

XV Otwarte Mistrzostwa Opola „MASTERS”
Opole, 7- - 8-12-2013

Konkurencja 12
2013-12-07 - 17:07

Mężczyzn, 400m dowolny

20 - 89 lat
Wyniki

Punkty: DSV Masters 13

Pozycja			Rok ur.					Czas	Pkt.
20 - 24 lat									
1.	Pagacz Miłosz		90	Tarnowskie WOPR Masters				7:24.72	168
	50m:	43.21 43.21	150m:	2:26.70 54.45	250m:	4:23.74 59.59	350m:	6:24.24 1:00.06	
	100m:	1:32.25 49.04	200m:	3:24.15 57.45	300m:	5:24.18 1:00.44	400m:	7:24.72 1:00.48	
25 - 29 lat									
1.	Janovský Jiří		88	Autoškoda Mladá Boleslav				4:34.47	706
	50m:	29.76 29.76	150m:	1:38.39 34.88	250m:	2:48.61 34.96	350m:	3:59.15 35.30	
	100m:	1:03.51 33.75	200m:	2:13.65 35.26	300m:	3:23.85 35.24	400m:	4:34.47 35.32	
2.	Dymiter Mateusz		86	Tarnowskie WOPR Masters				5:13.81	472
	50m:	33.39 33.39	150m:	1:48.59 39.05	250m:	3:09.45 40.47	350m:		
	100m:	1:09.54 36.15	200m:	2:28.98 40.39	300m:	3:50.21 40.76	400m:	5:13.81	
3.	Chadry Kuba		86	Klub Sportowy REKIN				5:15.33	465
	50m:	32.91 32.91	150m:	1:49.85 39.39	250m:		350m:	4:36.09 41.95	
	100m:	1:10.46 37.55	200m:	2:30.58 40.73	300m:	3:54.14	400m:	5:15.33 39.24	
30 - 34 lat									
1.	Piechota Przemysław		79	Odrzańskie Ratownictwo Specjal				6:08.03	278
	50m:	36.43 36.43	150m:	1:59.44 41.94	250m:	3:31.43 47.93	350m:	5:14.85 51.83	
	100m:	1:17.50 41.07	200m:	2:43.50 44.06	300m:	4:23.02 51.59	400m:	6:08.03 53.18	
35 - 39 lat									
1.	Horbacz Marcin		74	JW 2399 witoszów				4:19.61	813
	<i>Wynik lepszy od rekordu Polski</i>								
	50m:	31.02 31.02	150m:	1:38.10 33.64	250m:	2:44.00 32.82	350m:	3:48.42 31.88	
	100m:	1:04.46 33.44	200m:	2:11.18 33.08	300m:	3:16.54 32.54	400m:	4:19.61 31.19	
2.	Kowalczyk Mariusz		77	Odrzańskie Ratownictwo Specjal				5:53.75	321
	50m:	36.91 36.91	150m:	2:02.98 44.87	250m:	3:36.03 46.91	350m:	5:10.70 46.91	
	100m:	1:18.11 41.20	200m:	2:49.12 46.14	300m:	4:23.79 47.76	400m:	5:53.75 43.05	
3.	Gołbiowski Remigiusz		76	Swimmers Stowarzyszenie Pływac				6:50.95	205
	50m:	42.01 42.01	150m:	2:23.59 52.67	250m:	4:12.84 54.92	350m:	6:01.62 54.00	
	100m:	1:30.92 48.91	200m:	3:17.92 54.33	300m:	5:07.62 54.78	400m:	6:50.95 49.33	
40 - 44 lat									
1.	SZUREK SŁAWOMIR		71	Orka Masters				5:52.16	319
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:52.16	
45 - 49 lat									
1.	Janovský Jiří		64					5:08.49	506
	50m:		150m:		250m:	3:12.16 39.99	350m:		
	100m:		200m:	2:32.17	300m:	4:30.60 1:18.44	400m:	5:08.49	
50 - 54 lat									
1.	Szymik Piotr		60	Wodnik Siemianowice I skie				5:34.78	503
	50m:	37.29 37.29	150m:	2:00.61 42.65	250m:	3:26.99 43.05	350m:	4:53.88 43.39	
	100m:	1:17.96 40.67	200m:	2:43.94 43.33	300m:	4:10.49 43.50	400m:	5:34.78 40.90	

XV Otwarte Mistrzostwa Opola „MASTERS”
Opole, 7 - 8-12-2013

Konkurencja 12, M czynn, 400m dowolny, 50 - 54 lat

Pozycja			Rok ur.				Czas		Pkt.
2.	Thiem Jacek		63 Klub Sportowy Warta Pozna				5:51.72		434
	50m:	40.33 40.33	150m:	2:10.61 45.57	250m:	3:40.90 44.88	350m:	5:10.48 44.35	
	100m:	1:25.04 44.71	200m:	2:56.02 45.41	300m:	4:26.13 45.23	400m:	5:51.72 41.24	
3.	Mrozi ski Jerzy		59 UKS Wodnik 29 Katowice				5:53.57		427
	50m:	37.44 37.44	150m:	2:02.91 43.97	250m:	3:33.96 46.05	350m:	5:08.78 47.02	
	100m:	1:18.94 41.50	200m:	2:47.91 45.00	300m:	4:21.76 47.80	400m:	5:53.57 44.79	

55 - 59 lat

1.	Łatecki Włodzimierz		57 Zgiersko-Ł czyckie WOPR Ozorków				8:26.64		185
	50m:	50.49 50.49	150m:	2:56.61 1:05.10	250m:	5:07.66 1:06.66	350m:	8:26.64 2:11.83	
	100m:	1:51.51 1:01.02	200m:	4:01.00 1:04.39	300m:	6:14.81 1:07.15	400m:	8:26.64	

60 - 64 lat

1.	Gałga ski Zbigniew		49 Redeco Wrocław				6:52.08		389
	50m:	45.36 45.36	150m:	2:27.95 52.75	250m:	4:13.45 52.43	350m:		
	100m:	1:35.20 49.84	200m:	3:21.02 53.07	300m:	5:07.17 53.72	400m:	6:52.08	
2.	IRCZYK LEON		51 Orka Masters				7:53.93		255
	50m:	52.89 52.89	150m:	2:52.79 1:00.25	250m:	4:54.76 1:01.50	350m:	6:55.14 59.65	
	100m:	1:52.54 59.65	200m:	3:53.26 1:00.47	300m:	5:55.49 1:00.73	400m:	7:53.93 58.79	

65 - 69 lat

1.	Jawor Bogdan		47 KS Masters Polkowice				7:55.36		269
	50m:	50.18 50.18	150m:	2:53.07 1:02.81	250m:	4:56.32 1:01.26	350m:		
	100m:	1:50.26 1:00.08	200m:	3:55.06 1:01.99	300m:	5:57.40 1:01.08	400m:	7:55.36	

70 - 74 lat

1.	Bastek Ewald		39 Weteran Zabrze				6:29.00		637
	50m:	44.81 44.81	150m:	2:24.69 50.16	250m:	4:04.00 49.56	350m:	5:41.27 48.63	
	100m:	1:34.53 49.72	200m:	3:14.44 49.75	300m:	4:52.64 48.64	400m:	6:29.00 47.73	
2.	Waga Stanisław		40 Masters Korona Kraków				8:15.88		307
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	8:15.88	