

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci - 11-12 lat
Łód , 5- - 6-11-2015

Konkurencja 4
2015-11-05 - 12:44

Chłopców, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.							Czas	Pkt.
1.	Stanisławski Bartosz		04	UKS SP 149 Łód						5:17.51	298
	50m:	36.52 36.52	150m:	1:58.10	40.50	250m:	3:19.60	40.81	350m:	4:39.61	39.98
	100m:	1:17.60 41.08	200m:	2:38.79	40.69	300m:	3:59.63	40.03	400m:	5:17.51	37.90
2.	Klimczak Kacper		04	MKS Jedyńka Łód						5:32.73	259
	50m:	37.12 37.12	150m:	2:02.46	42.84	250m:	3:28.22	42.79	350m:	4:54.00	42.45
	100m:	1:19.62 42.50	200m:	2:45.43	42.97	300m:	4:11.55	43.33	400m:	5:32.73	38.73
3.	Gołacki Sergiusz		04	UKS 190 Łód						5:32.89	259
	50m:	37.74 37.74	150m:	2:05.29	44.24	250m:	3:30.43	42.71	350m:	4:54.49	41.41
	100m:	1:21.05 43.31	200m:	2:47.72	42.43	300m:	4:13.08	42.65	400m:	5:32.89	38.40
4.	Piekarz Adrian		04	MUKS "Wodnik" Łask						5:35.21	253
	50m:	35.73 35.73	150m:	2:03.91	45.35	250m:	3:32.12	43.28	350m:	4:54.79	39.83
	100m:	1:18.56 42.83	200m:	2:48.84	44.93	300m:	4:14.96	42.84	400m:	5:35.21	40.42
5.	Szewczyk Maciej		04	MKS Jedyńka Łód						5:36.96	249
	50m:	37.01 37.01	150m:	2:04.43	44.90	250m:	3:30.41	42.75	350m:	4:53.57	39.79
	100m:	1:19.53 42.52	200m:	2:47.66	43.23	300m:	4:13.78	43.37	400m:	5:36.96	43.39
6.	Pietrzyk Michał		04	UKS NAWA Skierniewice						5:37.38	248
	50m:	38.52 38.52	150m:	2:04.57	43.37	250m:	3:31.94	43.56	350m:		
	100m:	1:21.20 42.68	200m:	2:48.38	43.81	300m:	4:15.73	43.79	400m:	5:37.38	
7.	Iskra Szymon		04	UKS "Pi tka" Konstantynów Łódz						5:39.32	244
	50m:	37.41 37.41	150m:	2:04.23	43.68	250m:	3:32.73	43.65	350m:	4:59.19	43.11
	100m:	1:20.55 43.14	200m:	2:49.08	44.85	300m:	4:16.08	43.35	400m:	5:39.32	40.13
8.	Kilar Patryk		04	MUKS Zgierz						5:42.74	237
	50m:		150m:	2:04.60		250m:	3:32.57		350m:	5:01.07	44.45
	100m:		200m:			300m:	4:16.62	44.05	400m:	5:42.74	41.67
9.	Kowalczyk Jakub		04	UKS SP 149 Łód						5:45.05	232
	50m:	39.46 39.46	150m:	2:05.20	43.59	250m:	3:33.79	44.75	350m:	5:02.72	
	100m:	1:21.61 42.15	200m:	2:49.04	43.84	300m:			400m:	5:45.05	42.33
10.	Le niak Maksymilian		04	UKS 190 Łód						5:50.78	221
	50m:	37.73 37.73	150m:			250m:			350m:	5:09.95	
	100m:		200m:	2:52.89		300m:			400m:	5:50.78	40.83
11.	Ciesielski Artur		04	Tp Olimpijczyk Aleksandrów Łód						5:53.23	216
	50m:	39.39 39.39	150m:			250m:			350m:	5:05.27	
	100m:	1:23.40 44.01	200m:	2:52.63		300m:			400m:	5:53.23	47.96
12.	Warych Aleksander		04	MKS Jedyńka Łód						5:55.38	213
	50m:	39.46 39.46	150m:	2:11.19	46.51	250m:	3:44.30	45.54	350m:	5:16.12	45.18
	100m:	1:24.68 45.22	200m:	2:58.76	47.57	300m:	4:30.94	46.64	400m:	5:55.38	39.26
13.	Lamecki Nikodem		04	MKS Trójka Łód						5:57.09	209
	50m:	39.94 39.94	150m:	2:11.60	46.21	250m:	3:43.67	46.63	350m:	5:14.75	45.68
	100m:	1:25.39 45.45	200m:	2:57.04	45.44	300m:	4:29.07	45.40	400m:	5:57.09	42.34
14.	Krysiak Kacper		04	MKS Trójka Łód						5:59.38	206
	50m:	40.16 40.16	150m:	2:11.85	46.56	250m:	3:44.91	46.00	350m:	5:16.71	45.91
	100m:	1:25.29 45.13	200m:	2:58.91	47.06	300m:	4:30.80	45.89	400m:	5:59.38	42.67
15.	Banach Bartosz		04	UKS "Pi tka" Konstantynów Łódz						5:59.80	205
	50m:	41.31 41.31	150m:	2:12.80	46.61	250m:	3:45.74	47.04	350m:	5:15.87	44.18
	100m:	1:26.19 44.88	200m:	2:58.70	45.90	300m:	4:31.69	45.95	400m:	5:59.80	43.93
16.	J dryka Nikodem		04	MKS Jedyńka Łód						6:03.11	199
	50m:	40.90 40.90	150m:	2:13.22	47.17	250m:	3:45.59	46.80	350m:	5:19.64	47.03
	100m:	1:26.05 45.15	200m:	2:58.79	45.57	300m:	4:32.61	47.02	400m:	6:03.11	43.47
17.	Grotowski Piotr		04	UKS SP 149 Łód						6:05.82	195
	50m:	41.00 41.00	150m:	2:13.98	46.47	250m:	3:48.35	47.48	350m:	5:21.22	45.95
	100m:	1:27.51 46.51	200m:	3:00.87	46.89	300m:	4:35.27	46.92	400m:	6:05.82	44.60

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci - 11-12 lat
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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	Lewandowski Kacper		04	UKS "Pi tka" Konstantinów Łódz				6:07.12	193		
	50m:		150m:	250m:	3:48.08	46.60	350m:	5:22.18	47.12		
	100m:		200m:	3:01.48	300m:	4:35.06	46.98	400m:	6:07.12	44.94	
19.	Potemka Michał		04	MUKS Zgierz				6:11.28	186		
	50m:	41.87 41.87	150m:	2:18.53	48.97	250m:	3:55.63	48.33	350m:	5:29.38	46.57
	100m:	1:29.56 47.69	200m:	3:07.30	48.77	300m:	4:42.81	47.18	400m:	6:11.28	41.90
20.	Pawłowski Oliwier		04	SKS 137 Delfin Łód				6:18.15	176		
	50m:	42.28 42.28	150m:	2:18.55	48.39	250m:	3:55.76	48.18	350m:	5:33.37	48.10
	100m:	1:30.16 47.88	200m:	3:07.58	49.03	300m:	4:45.27	49.51	400m:	6:18.15	44.78
21.	Kałusowski Gracjan		04	MKS Trójka Łód				6:20.29	173		
	50m:	40.06 40.06	150m:	2:13.30	47.22	250m:	3:49.54	48.47	350m:	5:24.47	47.31
	100m:	1:26.08 46.02	200m:	3:01.07	47.77	300m:	4:37.16	47.62	400m:	6:20.29	55.82
22.	Młynarczyk Mateusz		04	UKS 190 Łód				6:21.43	172		
	50m:	41.61 41.61	150m:		250m:	4:49.61		350m:	6:21.43	42.83	
	100m:	1:29.73 48.12	200m:		300m:	5:38.60	48.99	400m:	6:21.43		
23.	C brzy ski Mateusz		04	UKS "Pi tka" Konstantinów Łódz				6:22.32	171		
	50m:	41.30 41.30	150m:	2:16.61	48.61	250m:	3:58.12	50.21	350m:	5:37.70	50.15
	100m:	1:28.00 46.70	200m:	3:07.91	51.30	300m:	4:47.55	49.43	400m:	6:22.32	44.62
24.	Olczak Kacper		04	MKS Trójka Łód				6:23.18	169		
	50m:		150m:		250m:			350m:			
	100m:		200m:	2:53.73	300m:			400m:	6:23.18		
25.	Wybraniec Oligierd		04	UKS 190 Łód				6:23.97	168		
	50m:	41.81 41.81	150m:	2:18.42	49.44	250m:	3:59.84	51.33	350m:	5:38.00	48.88
	100m:	1:28.98 47.17	200m:	3:08.51	50.09	300m:	4:49.12	49.28	400m:	6:23.97	45.97
26.	Cie lak Bartosz		04	UKS "Pi tka" Konstantinów Łódz				6:24.20	168		
	50m:	46.50 46.50	150m:	2:28.59	50.88	250m:	4:07.52	49.30	350m:	5:42.25	46.77
	100m:	1:37.71 51.21	200m:	3:18.22	49.63	300m:	4:55.48	47.96	400m:	6:24.20	41.95
27.	Walas Jan		04	SKS 137 Delfin Łód				6:25.85	166		
	50m:	41.86 41.86	150m:	2:21.93	50.84	250m:	4:03.41	50.56	350m:	5:42.24	48.19
	100m:	1:31.09 49.23	200m:	3:12.85	50.92	300m:	4:54.05	50.64	400m:	6:25.85	43.61
28.	Milczarczyk Oliwier		04	MKS Trójka Łód				6:30.99	159		
	50m:		150m:		250m:			350m:	5:43.71		
	100m:	1:30.36	200m:		300m:			400m:	6:30.99	47.28	
29.	Zaj c Mikołaj		04	Tp Olimpijczyk Aleksandrów Łód				6:31.41	159		
	50m:		150m:		250m:			350m:			
	100m:		200m:		300m:			400m:	6:31.41		
30.	Grzegorzewski Bartosz		04	MUKS "Wodnik" Łask				6:32.96	157		
	50m:		150m:		250m:	4:07.42	52.11	350m:			
	100m:		200m:	3:15.31	300m:			400m:	6:32.96		
31.	Tomala Dawid		04	Pływak Tomaszów Maz				6:38.97	150		
	50m:		150m:		250m:	4:06.02		350m:	5:51.96		
	100m:		200m:		300m:			400m:	6:38.97	47.01	
32.	Sztendel Kacper		04	MKS Jedyńka Łód				6:39.26	150		
	50m:	44.25 44.25	150m:	2:28.12	51.72	250m:	4:11.67		350m:	5:52.29	49.86
	100m:	1:36.40 52.15	200m:		300m:	5:02.43	50.76	400m:	6:39.26	46.97	
33.	Pietrzyk Dawid		04	UKS Delfin Piotrków Trybunalsk				6:39.86	149		
	50m:	44.50 44.50	150m:	2:28.74	52.27	250m:	4:13.22	52.03	350m:	5:55.43	50.15
	100m:	1:36.47 51.97	200m:	3:21.19	52.45	300m:	5:05.28	52.06	400m:	6:39.86	44.43
34.	Łysoniewski Oskar		04	MKS Trójka Łód				6:41.29	147		
	50m:		150m:		250m:			350m:			
	100m:		200m:		300m:			400m:	6:41.29		
35.	Szydłowski Wiktor		04	MKS Trójka Łód				6:41.96	147		
	50m:		150m:		250m:			350m:			
	100m:		200m:		300m:			400m:	6:41.96		

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci - 11-12 lat
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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
36.	Daroszewski Michał		04	SKS 137 Delfin Łód				6:42.10	147
	50m:	44.33	44.33	150m:		250m:	350m:		
	100m:	1:36.03	51.70	200m:	3:20.94	300m:	400m:	6:42.10	
37.	Rogacki Michał		04	UKS SP 149 Łód				6:51.95	136
	50m:	44.86	44.86	150m:	2:30.80	250m:	350m:		
	100m:	1:36.90	52.04	200m:	3:22.93	300m:	400m:	6:51.95	
38.	G balski Krystian		04	UKS "55" Łód				6:59.87	129
	50m:	42.46	42.46	150m:	2:29.26	250m:	350m:	6:11.62	
	100m:	1:34.00	51.54	200m:	3:25.09	300m:	400m:	6:59.87	
39.	Kaczmarek Oliwier		04	Tp Olimpijczyk Aleksandrów Łód				7:02.24	127
	50m:	43.57	43.57	150m:	2:30.87	250m:	350m:	6:12.51	
	100m:	1:36.12	52.55	200m:	3:25.04	300m:	400m:	7:02.24	
40.	Kł b Szymon		04	MUKS Zgierz				7:05.36	124
	50m:	45.55	45.55	150m:	2:35.37	250m:	350m:	6:17.69	
	100m:	1:40.74	55.19	200m:	3:32.06	300m:	400m:	7:05.36	
41.	Socha Kacper		04	Pływak Tomaszów Maz				7:07.96	121
	50m:	44.21	44.21	150m:	2:30.72	250m:	350m:	6:12.91	
	100m:	1:36.39	52.18	200m:	3:25.73	300m:	400m:	7:07.96	
42.	Augu ci ski Mikołaj		04	SKS 137 Delfin Łód				7:12.74	117
	50m:	46.42	46.42	150m:	2:37.15	250m:	350m:	6:22.20	
	100m:	1:41.72	55.30	200m:	3:32.17	300m:	400m:	7:12.74	
43.	K ska Maks		04	SKS 137 Delfin Łód				7:14.00	116
	50m:			150m:		250m:	350m:		
	100m:			200m:		300m:	400m:	7:14.00	
44.	Pudlarz Adam		04	SKS 137 Delfin Łód				7:25.43	108
	50m:			150m:		250m:	350m:		
	100m:			200m:	3:46.69	300m:	400m:	7:25.43	
45.	Widawski Jakub		04	MUKS "Wodnik" Łask				7:37.16	100
	50m:	46.92	46.92	150m:	2:39.34	250m:	350m:		
	100m:	1:41.16	54.24	200m:	3:39.21	300m:	400m:	7:37.16	
46.	Kmita Jakub		04	Pływak Tomaszów Maz				7:44.93	95
	50m:	45.42	45.42	150m:	2:43.98	250m:	350m:	6:49.79	
	100m:	1:43.98	58.56	200m:	3:42.33	300m:	400m:	7:44.93	
47.	Krystek Mieszko		04	SKS 137 Delfin Łód				7:58.25	87
	50m:			150m:		250m:	350m:		
	100m:			200m:		300m:	400m:	7:58.25	
48.	Maruszak Maksymilian		04	Pływak Tomaszów Maz				8:00.42	86
	50m:	47.14	47.14	150m:	2:51.70	250m:	350m:	7:03.05	
	100m:	1:49.20	1:02.06	200m:	3:54.81	300m:	400m:	8:00.42	
49.	Krzciuk Oliwier		04	Pływak Tomaszów Maz				8:22.91	75
	50m:	48.26	48.26	150m:	2:58.89	250m:	350m:	7:24.88	
	100m:			200m:	4:03.04	300m:	400m:	8:22.91	
DYSKW.	Poczta Jakub		04	MKS Jedynka Łód				7:11.45	
	04								
	50m:	43.59	43.59	150m:		250m:	350m:		
	100m:			200m:		300m:	400m:	7:11.45	