

Zimowe Mistrzostwa Województwa Łódzkiego
 Łódź , 12- - 14-12-2013

Konkurencja 12
 2013-12-12 - 10:10

Mężczyzn, 400m zmienny

13 lat i starsi
 Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	Staniszewski Adam		97	MKS Trójka Łódź				4:38.21	606
	50m:	29.12 29.12	150m:	1:37.83 34.71	250m:	2:52.58 40.52	350m:	4:06.80 31.77	
	100m:	1:03.12 34.00	200m:	2:12.06 34.23	300m:	3:35.03 42.45	400m:	4:38.21 31.41	
2.	Karwat Krzysztof		96	UKS NAWA Skierniewice				4:40.21	593
	50m:	29.42 29.42	150m:	1:37.31 33.91	250m:	2:54.15 42.47	350m:	4:09.01 32.58	
	100m:	1:03.40 33.98	200m:	2:11.68 34.37	300m:	3:36.43 42.28	400m:	4:40.21 31.20	
3.	Mielczarek Filip		96	LKS"OMEGA"Kleszczów				4:42.23	580
	50m:	30.38 30.38	150m:	1:42.35 36.65	250m:	2:58.21 39.71	350m:	4:10.86 31.74	
	100m:	1:05.70 35.32	200m:	2:18.50 36.15	300m:	3:39.12 40.91	400m:	4:42.23 31.37	
4.	Dębski Dominik		98	MKS Trójka Łódź				4:44.60	566
	50m:	30.00 30.00	150m:	1:42.75 37.58	250m:	2:59.38 40.95	350m:	4:14.29 33.10	
	100m:	1:05.17 35.17	200m:	2:18.43 35.68	300m:	3:41.19 41.81	400m:	4:44.60 30.31	
5.	Parzynowski Wojciech		99	UKS 190 Łódź				4:45.44	561
	50m:	30.19 30.19	150m:	1:42.19 37.20	250m:	2:59.71 40.76	350m:	4:12.74 32.14	
	100m:	1:04.99 34.80	200m:	2:18.95 36.76	300m:	3:40.60 40.89	400m:	4:45.44 32.70	
6.	Węgrowski Marcel		99	TP Olimpijczyk Aleksandrów				4:46.61	554
	50m:	29.50 29.50	150m:	1:40.65 36.32	250m:	2:57.83 40.94	350m:	4:14.66 33.89	
	100m:	1:04.33 34.83	200m:	2:16.89 36.24	300m:	3:40.77 42.94	400m:	4:46.61 31.95	
7.	Mészka Ernest		97	UKS NAWA Skierniewice				4:56.23	502
	50m:	31.40 31.40	150m:	1:45.59 38.03	250m:	3:07.14 44.60	350m:	4:25.74 34.18	
	100m:	1:07.56 36.16	200m:	2:22.54 36.95	300m:	3:51.56 44.42	400m:	4:56.23 30.49	
8.	Kałusowski Jan		00	MKS Trójka Łódź				4:57.56	495
	50m:	30.83 30.83	150m:	1:46.70 39.25	250m:	3:05.37 40.44	350m:	4:22.45 36.00	
	100m:	1:07.45 36.62	200m:	2:24.93 38.23	300m:	3:46.45 41.08	400m:	4:57.56 35.11	
9.	Błaszczak Kacper		00	TP Olimpijczyk Aleksandrów				5:09.99	438
	50m:	31.42 31.42	150m:	1:49.50 41.76	250m:	3:12.31 42.13	350m:	4:33.68 37.62	
	100m:	1:07.74 36.32	200m:	2:30.18 40.68	300m:	3:56.06 43.75	400m:	5:09.99 36.31	
10.	Domański Kamil		00	TP Olimpijczyk Aleksandrów				5:16.26	412
	50m:	34.05 34.05	150m:	1:53.48 40.28	250m:	3:17.73 44.57	350m:	4:40.59 36.86	
	100m:	1:13.20 39.15	200m:	2:33.16 39.68	300m:	4:03.73 46.00	400m:	5:16.26 35.67	
11.	Małucha Filip		00	UKS 190 Łódź				5:20.46	396
	50m:	33.50 33.50	150m:	1:54.07 41.09	250m:	3:19.90 44.91	350m:	4:44.00 37.65	
	100m:	1:12.98 39.48	200m:	2:34.99 40.92	300m:	4:06.35 46.45	400m:	5:20.46 36.46	
12.	Szwedzki Jakub		00	UKS 5 Konstancynów				5:23.05	387
	50m:	38.03 38.03	150m:	2:02.39 39.70	250m:	3:26.41 44.34	350m:	4:48.23 36.61	
	100m:	1:22.69 44.66	200m:	2:42.07 39.68	300m:	4:11.62 45.21	400m:	5:23.05 34.82	