

Zimowe Mistrzostwa Województwa Łódzkiego
 Łódź , 12- - 14-12-2013

Konkurencja 11
 2013-12-12 - 9:57

Kobiet, 400m zmienny

13 lat i starsi
 Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.		
1.	Piechota Paulina		99	UKS 190 Łódź				4:57.21	677		
	50m:	31.59 31.59	150m:	1:45.20	37.36	250m:	3:05.00	43.29	350m:	4:23.63	35.07
	100m:	1:07.84 36.25	200m:	2:21.71	36.51	300m:	3:48.56	43.56	400m:	4:57.21	33.58
2.	Nieszporek Wiktoria		99	UKS 190 Łódź				5:06.62	617		
	50m:	33.58 33.58	150m:	1:52.98	40.53	250m:	3:13.00	40.61	350m:	4:31.27	36.68
	100m:	1:12.45 38.87	200m:	2:32.39	39.41	300m:	3:54.59	41.59	400m:	5:06.62	35.35
3.	Duda Natasza		98	MKS Trójka Łódź				5:18.48	550		
	50m:	35.28 35.28	150m:	1:57.32	41.59	250m:	3:21.52	42.65	350m:	4:42.05	36.53
	100m:	1:15.73 40.45	200m:	2:38.87	41.55	300m:	4:05.52	44.00	400m:	5:18.48	36.43
4.	Dzwonnik Zuzanna		00	UKS SP 19 Łódź				5:26.25	512		
	50m:	35.62 35.62	150m:	1:55.51	40.18	250m:	3:24.07	47.48	350m:	4:49.53	37.47
	100m:	1:15.33 39.71	200m:	2:36.59	41.08	300m:	4:12.06	47.99	400m:	5:26.25	36.72
5.	Bartniak Dorota		97	MKS Trójka Łódź				5:33.41	479		
	50m:	35.29 35.29	150m:	1:56.92	40.83	250m:	3:23.91	46.34	350m:	4:52.97	41.00
	100m:	1:16.09 40.80	200m:	2:37.57	40.65	300m:	4:11.97	48.06	400m:	5:33.41	40.44
6.	Kowalska Dominika		00	MKS Trójka Łódź				5:33.66	478		
	50m:	35.58 35.58	150m:	2:00.59	43.90	250m:	3:30.10	46.92	350m:	4:57.20	38.57
	100m:	1:16.69 41.11	200m:	2:43.18	42.59	300m:	4:18.63	48.53	400m:	5:33.66	36.46
7.	Michałowska Martyna		99	UKS 5 Konstantynów				5:35.36	471		
	50m:	37.44 37.44	150m:	2:02.93	40.52	250m:	3:30.27	46.56	350m:	4:56.93	39.72
	100m:	1:22.41 44.97	200m:	2:43.71	40.78	300m:	4:17.21	46.94	400m:	5:35.36	38.43
8.	Bartczak Julia		00	SKS 137 Delfin Łódź				5:44.27	435		
	50m:	38.30 38.30	150m:	2:01.92	43.60	250m:	3:35.97	49.81	350m:	5:05.80	39.16
	100m:	1:18.32 40.02	200m:	2:46.16	44.24	300m:	4:26.64	50.67	400m:	5:44.27	38.47