

Grand Prix - Puchar Polski  
Łódź, 16-17-11-2013

Konkurencja 12  
2013-11-16 - 17:00

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Pkt.	Czas
1.	Tchórz Alicja		92	MKS Juvenia Wrocław				815	<b>4:39.44</b>
	50m:	29.76 29.76	150m:	1:40.88 37.03	250m:	2:56.30 38.82	350m:	4:08.33 32.54	
	100m:	1:03.85 34.09	200m:	2:17.48 36.60	300m:	3:35.79 39.49	400m:	4:39.44 31.11	
2.	Sieczyk Jowita SK		97	ak Biała Podlaska				725	<b>4:50.45</b>
	50m:	30.58 30.58	150m:	1:42.58 37.02	250m:	3:00.90 41.66	350m:	4:17.12 34.74	
	100m:	1:05.56 34.98	200m:	2:19.24 36.66	300m:	3:42.38 41.48	400m:	4:50.45 33.33	
3.	Szpucha Katarzyna		96	TP Olimpijczyk Aleksandrów				712	<b>4:52.29</b>
	50m:	31.46 31.46	150m:	1:43.81 36.80	250m:	3:00.42 40.63	350m:	4:17.52 35.67	
	100m:	1:07.01 35.55	200m:	2:19.79 35.98	300m:	3:41.85 41.43	400m:	4:52.29 34.77	
4.	Magner Agata SK		97	MKS Jordan Kraków				706	<b>4:53.09</b>
	50m:	32.06 32.06	150m:	1:45.38 37.17	250m:	3:04.43 43.61	350m:	4:21.31 33.91	
	100m:	1:08.21 36.15	200m:	2:20.82 35.44	300m:	3:47.40 42.97	400m:	4:53.09 31.78	
5.	Piechota Paulina		99	Uks 190 Łódź				685	<b>4:56.08</b>
	50m:	31.20 31.20	150m:	1:44.82 37.71	250m:	3:05.48 42.52	350m:	4:23.00 34.55	
	100m:	1:07.11 35.91	200m:	2:22.96 38.14	300m:	3:48.45 42.97	400m:	4:56.08 33.08	
6.	Cieslak Joanna SP		96	K.S.Warta Poznań				675	<b>4:57.48</b>
	50m:	31.59 31.59	150m:	1:45.76 37.77	250m:	3:05.95 43.62	350m:	4:24.97 34.48	
	100m:	1:07.99 36.40	200m:	2:22.33 36.57	300m:	3:50.49 44.54	400m:	4:57.48 32.51	
7.	Sikora Paulina		93	AZS Warszawa				669	<b>4:58.46</b>
	50m:	31.17 31.17	150m:	1:45.52 39.02	250m:	3:07.85 43.58	350m:	4:26.18 34.33	
	100m:	1:06.50 35.33	200m:	2:24.27 38.75	300m:	3:51.85 44.00	400m:	4:58.46 32.28	
8.	Kotowicz Anna		98	Uks Mos Elk				646	<b>5:01.89</b>
	50m:	32.21 32.21	150m:	1:49.53 40.24	250m:	3:10.41 42.36	350m:	4:29.23 35.66	
	100m:	1:09.29 37.08	200m:	2:28.05 38.52	300m:	3:53.57 43.16	400m:	5:01.89 32.66	
9.	Mendowska Paulina SP		97	K.S.Warta Poznań				633	<b>5:03.98</b>
	50m:	32.62 32.62	150m:	1:49.43 39.72	250m:	3:11.40 43.19	350m:	4:30.39 35.79	
	100m:	1:09.71 37.09	200m:	2:28.21 38.78	300m:	3:54.60 43.20	400m:	5:03.98 33.59	
10.	Nieszporek Wiktoria		99	Uks 190 Łódź				632	<b>5:04.12</b>
	50m:	33.30 33.30	150m:	1:51.59 40.19	250m:	3:11.69 41.47	350m:	4:29.89 36.15	
	100m:	1:11.40 38.10	200m:	2:30.22 38.63	300m:	3:53.74 42.05	400m:	5:04.12 34.23	
11.	Filipek Jagoda		99	WKS I sk Wrocław				600	<b>5:09.33</b>
	50m:	32.49 32.49	150m:	1:50.73 40.71	250m:	3:14.10 44.24	350m:	4:35.21 36.39	
	100m:	1:10.02 37.53	200m:	2:29.86 39.13	300m:	3:58.82 44.72	400m:	5:09.33 34.12	
12.	Bejuk Oliwia		98	Mkp Słowianka Gorzów				586	<b>5:11.83</b>
	50m:	33.55 33.55	150m:	1:52.24 41.59	250m:	3:14.22 42.69	350m:	4:35.83 37.98	
	100m:	1:10.65 37.10	200m:	2:31.53 39.29	300m:	3:57.85 43.63	400m:	5:11.83 36.00	
13.	Helbing Justyna SK		97	MKS Jordan Kraków				576	<b>5:13.63</b>
	50m:	33.73 33.73	150m:	1:54.08 41.00	250m:	3:18.34 44.05	350m:	4:38.65 35.77	
	100m:	1:13.08 39.35	200m:	2:34.29 40.21	300m:	4:02.88 44.54	400m:	5:13.63 34.98	
14.	Sajacka Zofia		98	Uks Skalar Warszawa				544	<b>5:19.61</b>
	50m:	33.58 33.58	150m:	1:54.79 40.65	250m:	3:19.92 45.77	350m:	4:43.54 36.54	
	100m:	1:14.14 40.56	200m:	2:34.15 39.36	300m:	4:07.00 47.08	400m:	5:19.61 36.07	
15.	Łuczyska Martyna		98	Uks,, oliborz" Warszawa				517	<b>5:25.12</b>
	50m:	34.93 34.93	150m:	1:58.28 43.05	250m:	3:24.87 45.46	350m:	4:48.50 37.64	
	100m:	1:15.23 40.30	200m:	2:39.41 41.13	300m:	4:10.86 45.99	400m:	5:25.12 36.62	
16.	Bartniak Dorota		97	MKS Trójka Łódź				480	<b>5:33.28</b>
	50m:	34.76 34.76	150m:	1:57.35 42.10	250m:	3:25.28 47.18	350m:	4:53.54 40.11	
	100m:	1:15.25 40.49	200m:	2:38.10 40.75	300m:	4:13.43 48.15	400m:	5:33.28 39.74	
17.	Hasny Marta SR		98	Zryw Opole				478	<b>5:33.81</b>
	50m:	34.91 34.91	150m:	1:58.11 42.48	250m:	3:28.16 48.42	350m:	4:55.50 38.53	
	100m:	1:15.63 40.72	200m:	2:39.74 41.63	300m:	4:16.97 48.81	400m:	5:33.81 38.31	

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Pozycja				Rok ur.				Pkt.	Czas	
18.	Rybi ska Marcelina			99	WKS I sk Wrocław			456	<b>5:38.98</b>	
	50m:	37.02	37.02	150m:	2:04.38	44.59	250m: 3:35.36	48.01	350m: 5:01.47	38.49
	100m:	1:19.79	42.77	200m:	2:47.35	42.97	300m: 4:22.98	47.62	400m: 5:38.98	37.51
DYSKW.	Bakies Gabriela			96	UKS "Pi tka" Konstantynów Łódź					
	<i>z2/g8</i>									
	50m:			150m:			250m:		350m:	
	100m:			200m:			300m:		400m:	
DYSKW.	Kolbowicz Barbara			99	MKP Szczecin					
	<i>zg6</i>									
	50m:			150m:			250m:		350m:	
	100m:			200m:			300m:		400m:	