

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 21- - 22-2-2015

Konkurencja 11  
2015-02-21 - 12:37

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
1.	Piechota Paulina		99	UKS 190 Łód				<b>4:54.69</b>	693		
	50m:	31.31 31.31	150m:	1:44.63	38.07	250m:	3:04.06	42.65	350m:	4:21.68	34.56
	100m:	1:06.56 35.25	200m:	2:21.41	36.78	300m:	3:47.12	43.06	400m:	4:54.69	33.01
2.	Bednarek Aleksandra		98	MKS Jedyńka Łód				<b>5:09.33</b>	599		
	50m:	34.54 34.54	150m:	1:53.64	40.77	250m:	3:16.49	43.48	350m:	4:35.64	35.36
	100m:	1:12.87 38.33	200m:	2:33.01	39.37	300m:	4:00.28	43.79	400m:	5:09.33	33.69
3.	Wardzi ska Martyna		98	MKS Trójka Łód				<b>5:14.37</b>	571		
	50m:	33.68 33.68	150m:	1:52.15	40.45	250m:	3:17.76	45.68	350m:	4:39.74	36.05
	100m:	1:11.70 38.02	200m:	2:32.08	39.93	300m:	4:03.69	45.93	400m:	5:14.37	34.63
4.	Bednarek Zuzanna		01	MKS Jedyńka Łód				<b>5:25.01</b>	516		
	50m:	35.34 35.34	150m:	1:58.18	43.07	250m:	3:24.70	44.36	350m:	4:47.75	37.13
	100m:	1:15.11 39.77	200m:	2:40.34	42.16	300m:	4:10.62	45.92	400m:	5:25.01	37.26
5.	Knop Aleksandra		03	UKS 190 Łód				<b>5:26.03</b>	512		
	50m:	36.72 36.72	150m:			250m:	3:25.31		350m:	4:50.73	37.71
	100m:	1:17.97 41.25	200m:			300m:	4:13.02	47.71	400m:	5:26.03	35.30
6.	Osi ska Wiktoria		01	UKS SP 149 Łód				<b>5:39.16</b>	454		
	50m:	35.13 35.13	150m:	2:01.60	44.44	250m:	3:35.61	51.68	350m:	5:03.80	37.37
	100m:	1:17.16 42.03	200m:	2:43.93	42.33	300m:	4:26.43	50.82	400m:	5:39.16	35.36
7.	D browska Tatiana		02	UKS 5 Konstanyńów				<b>5:46.10</b>	428		
	50m:	36.78 36.78	150m:	2:04.63		250m:	3:36.97	47.77	350m:		
	100m:		200m:	2:49.20	44.57	300m:	4:25.46	48.49	400m:	5:46.10	
8.	Soliwoda Julia		01	UKS NAWA Skierniewice				<b>5:50.26</b>	413		
	50m:	40.93 40.93	150m:	2:12.92	42.90	250m:	3:46.13	51.37	350m:	5:15.36	37.97
	100m:	1:30.02 49.09	200m:	2:54.76	41.84	300m:	4:37.39	51.26	400m:	5:50.26	34.90
9.	Orłowska Zuzanna		02	UKS NAWA Skierniewice				<b>6:08.22</b>	355		
	50m:	39.97 39.97	150m:	2:14.13	47.75	250m:	3:52.66	52.83	350m:	5:26.69	41.80
	100m:	1:26.38 46.41	200m:	2:59.83	45.70	300m:	4:44.89	52.23	400m:	6:08.22	41.53
10.	Banasiak Anna		02	UKS 5 Konstanyńów				<b>6:28.15</b>	303		
	50m:	45.64 45.64	150m:	2:31.75	51.15	250m:	4:11.58	50.64	350m:	5:45.69	43.30
	100m:	1:40.60 54.96	200m:	3:20.94	49.19	300m:	5:02.39	50.81	400m:	6:28.15	42.46
11.	Wieczorek Marika		03	MUKS Wiking Tomaszów Maz.				<b>6:34.63</b>	288		
	50m:	42.31 42.31	150m:	2:23.91	48.81	250m:	4:08.29		350m:		
	100m:	1:35.10 52.79	200m:			300m:	5:06.76	58.47	400m:	6:34.63	
DYSKW.	Pydyszewska Ewa (Czas: 12:52), g3		02	UKS 5 Konstanyńów				<b>6:00.16</b>			
	50m:	41.55 41.55	150m:	2:14.63	44.76	250m:	3:48.47	49.86	350m:	5:19.91	41.55
	100m:	1:29.87 48.32	200m:	2:58.61	43.98	300m:	4:38.36	49.89	400m:	6:00.16	40.25
PK	Jasiorska Aleksandra		02	IUKS Muszelka Warszawa				<b>5:44.40</b>	434		
	50m:	37.02 37.02	150m:	2:06.69	45.00	250m:	3:39.04	49.41	350m:	4:28.18	
	100m:	1:21.69 44.67	200m:	2:49.63	42.94	300m:			400m:	5:44.40	1:16.22
PK	Kwiatkowska Zofia		01	MKP Wodnik Bielsk Podlaski				<b>5:49.38</b>	416		
	50m:	36.22 36.22	150m:	2:03.30	43.89	250m:	3:37.59	50.98	350m:	5:10.71	41.28
	100m:	1:19.41 43.19	200m:	2:46.61	43.31	300m:	4:29.43	51.84	400m:	5:49.38	38.67
PK	Badzian Natalia		03	IUKS Muszelka Warszawa				<b>5:51.20</b>	409		
	50m:	38.70 38.70	150m:	2:09.10	45.16	250m:	3:43.93	51.17	350m:	5:13.53	38.61
	100m:	1:23.94 45.24	200m:	2:52.76	43.66	300m:	4:34.92	50.99	400m:	5:51.20	37.67