

Finał - Klubowy Puchar Polski (IV runda)  
Jastrz bie, 24- - 25-11-2012

Konkurencja 3  
2012-11-24 - 15:49

Kobiet, 400 PP

14 lat i starsi  
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
<b>Kategoria C</b>									
1.	PRENTKA, Weronika		97	WIELKOPOLSKI KLUB SPORTOWY				<b>3:46.32</b>	
	50m:	23.40 23.40	150m:	1:19.18 28.73	250m:	2:18.60 29.79	350m:	3:17.44 29.53	
	100m:	50.45 27.05	200m:	1:48.81 29.63	300m:	2:47.91 29.31	400m:	3:46.32 28.88	
2.	PERZ, Zuzanna		97	WIELKOPOLSKI KLUB SPORTOWY				<b>3:54.07</b>	
	50m:	24.74 24.74	150m:	1:20.00 28.24	250m:	2:20.02 30.60	350m:	3:22.93 31.68	
	100m:	51.76 27.02	200m:	1:49.42 29.42	300m:	2:51.25 31.23	400m:	3:54.07 31.14	
3.	STACHOWIAK, Agnieszka		98	UKS " REKIN " Wrocław SP - 50				<b>3:58.99</b>	
	50m:	25.97 25.97	150m:	1:24.68 30.23	250m:	2:26.61 31.21	350m:	3:28.72 30.57	
	100m:	54.45 28.48	200m:	1:55.40 30.72	300m:	2:58.15 31.54	400m:	3:58.99 30.27	
4.	CHOMIK, Alicja		97	UKS " REKIN " Wrocław SP - 50				<b>4:01.50</b>	
	50m:	25.80 25.80	150m:	1:23.52 30.56	250m:	2:25.34 31.14	350m:	3:30.05 31.91	
	100m:	52.96 27.16	200m:	1:54.20 30.68	300m:	2:58.14 32.80	400m:	4:01.50 31.45	
5.	BURAK, Martyna		97	LAGUNA 24 TORU				<b>4:01.91</b>	
	50m:	25.50 25.50	150m:	1:23.50 29.83	250m:	2:26.88 32.06	350m:	3:30.85 31.92	
	100m:	53.67 28.17	200m:	1:54.82 31.32	300m:	2:58.93 32.05	400m:	4:01.91 31.06	
6.	KASPEREK, Aleksandra		98	KS NAUTILUS JASTRZ BIE-ZDRÓJ				<b>4:10.80</b>	
	50m:	26.31 26.31	150m:	1:28.74 31.90	250m:	2:35.45 34.20	350m:	3:40.93 33.07	
	100m:	56.84 30.53	200m:	2:01.25 32.51	300m:	3:07.86 32.41	400m:	4:10.80 29.87	
7.	OSIADACZ, Anna		97	KS NAUTILUS JASTRZ BIE-ZDRÓJ				<b>4:11.23</b>	
	50m:	25.54 25.54	150m:	1:25.14 30.82	250m:	2:30.29 33.14	350m:	3:37.14 33.43	
	100m:	54.32 28.78	200m:	1:57.15 32.01	300m:	3:03.71 33.42	400m:	4:11.23 34.09	
8.	PISAREK, Katarzyna		98	UKS Delfinek Chodzie				<b>4:24.20</b>	
	50m:	26.58 26.58	150m:	1:31.05 33.80	250m:	2:39.72 34.02	350m:	3:50.16 35.61	
	100m:	57.25 30.67	200m:	2:05.70 34.65	300m:	3:14.55 34.83	400m:	4:24.20 34.04	
9.	NIR, Małgorzata		97	W.M."Bars"Gorzów				<b>4:52.10</b>	
	50m:	28.87 28.87	150m:	1:40.63 37.57	250m:	2:58.71 39.21	350m:	4:16.58 39.09	
	100m:	1:03.06 34.19	200m:	2:19.50 38.87	300m:	3:37.49 38.78	400m:	4:52.10 35.52	
10.	PAWLACZYK, Natalia		97	W.M."Bars"Gorzów				<b>4:56.17</b>	
	50m:	31.71 31.71	150m:	1:44.77 38.86	250m:	3:01.51 38.31	350m:	4:19.11 38.89	
	100m:	1:05.91 34.20	200m:	2:23.20 38.43	300m:	3:40.22 38.71	400m:	4:56.17 37.06	
11.	BACHO , Emilia		98	LAGUNA 24 TORU				<b>5:07.84</b>	
	50m:	30.82 30.82	150m:	1:46.65 39.49	250m:	3:05.48 39.75	350m:	4:22.79 36.93	
	100m:	1:07.16 36.34	200m:	2:25.73 39.08	300m:	3:45.86 40.38	400m:	5:07.84 45.05	

**Kategoria B**

1.	STRUCK, Agata		95	Delfin Jastarnia				<b>3:35.00</b>	
	50m:	23.03 23.03	150m:	1:14.84 26.67	250m:	2:10.28 28.04	350m:	3:07.19 28.48	
	100m:	48.17 25.14	200m:	1:42.24 27.40	300m:	2:38.71 28.43	400m:	3:35.00 27.81	
2.	NIEDZIELSKA, Olga		95	KS NAUTILUS JASTRZ BIE-ZDRÓJ				<b>3:38.60</b>	
	50m:	23.23 23.23	150m:	1:15.33 26.83	250m:	2:11.53 28.41	350m:	3:09.79 29.43	
	100m:	48.50 25.27	200m:	1:43.12 27.79	300m:	2:40.36 28.83	400m:	3:38.60 28.81	
3.	DEMSKA, Michalina		96	LAGUNA 24 TORU				<b>3:45.94</b>	
	50m:	24.49 24.49	150m:	1:18.29 27.55	250m:	2:15.84 28.93	350m:	3:15.92 30.30	
	100m:	50.74 26.25	200m:	1:46.91 28.62	300m:	2:45.62 29.78	400m:	3:45.94 30.02	
4.	SARNA, Joanna		96	UKS " REKIN " Wrocław SP - 50				<b>3:50.77</b>	
	50m:	24.66 24.66	150m:	1:20.58 28.22	250m:	2:19.27 29.57	350m:	3:20.58 30.65	
	100m:	52.36 27.70	200m:	1:49.70 29.12	300m:	2:49.93 30.66	400m:	3:50.77 30.19	
5.	ZALEWSKA, Marzena		96	LAGUNA 24 TORU				<b>4:01.37</b>	
	50m:	25.57 25.57	150m:	1:24.16 29.91	250m:	2:26.89 31.93	350m:	3:31.06 32.10	
	100m:	54.25 28.68	200m:	1:54.96 30.80	300m:	2:58.96 32.07	400m:	4:01.37 30.31	

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Konkurencja 3, Kobiet, 400 PP, Kategoria B

Pozycja			Rok ur.					Czas	Pkt.
6.	ŁAGOWNIK, Marta		95	UKS Delfinek Chodzie				<b>4:22.82</b>	
	50m:	27.65 27.65	150m:	1:31.42 32.86	250m:	2:38.99 34.18	350m:	3:48.83 35.12	
	100m:	58.56 30.91	200m:	2:04.81 33.39	300m:	3:13.71 34.72	400m:	4:22.82 33.99	
7.	DOŁ GA, Beata		95	UKS " REKIN " Wrocław SP - 50				<b>4:43.89</b>	
	50m:	28.21 28.21	150m:	1:36.36 35.40	250m:	2:52.14 38.97	350m:	4:06.92 37.66	
	100m:	1:00.96 32.75	200m:	2:13.17 36.81	300m:	3:29.26 37.12	400m:	4:43.89 36.97	

Kategoria A

1.	TRUSZCZY SKA, Katarzyna		90	TORU CZYK TORU				<b>3:31.38</b>	
	50m:	24.00 24.00	150m:	1:15.40 25.92	250m:	2:08.90 26.99	350m:	3:04.55 27.90	
	100m:	49.48 25.48	200m:	1:41.91 26.51	300m:	2:36.65 27.75	400m:	3:31.38 26.83	
2.	ROGALSKA, Sandra		93	KS NAUTILUS JASTRZ BIE-ZDRÓJ				<b>3:36.57</b>	
	50m:	24.35 24.35	150m:	1:17.05 26.90	250m:	2:12.19 27.43	350m:	3:08.48 28.45	
	100m:	50.15 25.80	200m:	1:44.76 27.71	300m:	2:40.03 27.84	400m:	3:36.57 28.09	
3.	KRAKOWIAK, El bieta		69	WIELKOPOLSKI KLUB SPORTOWY				<b>3:56.12</b>	
	50m:	26.17 26.17	150m:	1:23.43 29.28	250m:	2:23.57 30.17	350m:	3:25.78 31.12	
	100m:	54.15 27.98	200m:	1:53.40 29.97	300m:	2:54.66 31.09	400m:	3:56.12 30.34	
4.	KOT, Ewelina		88	ORKA wi tochlówice				<b>4:07.44</b>	
	50m:	26.13 26.13	150m:	1:26.54 31.18	250m:	2:30.75 32.29	350m:	3:35.25 32.16	
	100m:	55.36 29.23	200m:	1:58.46 31.92	300m:	3:03.09 32.34	400m:	4:07.44 32.19	
5.	KEMPA, Sylwia		91	UKS " REKIN " Wrocław SP - 50				<b>4:11.55</b>	
	50m:	25.98 25.98	150m:	1:26.10 31.13	250m:	2:31.16 32.70	350m:	3:38.04 33.51	
	100m:	54.97 28.99	200m:	1:58.46 32.36	300m:	3:04.53 33.37	400m:	4:11.55 33.51	
6.	SEBASTIANOWICZ, Kalina		90	LAGUNA 24 TORU				<b>4:14.66</b>	
	50m:	27.56 27.56	150m:	1:28.61 31.30	250m:	2:33.82 33.05	350m:	3:41.38 34.00	
	100m:	57.31 29.75	200m:	2:00.77 32.16	300m:	3:07.38 33.56	400m:	4:14.66 33.28	
7.	SMARUJ, Monika		82	UKS Delfinek Chodzie				<b>4:25.40</b>	
	50m:	27.52 27.52	150m:	1:31.11 33.07	250m:	2:40.51 34.95	350m:	3:51.20 35.42	
	100m:	58.04 30.52	200m:	2:05.56 34.45	300m:	3:15.78 35.27	400m:	4:25.40 34.20	