

Zimowe Mistrzostwa Województwa Łódzkiego
 Łód , 12 - 14-12-2012

Konkurencja 17
 2012-12-13 - 8:57

Kobiet, 400m dowolny

12 lat i starsi
 Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	Burska Justyna		95	UKS 5 Konstantinów				4:13.87	792
	50m:	29.95 29.95	150m:	1:33.41 31.77	250m:	2:36.79 31.70	350m:	3:41.51 32.39	
	100m:	1:01.64 31.69	200m:	2:05.09 31.68	300m:	3:09.12 32.33	400m:	4:13.87 32.36	
2.	Karpisz Milena		97	UKS 5 Konstantinów				4:16.10	771
	50m:	30.15 30.15	150m:	1:33.66 31.98	250m:	2:38.16 32.12	350m:	3:43.12 32.48	
	100m:	1:01.68 31.53	200m:	2:06.04 32.38	300m:	3:10.64 32.48	400m:	4:16.10 32.98	
3.	Wasilewska Barbara		94	LKS"OMEGA"Kleszczów				4:22.48	716
	50m:	30.76 30.76	150m:	1:36.19 33.05	250m:	2:42.08 32.86	350m:	3:48.86 33.73	
	100m:	1:03.14 32.38	200m:	2:09.22 33.03	300m:	3:15.13 33.05	400m:	4:22.48 33.62	
4.	Nita Anna		97	UKS 5 Konstantinów				4:34.11	629
	50m:	31.64 31.64	150m:	1:40.15 34.48	250m:	2:49.92 34.86	350m:	3:59.72 34.75	
	100m:	1:05.67 34.03	200m:	2:15.06 34.91	300m:	3:24.97 35.05	400m:	4:34.11 34.39	
5.	Szyma ska Monika		96	LKS"OMEGA"Kleszczów				4:36.47	613
	50m:	32.12 32.12	150m:	1:40.55 34.40	250m:	2:50.44 35.22	350m:	4:01.32 35.37	
	100m:	1:06.15 34.03	200m:	2:15.22 34.67	300m:	3:25.95 35.51	400m:	4:36.47 35.15	
6.	Olejniczak Zuzanna		97	MKS Jedyńka Łód				4:39.49	593
	50m:	32.97 32.97	150m:	1:43.79 35.52	250m:	2:54.94 35.55	350m:	4:06.40 35.49	
	100m:	1:08.27 35.30	200m:	2:19.39 35.60	300m:	3:30.91 35.97	400m:	4:39.49 33.09	
7.	Bednarek Aleksandra		98	MKS Jedyńka Łód				4:40.38	588
	50m:	33.01 33.01	150m:	1:43.16 35.25	250m:	2:54.25 35.85	350m:	4:05.87 35.59	
	100m:	1:07.91 34.90	200m:	2:18.40 35.24	300m:	3:30.28 36.03	400m:	4:40.38 34.51	
8.	PIECHOTA PAULINA		99	UKS 190 Łód				4:42.40	575
	50m:	31.36 31.36	150m:	1:42.90 36.19	250m:	2:55.33 36.03	350m:	4:08.07 36.34	
	100m:	1:06.71 35.35	200m:	2:19.30 36.40	300m:	3:31.73 36.40	400m:	4:42.40 34.33	
9.	POKRYWKA KAROLINA		98	UKS 190 Łód				4:46.52	551
	50m:	32.81 32.81	150m:	1:43.21 35.50	250m:	2:56.14 36.76	350m:	4:10.13 37.11	
	100m:	1:07.71 34.90	200m:	2:19.38 36.17	300m:	3:33.02 36.88	400m:	4:46.52 36.39	
10.	Bednarek Paulina		96	MKS Trójka Łód				4:49.46	534
	50m:	33.55 33.55	150m:	1:45.65 36.48	250m:	3:00.47 37.41	350m:	4:13.72 36.71	
	100m:	1:09.17 35.62	200m:	2:23.06 37.41	300m:	3:37.01 36.54	400m:	4:49.46 35.74	
11.	Wardzi ska Martyna		98	SKS Start Łód				4:50.82	527
	50m:	33.24 33.24	150m:	1:45.88 36.66	250m:	3:00.54 37.52	350m:	4:14.63 37.17	
	100m:	1:09.22 35.98	200m:	2:23.02 37.14	300m:	3:37.46 36.92	400m:	4:50.82 36.19	
12.	RZO CA PATRYCJA		99	UKS 5 Konstantinów				4:51.37	524
	50m:	32.34 32.34	150m:	1:45.21 37.33	250m:	3:00.32 37.76	350m:	4:15.54 37.80	
	100m:	1:07.88 35.54	200m:	2:22.56 37.35	300m:	3:37.74 37.42	400m:	4:51.37 35.83	
13.	Zieleniewicz Paula		98	MKS Jedyńka Łód				4:51.66	522
	50m:	31.87 31.87	150m:	1:45.35 37.21	250m:	3:01.23 37.93	350m:	4:16.53 37.72	
	100m:	1:08.14 36.27	200m:	2:23.30 37.95	300m:	3:38.81 37.58	400m:	4:51.66 35.13	
14.	ZROBEK NATALIA		99	UKS 190 Łód				4:53.42	513
	50m:	33.22 33.22	150m:	1:46.77 37.63	250m:	3:02.13 37.54	350m:	4:18.56 37.93	
	100m:	1:09.14 35.92	200m:	2:24.59 37.82	300m:	3:40.63 38.50	400m:	4:53.42 34.86	
15.	Jeruzal Jowita		98	SKS Start Łód				4:57.20	493
	50m:	33.45 33.45	150m:	1:46.65 37.25	250m:	3:03.27 38.54	350m:	4:19.88 38.07	
	100m:	1:09.40 35.95	200m:	2:24.73 38.08	300m:	3:41.81 38.54	400m:	4:57.20 37.32	
16.	Król Oliwia		99	MKS Trójka Łód				5:02.89	466
	50m:	34.56 34.56	150m:	1:50.98 38.72	250m:	3:09.90 39.48	350m:	4:26.53 38.20	
	100m:	1:12.26 37.70	200m:	2:30.42 39.44	300m:	3:48.33 38.43	400m:	5:02.89 36.36	
17.	KLIMCZAK ADRIANNA		98	Skra				5:03.43	464
	50m:	30.87 30.87	150m:	1:47.18 39.76	250m:	3:06.93 39.10	350m:	4:27.00 39.88	
	100m:	1:07.42 36.55	200m:	2:27.83 40.65	300m:	3:47.12 40.19	400m:	5:03.43 36.43	

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Pozycja	Rok ur.								Czas	Pkt.	
18. Ługowska Oliwia	99 MKS Trójka Łód								5:05.94	452	
50m:	34.34	34.34	150m:	1:52.07	39.52	250m:	3:11.22	39.38	350m:	4:29.62	38.98
100m:	1:12.55	38.21	200m:	2:31.84	39.77	300m:	3:50.64	39.42	400m:	5:05.94	36.32
19. Zyga Natalia	98 UKS NAWA Skierniewice								5:11.62	428	
50m:	35.13	35.13	150m:	1:53.35	39.23	250m:	3:12.24	39.80	350m:	4:32.01	39.93
100m:	1:14.12	38.99	200m:	2:32.44	39.09	300m:	3:52.08	39.84	400m:	5:11.62	39.61
20. Przymus Agata	97 SKS Start Łód								5:13.16	422	
50m:	34.25	34.25	150m:	1:52.35	39.63	250m:	3:12.41	39.88	350m:	4:33.31	40.85
100m:	1:12.72	38.47	200m:	2:32.53	40.18	300m:	3:52.46	40.05	400m:	5:13.16	39.85
21. RZEP CZY SKA PATRYCJA	99 Skra								5:15.16	414	
50m:	34.31	34.31	150m:	1:53.24	40.40	250m:	3:14.26	40.23	350m:	4:36.15	40.80
100m:	1:12.84	38.53	200m:	2:34.03	40.79	300m:	3:55.35	41.09	400m:	5:15.16	39.01