

Zimowe Mistrzostwa Województwa Łódzkiego  
 Łódź , 12 - 14-12-2012

Konkurencja 11  
 2012-12-12 - 17:59

Kobiet, 400m zmienny

12 lat i starsi  
 Wyniki

Punkty: FINA 2011

Pozycja					Rok ur.					Czas	Pkt.	
1.	Karpisz Milena				97	UKS 5 Konstantynów				<b>5:00.02</b>	658	
	50m:	31.75	31.75	150m:	1:48.54	39.90	250m:	3:10.07	42.15	350m:	4:26.89	33.99
	100m:	1:08.64	36.89	200m:	2:27.92	39.38	300m:	3:52.90	42.83	400m:	5:00.02	33.13
2.	ZBROJEWSKA MICHALINA				96	UKS 5 Konstantynów				<b>5:06.82</b>	615	
	50m:	33.60	33.60	150m:	1:52.47	40.11	250m:	3:12.34	41.34	350m:	4:31.84	37.04
	100m:	1:12.36	38.76	200m:	2:31.00	38.53	300m:	3:54.80	42.46	400m:	5:06.82	34.98
3.	PIECHOTA PAULINA				99	UKS 190 Łódź				<b>5:11.85</b>	586	
	50m:	33.13	33.13	150m:	1:51.88	40.70	250m:	3:15.27	43.40	350m:	4:36.69	37.19
	100m:	1:11.18	38.05	200m:	2:31.87	39.99	300m:	3:59.50	44.23	400m:	5:11.85	35.16
4.	Bednarek Aleksandra				98	MKS Jedyńka Łódź				<b>5:14.05</b>	574	
	50m:	35.64	35.64	150m:	1:56.76	41.08	250m:	3:19.53	42.25	350m:	4:39.64	36.61
	100m:	1:15.68	40.04	200m:	2:37.28	40.52	300m:	4:03.03	43.50	400m:	5:14.05	34.41
5.	Duda Natasza				98	SKS Start Łódź				<b>5:24.38</b>	521	
	50m:	35.77	35.77	150m:	2:00.31	42.96	250m:	3:26.10	43.76	350m:	4:47.95	38.04
	100m:	1:17.35	41.58	200m:	2:42.34	42.03	300m:	4:09.91	43.81	400m:	5:24.38	36.43
6.	Gruszczynska Marta				95	UKS 5 Konstantynów				<b>5:35.73</b>	470	
	50m:	34.85	34.85	150m:	1:59.09	43.89	250m:	3:30.15	47.95	350m:	4:57.56	38.82
	100m:	1:15.20	40.35	200m:	2:42.20	43.11	300m:	4:18.74	48.59	400m:	5:35.73	38.17
7.	Król Oliwia				99	MKS Trójka Łódź				<b>5:38.40</b>	459	
	50m:	35.57	35.57	150m:	2:01.96	45.27	250m:	3:35.49	49.58	350m:	5:02.87	38.33
	100m:	1:16.69	41.12	200m:	2:45.91	43.95	300m:	4:24.54	49.05	400m:	5:38.40	35.53
8.	Zyga Natalia				98	UKS NAWA Skierniewice				<b>5:38.63</b>	458	
	50m:	37.71	37.71	150m:	2:04.94	43.40	250m:	3:35.64	48.95	350m:	5:03.85	40.49
	100m:	1:21.54	43.83	200m:	2:46.69	41.75	300m:	4:23.36	47.72	400m:	5:38.63	34.78
9.	Matejko Karolina				98	SKS Start Łódź				<b>6:04.12</b>	368	
	50m:	38.39	38.39	150m:	2:11.63	45.92	250m:	3:47.21	50.82	350m:	5:21.90	43.70
	100m:	1:25.71	47.32	200m:	2:56.39	44.76	300m:	4:38.20	50.99	400m:	6:04.12	42.22