250m:	2:31.30 31.02	350m:	3:34.70 31.71		
	100m:	58.65 30.32	200m:	2:00.28 31.03	300m:	3:02.99 31.69	400m:	4:05.98 31.28		
35.	Cholewo Krzysztof		95	Klub Sportowy "1" Oarów Mazowiecki				642	4:06.63	
	50m:	28.37 28.37	150m:	1:30.48 31.32	250m:	2:33.56 31.49	350m:	3:36.52 31.50		
	100m:	59.16 30.79	200m:	2:02.07 31.59	300m:	3:05.02 31.46	400m:	4:06.63 30.11		

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Konkurencja 34, M czynn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Pkt.	Czas	
36.	Pacholczyk Mateusz				92	MTP KORMORAN Olsztyn				636	4:07.36	
	50m:	28.88	28.88	150m:	1:31.74	31.87	250m:	2:34.47	31.64	350m:	3:37.10	31.37
	100m:	59.87	30.99	200m:	2:02.83	31.09	300m:	3:05.73	31.26	400m:	4:07.36	30.26
37.	WIATROWSKI Remigiusz				96	Warta Pozna				635	4:07.49	
	50m:	28.70	28.70	150m:	1:31.95	31.65	250m:	2:35.12	31.51	350m:	3:37.09	30.56
	100m:	1:00.30	31.60	200m:	2:03.61	31.66	300m:	3:06.53	31.41	400m:	4:07.49	30.40
38.	Bor Radosław SZG				93	KORNER Zielona Góra				635	4:07.52	
	50m:	28.43	28.43	150m:	1:30.20	30.88	250m:	2:32.88	31.34	350m:	3:36.33	31.90
	100m:	59.32	30.89	200m:	2:01.54	31.34	300m:	3:04.43	31.55	400m:	4:07.52	31.19
39.	Pietrzak Dawid				97	MUKS P tnastrka Bydgoszcz				633	4:07.72	
	50m:	28.83	28.83	150m:	1:30.71	31.16	250m:	2:34.46	31.91	350m:	3:37.41	31.21
	100m:	59.55	30.72	200m:	2:02.55	31.84	300m:	3:06.20	31.74	400m:	4:07.72	30.31
40.	Osses Arkadiusz				95	Warta Pozna				631	4:08.03	
	50m:	29.44	29.44	150m:	1:31.49	30.90	250m:	2:33.96	31.12	350m:	3:36.98	31.52
	100m:	1:00.59	31.15	200m:	2:02.84	31.35	300m:	3:05.46	31.50	400m:	4:08.03	31.05
41.	St pie Konrad				96	MKS Polonia Warszawa				630	4:08.15	
	50m:	28.66	28.66	150m:	1:30.52	31.10	250m:	2:32.56	30.92	350m:	3:36.08	32.24
	100m:	59.42	30.76	200m:	2:01.64	31.12	300m:	3:03.84	31.28	400m:	4:08.15	32.07
42.	Bi Daniel				95	UKS"G-8 Bielany" Warszawa				627	4:08.52	
	50m:	27.87	27.87	150m:	1:27.85	30.28	250m:	2:30.77	31.81	350m:	3:35.80	32.66
	100m:	57.57	29.70	200m:	1:58.96	31.11	300m:	3:03.14	32.37	400m:	4:08.52	32.72
43.	Itendo Piotr				93	MKS Juvenia Białystok				621	4:09.33	
	50m:	28.88	28.88	150m:	1:31.38	31.53	250m:	2:34.40	31.27	350m:	3:38.93	32.36
	100m:	59.85	30.97	200m:	2:03.13	31.75	300m:	3:06.57	32.17	400m:	4:09.33	30.40
44.	U ciłko Michał				95	UKS Batory Sokółka				618	4:09.72	
	50m:	28.61	28.61	150m:	1:31.17	31.47	250m:	2:34.76	31.47	350m:	3:38.78	31.63
	100m:	59.70	31.09	200m:	2:03.29	32.12	300m:	3:07.15	32.39	400m:	4:09.72	30.94
45.	Go dzik Damian				95	Warta Pozna				612	4:10.55	
	50m:	28.63	28.63	150m:	1:32.24	32.10	250m:	2:36.68	32.50	350m:	3:41.24	31.98
	100m:	1:00.14	31.51	200m:	2:04.18	31.94	300m:	3:09.26	32.58	400m:	4:10.55	29.31
46.	Szarli ski Filip				92	UKS"G-8 Bielany" Warszawa				601	4:12.05	
	50m:	28.08	28.08	150m:	1:29.29	30.91	250m:	2:33.05	32.03	350m:	3:39.45	33.24
	100m:	58.38	30.30	200m:	2:01.02	31.73	300m:	3:06.21	33.16	400m:	4:12.05	32.60
47.	Staniszewski Adam				97	Mks Trójka Łódź				601	4:12.07	
	50m:	29.20	29.20	150m:	1:33.37	32.29	250m:	2:37.85	32.06	350m:	3:41.24	31.53
	100m:	1:01.08	31.88	200m:	2:05.79	32.42	300m:	3:09.71	31.86	400m:	4:12.07	30.83
48.	Przyborowski Piotr				93	KP MZOS Płock				587	4:13.98	
	50m:	26.68	26.68	150m:	1:27.56	31.13	250m:	2:32.99	32.83	350m:	3:40.67	33.97
	100m:	56.43	29.75	200m:	2:00.16	32.60	300m:	3:06.70	33.71	400m:	4:13.98	33.31
49.	BUCHOLC BARTOSZ				96	Towarzystwo Pływackie Olimpijczyk				586	4:14.16	
	50m:	28.50	28.50	150m:	1:32.09	32.22	250m:	2:37.10	32.49	350m:	3:42.57	32.46
	100m:	59.87	31.37	200m:	2:04.61	32.52	300m:	3:10.11	33.01	400m:	4:14.16	31.59
50.	Brodzik Andrzej				94	UKS Skarpa Lublin				579	4:15.14	
	50m:	29.24	29.24	150m:	1:33.73	32.15	250m:	2:38.91	32.44	350m:	3:43.64	32.43
	100m:	1:01.58	32.34	200m:	2:06.47	32.74	300m:	3:11.21	32.30	400m:	4:15.14	31.50
51.	Hoffmann Robert				95	Ts Olimpia Pozna				579	4:15.24	
	50m:	29.70	29.70	150m:	1:34.20	32.40	250m:	2:38.70	31.91	350m:	3:43.90	32.44
	100m:	1:01.80	32.10	200m:	2:06.79	32.59	300m:	3:11.46	32.76	400m:	4:15.24	31.34
52.	Le kiewicz Konrad				96	MKS Polonia Warszawa				575	4:15.85	
	50m:	28.52	28.52	150m:	1:31.95	31.85	250m:	2:36.85	32.38	350m:	3:42.70	33.00
	100m:	1:00.10	31.58	200m:	2:04.47	32.52	300m:	3:09.70	32.85	400m:	4:15.85	33.15
53.	Szmajda Michał				97	MUKS Olimpijczyk Suwałki				574	4:15.98	
	50m:	29.37	29.37	150m:	1:33.75	32.23	250m:	2:38.76	32.30	350m:	3:44.22	32.67
	100m:	1:01.52	32.15	200m:	2:06.46	32.71	300m:	3:11.55	32.79	400m:	4:15.98	31.76

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Pozycja					Rok ur.					Pkt.	Czas	
54.	Łowicki Marcin				95	UKS NAWA Skierniewice				568	4:16.91	
	50m:	28.80	28.80	150m:	1:33.39	32.57	250m:	2:38.50	32.71	350m:	3:44.52	33.53
	100m:	1:00.82	32.02	200m:	2:05.79	32.40	300m:	3:10.99	32.49	400m:	4:16.91	32.39
55.	Kotlewski Michał SK				94	MKS Zryw Opole				560	4:18.10	
	50m:	28.78	28.78	150m:	1:31.62	31.75	250m:	2:36.86	32.93	350m:	3:44.73	33.87
	100m:	59.87	31.09	200m:	2:03.93	32.31	300m:	3:10.86	34.00	400m:	4:18.10	33.37
56.	Rutkowski Krzysztof				96	MTP Lublinianka				560	4:18.11	
	50m:	29.59	29.59	150m:	1:33.68	32.07	250m:	2:38.20	32.59	350m:	3:43.18	32.00
	100m:	1:01.61	32.02	200m:	2:05.61	31.93	300m:	3:11.18	32.98	400m:	4:18.11	34.93
57.	HORAŁA Damian				96	Warta Pozna				558	4:18.34	
	50m:	29.78	29.78	150m:	1:35.81	33.22	250m:	2:42.05	33.15	350m:	3:47.38	32.55
	100m:	1:02.59	32.81	200m:	2:08.90	33.09	300m:	3:14.83	32.78	400m:	4:18.34	30.96
58.	Dorosz Adam				95	MKS Polonia Warszawa				555	4:18.77	
	50m:	30.02	30.02	150m:	1:34.70	32.35	250m:	2:39.51	32.31	350m:	3:46.29	33.72
	100m:	1:02.35	32.33	200m:	2:07.20	32.50	300m:	3:12.57	33.06	400m:	4:18.77	32.48
	EBROWSKI PIOTR				90	Uks,, oliborz" Warszawa				555	4:18.77	
	50m:	29.38	29.38	150m:	1:33.56	32.47	250m:	2:39.66	33.26	350m:	3:46.04	32.98
	100m:	1:01.09	31.71	200m:	2:06.40	32.84	300m:	3:13.06	33.40	400m:	4:18.77	32.73
60.	WERTEPNY Damian				96	UKS Shark Rudna				555	4:18.78	
	50m:	29.34	29.34	150m:	1:34.94	32.96	250m:	2:40.40	32.60	350m:	3:46.41	33.18
	100m:	1:01.98	32.64	200m:	2:07.80	32.86	300m:	3:13.23	32.83	400m:	4:18.78	32.37
61.	Marchel Adrian				95	MKS Juvenia Białystok				551	4:19.49	
	50m:	29.12	29.12	150m:	1:33.83	32.66	250m:	2:40.09	33.31	350m:	3:47.03	33.54
	100m:	1:01.17	32.05	200m:	2:06.78	32.95	300m:	3:13.49	33.40	400m:	4:19.49	32.46
62.	Pierzy ski Michał				97	UKS "Pi tka" Konstantynów Łódzki				540	4:21.14	
	50m:	29.51	29.51	150m:	1:35.62	33.13	250m:	2:42.29	33.17	350m:	3:48.83	33.22
	100m:	1:02.49	32.98	200m:	2:09.12	33.50	300m:	3:15.61	33.32	400m:	4:21.14	32.31
63.	Wi niewski Wiktor				95	KP MZOS Płock				537	4:21.73	
	50m:	27.26	27.26	150m:	1:31.03	32.61	250m:	2:38.15	33.43	350m:	3:49.02	35.63
	100m:	58.42	31.16	200m:	2:04.72	33.69	300m:	3:13.39	35.24	400m:	4:21.73	32.71
64.	Szcz niak Piotr				94	UKS"G-8 Bielany" Warszawa				536	4:21.86	
	50m:	29.73	29.73	150m:	1:36.99	33.80	250m:	2:44.83	33.84	350m:	3:51.06	32.42
	100m:	1:03.19	33.46	200m:	2:10.99	34.00	300m:	3:18.64	33.81	400m:	4:21.86	30.80
65.	Bugdol Rafał SR				95	MKS-SMS Victoria Racibórz				536	4:21.91	
	50m:	28.17	28.17	150m:	1:33.37	33.07	250m:	2:40.89	33.96	350m:	3:49.29	34.48
	100m:	1:00.30	32.13	200m:	2:06.93	33.56	300m:	3:14.81	33.92	400m:	4:21.91	32.62
66.	HADA Mateusz				96	Warta Pozna				524	4:23.85	
	50m:	29.84	29.84	150m:	1:36.35	33.20	250m:	2:43.92	34.29	350m:	3:52.07	33.28
	100m:	1:03.15	33.31	200m:	2:09.63	33.28	300m:	3:18.79	34.87	400m:	4:23.85	31.78
67.	TACZA SKI Bartłomiej				96	UKS Shark Rudna				520	4:24.49	
	50m:	29.24	29.24	150m:	1:33.89	33.01	250m:	2:41.83	34.34	350m:	3:52.18	34.68
	100m:	1:00.88	31.64	200m:	2:07.49	33.60	300m:	3:17.50	35.67	400m:	4:24.49	32.31
68.	Tyll Tomasz				95	Posnania Pozna				517	4:24.94	
	50m:	30.22	30.22	150m:	1:36.35	33.27	250m:	2:44.04	33.95	350m:	3:51.75	33.72
	100m:	1:03.08	32.86	200m:	2:10.09	33.74	300m:	3:18.03	33.99	400m:	4:24.94	33.19
69.	Bruchajzer Dominik				97	KP MZOS Płock				516	4:25.18	
	50m:	29.51	29.51	150m:	1:37.12	34.46	250m:	2:45.38	34.03	350m:	3:52.78	34.01
	100m:	1:02.66	33.15	200m:	2:11.35	34.23	300m:	3:18.77	33.39	400m:	4:25.18	32.40
70.	Płachta Emil				96	MTP KORMORAN Olsztyn				499	4:28.14	
	50m:	29.82	29.82	150m:	1:35.59	33.16	250m:	2:44.11	34.40	350m:	3:53.60	34.77
	100m:	1:02.43	32.61	200m:	2:09.71	34.12	300m:	3:18.83	34.72	400m:	4:28.14	34.54
71.	HODERNY Bartosz				96	UKS Shark Rudna				492	4:29.37	
	50m:	30.70	30.70	150m:	1:38.66	34.49	250m:	2:48.64	35.23	350m:	3:57.32	33.60
	100m:	1:04.17	33.47	200m:	2:13.41	34.75	300m:	3:23.72	35.08	400m:	4:29.37	32.05

Grand Prix - Puchar Polski
Łódź , 12- - 13-11-2011

Konkurencja 34, M czynn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Pkt.	Czas	
72.	Pełczy ski Kacper				92	AZS AWF Katowice				481	4:31.39	
	50m:	29.42	29.42	150m:	1:38.06	35.03	250m:	2:47.60	34.82	350m:	3:57.05	34.84
	100m:	1:03.03	33.61	200m:	2:12.78	34.72	300m:	3:22.21	34.61	400m:	4:31.39	34.34
73.	Kossakowski Mikołaj				95	Mks Trójka Łódź				481	4:31.41	
	50m:	30.23	30.23	150m:	1:38.03	34.44	250m:	2:47.33	34.80	350m:	3:57.82	35.39
	100m:	1:03.59	33.36	200m:	2:12.53	34.50	300m:	3:22.43	35.10	400m:	4:31.41	33.59
74.	Bukowski-Matz Mateusz				95	Warta Poznań				479	4:31.82	
	50m:	29.75	29.75	150m:	1:35.42	33.34	250m:	2:44.27	35.03	350m:	3:55.84	36.06
	100m:	1:02.08	32.33	200m:	2:09.24	33.82	300m:	3:19.78	35.51	400m:	4:31.82	35.98
75.	Hahn Jakub				97	Mks Jedynka Łódź				476	4:32.44	
	50m:	31.27	31.27	150m:	1:41.33	35.19	250m:	2:50.52	35.17	350m:	3:59.09	34.12
	100m:	1:06.14	34.87	200m:	2:15.35	34.02	300m:	3:24.97	34.45	400m:	4:32.44	33.35
76.	Muller Maksym				97	MKP „Słowianka” Gorzów Wlkp.				468	4:33.88	
	50m:	31.17	31.17	150m:	1:40.18	35.07	250m:	2:50.04	35.05	350m:	3:59.76	35.10
	100m:	1:05.11	33.94	200m:	2:14.99	34.81	300m:	3:24.66	34.62	400m:	4:33.88	34.12
77.	Lelek Mateusz				96	MKS Polonia Warszawa				462	4:35.18	
	50m:	30.85	30.85	150m:	1:41.20	35.70	250m:	2:52.27	35.57	350m:	4:03.12	35.14
	100m:	1:05.50	34.65	200m:	2:16.70	35.50	300m:	3:27.98	35.71	400m:	4:35.18	32.06
78.	Konopka Mateusz				97	KS Delfin Gdynia				448	4:37.91	
	50m:	31.23	31.23	150m:	1:40.65	35.10	250m:	2:51.84	35.51	350m:	4:03.36	35.92
	100m:	1:05.55	34.32	200m:	2:16.33	35.68	300m:	3:27.44	35.60	400m:	4:37.91	34.55
79.	Sienkiewicz Jakub				96	Siódemka Sopot				443	4:38.93	
	50m:	31.44	31.44	150m:	1:41.64	35.24	250m:	2:53.36	35.74	350m:	4:04.33	36.35
	100m:	1:06.40	34.96	200m:	2:17.62	35.98	300m:	3:27.98	34.62	400m:	4:38.93	34.60
80.	Koper Bartłomiej				96	KP MZOS Płock				438	4:40.04	
	50m:	29.42	29.42	150m:	1:39.04	35.48	250m:	2:52.10	36.24	350m:	4:06.01	37.16
	100m:	1:03.56	34.14	200m:	2:15.86	36.82	300m:	3:28.85	36.75	400m:	4:40.04	34.03
81.	Cicho Maciej				97	Mks Trójka Łódź				429	4:42.03	
	50m:	31.83	31.83	150m:	1:42.38	35.78	250m:	2:54.66	36.03	350m:	4:07.26	35.93
	100m:	1:06.60	34.77	200m:	2:18.63	36.25	300m:	3:31.33	36.67	400m:	4:42.03	34.77
82.	Pi tkowski Marcin				96	MKS Polonia Warszawa				418	4:44.37	
	50m:	31.92	31.92	150m:	1:43.52	36.11	250m:	2:55.99	36.19	350m:	4:08.91	36.53
	100m:	1:07.41	35.49	200m:	2:19.80	36.28	300m:	3:32.38	36.39	400m:	4:44.37	35.46
83.	Kepi ski Michał				97	SKS Start Łódź				408	4:46.78	
	50m:	32.02	32.02	150m:	1:42.44	36.09	250m:	2:56.95	37.13	350m:	4:11.31	36.80
	100m:	1:06.35	34.33	200m:	2:19.82	37.38	300m:	3:34.51	37.56	400m:	4:46.78	35.47
84.	Wajcfelt Jakub				96	UKS Shark Rudna				351	5:01.45	
	50m:	32.97	32.97	150m:	1:46.16	37.16	250m:	3:03.39	39.11	350m:	4:22.88	40.14
	100m:	1:09.00	36.03	200m:	2:24.28	38.12	300m:	3:42.74	39.35	400m:	5:01.45	38.57
85.	Chyli ski Michał				97	Siódemka Sopot				280	5:25.04	
	50m:	29.75	29.75	150m:	1:54.14	44.01	250m:	3:13.15	44.09	350m:		
	100m:	1:10.13	40.38	200m:	2:29.06	34.92	300m:	3:59.40	46.25	400m:	5:25.04	