

Grand Prix - Puchar Polski
Łódź, do 8-11-2015

Konkurencja 12
2015-11-07 - 12:17

Mężczyźni, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Pkt.	Czas
1.	SO Wojdak Wojciech		96	UKP Unia Owi cim				824	3:46.37
	50m:	26.63 26.63	150m:	1:23.45 28.33	250m:	2:20.28 28.23	350m:	3:18.12 29.10	
	100m:	55.12 28.49	200m:	1:52.05 28.60	300m:	2:49.02 28.74	400m:	3:46.37 28.25	
2.	Zaborowski Filip		94	MKP Szczecin				785	3:50.00
	50m:	27.26 27.26	150m:	1:24.80 28.81	250m:	2:22.90 29.08	350m:	3:21.41 29.22	
	100m:	55.99 28.73	200m:	1:53.82 29.02	300m:	2:52.19 29.29	400m:	3:50.00 28.59	
3.	SOL Zbutowicz Karol		98	MTP KORMORAN Olsztyn				711	3:57.79
	50m:	28.41 28.41	150m:	1:29.20 30.29	250m:	2:29.18 30.04	350m:	3:29.26 30.01	
	100m:	58.91 30.50	200m:	1:59.14 29.94	300m:	2:59.25 30.07	400m:	3:57.79 28.53	
4.	Lassek Bartłomiej		94	AZS UŁ PŁ Łódź				708	3:58.07
	50m:	27.03 27.03	150m:	1:25.90 29.59	250m:	2:26.50 30.35	350m:	3:27.95 31.00	
	100m:	56.31 29.28	200m:	1:56.15 30.25	300m:	2:56.95 30.45	400m:	3:58.07 30.12	
5.	Piszczorowicz Bartosz		99	KKS Włókniarz 1925 Kalisz				706	3:58.34
	50m:	26.94 26.94	150m:		250m:	2:27.43 30.37	350m:	3:29.14 30.78	
	100m:	56.56 29.62	200m:	1:57.06	300m:	2:58.36 30.93	400m:	3:58.34 29.20	
6.	Chrzanowski Damian		98	KP MZOS Płock				703	3:58.66
	50m:	27.86 27.86	150m:	1:27.82 30.44	250m:	2:29.42 30.67	350m:	3:30.13 30.34	
	100m:	57.38 29.52	200m:	1:58.75 30.93	300m:	2:59.79 30.37	400m:	3:58.66 28.53	
7.	Grabczak Dawid		97	Ks Wisła Puławy				702	3:58.75
	50m:	27.78 27.78	150m:	1:27.95 30.32	250m:	2:27.98 30.01	350m:	3:28.61 30.40	
	100m:	57.63 29.85	200m:	1:57.97 30.02	300m:	2:58.21 30.23	400m:	3:58.75 30.14	
8.	Parzynowski Wojciech		99	Tp Olimpijczyk Aleksandrów Ł.				694	3:59.64
	50m:	27.72 27.72	150m:	1:26.95 29.76	250m:	2:27.39 30.44	350m:	3:29.44 31.19	
	100m:	57.19 29.47	200m:	1:56.95 30.00	300m:	2:58.25 30.86	400m:	3:59.64 30.20	
9.	SOL Ulatowski Wojciech		98	UKP Unia Owi cim				682	4:01.13
	50m:	28.43 28.43	150m:	1:29.15 30.39	250m:	2:30.35 30.07	350m:	3:31.77 30.50	
	100m:	58.76 30.33	200m:	2:00.28 31.13	300m:	3:01.27 30.92	400m:	4:01.13 29.36	
10.	Arndt Mateusz		98	KS Delfin Gdynia				675	4:01.90
	50m:	27.90 27.90	150m:	1:28.61 30.86	250m:	2:30.62 30.86	350m:	3:32.33 30.53	
	100m:	57.75 29.85	200m:	1:59.76 31.15	300m:	3:01.80 31.18	400m:	4:01.90 29.57	
11.	Dobrzycki Tomasz		98	Uks G-8 Bielany				667	4:02.86
	50m:	28.13 28.13	150m:	1:29.15 30.56	250m:	2:30.97 31.18	350m:	3:33.25 30.96	
	100m:	58.59 30.46	200m:	1:59.79 30.64	300m:	3:02.29 31.32	400m:	4:02.86 29.61	
12.	Osses Arkadiusz		95	KS Warta Poznań				657	4:04.07
	50m:	28.63 28.63	150m:	1:28.99 30.46	250m:	2:30.79 30.90	350m:	3:33.44 31.28	
	100m:	58.53 29.90	200m:	1:59.89 30.90	300m:	3:02.16 31.37	400m:	4:04.07 30.63	
13.	Cukanow Michał		99	Tp Olimpijczyk Aleksandrów Ł.				649	4:05.11
	50m:	28.20 28.20	150m:	1:29.07 30.51	250m:	2:31.48 31.32	350m:	3:34.17 31.31	
	100m:	58.56 30.36	200m:	2:00.16 31.09	300m:	3:02.86 31.38	400m:	4:05.11 30.94	
14.	Solak Łukasz		99	Psp Swim Płock				628	4:07.73
	50m:	26.52 26.52	150m:	1:27.55 31.24	250m:	2:32.37 32.55	350m:	3:36.80 31.74	
	100m:	56.31 29.79	200m:	1:59.82 32.27	300m:	3:05.06 32.69	400m:	4:07.73 30.93	
15.	SO Topolski Arkadiusz		98	UKP Unia Owi cim				624	4:08.34
	50m:	27.72 27.72	150m:	1:30.53 31.74	250m:	2:34.85 32.13	350m:	3:37.83 31.96	
	100m:	58.79 31.07	200m:	2:02.72 32.19	300m:	3:05.87 31.02	400m:	4:08.34 30.51	
16.	Riti Roberto		99	SP Meduza Pajczno				622	4:08.58
	50m:	28.37 28.37	150m:	1:30.46 31.33	250m:	2:34.22 32.02	350m:	3:38.15 31.94	
	100m:	59.13 30.76	200m:	2:02.20 31.74	300m:	3:06.21 31.99	400m:	4:08.58 30.43	
17.	SO Goleniec Kamil		99	UKP Unia Owi cim				611	4:10.11
	50m:	28.95 28.95	150m:	1:31.62 31.43	250m:	2:34.95 31.63	350m:	3:38.90 31.92	
	100m:	1:00.19 31.24	200m:	2:03.32 31.70	300m:	3:06.98 32.03	400m:	4:10.11 31.21	

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Łódź, do 8-11-2015

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Pkt.	Czas
18.	SO	Hojda Bartłomiej	98	UKP Unia O wi cim			604	4:11.06	
	50m:	29.28 29.28	150m:	1:32.59 31.81	250m:	2:36.78 31.92	350m:	3:40.45 31.81	
	100m:	1:00.78 31.50	200m:	2:04.86 32.27	300m:	3:08.64 31.86	400m:	4:11.06 30.61	
19.	SWaw	Jarosz Dawid	99	UKS Wodnik Ko skie			599	4:11.75	
	50m:	29.36 29.36	150m:	1:33.69 32.53	250m:	2:38.06 31.73	350m:	3:41.66 31.60	
	100m:	1:01.16 31.80	200m:	2:06.33 32.64	300m:	3:10.06 32.00	400m:	4:11.75 30.09	
20.	SO	Krulikowski Maciej	99	UKP Unia O wi cim			596	4:12.20	
	50m:	28.95 28.95	150m:	1:31.75 31.00	250m:	2:35.32 32.01	350m:	3:40.28 32.47	
	100m:	1:00.75 31.80	200m:	2:03.31 31.56	300m:	3:07.81 32.49	400m:	4:12.20 31.92	
21.	Ma czak	Bła ej	98	KS Delfin Gdynia			590	4:13.00	
	50m:	28.89 28.89	150m:	1:31.74 31.75	250m:	2:35.97 32.24	350m:	3:40.89 32.57	
	100m:	59.99 31.10	200m:	2:03.73 31.99	300m:	3:08.32 32.35	400m:	4:13.00 32.11	
22.	G bka	Olaf	00	KS Warta Pozna			589	4:13.20	
	50m:	29.28 29.28	150m:	1:33.15 31.94	250m:	2:37.28 32.24	350m:	3:41.98 32.58	
	100m:	1:01.21 31.93	200m:	2:05.04 31.89	300m:	3:09.40 32.12	400m:	4:13.20 31.22	
23.	SO	Lechowicz Filip	97	Korona			587	4:13.37	
	50m:	29.12 29.12	150m:	1:32.82 32.14	250m:	2:37.51 32.72	350m:	3:41.73 31.79	
	100m:	1:00.68 31.56	200m:	2:04.79 31.97	300m:	3:09.94 32.43	400m:	4:13.37 31.64	
24.	Stawaruk	Michał	99	Jedynka Łód			578	4:14.76	
	50m:	28.30 28.30	150m:	1:32.27 32.28	250m:	2:37.32 32.68	350m:	3:42.60 31.91	
	100m:	59.99 31.69	200m:	2:04.64 32.37	300m:	3:10.69 33.37	400m:	4:14.76 32.16	
25.	Karolkiewicz	Jakub	99	Uks Delfin Tarnobrzeg			577	4:14.85	
	50m:	28.22 28.22	150m:	1:31.15 31.84	250m:	2:36.47 32.89	350m:	3:42.30 33.02	
	100m:	59.31 31.09	200m:	2:03.58 32.43	300m:	3:09.28 32.81	400m:	4:14.85 32.55	
26.	Lenartowicz	Kacper	99	IKS Konstancin			577	4:14.93	
	50m:	29.07 29.07	150m:	1:33.50 32.59	250m:	2:39.00 32.93	350m:	3:44.43 32.39	
	100m:	1:00.91 31.84	200m:	2:06.07 32.57	300m:	3:12.04 33.04	400m:	4:14.93 30.50	
27.	Durajczyk	Michał	97	IKS Konstancin			576	4:15.00	
	50m:	28.93 28.93	150m:	1:33.07 32.35	250m:	2:37.80 32.21	350m:	3:43.21 32.75	
	100m:	1:00.72 31.79	200m:	2:05.59 32.52	300m:	3:10.46 32.66	400m:	4:15.00 31.79	
28.	Doma ski	Kamil	00	Tp Olimpijczyk Aleksandrów Ł.			575	4:15.22	
	50m:	28.96 28.96	150m:	1:32.28 32.19	250m:	2:37.46 32.97	350m:	3:44.22 33.41	
	100m:	1:00.09 31.13	200m:	2:04.49 32.21	300m:	3:10.81 33.35	400m:	4:15.22 31.00	
29.	SP	Dutkiewicz Dominik	99	KS Warta Pozna			574	4:15.38	
	50m:	28.75 28.75	150m:	1:32.96 32.40	250m:	2:38.72 33.01	350m:	3:45.26 33.17	
	100m:	1:00.56 31.81	200m:	2:05.71 32.75	300m:	3:12.09 33.37	400m:	4:15.38 30.12	
30.	SO	Kempa Mikołaj	99	MMKS K dzierzyn Ko le			573	4:15.49	
	50m:	29.50 29.50	150m:	1:34.76 32.61	250m:	2:38.76 31.77	350m:	3:43.64 32.44	
	100m:	1:02.15 32.65	200m:	2:06.99 32.23	300m:	3:11.20 32.44	400m:	4:15.49 31.85	
31.	Kalkowski	Dawid	00	SAMBOR Tczew			573	4:15.54	
	50m:	29.38 29.38	150m:	1:33.14 32.03	250m:	2:38.16 32.39	350m:	3:43.79 32.87	
	100m:	1:01.11 31.73	200m:	2:05.77 32.63	300m:	3:10.92 32.76	400m:	4:15.54 31.75	
32.	SOL	Choda Alan	98	MTP KORMORAN Olsztyn			564	4:16.79	
	50m:	29.02 29.02	150m:	1:32.43 31.94	250m:	2:38.14 32.92	350m:	3:44.53 33.28	
	100m:	1:00.49 31.47	200m:	2:05.22 32.79	300m:	3:11.25 33.11	400m:	4:16.79 32.26	
33.	Cecere	Marco	99	KKS Włókniarz 1925 Kalisz			563	4:17.01	
	50m:	29.05 29.05	150m:	1:33.47 32.50	250m:	2:39.39 32.59	350m:	3:45.04 32.52	
	100m:	1:00.97 31.92	200m:	2:06.80 33.33	300m:	3:12.52 33.13	400m:	4:17.01 31.97	
34.	Smul	Bła ej	99	Tp Olimpijczyk Aleksandrów Ł.			558	4:17.68	
	50m:	27.52 27.52	150m:	1:30.42 32.19	250m:	2:36.58 33.32	350m:	3:44.74 34.29	
	100m:	58.23 30.71	200m:	2:03.26 32.84	300m:	3:10.45 33.87	400m:	4:17.68 32.94	
35.	Mikołajczyk	Michał	99	KKS Włókniarz 1925 Kalisz			553	4:18.48	
	50m:	27.52 27.52	150m:	1:31.08 32.71	250m:	2:37.71 33.45	350m:	3:45.47 33.98	
	100m:	58.37 30.85	200m:	2:04.26 33.18	300m:	3:11.49 33.78	400m:	4:18.48 33.01	

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Konkurencja 12, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Pkt.	Czas	
36.	SP Dyba Jakub				98	Posnania Poznan				543	4:20.01	
	50m:	28.45	28.45	150m:	1:32.57	32.60	250m:	2:39.55	33.43	350m:	3:47.25	34.16
	100m:	59.97	31.52	200m:	2:06.12	33.55	300m:	3:13.09	33.54	400m:	4:20.01	32.76
37.	Fiks Krzysztof				00	Uks 190 Łód				537	4:21.08	
	50m:	29.64	29.64	150m:	1:36.50	33.65	250m:	2:44.41	33.79	350m:	3:51.26	33.14
	100m:	1:02.85	33.21	200m:	2:10.62	34.12	300m:	3:18.12	33.71	400m:	4:21.08	29.82
38.	Wilejto Igor				01	SAMBOR Tczew				531	4:22.09	
	50m:	29.68	29.68	150m:	1:35.67	33.20	250m:	2:43.31	33.87	350m:	3:49.45	32.51
	100m:	1:02.47	32.79	200m:	2:09.44	33.77	300m:	3:16.94	33.63	400m:	4:22.09	32.64
39.	Pawlaczyk Patryk				00	Uks 190 Łód				527	4:22.62	
	50m:	29.67	29.67	150m:	1:35.52	33.33	250m:	2:42.93	33.18	350m:	3:50.30	33.81
	100m:	1:02.19	32.52	200m:	2:09.75	34.23	300m:	3:16.49	33.56	400m:	4:22.62	32.32
40.	Zaborowski Paweł				98	Jedynka Łód				525	4:22.95	
	50m:	29.88	29.88	150m:	1:35.38	32.77	250m:	2:41.16	33.10	350m:	3:48.69	34.08
	100m:	1:02.61	32.73	200m:	2:08.06	32.68	300m:	3:14.61	33.45	400m:	4:22.95	34.26
41.	Adamczewski Eryk				00	KKS Włókniarz 1925 Kalisz				525	4:22.96	
	50m:	29.39	29.39	150m:	1:35.38	33.24	250m:	2:43.17	34.10	350m:	3:50.27	33.08
	100m:	1:02.14	32.75	200m:	2:09.07	33.69	300m:	3:17.19	34.02	400m:	4:22.96	32.69
42.	Kuleszko Mikołaj				98	MTKP Delfin Toru				511	4:25.41	
	50m:	27.37	27.37	150m:	1:32.74	34.26	250m:	2:41.73	34.58	350m:	3:50.88	34.18
	100m:	58.48	31.11	200m:	2:07.15	34.41	300m:	3:16.70	34.97	400m:	4:25.41	34.53
43.	Krzekotowski Karol				00	UKP Torpeda Ole nica				510	4:25.49	
	50m:	29.70	29.70	150m:	1:35.31	33.31	250m:	2:43.41	34.39	350m:	3:52.15	34.55
	100m:	1:02.00	32.30	200m:	2:09.02	33.71	300m:	3:17.60	34.19	400m:	4:25.49	33.34
44.	Elgalal Sami				01	Uks Sp 149				507	4:26.04	
	50m:	31.31	31.31	150m:	1:40.75	34.70	250m:	2:49.46	33.39	350m:	3:55.11	32.38
	100m:	1:06.05	34.74	200m:	2:16.07	35.32	300m:	3:22.73	33.27	400m:	4:26.04	30.93
45.	Kubiak Bartłomiej				99	KKS Włókniarz 1925 Kalisz				506	4:26.25	
	50m:	30.32	30.32	150m:	1:37.33	33.86	250m:	2:45.10	34.10	350m:	3:53.69	34.56
	100m:	1:03.47	33.15	200m:	2:11.00	33.67	300m:	3:19.13	34.03	400m:	4:26.25	32.56
46.	Mistakiewicz Patryk				01	Uks 190 Łód				499	4:27.46	
	50m:	31.34	31.34	150m:	1:40.37	34.13	250m:	2:48.85	34.34	350m:	3:55.91	33.10
	100m:	1:06.24	34.90	200m:	2:14.51	34.14	300m:	3:22.81	33.96	400m:	4:27.46	31.55
47.	Kami ski Piotr				99	Mks Trójka Łód				486	4:29.93	
	50m:	30.28	30.28	150m:	1:37.83	34.08	250m:	2:47.42	35.07	350m:	3:56.60	34.30
	100m:	1:03.75	33.47	200m:	2:12.35	34.52	300m:	3:22.30	34.88	400m:	4:29.93	33.33
48.	Zuehlke Kajetan				01	KP MZOS Płock				481	4:30.75	
	50m:			150m:			250m:			350m:	3:57.25	34.66
	100m:	1:03.54		200m:			300m:	3:22.59		400m:	4:30.75	33.50
49.	migielski Mateusz				01	Jedynka Łód				470	4:32.90	
	50m:	30.01	30.01	150m:	1:38.42	34.74	250m:	2:47.67	34.94	350m:	3:57.97	35.26
	100m:	1:03.68	33.67	200m:	2:12.73	34.31	300m:	3:22.71	35.04	400m:	4:32.90	34.93
50.	SOL Piwowski Konrad				98	MTP KORMORAN Olsztyn				465	4:33.81	
	50m:	28.36	28.36	150m:	1:33.86	33.57	250m:			350m:		
	100m:	1:00.29	31.93	200m:			300m:			400m:	4:33.81	
51.	Głuszkowski Mateusz				01	UKS CITYZEN Pozna				458	4:35.27	
	50m:	32.68	32.68	150m:	1:44.28	35.43	250m:	2:54.09	34.86	350m:	4:02.61	33.61
	100m:	1:08.85	36.17	200m:	2:19.23	34.95	300m:	3:29.00	34.91	400m:	4:35.27	32.66
52.	Czerwi ski Łukasz				01	JAGIELLONKA Warszawa				454	4:36.05	
	50m:	30.60	30.60	150m:	1:40.64	35.54	250m:	2:51.03	35.54	350m:	4:01.79	35.68
	100m:	1:05.10	34.50	200m:	2:15.49	34.85	300m:	3:26.11	35.08	400m:	4:36.05	34.26
53.	Szczerek Szymon				01	KKS Włókniarz 1925 Kalisz				453	4:36.33	
	50m:	30.54	30.54	150m:	1:39.78	34.96	250m:	2:50.58	35.49	350m:	4:01.95	35.72
	100m:	1:04.82	34.28	200m:	2:15.09	35.31	300m:	3:26.23	35.65	400m:	4:36.33	34.38

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Pozycja			Rok ur.					Pkt.	Czas
54.	S	dłak Wiktor	99	Orka Zamo			449	4:37.11	
	50m:	30.79 30.79	150m:	1:40.26 35.20	250m:	2:50.41 34.81	350m:	4:01.79 35.79	
	100m:	1:05.06 34.27	200m:	2:15.60 35.34	300m:	3:26.00 35.59	400m:	4:37.11 35.32	
55.		urawski Marcel	01	SAMBOR Tczew			436	4:39.81	
	50m:	31.41 31.41	150m:	1:41.78 35.64	250m:	2:52.72 35.67	350m:	4:05.13 35.81	
	100m:	1:06.14 34.73	200m:	2:17.05 35.27	300m:	3:29.32 36.60	400m:	4:39.81 34.68	
56.		Nowak Aleksander	01	UKS NAWA Skierniewice			429	4:41.33	
	50m:	31.77 31.77	150m:	1:43.21 36.15	250m:	2:55.58 36.39	350m:	4:07.48 35.31	
	100m:	1:07.06 35.29	200m:	2:19.19 35.98	300m:	3:32.17 36.59	400m:	4:41.33 33.85	
57.		Janecki Mateusz	01	MKS Pałac Młodzie y Katowice			429	4:41.40	
	50m:	31.57 31.57	150m:	1:43.48 36.54	250m:	2:55.91 36.41	350m:	4:08.04 35.77	
	100m:	1:06.94 35.37	200m:	2:19.50 36.02	300m:	3:32.27 36.36	400m:	4:41.40 33.36	
58.		Koncki Bartłomiej	01	Ks Wiśła Puławy			402	4:47.41	
	50m:	32.86 32.86	150m:	1:45.03 36.27	250m:	2:57.67 36.09	350m:	4:11.27 36.71	
	100m:	1:08.76 35.90	200m:	2:21.58 36.55	300m:	3:34.56 36.89	400m:	4:47.41 36.14	
59.		Perzankowski Maciej	01	UKS NAWA Skierniewice			382	4:52.39	
	50m:	33.32 33.32	150m:	1:46.95 37.05	250m:	3:01.49 37.37	350m:	4:15.91 37.07	
	100m:	1:09.90 36.58	200m:	2:24.12 37.17	300m:	3:38.84 37.35	400m:	4:52.39 36.48	
60.		Dados Aleksander	01	Ks Wiśła Puławy			365	4:56.95	
	50m:	32.88 32.88	150m:	1:47.62 37.74	250m:	3:04.13 38.64	350m:	4:20.36 38.36	
	100m:	1:09.88 37.00	200m:	2:25.49 37.87	300m:	3:42.00 37.87	400m:	4:56.95 36.59	
61.		Kostyk Teodor	00	UKS CITYZEN Pozna			350	5:01.15	
	50m:	33.86 33.86	150m:	1:49.07 38.33	250m:	3:06.13 38.31	350m:	4:23.09 38.71	
	100m:	1:10.74 36.88	200m:	2:27.82 38.75	300m:	3:44.38 38.25	400m:	5:01.15 38.06	
62.		Cie lak Kacper	00	KKS Włóknierz 1925 Kalisz			341	5:03.57	
	50m:	30.56 30.56	150m:	1:42.96 37.12	250m:		350m:		
	100m:	1:05.84 35.28	200m:		300m:		400m:	5:03.57	
63.		Sosi ski Bartosz	01	UKS CITYZEN Pozna			323	5:09.23	
	50m:	35.97 35.97	150m:	1:53.89 39.18	250m:	3:12.38 39.07	350m:	4:30.86 39.05	
	100m:	1:14.71 38.74	200m:	2:33.31 39.42	300m:	3:51.81 39.43	400m:	5:09.23 38.37	
64.		Libera Daniel	01	UKS NAWA Skierniewice			313	5:12.49	
	50m:	36.26 36.26	150m:	1:56.02 39.74	250m:	3:15.65 39.75	350m:	4:35.05 39.88	
	100m:	1:16.28 40.02	200m:	2:35.90 39.88	300m:	3:55.17 39.52	400m:	5:12.49 37.44	