

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 21- - 22-2-2015

Konkurencja 18

2015-02-21 - 18:35

M cyczn, 400m dowolny

12 lat i starsi

Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.							Czas	Pkt.
1.	Lassek Bartłomiej		94	AZS UŁ PŁ						<b>3:58.38</b>	705
	50m:	27.23 27.23	150m:	1:26.91	30.04	250m:	2:27.88	30.19	350m:	3:29.27	31.04
	100m:	56.87 29.64	200m:	1:57.69	30.78	300m:	2:58.23	30.35	400m:	3:58.38	29.11
2.	D bski Dominik		98	MKS Trójka Łód						<b>4:03.96</b>	658
	50m:	28.81 28.81	150m:	1:31.62	31.45	250m:	2:33.52	30.50	350m:	3:34.09	30.28
	100m:	1:00.17 31.36	200m:	2:03.02	31.40	300m:	3:03.81	30.29	400m:	4:03.96	29.87
3.	Parzynowski Wojciech		99	TP Olimpijczyk Aleksandrów						<b>4:08.39</b>	623
	50m:	28.80 28.80	150m:	1:31.65	31.67	250m:	2:34.21	30.85	350m:		
	100m:	59.98 31.18	200m:	2:03.36	31.71	300m:	3:05.38	31.17	400m:	4:08.39	
4.	S czek Szymon		99	MKS Trójka Łód						<b>4:13.70</b>	585
	50m:	28.95 28.95	150m:	1:32.94	32.18	250m:	2:37.43	32.14	350m:	3:42.28	32.55
	100m:	1:00.76 31.81	200m:	2:05.29	32.35	300m:	3:09.73	32.30	400m:	4:13.70	31.42
5.	Meszka Ernest		97	UKS NAWA Skierniewice						<b>4:16.48</b>	566
	50m:	30.09 30.09	150m:	1:35.90	32.69	250m:	2:41.47	32.39	350m:	3:46.27	32.15
	100m:	1:03.21 33.12	200m:	2:09.08	33.18	300m:	3:14.12	32.65	400m:	4:16.48	30.21
6.	Topolski Dawid		00	MKS Trójka Łód						<b>4:17.41</b>	560
	50m:	29.57 29.57	150m:	1:33.99	32.75	250m:	2:39.31	32.84	350m:	3:45.55	33.39
	100m:	1:01.24 31.67	200m:	2:06.47	32.48	300m:	3:12.16	32.85	400m:	4:17.41	31.86
7.	Doma ski Kamil		00	TP Olimpijczyk Aleksandrów						<b>4:19.15</b>	549
	50m:	30.01 30.01	150m:	1:36.08	33.47	250m:	2:42.74	33.26	350m:	3:48.68	32.43
	100m:	1:02.61 32.60	200m:	2:09.48	33.40	300m:	3:16.25	33.51	400m:	4:19.15	30.47
8.	Stawaruk Michał		99	MKS Jedyńka Łód						<b>4:22.03</b>	531
	50m:	29.76 29.76	150m:	1:35.70	33.25	250m:	2:42.15	33.34	350m:	3:49.59	33.85
	100m:	1:02.45 32.69	200m:	2:08.81	33.11	300m:	3:15.74	33.59	400m:	4:22.03	32.44
9.	Karwat Krzysztof		96	UKS NAWA Skierniewice						<b>4:22.25</b>	530
	50m:	29.38 29.38	150m:	1:36.83	34.31	250m:	2:44.08	33.13	350m:	3:50.60	33.56
	100m:	1:02.52 33.14	200m:	2:10.95	34.12	300m:	3:17.04	32.96	400m:	4:22.25	31.65
10.	Pawlaczyk Patryk		00	UKS 190 Łód						<b>4:22.26</b>	530
	50m:	30.36 30.36	150m:	1:36.72	33.51	250m:	2:43.27	32.84	350m:	3:50.85	33.92
	100m:	1:03.21 32.85	200m:	2:10.43	33.71	300m:	3:16.93	33.66	400m:	4:22.26	31.41
11.	Feli czak Wojciech		96	SKS 137 Delfin Łód						<b>4:22.46</b>	528
	50m:		150m:	1:35.32	33.61	250m:			350m:		
	100m:	1:01.71	200m:	2:09.01	33.69	300m:	3:16.38		400m:	4:22.46	
12.	Kawczy ski Marcin		95	SKS 137 Delfin Łód						<b>4:23.03</b>	525
	50m:	29.03 29.03	150m:	1:34.51	32.86	250m:	2:41.52	33.70	350m:	3:50.14	34.62
	100m:	1:01.65 32.62	200m:	2:07.82	33.31	300m:	3:15.52	34.00	400m:	4:23.03	32.89
13.	Zaborowski Paweł		98	MKS Jedyńka Łód						<b>4:23.19</b>	524
	50m:	29.70 29.70	150m:	1:36.65	34.02	250m:	2:44.02	33.64	350m:	3:52.01	34.16
	100m:	1:02.63 32.93	200m:	2:10.38	33.73	300m:	3:17.85	33.83	400m:	4:23.19	31.18
14.	Fiks Krzysztof		00	UKS 190 Łód						<b>4:31.74</b>	476
	50m:	1:39.96 1:39.96	150m:			250m:			350m:		
	100m:	2:15.09 35.13	200m:			300m:	3:23.88		400m:	4:31.74	
15.	D bski Szymon		99	UKS NAWA Skierniewice						<b>4:31.80</b>	476
	50m:	30.98 30.98	150m:	1:40.48	35.08	250m:	2:50.15	34.10	350m:	3:58.90	34.57
	100m:	1:05.40 34.42	200m:	2:16.05	35.57	300m:	3:24.33	34.18	400m:	4:31.80	32.90
16.	Brodowski Bartosz		00	UKS NAWA Skierniewice						<b>4:33.71</b>	466
	50m:	31.90 31.90	150m:	1:41.82	35.21	250m:	2:52.24	35.30	350m:	4:01.41	34.45
	100m:	1:06.61 34.71	200m:	2:16.94	35.12	300m:	3:26.96	34.72	400m:	4:33.71	32.30
17.	Rel Maciej		00	MKS Trójka Łód						<b>4:34.21</b>	463
	50m:	31.03 31.03	150m:	1:39.58	34.70	250m:	2:50.31	35.37	350m:	4:01.09	35.57
	100m:	1:04.88 33.85	200m:	2:14.94	35.36	300m:	3:25.52	35.21	400m:	4:34.21	33.12

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Pozycja			Rok ur.						Czas	Pkt.
18.	migielski Mateusz		01	MKS Jedynka Łód					<b>4:35.41</b>	457
	50m:	30.33 30.33	150m:	1:40.01	35.17	250m:	2:50.50	34.88	350m:	4:01.16 35.36
	100m:	1:04.84 34.51	200m:	2:15.62	35.61	300m:	3:25.80	35.30	400m:	4:35.41 34.25
19.	Kraska Jakub		00	UKS 5 Konstantinów					<b>4:37.41</b>	447
	50m:	31.47 31.47	150m:	1:41.38	35.30	250m:	2:51.58	35.02	350m:	4:02.39 35.46
	100m:	1:06.08 34.61	200m:	2:16.56	35.18	300m:	3:26.93	35.35	400m:	4:37.41 35.02
20.	Cierpikowski Robert		00	UKS 5 Konstantinów					<b>4:38.99</b>	440
	50m:	31.55 31.55	150m:	1:42.30	35.29	250m:	2:53.08	35.33	350m:	4:03.60 35.20
	100m:	1:07.01 35.46	200m:	2:17.75	35.45	300m:	3:28.40	35.32	400m:	4:38.99 35.39
21.	K pi ski Michał		97	SKS 137 Delfin Łód					<b>4:42.44</b>	424
	50m:	32.38 32.38	150m:	1:42.30	35.34	250m:	2:53.45	35.39	350m:	4:07.31 37.01
	100m:	1:06.96 34.58	200m:	2:18.06	35.76	300m:	3:30.30	36.85	400m:	4:42.44 35.13
22.	Miksa Bartosz		00	TP Olimpijczyk Aleksandrów					<b>4:42.95</b>	422
	50m:	32.53 32.53	150m:	1:44.04	36.21	250m:	3:32.57	1:12.79	350m:	4:07.89
	100m:	1:07.83 35.30	200m:	2:19.78	35.74	300m:			400m:	4:42.95 35.06
23.	Ciszewski Jakub		00	UKS 190 Łód					<b>4:42.97</b>	422
	50m:	32.35 32.35	150m:	1:43.59	35.80	250m:	2:56.07	36.25	350m:	4:08.62 36.34
	100m:	1:07.79 35.44	200m:	2:19.82	36.23	300m:	3:32.28	36.21	400m:	4:42.97 34.35
24.	Wasilewski Paweł		01	UKS SP 149 Łód					<b>4:44.08</b>	417
	50m:		150m:	1:45.21	36.00	250m:			350m:	4:09.54
	100m:	1:09.21	200m:	2:21.68	36.47	300m:			400m:	4:44.08 34.54
25.	Nowak Aleksander		01	UKS NAWA Skierniewice					<b>4:50.03</b>	391
	50m:	33.67 33.67	150m:	1:48.58	37.90	250m:	3:03.53	37.35	350m:	4:15.27 35.42
	100m:	1:10.68 37.01	200m:	2:26.18	37.60	300m:	3:39.85	36.32	400m:	4:50.03 34.76
26.	Mistakiewicz Patryk		01	UKS 190 Łód					<b>4:54.98</b>	372
	50m:	29.95 29.95	150m:	1:39.86	35.94	250m:	2:57.12	41.43	350m:	4:16.09 39.12
	100m:	1:03.92 33.97	200m:	2:15.69	35.83	300m:	3:36.97	39.85	400m:	4:54.98 38.89
27.	Sterniczuk Wojciech		01	UKS 5 Konstantinów					<b>4:57.11</b>	364
	50m:	33.96 33.96	150m:	1:50.44	38.84	250m:	3:06.85	38.36	350m:	4:20.41 36.57
	100m:	1:11.60 37.64	200m:	2:28.49	38.05	300m:	3:43.84	36.99	400m:	4:57.11 36.70
28.	Chmielowiec Łukasz		00	UKS NAWA Skierniewice					<b>4:58.11</b>	360
	50m:	33.11 33.11	150m:	1:49.81	39.24	250m:	3:05.72	38.01	350m:	4:22.18 37.67
	100m:	1:10.57 37.46	200m:	2:27.71	37.90	300m:	3:44.51	38.79	400m:	4:58.11 35.93
29.	Osi ski Piotr		00	TP Olimpijczyk Aleksandrów					<b>4:58.52</b>	359
	50m:	34.52 34.52	150m:	1:50.56	38.55	250m:	3:07.24	38.48	350m:	
	100m:	1:12.01 37.49	200m:	2:28.76	38.20	300m:	3:45.91	38.67	400m:	4:58.52
30.	Zieli ski Konrad		03	UKS 190 Łód					<b>5:03.05</b>	343
	50m:	35.04 35.04	150m:	1:52.24	38.70	250m:	3:09.31	38.53	350m:	4:25.57 38.42
	100m:	1:13.54 38.50	200m:	2:30.78	38.54	300m:	3:47.15	37.84	400m:	5:03.05 37.48
31.	Perzankowski Maciej		01	UKS NAWA Skierniewice					<b>5:06.21</b>	333
	50m:	35.28 35.28	150m:	1:52.78	38.87	250m:	3:10.87	39.05	350m:	4:28.66 38.91
	100m:	1:13.91 38.63	200m:	2:31.82	39.04	300m:	3:49.75	38.88	400m:	5:06.21 37.55
32.	Krysiak Michał		01	MKS Trójka Łód					<b>5:13.90</b>	309
	50m:	36.76 36.76	150m:	1:56.86	40.26	250m:	3:17.35	40.37	350m:	4:36.07 39.36
	100m:	1:16.60 39.84	200m:	2:36.98	40.12	300m:	3:56.71	39.36	400m:	5:13.90 37.83
33.	Kusi ski Aleksy		02	UKS SP 149 Łód					<b>5:14.15</b>	308
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	5:14.15
34.	Styczy ski Wojciech		02	UKS NAWA Skierniewice					<b>5:15.71</b>	303
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:	3:55.24		400m:	5:15.71
35.	Cybulski Cyprian		02	UKS 5 Konstantinów					<b>5:16.76</b>	300
	50m:		150m:	1:51.69	39.01	250m:	3:12.59		350m:	4:36.22 41.81
	100m:	1:12.68	200m:			300m:	3:54.41	41.82	400m:	5:16.76 40.54

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Pozycja			Rok ur.					Czas	Pkt.
36.	Coleman Alan		03	MKS Jedynka Łód				<b>5:22.06</b>	286
	50m:	35.51 35.51	150m:	1:57.94	41.83	250m:	3:21.44 41.98	350m:	4:43.42 41.23
	100m:	1:16.11 40.60	200m:	2:39.46	41.52	300m:	4:02.19 40.75	400m:	5:22.06 38.64
37.	Jastrzebski Adrian		00	WOPR Rawa Maz.				<b>5:23.32</b>	282
	50m:	34.07 34.07	150m:			250m:	3:18.81 42.81	350m:	4:44.46 42.41
	100m:	1:13.04 38.97	200m:	2:36.00		300m:	4:02.05 43.24	400m:	5:23.32 38.86
38.	Libera Daniel		01	UKS NAWA Skierniewice				<b>5:31.04</b>	263
	50m:	37.13 37.13	150m:	2:01.86	42.86	250m:	3:27.06 42.25	350m:	4:50.76 42.38
	100m:	1:19.00 41.87	200m:	2:44.81	42.95	300m:	4:08.38 41.32	400m:	5:31.04 40.28
39.	Stefanowski Bartosz		03	UKS NAWA Skierniewice				<b>5:36.11</b>	251
	50m:	36.39 36.39	150m:	2:01.63	43.33	250m:	3:27.96 43.18	350m:	
	100m:	1:18.30 41.91	200m:	2:44.78	43.15	300m:		400m:	5:36.11
40.	Bajer vel Bojer Adam		03	UKS 5 Konstanyńów				<b>5:47.70</b>	227
	50m:	37.41 37.41	150m:	2:04.60	44.48	250m:	3:34.58 45.75	350m:	5:04.36 45.29
	100m:	1:20.12 42.71	200m:	2:48.83	44.23	300m:	4:19.07 44.49	400m:	5:47.70 43.34
41.	Zamojski Kacper		03	MKS Trójka Łód				<b>6:02.96</b>	199
	50m:	2:06.50 2:06.50	150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	6:02.96
42.	Iciachowski Szymon		03	UKS 5 Konstanyńów				<b>6:08.63</b>	190
	50m:	38.75 38.75	150m:	2:11.53	47.78	250m:		350m:	
	100m:	1:23.75 45.00	200m:	2:59.69	48.16	300m:		400m:	6:08.63
NIE UK.	Zagrajek Eryk		03	MKS Trójka Łód					
	50m:		150m:			250m:	4:03.56 50.88	350m:	5:36.28 46.75
	100m:	1:30.96	200m:	3:12.68		300m:	4:49.53 45.97	400m:	
PK	Ja kiewicz Adrian		02	IUKS Muszelka Warszawa				<b>4:33.53</b>	467
	50m:	31.14 31.14	150m:	1:40.24	34.95	250m:	2:50.68 35.15	350m:	
	100m:	1:05.29 34.15	200m:	2:15.53	35.29	300m:	4:00.45 1:09.77	400m:	4:33.53
PK	Dołowy Grzegorz		02	IUKS Muszelka Warszawa				<b>4:34.15</b>	464
	50m:	32.08 32.08	150m:	1:41.32	34.99	250m:	2:51.66 35.00	350m:	4:01.18 34.75
	100m:	1:06.33 34.25	200m:	2:16.66	35.34	300m:	3:26.43 34.77	400m:	4:34.15 32.97
PK	Ruta Kamil		02	IUKS Muszelka Warszawa				<b>4:44.55</b>	415
	50m:	32.14 32.14	150m:	1:43.58	35.88	250m:	2:56.25 36.35	350m:	4:09.60 36.56
	100m:	1:07.70 35.56	200m:	2:19.90	36.32	300m:	3:33.04 36.79	400m:	4:44.55 34.95
PK	Rodkiewicz Radosław		03	IUKS Muszelka Warszawa				<b>4:45.73</b>	409
	50m:	32.39 32.39	150m:	1:45.18	36.87	250m:	2:58.32 36.39	350m:	4:10.40 36.09
	100m:	1:08.31 35.92	200m:	2:21.93	36.75	300m:	3:34.31 35.99	400m:	4:45.73 35.33
PK	Lipowski Oskar		02	IUKS Muszelka Warszawa				<b>4:46.20</b>	407
	50m:	33.06 33.06	150m:	1:44.87	35.85	250m:	2:57.26 36.28	350m:	4:10.46 36.39
	100m:	1:09.02 35.96	200m:	2:20.98	36.11	300m:	3:34.07 36.81	400m:	4:46.20 35.74
PK	Burdukiewicz Maksymilian		02	IUKS Muszelka Warszawa				<b>5:01.47</b>	348
	50m:		150m:			250m:		350m:	
	100m:	1:11.08	200m:			300m:	3:45.73	400m:	5:01.47
PK	Burczy ski Piotr		02	IUKS Muszelka Warszawa				<b>5:11.75</b>	315
	50m:	34.91 34.91	150m:	1:52.60	39.09	250m:	3:12.04 39.91	350m:	4:33.01 40.73
	100m:	1:13.51 38.60	200m:	2:32.13	39.53	300m:	3:52.28 40.24	400m:	5:11.75 38.74