

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci - 11-12 lat
 Łód , 26- - 27-11-2011

Konkurencja 3
 2011-11-26 - 12:06

Dziewcz t, 400m dowolny

11 lat
 Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	Skrzypecka Martyna		01	Sp Meduza Paj czno				5:40.87	327
	50m:	36.46 36.46	150m:	2:04.84	45.19	250m:	3:35.41 44.99	350m:	5:02.19 42.64
	100m:	1:19.65 43.19	200m:	2:50.42	45.58	300m:	4:19.55 44.14	400m:	5:40.87 38.68
2.	Ju wicka Zuzanna		01	MKS Trójka Łód				5:52.01	297
	50m:	39.12 39.12	150m:	2:09.16	45.65	250m:	4:24.44 44.68	350m:	
	100m:	1:23.51 44.39	200m:	3:39.76	1:30.60	300m:	5:09.99 45.55	400m:	5:52.01
3.	DURKIEWICZ KAMILA		01	UKS 190 Łód				5:52.96	294
	50m:	38.76 38.76	150m:	2:09.93	46.50	250m:	3:39.96 45.20	350m:	5:11.42 45.97
	100m:	1:23.43 44.67	200m:	2:54.76	44.83	300m:	4:25.45 45.49	400m:	5:52.96 41.54
4.	BALCER JULIA		01	UKS 190 Łód				5:53.19	294
	50m:	40.73 40.73	150m:	2:10.32	45.26	250m:	3:42.06 46.29	350m:	5:12.84 44.79
	100m:	1:25.06 44.33	200m:	2:55.77	45.45	300m:	4:28.05 45.99	400m:	5:53.19 40.35
5.	Osi ska Wiktoria		01	UKS SP 149 Łód				5:56.47	286
	50m:	39.36 39.36	150m:	2:10.64	45.95	250m:	3:43.49 46.31	350m:	5:15.78 45.87
	100m:	1:24.69 45.33	200m:	2:57.18	46.54	300m:	4:29.91 46.42	400m:	5:56.47 40.69
6.	PIECHOTA KAROLINA		01	UKS 190 Łód				5:58.78	280
	50m:	38.59 38.59	150m:	2:09.18	45.94	250m:	3:42.44 46.67	350m:	5:15.69 46.07
	100m:	1:23.24 44.65	200m:	2:55.77	46.59	300m:	4:29.62 47.18	400m:	5:58.78 43.09
7.	Kordala Monika		01	UKS SP 149 Łód				6:03.70	269
	50m:	39.12 39.12	150m:	2:09.23	45.88	250m:	3:43.08 46.75	350m:	5:16.65 46.54
	100m:	1:23.35 44.23	200m:	2:56.33	47.10	300m:	4:30.11 47.03	400m:	6:03.70 47.05
8.	GARNYS PATRYCJA		01	UKS 190 Łód				6:04.12	268
	50m:	41.93 41.93	150m:	2:16.02	46.88	250m:	3:49.91 46.59	350m:	5:22.39 46.23
	100m:	1:29.14 47.21	200m:	3:03.32	47.30	300m:	4:36.16 46.25	400m:	6:04.12 41.73
9.	Kałucka Natalia		01	MKS Trójka Łód				6:10.21	255
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	6:10.21
10.	Jura Kinga		01	Sp Meduza Paj czno				6:13.93	247
	50m:	41.50 41.50	150m:	2:16.61	48.27	250m:	3:52.64 47.69	350m:	5:27.01 46.87
	100m:	1:28.34 46.84	200m:	3:04.95	48.34	300m:	4:40.14 47.50	400m:	6:13.93 46.92
11.	Soliwoda Julia		01	UKS NAWA Skierniewice				6:15.24	245
	50m:	40.97 40.97	150m:	2:17.56	48.28	250m:	3:54.43 47.75	350m:	5:29.83 47.78
	100m:	1:29.28 48.31	200m:	3:06.68	49.12	300m:	4:42.05 47.62	400m:	6:15.24 45.41
12.	Jaszczyk Wiktoria		01	Nautilus Brzeziny				6:15.58	244
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	6:15.58
13.	Mazik Maria		01	Sp Meduza Paj czno				6:17.24	241
	50m:	40.81 40.81	150m:	2:17.02	48.78	250m:	3:54.13 48.77	350m:	5:30.93 47.74
	100m:	1:28.24 47.43	200m:	3:05.36	48.34	300m:	4:43.19 49.06	400m:	6:17.24 46.31
14.	MIKOŁAJCZYK JULIA		01	UKS 190 Łód				6:18.53	239
	50m:	43.19 43.19	150m:	2:22.08	49.73	250m:	3:58.84 48.14	350m:	5:35.00 47.48
	100m:	1:32.35 49.16	200m:	3:10.70	48.62	300m:	4:47.52 48.68	400m:	6:18.53 43.53
15.	Wróbel Julia		01	MUKS Zgierz				6:21.13	234
	50m:	40.35 40.35	150m:	2:14.93	48.07	250m:	3:53.01 49.14	350m:	5:31.97 50.19
	100m:	1:26.86 46.51	200m:	3:03.87	48.94	300m:	4:41.78 48.77	400m:	6:21.13 49.16
16.	Głuszczyk Sandra		01	MUKS Zgierz				6:23.86	229
	50m:	41.53 41.53	150m:	2:18.12	49.88	250m:	3:56.85 49.26	350m:	5:36.42 50.22
	100m:	1:28.24 46.71	200m:	3:07.59	49.47	300m:	4:46.20 49.35	400m:	6:23.86 47.44
17.	JARZ BEK Natalia		01	SKS Start Łód				6:25.38	226
	50m:	45.41 45.41	150m:	2:24.23	49.76	250m:	4:02.16 49.10	350m:	5:40.29 48.68
	100m:	1:34.47 49.06	200m:	3:13.06	48.83	300m:	4:51.61 49.45	400m:	6:25.38 45.09

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Pozycja			Rok ur.					Czas	Pkt.
18.	DESZCZKA Laura		01	SKS Start Łód			6:26.48	224	
	50m: 42.70	42.70	150m: 2:19.74	49.18	250m: 3:59.72	49.39	350m: 5:40.00	50.30	
	100m: 1:30.56	47.86	200m: 3:10.33	50.59	300m: 4:49.70	49.98	400m: 6:26.48	46.48	
19.	Pakuła Wiktoria		01	MUKS Zgierz			6:34.42	211	
	50m: 44.01	44.01	150m: 2:25.16	51.22	250m: 4:05.96	50.87	350m: 5:45.82	49.59	
	100m: 1:33.94	49.93	200m: 3:15.09	49.93	300m: 4:56.23	50.27	400m: 6:34.42	48.60	
20.	Butkiewicz Dominika		01	Nautilus Brzeziny			6:36.09	208	
	50m: 40.76	40.76	150m: 2:19.33	50.82	250m: 4:02.47	51.93	350m: 5:46.16	52.30	
	100m: 1:28.51	47.75	200m: 3:10.54	51.21	300m: 4:53.86	51.39	400m: 6:36.09	49.93	
21.	TRUSZCZY SKA MAGDALENA		01	UKS 190 Łód			6:38.23	205	
	50m: 43.77	43.77	150m: 2:26.39	51.83	250m: 5:03.22	1:44.93	350m: 6:38.23		
	100m: 1:34.56	50.79	200m: 3:18.29	51.90	300m:		400m: 6:38.23		
22.	Kruzerowska Ada		01	MKS Trójka Łód			6:40.60	201	
	50m: 44.68	44.68	150m: 2:27.17	51.37	250m: 4:09.36	51.33	350m: 5:52.17	51.21	
	100m: 1:35.80	51.12	200m: 3:18.03	50.86	300m: 5:00.96	51.60	400m: 6:40.60	48.43	
23.	Biegała Klaudia		01	MKS Trójka Łód			6:45.38	194	
	50m: 46.70	46.70	150m: 2:33.40	52.52	250m: 4:17.63	51.55	350m: 6:00.75	51.52	
	100m: 1:40.88	54.18	200m: 3:26.08	52.68	300m: 5:09.23	51.60	400m: 6:45.38	44.63	
24.	Grz dowska Julia		01	SKS 137 Delfin Łód			6:49.57	188	
	50m: 44.44	44.44	150m: 2:28.23	51.55	250m: 4:15.25	52.92	350m: 6:03.29	53.02	
	100m: 1:36.68	52.24	200m: 3:22.33	54.10	300m: 5:10.27	55.02	400m: 6:49.57	46.28	
25.	JAKUBOWICZ JULIA		01	UKS 190 Łód			6:57.00	178	
	50m: 49.16	49.16	150m: 2:36.34	53.76	250m: 4:24.09	53.90	350m: 6:10.00	52.33	
	100m: 1:42.58	53.42	200m: 3:30.19	53.85	300m: 5:17.67	53.58	400m: 6:57.00	47.00	
26.	Sławi ska Julia		01	SKS 137 Delfin Łód			7:00.40	174	
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	7:00.40	
27.	KOPKA Nadia		01	SKS Start Łód			7:03.83	170	
	50m:		150m: 2:31.04	54.48	250m: 4:21.81	55.98	350m: 6:12.94	55.57	
	100m: 1:36.56		200m: 3:25.83	54.79	300m: 5:17.37	55.56	400m: 7:03.83	50.89	
28.	Owczarek Angelika		01	UKS NAWA Skierniewice			7:05.23	168	
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	7:05.23	
29.	PRZYBYLSKA Magdalena		01	SKS Start Łód			7:06.20	167	
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	7:06.20	
30.	Wi niewska Klaudia		01	Sp Meduza Paj czno			7:06.30	167	
	50m: 47.40	47.40	150m: 2:34.50	54.46	250m: 4:24.49	55.61	350m: 6:14.42		
	100m: 1:40.04	52.64	200m: 3:28.88	54.38	300m:		400m: 7:06.30	51.88	
31.	Adamiec Natalia		01	SKS 137 Delfin Łód			7:08.06	165	
	50m: 47.53	47.53	150m: 2:35.85	54.68	250m: 4:25.34	55.78	350m: 6:17.40	56.73	
	100m: 1:41.17	53.64	200m: 3:29.56	53.71	300m: 5:20.67	55.33	400m: 7:08.06	50.66	
32.	Korkosi ska Julia		01	SKS 137 Delfin Łód			7:09.12	164	
	50m: 48.76	48.76	150m: 2:39.95	55.03	250m: 4:29.81	54.06	350m: 6:19.92	54.52	
	100m: 1:44.92	56.16	200m: 3:35.75	55.80	300m: 5:25.40	55.59	400m: 7:09.12	49.20	
33.	Prus Florentyna		01	Sp Meduza Paj czno			7:22.06	150	
	50m: 48.58	48.58	150m: 2:40.65	56.13	250m: 4:34.32	57.50	350m: 6:28.14	58.14	
	100m: 1:44.52	55.94	200m: 3:36.82	56.17	300m: 5:30.00	55.68	400m: 7:22.06	53.92	
34.	Ja kiewicz Julia		01	MKS Trójka Łód			7:41.00	132	
	50m: 54.14	54.14	150m:		250m: 4:49.60		350m: 6:47.13	57.77	
	100m: 1:52.24	58.10	200m:		300m: 5:49.36	59.76	400m: 7:41.00	53.87	
35.	RADWA SKA Sandra		01	SKS Start Łód			7:49.45	125	
	50m: 50.36	50.36	150m: 2:49.44	1:00.09	250m: 4:51.37	1:01.31	350m: 6:52.73	1:00.04	
	100m: 1:49.35	58.99	200m: 3:50.06	1:00.62	300m: 5:52.69	1:01.32	400m: 7:49.45	56.72	

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Pozycja			Rok ur.					Czas	Pkt.
36.	MADALI SKA Gabriela		01	SKS Start Łód				7:52.38	122
	50m:		150m:		250m:		350m:	6:57.44	1:02.15
	100m:	1:49.95	200m:	3:51.84	300m:	5:55.29	400m:	7:52.38	54.94
37.	Bitel wiktoria		01	UKS NAWA Skierniewice				8:12.48	108
	50m:	50.11 50.11	150m:	2:57.83 1:04.32	250m:	5:04.95 1:02.60	350m:	7:13.14	1:04.17
	100m:	1:53.51 1:03.40	200m:	4:02.35 1:04.52	300m:	6:08.97 1:04.02	400m:	8:12.48	59.34
38.	Filipczak Julia		01	SKS 137 Delfin Łód				8:20.40	103
	50m:	49.32 49.32	150m:	2:52.71 1:02.96	250m:	5:08.63 1:09.74	350m:		
	100m:	1:49.75 1:00.43	200m:	3:58.89 1:06.18	300m:		400m:	8:20.40	
39.	Dzierzkowska Maria		01	Sp Meduza Paj czno				8:25.06	100
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	8:25.06	
40.	Wichrowska Anna		01	SKS Start Łód				9:36.42	67
	50m:	51.92 51.92	150m:	3:16.41 1:14.46	250m:	5:51.23 1:18.09	350m:	8:23.05	1:14.88
	100m:	2:01.95 1:10.03	200m:	4:33.14 1:16.73	300m:	7:08.17 1:16.94	400m:	9:36.42	1:13.37