

Grand Prix - Puchar Polski  
Łódź, 8-9-11-2014

Konkurencja 12  
2014-11-08 - 12:58

Mężczyźni, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Pkt.	Czas	
1.	Wojdak Wojciech SO		96	UKP Unia Olimpijczyków				802	<b>3:48.42</b>	
	50m:	26.93 28.93	150m:	1:23.54	28.36	250m:	2:20.75	28.71	350m:	3:19.36 29.47
	100m:	55.18 28.25	200m:	1:52.04	28.50	300m:	2:49.89	29.14	400m:	3:48.42 29.06
2.	Zaborowski Filip		94	MKP Szczecin				798	<b>3:48.81</b>	
	50m:	27.80 27.80	150m:	1:25.78	28.98	250m:	2:23.13	28.64	350m:	3:20.73 28.67
	100m:	56.80 29.00	200m:	1:54.49	28.71	300m:	2:52.06	28.93	400m:	3:48.81 28.08
3.	SWr Kuciński Maciej		96	Wks Śląsk Wrocław				753	<b>3:53.30</b>	
	50m:	28.00 28.00	150m:	1:26.76	29.54	250m:	2:25.51	29.27	350m:	3:24.46 29.60
	100m:	57.22 29.22	200m:	1:56.24	29.48	300m:	2:54.86	29.35	400m:	3:53.30 28.84
4.	Kaczmarski Marcin		94	MKP Szczecin				747	<b>3:53.86</b>	
	50m:	27.84 27.84	150m:	1:26.66	29.45	250m:	2:26.25	29.95	350m:	3:25.92 29.82
	100m:	57.21 29.37	200m:	1:56.30	29.64	300m:	2:56.10	29.85	400m:	3:53.86 27.94
5.	Klich Kacper		94	Wks Śląsk Wrocław				745	<b>3:54.08</b>	
	50m:	27.90 27.90	150m:	1:26.92	29.43	250m:	2:25.93	29.37	350m:	3:25.09 29.64
	100m:	57.49 29.59	200m:	1:56.56	29.64	300m:	2:55.45	29.52	400m:	3:54.08 28.99
6.	SWwa Stępień Konrad		96	Mks Polonia Warszawa				725	<b>3:56.19</b>	
	50m:	28.31 28.31	150m:	1:28.66	30.00	250m:	2:28.78	29.52	350m:	3:28.10 29.26
	100m:	58.66 30.35	200m:	1:59.26	30.60	300m:	2:58.84	30.06	400m:	3:56.19 28.09
7.	SWr Jaszczak Wiktor		97	Wks Śląsk Wrocław				707	<b>3:58.21</b>	
	50m:	28.51 28.51	150m:	1:28.34	29.95	250m:	2:28.65	30.09	350m:	3:28.95 30.12
	100m:	58.39 29.88	200m:	1:58.56	30.22	300m:	2:58.83	30.18	400m:	3:58.21 29.26
8.	Osses Arkadiusz		95	KS Warta Poznań				702	<b>3:58.73</b>	
	50m:	28.40 28.40	150m:	1:28.47	29.94	250m:	2:28.83	30.15	350m:	3:28.96 29.99
	100m:	58.53 30.13	200m:	1:58.68	30.21	300m:	2:58.97	30.14	400m:	3:58.73 29.77
9.	Sawrymowicz Mateusz		87	MKP Szczecin				700	<b>3:58.95</b>	
	50m:	28.70 28.70	150m:	1:29.01	30.13	250m:	2:29.40	30.28	350m:	3:29.65 30.14
	100m:	58.88 30.18	200m:	1:59.12	30.11	300m:	2:59.51	30.11	400m:	3:58.95 29.30
10.	Zbutowicz Karol SOL		98	MTP KORMORAN Olsztyn				700	<b>3:59.04</b>	
	50m:	28.35 28.35	150m:	1:29.23	30.45	250m:	2:29.84	30.16	350m:	3:30.27 30.08
	100m:	58.78 30.43	200m:	1:59.68	30.45	300m:	3:00.19	30.35	400m:	3:59.04 28.77
11.	SWr Jura Maciej		96	Wks Śląsk Wrocław				698	<b>3:59.24</b>	
	50m:	28.39 28.39	150m:	1:28.65	30.15	250m:	2:29.62	30.44	350m:	3:31.10 30.69
	100m:	58.50 30.11	200m:	1:59.18	30.53	300m:	3:00.41	30.79	400m:	3:59.24 28.14
12.	Chrzanowski Damian		98	KP MZOS Płock				688	<b>4:00.33</b>	
	50m:	28.33 28.33	150m:	1:29.53	30.70	250m:	2:30.74	30.56	350m:	3:31.65 30.26
	100m:	58.83 30.50	200m:	2:00.18	30.65	300m:	3:01.39	30.65	400m:	4:00.33 28.68
13.	Lasek Bartłomiej		94	AZS UŁ PŁ Łódź				686	<b>4:00.65</b>	
	50m:	27.74 27.74	150m:	1:27.85	30.02	250m:	2:28.72	30.50	350m:	3:31.00 31.16
	100m:	57.83 30.09	200m:	1:58.22	30.37	300m:	2:59.84	31.12	400m:	4:00.65 29.65
14.	Staniszewski Adam		97	Mks Trójka Łódź				682	<b>4:01.09</b>	
	50m:	28.72 28.72	150m:	1:29.83	30.45	250m:	2:30.22	30.00	350m:	3:30.59 30.46
	100m:	59.38 30.66	200m:	2:00.22	30.39	300m:	3:00.13	29.91	400m:	4:01.09 30.50
15.	Roguski Bartłomiej		93	Uks., „oliborz” Warszawa				666	<b>4:03.02</b>	
	50m:	28.71 28.71	150m:	1:29.50	30.02	250m:	2:30.86	30.69	350m:	3:32.56 30.87
	100m:	59.48 30.77	200m:	2:00.17	30.67	300m:	3:01.69	30.83	400m:	4:03.02 30.46
16.	Sobczyk Maciej		95	AZS-AGH Kraków				663	<b>4:03.37</b>	
	50m:	28.03 28.03	150m:	1:29.35	30.53	250m:	2:31.22	30.83	350m:	3:33.39 30.95
	100m:	58.82 30.79	200m:	2:00.39	31.04	300m:	3:02.44	31.22	400m:	4:03.37 29.98
17.	SWwa Dobrzyński Tomasz		98	Uks G-8 Bielany				651	<b>4:04.79</b>	
	50m:	28.58 28.58	150m:	1:31.12	31.39	250m:	2:33.87	31.27	350m:	3:35.61 30.44
	100m:	59.73 31.15	200m:	2:02.60	31.48	300m:	3:05.17	31.30	400m:	4:04.79 29.18

Grand Prix - Puchar Polski  
Łódź, 8-9-11-2014

Konkurencja 12, Mężczyźni, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.				Pkt.	Czas	
18.	Chmielewski Jakub	99	Wks Slask Wroclaw	646	<b>4:05.42</b>		
	50m: 29.51 29.51	150m: 1:32.18 31.62	250m: 2:34.36 30.87	350m: 3:36.16 30.18			
	100m: 1:00.56 31.05	200m: 2:03.49 31.31	300m: 3:05.98 31.62	400m: 4:05.42 29.26			
19.	Olender Karol	96	Mkp Gdańsk	643	<b>4:05.81</b>		
	50m: 29.45 29.45	150m: 1:31.35 31.16	250m: 2:33.95 31.01	350m: 3:35.74 30.96			
	100m: 1:00.19 30.74	200m: 2:02.94 31.59	300m: 3:04.78 30.83	400m: 4:05.81 30.07			
20.	Kałużycki Antoni	99	UKS GIM 92 Ursynów	638	<b>4:06.47</b>		
	50m: 28.30 28.30	150m: 1:30.75 31.38	250m: 2:33.95 31.59	350m: 3:36.68 30.66			
	100m: 59.37 31.07	200m: 2:02.36 31.61	300m: 3:06.02 32.07	400m: 4:06.47 29.79			
21.	Dobski Dominik	98	Mks Trójka Łódź	623	<b>4:08.41</b>		
	50m: 28.14 28.14	150m: 1:29.71 31.00	250m: 2:32.61 31.62	350m: 3:36.99 32.43			
	100m: 58.71 30.57	200m: 2:00.99 31.28	300m: 3:04.56 31.95	400m: 4:08.41 31.42			
22.	Rój Konrad	98	MKP Szczecin	621	<b>4:08.77</b>		
	50m: 29.02 29.02	150m: 1:32.24 31.89	250m: 2:35.95 31.78	350m: 3:39.20 31.49			
	100m: 1:00.35 31.33	200m: 2:04.17 31.93	300m: 3:07.71 31.76	400m: 4:08.77 29.57			
23.	Szpojankowski Kacper	98	MTP KORMORAN Olsztyn	617	<b>4:09.27</b>		
	50m: 28.64 28.64	150m: 1:31.56 31.85	250m: 2:34.80 31.42	350m: 3:38.81 31.99			
	100m: 59.71 31.07	200m: 2:03.38 31.82	300m: 3:06.82 32.02	400m: 4:09.27 30.46			
24.	Ławnik Jakub	99	Wks Slask Wroclaw	616	<b>4:09.41</b>		
	50m: 28.80 28.80	150m: 1:32.33 32.19	250m: 2:35.80 31.66	350m: 3:39.59 31.71			
	100m: 1:00.14 31.34	200m: 2:04.14 31.81	300m: 3:07.88 32.08	400m: 4:09.41 29.82			
25.	Bruchajzer Dominik	97	KP MZOS Płock	606	<b>4:10.79</b>		
	50m: 29.74 29.74	150m: 1:32.52 31.62	250m: 2:35.41 31.26	350m: 3:39.45 32.20			
	100m: 1:00.90 31.16	200m: 2:04.15 31.63	300m: 3:07.25 31.84	400m: 4:10.79 31.34			
26.	Bartoszek Jarosław	97	MKP Słowianka Gorzów	604	<b>4:11.08</b>		
	50m: 29.46 29.46	150m: 1:33.71 32.33	250m: 2:37.70 31.77	350m: 3:40.64 30.84			
	100m: 1:01.38 31.92	200m: 2:05.93 32.22	300m: 3:09.80 32.10	400m: 4:11.08 30.44			
27.	Koziejko Bartłomiej	00	MTP KORMORAN Olsztyn	602	<b>4:11.35</b>		
	50m: 28.95 28.95	150m: 1:32.46 31.83	250m: 2:36.87 32.17	350m: 3:40.65 31.70			
	100m: 1:00.63 31.68	200m: 2:04.70 32.24	300m: 3:08.95 32.08	400m: 4:11.35 30.70			
28.	Szarek Dawid	99	Wks Slask Wroclaw	600	<b>4:11.52</b>		
	50m: 28.70 28.70	150m: 1:31.62 31.66	250m: 2:36.20 32.42	350m: 3:40.69 32.19			
	100m: 59.96 31.26	200m: 2:03.78 32.16	300m: 3:08.50 32.30	400m: 4:11.52 30.83			
29.	Kaczorowski Jakub	97	Uks,, oliborz" Warszawa	599	<b>4:11.70</b>		
	50m: 29.22 29.22	150m: 1:33.18 32.14	250m: 2:37.31 31.97	350m: 3:41.05 31.74			
	100m: 1:01.04 31.82	200m: 2:05.34 32.16	300m: 3:09.31 32.00	400m: 4:11.70 30.65			
30.	SWr Kuczma Jędrzej	98	Wks Slask Wroclaw	587	<b>4:13.44</b>		
	50m: 29.33 29.33	150m: 1:33.50 32.42	250m: 2:38.15 32.16	350m: 3:42.46 32.08			
	100m: 1:01.08 31.75	200m: 2:05.99 32.49	300m: 3:10.38 32.23	400m: 4:13.44 30.98			
31.	Gawron Oskar	99	Wks Slask Wroclaw	582	<b>4:14.08</b>		
	50m: 29.48 29.48	150m: 1:33.66 32.25	250m: 2:38.03 32.00	350m: 3:42.50 32.31			
	100m: 1:01.41 31.93	200m: 2:06.03 32.37	300m: 3:10.19 32.16	400m: 4:14.08 31.58			
32.	Durajczyk Michał	97	IKS Konstancin	579	<b>4:14.63</b>		
	50m: 27.78 27.78	150m: 1:30.79 32.02	250m: 2:36.57 33.23	350m: 3:42.41 32.75			
	100m: 58.77 30.99	200m: 2:03.34 32.55	300m: 3:09.66 33.09	400m: 4:14.63 32.22			
33.	Macner Michał	99	MKS Park Wodny Tarnowskie Góry	574	<b>4:15.29</b>		
	50m: 29.53 29.53	150m: 1:33.12 32.07	250m: 2:38.21 32.61	350m: 3:43.50 32.71			
	100m: 1:01.05 31.52	200m: 2:05.60 32.48	300m: 3:10.79 32.58	400m: 4:15.29 31.79			
34.	Sikora Patryk	99	Wks Slask Wroclaw	572	<b>4:15.61</b>		
	50m: 29.61 29.61	150m: 1:34.10 32.54	250m: 2:38.96 32.26	350m: 3:44.63 32.91			
	100m: 1:01.56 31.95	200m: 2:06.70 32.60	300m: 3:11.72 32.76	400m: 4:15.61 30.98			
35.	SP Piasecki Kamil	97	KS Warta Poznań	566	<b>4:16.56</b>		
	50m: 28.42 28.42	150m: 1:33.69 32.93	250m: 2:40.34 33.02	350m: 3:46.14 33.36			
	100m: 1:00.76 32.34	200m: 2:07.32 33.63	300m: 3:12.78 32.44	400m: 4:16.56 30.42			

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Łódź, 8-9-11-2014

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Pkt.	Czas
36.	S	czek Szymon	99	Mks Trójka Łódź			566	<b>4:16.57</b>	
	50m:	28.53 28.53	150m:	1:33.17 32.78	250m:	2:38.95 32.80	350m:	3:45.01 33.23	
	100m:	1:00.39 31.86	200m:	2:06.15 32.98	300m:	3:11.78 32.83	400m:	4:16.57 31.56	
37.	Sternak Piotr	SOL	98	KP MZOS Płock			563	<b>4:16.92</b>	
	50m:	28.79 28.79	150m:	1:32.75 32.62	250m:	2:39.29 33.39	350m:	3:45.78 33.22	
	100m:	1:00.13 31.34	200m:	2:05.90 33.15	300m:	3:12.56 33.27	400m:	4:16.92 31.14	
38.	Walczak Szymon		99	MKS Park Wodny Tarnowskie Góry			563	<b>4:16.96</b>	
	50m:	30.31 30.31	150m:	1:36.67 33.42	250m:	2:42.85 32.81	350m:	3:47.00 31.77	
	100m:	1:03.25 32.94	200m:	2:10.04 33.37	300m:	3:15.23 32.38	400m:	4:16.96 29.96	
39.	Pecyna Maciej		99	IKS Konstancin			563	<b>4:17.02</b>	
	50m:	28.14 28.14	150m:	1:31.91 32.52	250m:	2:37.91 33.20	350m:	3:44.72 33.38	
	100m:	59.39 31.25	200m:	2:04.71 32.80	300m:	3:11.34 33.43	400m:	4:17.02 32.30	
40.	Gł ba Jan		99	Wks Slask Wroclaw			562	<b>4:17.06</b>	
	50m:	28.58 28.58	150m:	1:33.35 32.65	250m:	2:39.62 33.14	350m:	3:45.59 32.75	
	100m:	1:00.70 32.12	200m:	2:06.48 33.13	300m:	3:12.84 33.22	400m:	4:17.06 31.47	
41.	Parzynowski Wojciech		99	Tp Olimpijczyk Aleksandrów Ł.			559	<b>4:17.51</b>	
	50m:	29.25 29.25	150m:	1:33.14 32.15	250m:	2:38.99 33.04	350m:	3:44.66 33.00	
	100m:	1:00.99 31.74	200m:	2:05.95 32.81	300m:	3:11.66 32.67	400m:	4:17.51 32.85	
42.	Porwat Michał		98	KP MZOS Płock			552	<b>4:18.62</b>	
	50m:	29.17 29.17	150m:	1:33.83 32.48	250m:	2:40.13 32.63	350m:	3:47.04 33.42	
	100m:	1:01.35 32.18	200m:	2:07.50 33.67	300m:	3:13.62 33.49	400m:	4:18.62 31.58	
43.	Szpyra Łukasz		97	MKP Słowianka Gorzów			551	<b>4:18.75</b>	
	50m:	29.05 29.05	150m:	1:33.01 32.54	250m:	2:38.61 32.77	350m:	3:44.54 33.78	
	100m:	1:00.47 31.42	200m:	2:05.84 32.83	300m:	3:10.76 32.15	400m:	4:18.75 34.21	
44.	Fr czek Paweł		98	Mkp Gda sk			547	<b>4:19.44</b>	
	50m:	29.89 29.89	150m:	1:34.46 32.56	250m:	2:40.19 32.87	350m:	3:46.37 33.15	
	100m:	1:01.90 32.01	200m:	2:07.32 32.86	300m:	3:13.22 33.03	400m:	4:19.44 33.07	
45.	SSz Gryz Dawid		99	MKP Szczecin			541	<b>4:20.47</b>	
	50m:	30.00 30.00	150m:	1:34.68 32.63	250m:	2:41.64 33.63	350m:	3:48.30 33.49	
	100m:	1:02.05 32.05	200m:	2:08.01 33.33	300m:	3:14.81 33.17	400m:	4:20.47 32.17	
46.	SWwa Napieraj Jan		98	Mks Polonia Warszawa			535	<b>4:21.35</b>	
	50m:	28.96 28.96	150m:	1:33.51 32.81	250m:	2:40.09 33.30	350m:	3:48.00 34.21	
	100m:	1:00.70 31.74	200m:	2:06.79 33.28	300m:	3:13.79 33.70	400m:	4:21.35 33.35	
47.	Rudnicki Marcin		99	Uks,, oliborz" Warszawa			534	<b>4:21.55</b>	
	50m:	29.49 29.49	150m:	1:34.20 32.69	250m:	2:41.30 33.71	350m:	3:49.19 33.90	
	100m:	1:01.51 32.02	200m:	2:07.59 33.39	300m:	3:15.29 33.99	400m:	4:21.55 32.36	
48.	Lenartowicz Kacper		99	IKS Konstancin			532	<b>4:21.79</b>	
	50m:	30.18 30.18	150m:	1:36.53 33.52	250m:	2:43.69 33.49	350m:	3:50.28 32.98	
	100m:	1:03.01 32.83	200m:	2:10.20 33.67	300m:	3:17.30 33.61	400m:	4:21.79 31.51	
49.	Brzezi ski Wojciech		96	Mkp Gda sk			531	<b>4:22.06</b>	
	50m:	29.89 29.89	150m:	1:35.93 33.37	250m:	2:42.77 33.15	350m:	3:49.59 33.42	
	100m:	1:02.56 32.67	200m:	2:09.62 33.69	300m:	3:16.17 33.40	400m:	4:22.06 32.47	
50.	SP Dyba Jakub		98	Posnania Poznan			529	<b>4:22.40</b>	
	50m:	30.56 30.56	150m:	1:38.05 33.75	250m:	2:45.19 33.20	350m:	3:51.52 33.12	
	100m:	1:04.30 33.74	200m:	2:11.99 33.94	300m:	3:18.40 33.21	400m:	4:22.40 30.88	
51.	Wachnik Jakub		98	Uks Pirania Targówek			525	<b>4:22.95</b>	
	50m:	30.06 30.06	150m:	1:36.67 33.35	250m:	2:43.97 33.81	350m:	3:51.10 33.21	
	100m:	1:03.32 33.26	200m:	2:10.16 33.49	300m:	3:17.89 33.92	400m:	4:22.95 31.85	
52.	Fiks Krzysztof		00	Uks 190 Łódź			525	<b>4:23.08</b>	
	50m:	30.47 30.47	150m:	1:37.55 33.52	250m:	2:44.86 33.90	350m:	3:52.64 34.03	
	100m:	1:04.03 33.56	200m:	2:10.96 33.41	300m:	3:18.61 33.75	400m:	4:23.08 30.44	
53.	Doma ski Kamil		00	Tp Olimpijczyk Aleksandrów Ł.			524	<b>4:23.27</b>	
	50m:	28.89 28.89	150m:	1:33.13 32.80	250m:	2:40.85 34.06	350m:	3:49.86 34.53	
	100m:	1:00.33 31.44	200m:	2:06.79 33.66	300m:	3:15.33 34.48	400m:	4:23.27 33.41	

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Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Pkt.	Czas	
54.	W sowski J dźrzej				00	MTP KORMORAN Olsztyn				523	<b>4:23.33</b>	
	50m:	30.25	30.25	150m:	1:36.54	33.47	250m:	2:43.09	33.28	350m:	3:50.81	33.89
	100m:	1:03.07	32.82	200m:	2:09.81	33.27	300m:	3:16.92	33.83	400m:	4:23.33	32.52
55.	SP Osses Filip				97	KS Warta Pozna				522	<b>4:23.48</b>	
	50m:	30.39	30.39	150m:	1:37.44	33.83	250m:	2:45.18	33.78	350m:	3:52.48	33.80
	100m:	1:03.61	33.22	200m:	2:11.40	33.96	300m:	3:18.68	33.50	400m:	4:23.48	31.00
56.	Topolski Dawid				00	Mks Trójka Łód				520	<b>4:23.93</b>	
	50m:	30.40	30.40	150m:	1:37.27	33.83	250m:	2:44.46	33.74	350m:	3:52.27	33.95
	100m:	1:03.44	33.04	200m:	2:10.72	33.45	300m:	3:18.32	33.86	400m:	4:23.93	31.66
57.	Klimczuk Karol				97	KS AZS-AWFis Gda sk				518	<b>4:24.26</b>	
	50m:	29.68	29.68	150m:	1:36.90	34.07	250m:	2:44.55	33.17	350m:	3:51.73	33.29
	100m:	1:02.83	33.15	200m:	2:11.38	34.48	300m:	3:18.44	33.89	400m:	4:24.26	32.53
58.	Kwiatkowski Krzysztof				97	MTPK Delfin Toru				512	<b>4:25.26</b>	
	50m:	29.46	29.46	150m:	1:35.59	33.63	250m:	2:43.16	33.70	350m:	3:52.45	34.61
	100m:	1:01.96	32.50	200m:	2:09.46	33.87	300m:	3:17.84	34.68	400m:	4:25.26	32.81
59.	Bru dziak Maciej SOL				98	Mogda				508	<b>4:25.84</b>	
	50m:	30.11	30.11	150m:	1:37.15	33.72	250m:	2:44.71	33.75	350m:	3:52.09	33.60
	100m:	1:03.43	33.32	200m:	2:10.96	33.81	300m:	3:18.49	33.78	400m:	4:25.84	33.75
60.	Skwarski Maciej				98	KP MZOS Płock				503	<b>4:26.75</b>	
	50m:	28.93	28.93	150m:	1:35.20	33.60	250m:	2:44.40	34.69	350m:	3:53.45	34.49
	100m:	1:01.60	32.67	200m:	2:09.71	34.51	300m:	3:18.96	34.56	400m:	4:26.75	33.30
61.	Gałecki Mateusz				99	Wks Slask Wroclaw				503	<b>4:26.86</b>	
	50m:	30.76	30.76	150m:	1:37.89	33.58	250m:	2:46.34	34.24	350m:	3:54.63	34.22
	100m:	1:04.31	33.55	200m:	2:12.10	34.21	300m:	3:20.41	34.07	400m:	4:26.86	32.23
62.	Russek Filip				94	Uks,, oliborz" Warszawa				502	<b>4:26.98</b>	
	50m:	29.57	29.57	150m:	1:36.11	34.01	250m:	2:44.79	34.57	350m:	3:53.88	34.45
	100m:	1:02.10	32.53	200m:	2:10.22	34.11	300m:	3:19.43	34.64	400m:	4:26.98	33.10
63.	Lipi ski Piotr				99	MKP Szczecin				501	<b>4:27.16</b>	
	50m:	30.60	30.60	150m:	1:37.88	33.66	250m:	2:45.67	33.73	350m:	3:54.17	34.30
	100m:	1:04.22	33.62	200m:	2:11.94	34.06	300m:	3:19.87	34.20	400m:	4:27.16	32.99
64.	Pawlaczyk Patryk				00	Uks 190 Łód				500	<b>4:27.32</b>	
	50m:	30.64	30.64	150m:	1:38.13	33.96	250m:	2:46.38	34.15	350m:	3:55.18	34.47
	100m:	1:04.17	33.53	200m:	2:12.23	34.10	300m:	3:20.71	34.33	400m:	4:27.32	32.14
65.	Racinowski Piotr				00	Tp Olimpijczyk Aleksandrów Ł.				493	<b>4:28.51</b>	
	50m:	29.72	29.72	150m:	1:37.17	33.90	250m:	2:45.41	34.19	350m:	3:54.87	34.66
	100m:	1:03.27	33.55	200m:	2:11.22	34.05	300m:	3:20.21	34.80	400m:	4:28.51	33.64
66.	Worozewicz Konrad				99	Wks Slask Wroclaw				492	<b>4:28.85</b>	
	50m:	30.14	30.14	150m:	1:37.36	33.40	250m:	2:45.97	34.33	350m:	3:55.06	34.62
	100m:	1:03.96	33.82	200m:	2:11.64	34.28	300m:	3:20.44	34.47	400m:	4:28.85	33.79
67.	Wo niak Maciej				00	Uks 190 Łód				475	<b>4:31.84</b>	
	50m:	30.13	30.13	150m:	1:37.92	34.31	250m:	2:49.02	35.70	350m:	3:59.47	35.78
	100m:	1:03.61	33.48	200m:	2:13.32	35.40	300m:	3:23.69	34.67	400m:	4:31.84	32.37
68.	miarowski Benjamin				00	MTP KORMORAN Olsztyn				474	<b>4:32.17</b>	
	50m:	30.47	30.47	150m:	1:38.72	34.42	250m:	2:47.89	34.58	350m:	3:57.98	34.91
	100m:	1:04.30	33.83	200m:	2:13.31	34.59	300m:	3:23.07	35.18	400m:	4:32.17	34.19
69.	Stawaruk Michał				99	Jedynka Łód				468	<b>4:33.24</b>	
	50m:	30.34	30.34	150m:	1:39.02	34.80	250m:	2:48.79	35.39	350m:	3:58.91	35.54
	100m:	1:04.22	33.88	200m:	2:13.40	34.38	300m:	3:23.37	34.58	400m:	4:33.24	34.33
70.	SWwa Niewiadomski Bartłomiej				98	Uks Pirania Targówek				466	<b>4:33.60</b>	
	50m:	29.42	29.42	150m:	1:36.43	34.16	250m:	2:47.39	35.63	350m:	3:58.55	35.24
	100m:	1:02.27	32.85	200m:	2:11.76	35.33	300m:	3:23.31	35.92	400m:	4:33.60	35.05
71.	Brodowski Jakub				97	MKP Słowianka Gorzów				456	<b>4:35.62</b>	
	50m:	31.64	31.64	150m:	1:39.92	34.58	250m:	2:50.66	35.48	350m:	4:01.14	35.26
	100m:	1:05.34	33.70	200m:	2:15.18	35.26	300m:	3:25.88	35.22	400m:	4:35.62	34.48

Grand Prix - Puchar Polski  
Łódź, 8- - 9-11-2014

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Pkt.	Czas
72.	Kulesza Przemysław			99	MKP Słowianka Gorzów				446	<b>4:37.61</b>
	50m:	30.49	30.49	150m:	1:39.36	35.30	250m:	2:50.92	36.06	350m: 4:02.49 35.71
	100m:	1:04.06	33.57	200m:	2:14.86	35.50	300m:	3:26.78	35.86	400m: 4:37.61 35.12
73.	Kału ny Daniel			98	MKP Słowianka Gorzów				437	<b>4:39.60</b>
	50m:	28.42	28.42	150m:	1:35.60	35.59	250m:	2:50.75	37.81	350m: 4:03.84 35.91
	100m:	1:00.01	31.59	200m:	2:12.94	37.34	300m:	3:27.93	37.18	400m: 4:39.60 35.76
74.	Królak Hubert			99	MTP KORMORAN Olsztyn				432	<b>4:40.64</b>
	50m:	31.11	31.11	150m:	1:41.35	35.52	250m:	2:53.30	35.99	350m: 4:05.29 36.25
	100m:	1:05.83	34.72	200m:	2:17.31	35.96	300m:	3:29.04	35.74	400m: 4:40.64 35.35
75.	Cierpikowski Robert			00	UKS "Pi tka" Konstantynów Łódź				423	<b>4:42.58</b>
	50m:	30.83	30.83	150m:	1:40.86	35.75	250m:	2:53.65	36.18	350m: 4:07.49 37.06
	100m:	1:05.11	34.28	200m:	2:17.47	36.61	300m:	3:30.43	36.78	400m: 4:42.58 35.09
76.	Muth Michał			00	KS 1 O arów Mazowiecki				416	<b>4:44.19</b>
	50m:	30.92	30.92	150m:	1:43.31	36.81	250m:	2:58.18	37.77	350m: 4:11.03 36.37
	100m:	1:06.50	35.58	200m:	2:20.41	37.10	300m:	3:34.66	36.48	400m: 4:44.19 33.16
77.	Szwedzki Jakub			00	UKS SP55 Łódź				416	<b>4:44.31</b>
	50m:	31.16	31.16	150m:	1:42.19	36.27	250m:	2:55.68	36.85	350m: 4:09.39 36.99
	100m:	1:05.92	34.76	200m:	2:18.83	36.64	300m:	3:32.40	36.72	400m: 4:44.31 34.92
78.	Polaczek Jakub			00	MKS Park Wodny Tarnowskie Góry				415	<b>4:44.41</b>
	50m:	30.62	30.62	150m:	1:41.34	36.03	250m:	2:55.02	36.58	350m: 4:09.49 37.72
	100m:	1:05.31	34.69	200m:	2:18.44	37.10	300m:	3:31.77	36.75	400m: 4:44.41 34.92