

Zimowe Mistrzostwa Województwa Łódzkiego
Łódź, 12 - 14-12-2012

Konkurencja 18
2012-12-13 - 9:20

Mężczyzn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	Lassek Bartłomiej		94	MKS Trójka Łódź				3:55.30	739
	50m:	27.23 27.23	150m:	1:26.47 29.70	250m:	2:26.13 29.55	350m:	3:25.91 29.87	
	100m:	56.77 29.54	200m:	1:56.58 30.11	300m:	2:56.04 29.91	400m:	3:55.30 29.39	
2.	Szwedzki Dawid		94	UKS 5 Konstancynów				4:02.47	675
	50m:	27.40 27.40	150m:	1:27.41 30.10	250m:	2:29.65 31.43	350m:	3:32.44 31.44	
	100m:	57.31 29.91	200m:	1:58.22 30.81	300m:	3:01.00 31.35	400m:	4:02.47 30.03	
3.	Borkowski Łukasz		95	MKS Trójka Łódź				4:06.30	644
	50m:	28.12 28.12	150m:	1:29.48 30.83	250m:	2:32.73 31.38	350m:	3:35.80 31.46	
	100m:	58.65 30.53	200m:	2:01.35 31.87	300m:	3:04.34 31.61	400m:	4:06.30 30.50	
4.	Mielczarek Filip		96	LKS"OMEGA"Kleszczów				4:13.31	592
	50m:	29.04 29.04	150m:	1:34.28 32.40	250m:	2:38.99 32.46	350m:	3:43.56 32.36	
	100m:	1:01.88 32.84	200m:	2:06.53 32.25	300m:	3:11.20 32.21	400m:	4:13.31 29.75	
5.	Hahn Jakub		97	MKS Jedyńka Łódź				4:13.76	589
	50m:	28.25 28.25	150m:	1:32.67 33.03	250m:	2:38.59 32.66	350m:	3:43.49 32.72	
	100m:	59.64 31.39	200m:	2:05.93 33.26	300m:	3:10.77 32.18	400m:	4:13.76 30.27	
6.	Meszka Ernest		97	UKS NAWA Skierniewice				4:23.07	529
	50m:	29.94 29.94	150m:	1:36.08 33.64	250m:	2:43.31 33.06	350m:	3:50.83 33.32	
	100m:	1:02.44 32.50	200m:	2:10.25 34.17	300m:	3:17.51 34.20	400m:	4:23.07 32.24	
7.	Zaleski Piotr		96	Skra				4:28.99	494
	50m:	28.73 28.73	150m:	1:36.05 34.12	250m:	2:44.65 34.75	350m:	3:55.18 35.40	
	100m:	1:01.93 33.20	200m:	2:09.90 33.85	300m:	3:19.78 35.13	400m:	4:28.99 33.81	
8.	KOTAS WIKTOR		98	Skra				4:35.30	461
	50m:	28.80 28.80	150m:	1:38.20 35.68	250m:	2:50.36 36.17	350m:	4:02.40 34.72	
	100m:	1:02.52 33.72	200m:	2:14.19 35.99	300m:	3:27.68 37.32	400m:	4:35.30 32.90	
9.	Smul Błażej		99	MKS Trójka Łódź				4:41.88	430
	50m:	31.01 31.01	150m:	1:40.56 35.75	250m:	2:53.51 36.53	350m:	4:06.41 36.10	
	100m:	1:04.81 33.80	200m:	2:16.98 36.42	300m:	3:30.31 36.80	400m:	4:41.88 35.47	
10.	Dobski Michał		89	UKS NAWA Skierniewice				4:43.94	420
	50m:	32.25 32.25	150m:	1:45.53 36.95	250m:	2:58.19 35.89	350m:	4:10.46 35.80	
	100m:	1:08.58 36.33	200m:	2:22.30 36.77	300m:	3:34.66 36.47	400m:	4:43.94 33.48	
11.	BARA CZYK MICHAŁ		99	UKS 190 Łódź				4:44.24	419
	50m:	32.41 32.41	150m:	1:45.03 36.38	250m:	2:57.47 36.52	350m:	4:10.55 36.23	
	100m:	1:08.65 36.24	200m:	2:20.95 35.92	300m:	3:34.32 36.85	400m:	4:44.24 33.69	
12.	Dobski Szymon		99	UKS NAWA Skierniewice				4:46.92	407
	50m:	33.32 33.32	150m:	1:46.96 37.52	250m:	3:00.42 36.29	350m:	4:11.91 35.61	
	100m:	1:09.44 36.12	200m:	2:24.13 37.17	300m:	3:36.30 35.88	400m:	4:46.92 35.01	
13.	Wesołowski Jakub		98	MKS Jedyńka Łódź				4:50.97	391
	50m:	31.37 31.37	150m:	1:44.30 37.20	250m:	2:58.41 36.98	350m:	4:12.91 37.48	
	100m:	1:07.10 35.73	200m:	2:21.43 37.13	300m:	3:35.43 37.02	400m:	4:50.97 38.06	
14.	Dudek Julian		99	UKS NAWA Skierniewice				4:52.24	385
	50m:	32.16 32.16	150m:	1:46.65 37.83	250m:	3:02.45 37.75	350m:	4:17.31 37.56	
	100m:	1:08.82 36.66	200m:	2:24.70 38.05	300m:	3:39.75 37.30	400m:	4:52.24 34.93	
15.	PODGÓRNY DAWID		98	UKS 190 Łódź				5:05.68	337
	50m:	33.19 33.19	150m:	1:48.19 38.34	250m:	3:05.98 39.01	350m:	4:26.22 40.36	
	100m:	1:09.85 36.66	200m:	2:26.97 38.78	300m:	3:45.86 39.88	400m:	5:05.68 39.46	
16.	Zaborowski Paweł		98	MKS Jedyńka Łódź				5:13.09	313
	50m:	33.36 33.36	150m:	1:51.83 40.51	250m:	3:11.88 40.03	350m:	4:33.10 40.71	
	100m:	1:11.32 37.96	200m:	2:31.85 40.02	300m:	3:52.39 40.51	400m:	5:13.09 39.99	
17.	NOWAK TOMASZ		98	UKS 190 Łódź				5:24.38	282
	50m:	35.25 35.25	150m:	1:56.80 41.06	250m:	3:19.80 41.85	350m:	4:43.03 41.45	
	100m:	1:15.74 40.49	200m:	2:37.95 41.15	300m:	4:01.58 41.78	400m:	5:24.38 41.35	