

Grand Prix - Puchar Polski
Łódź, 10- - 11-11-2012

Konkurencja 2
2012-11-10 - 10:35

Mężczyźni, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Pkt.	Czas
1.	Kliza Mateusz SK		94	Avia widnik				681	4:27.66
	50m:	29.35 29.35	150m:	1:37.90 35.82	250m:	2:49.91 37.10	350m:	3:57.82 30.49	
	100m:	1:02.08 32.73	200m:	2:12.81 34.91	300m:	3:27.33 37.42	400m:	4:27.66 29.84	
2.	Wojdak Wojciech SO		96	BOSiR SP Brzesko				674	4:28.47
	50m:	28.89 28.89	150m:	1:35.93 34.45	250m:	2:47.62 37.58	350m:	3:57.32 31.35	
	100m:	1:01.48 32.59	200m:	2:10.04 34.11	300m:	3:25.97 38.35	400m:	4:28.47 31.15	
3.	WIEK KACPER		95	Mks Polonia Warszawa				658	4:30.66
	50m:	29.71 29.71	150m:	1:38.64 35.24	250m:	2:52.96 38.71	350m:	4:01.77 30.25	
	100m:	1:03.40 33.69	200m:	2:14.25 35.61	300m:	3:31.52 38.56	400m:	4:30.66 28.89	
4.	Czarnota Mateusz		91	UKP Unia Owi cim				651	4:31.71
	50m:	29.94 29.94	150m:	1:39.24 35.81	250m:	2:51.70 37.74	350m:	4:01.62 30.80	
	100m:	1:03.43 33.49	200m:	2:13.96 34.72	300m:	3:30.82 39.12	400m:	4:31.71 30.09	
5.	Wertepny Damian		96	Uks Shark Rudna				636	4:33.76
	50m:	29.47 29.47	150m:	1:36.81 34.27	250m:	2:49.49 38.86	350m:	4:01.81 32.76	
	100m:	1:02.54 33.07	200m:	2:10.63 33.82	300m:	3:29.05 39.56	400m:	4:33.76 31.95	
6.	Pietrzak Dawid		97	MUKS Piłnastka Bydgoszcz				634	4:33.99
	50m:	29.20 29.20	150m:	1:36.81 35.02	250m:	2:51.59 39.97	350m:	4:03.56 32.00	
	100m:	1:01.79 32.59	200m:	2:11.62 34.81	300m:	3:31.56 39.97	400m:	4:33.99 30.43	
7.	Wieteska Mateusz		91	AZS AWF Katowice				621	4:35.89
	50m:	28.54 28.54	150m:	1:38.63 36.50	250m:	2:53.41 39.22	350m:	4:04.91 32.25	
	100m:	1:02.13 33.59	200m:	2:14.19 35.56	300m:	3:32.66 39.25	400m:	4:35.89 30.98	
8.	ST PIE KONRAD		96	Mks Polonia Warszawa				602	4:38.76
	50m:	29.12 29.12	150m:	1:38.10 36.14	250m:	2:53.77 39.70	350m:	4:07.03 33.30	
	100m:	1:01.96 32.84	200m:	2:14.07 35.97	300m:	3:33.73 39.96	400m:	4:38.76 31.73	
9.	Litwa Krzysztof		96	MKS Jordan Kraków				584	4:41.66
	50m:	30.15 30.15	150m:	1:42.89 37.59	250m:	2:57.90 38.95	350m:	4:10.88 32.62	
	100m:	1:05.30 35.15	200m:	2:18.95 36.06	300m:	3:38.26 40.36	400m:	4:41.66 30.78	
10.	Nowak Patryk		95	AZS AWF Katowice				565	4:44.83
	50m:	30.40 30.40	150m:	1:44.41 40.05	250m:	3:01.70 38.22	350m:	4:13.24 32.91	
	100m:	1:04.36 33.96	200m:	2:23.48 39.07	300m:	3:40.33 38.63	400m:	4:44.83 31.59	
11.	Salik Jakub		96	MKS Juvenia Wrocław				565	4:44.84
	50m:	30.77 30.77	150m:	1:42.01 37.25	250m:	2:57.60 39.43	350m:	4:11.78 33.78	
	100m:	1:04.76 33.99	200m:	2:18.17 36.16	300m:	3:38.00 40.40	400m:	4:44.84 33.06	
12.	WOLANEK Szymon		96	S.K.S."Start" Łódź				559	4:45.81
	50m:	30.37 30.37	150m:	1:42.72 37.47	250m:	3:00.65 41.32	350m:	4:15.17 32.84	
	100m:	1:05.25 34.88	200m:	2:19.33 36.61	300m:	3:42.33 41.68	400m:	4:45.81 30.64	
13.	OSSES ARKADIUSZ		95	K.S.Warta Poznań				559	4:45.84
	50m:	28.41 28.41	150m:	1:36.29 36.20	250m:	2:55.18 42.40	350m:	4:12.96 34.61	
	100m:	1:00.09 31.68	200m:	2:12.78 36.49	300m:	3:38.35 43.17	400m:	4:45.84 32.88	
14.	wierczy ski Jakub		95	AZS AWF Katowice				525	4:51.84
	50m:	30.71 30.71	150m:	1:43.73 37.29	250m:	2:59.28 38.92	350m:	4:15.23 36.51	
	100m:	1:06.44 35.73	200m:	2:20.36 36.63	300m:	3:38.72 39.44	400m:	4:51.84 36.61	
15.	Karwat Krzysztof		96	UKS Nawa Skierniewice				508	4:55.01
	50m:	30.27 30.27	150m:	1:40.53 35.40	250m:	3:01.18 46.42	350m:	4:21.61 34.68	
	100m:	1:05.13 34.86	200m:	2:14.76 34.23	300m:	3:46.93 45.75	400m:	4:55.01 33.40	
16.	Szmajda Michał		97	MUKS Olimpijczyk Suwałki				497	4:57.24
	50m:	30.87 30.87	150m:	1:44.91 38.82	250m:	3:06.59 43.87	350m:	4:24.67 34.04	
	100m:	1:06.09 35.22	200m:	2:22.72 37.81	300m:	3:50.63 44.04	400m:	4:57.24 32.57	
17.	PI TKOWSKI MARCIN		96	Mks Polonia Warszawa				489	4:58.83
	50m:	32.33 32.33	150m:	1:47.85 38.01	250m:	3:07.74 43.76	350m:	4:27.08 33.95	
	100m:	1:09.84 37.51	200m:	2:23.98 36.13	300m:	3:53.13 45.39	400m:	4:58.83 31.75	

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Pozycja				Rok ur.				Pkt.	Czas
18.	Dębski Dominik			98	S.K.S."Start" Łódź			486	4:59.50
	50m:	31.13	31.13	150m:	1:46.46	38.74	250m:	3:07.22	43.25
	100m:	1:07.72	36.59	200m:	2:23.97	37.51	300m:	3:51.32	44.10
							350m:	4:26.20	34.88
							400m:	4:59.50	33.30
19.	Wiśniewski Wiktor			95	KP MZOS Płock			467	5:03.54
	50m:	29.64	29.64	150m:	1:42.55	37.46	250m:	3:05.03	45.42
	100m:	1:05.09	35.45	200m:	2:19.61	37.06	300m:	3:50.05	45.02
							350m:	4:26.65	36.60
							400m:	5:03.54	36.89
20.	Frączak Mateusz			97	Jedynka Łódź			457	5:05.58
	50m:	30.64	30.64	150m:	1:44.90	38.71	250m:	3:07.90	43.92
	100m:	1:06.19	35.55	200m:	2:23.98	39.08	300m:	3:53.41	45.51
							350m:	4:29.53	36.12
							400m:	5:05.58	36.05