

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci - 11-12 lat
Łód , 20- - 21-11-2013

Konkurencja 4
2013-11-20 - 11:28

Chłopców, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	Rajca Wiktor		02	UKS 190 Łód				5:25.43	279
	50m:	35.34 35.34	150m:	1:57.80 41.46	250m:	3:21.42 42.31	350m:	4:44.88 41.12	
	100m:	1:16.34 41.00	200m:	2:39.11 41.31	300m:	4:03.76 42.34	400m:	5:25.43 40.55	
2.	Szulc Jan		02	TP Olimpijczyk Aleksandrów				5:31.20	265
	50m:	37.26 37.26	150m:	2:02.12 43.60	250m:	3:28.08 42.58	350m:	4:51.41 40.79	
	100m:	1:18.52 41.26	200m:	2:45.50 43.38	300m:	4:10.62 42.54	400m:	5:31.20 39.79	
3.	Wody ski Bartosz		02	TP Olimpijczyk Aleksandrów				5:31.21	265
	50m:	37.10 37.10	150m:	2:03.18 43.40	250m:	3:30.02 43.05	350m:	4:51.23 39.78	
	100m:	1:19.78 42.68	200m:	2:46.97 43.79	300m:	4:11.45 41.43	400m:	5:31.21 39.98	
4.	Wencel Adrian		02	UKS 5 Kons. Łódzki				5:36.18	253
	50m:	36.58 36.58	150m:	2:02.45	250m:	3:29.06 43.06	350m:		
	100m:		200m:	2:46.00 43.55	300m:		400m:	5:36.18	
5.	Kusi ski Aleksy		02	UKS SP 149 Łód				5:38.47	248
	50m:	38.07 38.07	150m:	2:04.50 44.19	250m:	3:31.63 43.14	350m:	4:57.58 42.15	
	100m:	1:20.31 42.24	200m:	2:48.49 43.99	300m:	4:15.43 43.80	400m:	5:38.47 40.89	
6.	Bli niewski Franciszek		02	UKS SP 149 Łód				5:39.03	247
	50m:	38.17 38.17	150m:	2:06.18 43.96	250m:	3:33.65 43.57	350m:	4:59.23 41.92	
	100m:	1:22.22 44.05	200m:	2:50.08 43.90	300m:	4:17.31 43.66	400m:	5:39.03 39.80	
7.	Bezat Kordian		02	TP Olimpijczyk Aleksandrów				5:46.48	231
	50m:	39.11 39.11	150m:	2:06.90 44.24	250m:	3:34.32 44.04	350m:	5:03.54 45.00	
	100m:	1:22.66 43.55	200m:	2:50.28 43.38	300m:	4:18.54 44.22	400m:	5:46.48 42.94	
8.	Krzywania Oskar		02	UKS SP 149 Łód				5:47.96	228
	50m:	40.57 40.57	150m:	2:10.92 45.17	250m:	3:40.99 44.76	350m:	5:09.58 43.45	
	100m:	1:25.75 45.18	200m:	2:56.23 45.31	300m:	4:26.13 45.14	400m:	5:47.96 38.38	
9.	Zarzycki Maciej		02	UKS NAWA Skierniewice				5:51.18	222
	50m:	40.18 40.18	150m:	2:10.04 44.84	250m:	3:40.18 44.92	350m:	5:09.92 44.39	
	100m:	1:25.20 45.02	200m:	2:55.26 45.22	300m:	4:25.53 45.35	400m:	5:51.18 41.26	
10.	Cieplucha Michał		02	UKS 190 Łód				5:51.89	221
	50m:	38.42 38.42	150m:	2:06.39 45.86	250m:	3:38.09 45.35	350m:		
	100m:	1:20.53 42.11	200m:	2:52.74 46.35	300m:		400m:	5:51.89	
11.	Cybulski Cyprian		02	UKS 5 Kons. Łódzki				5:57.51	210
	50m:	39.71 39.71	150m:	2:09.41 45.48	250m:	3:40.50 45.21	350m:	5:11.77 45.48	
	100m:	1:23.93 44.22	200m:	2:55.29 45.88	300m:	4:26.29 45.79	400m:	5:57.51 45.74	
12.	Miko Dawid		02	SKS Start Łód				5:58.68	208
	50m:	38.87 38.87	150m:	2:13.12 48.51	250m:	3:45.09 46.19	350m:	5:17.07 44.91	
	100m:	1:24.61 45.74	200m:	2:58.90 45.78	300m:	4:32.16 47.07	400m:	5:58.68 41.61	
13.	Syska Kacper		02	UKS SP 149 Łód				5:59.92	206
	50m:	40.12 40.12	150m:	2:09.35 44.57	250m:	3:41.63 46.18	350m:	5:14.32 46.53	
	100m:	1:24.78 44.66	200m:	2:55.45 46.10	300m:	4:27.79 46.16	400m:	5:59.92 45.60	
14.	Styczy ski Wojciech		02	UKS NAWA Skierniewice				6:02.95	201
	50m:	40.41 40.41	150m:	2:14.84 47.76	250m:	3:47.23 46.13	350m:	5:17.47 43.75	
	100m:	1:27.08 46.67	200m:	3:01.10 46.26	300m:	4:33.72 46.49	400m:	6:02.95 45.48	
15.	Chorobik Arkadiusz		02	SKS 137 Delfin Łód				6:03.20	201
	50m:	41.37 41.37	150m:	2:14.92 46.71	250m:	3:49.43 46.02	350m:	5:22.51 45.33	
	100m:	1:28.21 46.84	200m:	3:03.41 48.49	300m:	4:37.18 47.75	400m:	6:03.20 40.69	
16.	Kowalski Jakub		02	SKS 137 Delfin Łód				6:08.41	192
	50m:	42.21 42.21	150m:	2:17.03 47.49	250m:	3:51.19 47.24	350m:	5:26.54 47.06	
	100m:	1:29.54 47.33	200m:	3:03.95 46.92	300m:	4:39.48 48.29	400m:	6:08.41 41.87	
17.	Berkan Piotr		02	TP Olimpijczyk Aleksandrów				6:08.81	192
	50m:	40.64 40.64	150m:	2:14.20 47.01	250m:	3:48.54 47.46	350m:	5:24.21 47.68	
	100m:	1:27.19 46.55	200m:	3:01.08 46.88	300m:	4:36.53 47.99	400m:	6:08.81 44.60	

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Pozycja					Rok ur.					Czas	Pkt.	
18.	Wrzesi ski Patryk				02	TP Olimpijczyk Aleksandrów				6:14.51	183	
	50m:	39.92	39.92	150m:		250m:	3:53.86	350m:				
	100m:	1:27.59	47.67	200m:		300m:		400m:	6:14.51			
19.	Włodarczyk Mikołaj				02	SKS 137 Delfin Łód				6:17.03	179	
	50m:	42.51	42.51	150m:	2:18.49	48.98	250m:	3:52.23	46.66	350m:	5:28.47	48.01
	100m:	1:29.51	47.00	200m:	3:05.57	47.08	300m:	4:40.46	48.23	400m:	6:17.03	48.56
20.	Purtak Wiktor				02	UKS SP 149 Łód				6:24.29	169	
	50m:	40.14	40.14	150m:	2:16.21	49.02	250m:	3:55.03	49.10	350m:	5:34.98	50.38
	100m:	1:27.19	47.05	200m:	3:05.93	49.72	300m:	4:44.60	49.57	400m:	6:24.29	49.31
21.	Kostyk J drek				02	TP Olimpijczyk Aleksandrów				6:26.18	167	
	50m:	42.99	42.99	150m:	2:20.11	48.19	250m:	3:58.69	48.49	350m:	5:36.78	47.64
	100m:	1:31.92	48.93	200m:	3:10.20	50.09	300m:	4:49.14	50.45	400m:	6:26.18	49.40
22.	Jankowski Wojciech				02	UKS SP 149 Łód				6:30.81	161	
	50m:	43.78	43.78	150m:	2:22.96	50.84	250m:	4:05.26	51.20	350m:	5:45.68	50.15
	100m:	1:32.12	48.34	200m:	3:14.06	51.10	300m:	4:55.53	50.27	400m:	6:30.81	45.13
23.	Kalisiak Norbert				02	UKS NAWA Skierniewice				6:36.12	154	
	50m:	44.55	44.55	150m:	2:25.83	49.96	250m:	4:06.89	51.11	350m:	5:49.96	52.53
	100m:	1:35.87	51.32	200m:	3:15.78	49.95	300m:	4:57.43	50.54	400m:	6:36.12	46.16
24.	Skowronek Hubert				02	UKS NAWA Skierniewice				6:42.00	148	
	50m:	42.58	42.58	150m:	2:26.34	53.68	250m:	4:13.54		350m:	6:02.25	
	100m:	1:32.66	50.08	200m:			300m:			400m:	6:42.00	39.75
25.	Lik Kacper				02	UKS SP 149 Łód				6:43.96	146	
	50m:	41.67	41.67	150m:	2:21.94	50.46	250m:	4:06.95	53.08	350m:	5:53.19	53.49
	100m:	1:31.48	49.81	200m:	3:13.87	51.93	300m:	4:59.70	52.75	400m:	6:43.96	50.77
26.	Ławniczak Kacper				02	UKS NAWA Skierniewice				6:44.13	145	
	50m:	46.09	46.09	150m:	2:31.63	51.84	250m:	4:19.17	53.89	350m:		
	100m:	1:39.79	53.70	200m:	3:25.28	53.65	300m:	5:12.04	52.87	400m:	6:44.13	
27.	Jankowski Antek				02	UKS 190 Łód				6:51.65	138	
	50m:	43.03	43.03	150m:	2:26.63	52.75	250m:	4:14.50	54.23	350m:	6:02.06	53.00
	100m:	1:33.88	50.85	200m:	3:20.27	53.64	300m:	5:09.06	54.56	400m:	6:51.65	49.59
28.	Marosik Wiktor				02	SKS Start Łód				6:53.36	136	
	50m:			150m:	3:09.53		250m:	4:47.53	49.69	350m:	6:18.44	42.37
	100m:			200m:	3:57.84	48.31	300m:	5:36.07	48.54	400m:	6:53.36	34.92
29.	Garstecki Jakub				02	SKS Start Łód				6:53.80	135	
	50m:	44.28	44.28	150m:			250m:			350m:		
	100m:			200m:	3:23.02		300m:	5:10.55		400m:	6:53.80	
30.	Jugowicz Maciej				02	MKS Trójka Łód				6:58.83	131	
	50m:	44.53	44.53	150m:	2:30.16	53.71	250m:	4:17.41	54.45	350m:		
	100m:	1:36.45	51.92	200m:	3:22.96	52.80	300m:	5:11.34	53.93	400m:	6:58.83	
31.	Klimczak Dawid				02	SKS Start Łód				7:09.78	121	
	50m:	44.69	44.69	150m:	2:33.12	54.99	250m:	4:25.81	56.67	350m:	6:17.50	56.42
	100m:	1:38.13	53.44	200m:	3:29.14	56.02	300m:	5:21.08	55.27	400m:	7:09.78	52.28
32.	Łysiak Ignacy				02	SKS 137 Delfin Łód				7:15.48	116	
	50m:	42.90	42.90	150m:	2:28.96	54.85	250m:	4:24.53	58.94	350m:	6:24.52	
	100m:	1:34.11	51.21	200m:	3:25.59	56.63	300m:			400m:	7:15.48	50.96
33.	Terpiał Kacper				02	UKS 5 Kons. Łódzki				7:18.24	114	
	50m:	44.72	44.72	150m:	2:37.48	56.60	250m:	4:32.41	57.24	350m:	6:28.63	55.95
	100m:	1:40.88	56.16	200m:	3:35.17	57.69	300m:	5:32.68	1:00.27	400m:	7:18.24	49.61
34.	Muj el Mateusz				02	SKS 137 Delfin Łód				7:34.89	102	
	50m:	48.91	48.91	150m:	2:43.33	57.64	250m:	4:44.26		350m:	6:42.39	58.69
	100m:	1:45.69	56.78	200m:			300m:	5:43.70	59.44	400m:	7:34.89	52.50
35.	Knyszy ski Maciej				02	UKS SP 149 Łód				7:42.59	97	
	50m:	50.45	50.45	150m:	2:45.27	57.64	250m:	4:44.42	58.45	350m:		
	100m:	1:47.63	57.18	200m:	3:45.97	1:00.70	300m:			400m:	7:42.59	

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Pozycja			Rok ur.			Czas	Pkt.
NIE UK.	Turek FILIP		02	UKS 5 Kons. Łódzki			
	50m:	150m:		250m:	350m:		
	100m:	200m:		300m:	400m:		