

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawy Mazowiecka, 6- - 7-2-2016

Konkurencja 11  
2016-02-06 - 13:01

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
1.	Dzwonnik Zuzanna		00	SKS 137 Delfin Łód				<b>4:58.66</b>	666		
	50m:	34.16 34.16	150m:	1:50.24	37.54	250m:	3:08.25	40.65	350m:	4:24.20	34.50
	100m:	1:12.70 38.54	200m:	2:27.60	37.36	300m:	3:49.70	41.45	400m:	4:58.66	34.46
2.	Szpucha Katarzyna		96	TP Olimpijczyk Aleksandrów				<b>5:04.76</b>	627		
	50m:	33.89 33.89	150m:	1:47.85	38.79	250m:	3:08.34		350m:		
	100m:	1:09.06 35.17	200m:			300m:	3:50.77	42.43	400m:	5:04.76	
3.	Nieszporek Wiktoria		99	UKS 190 Łód				<b>5:08.26</b>	605		
	50m:	34.26 34.26	150m:	1:55.04	41.33	250m:	3:16.51	40.79	350m:	4:34.07	35.59
	100m:	1:13.71 39.45	200m:	2:35.72	40.68	300m:	3:58.48	41.97	400m:	5:08.26	34.19
4.	Bednarek Aleksandra		98	MKS Jedyńka Łód				<b>5:10.56</b>	592		
	50m:	33.84 33.84	150m:	1:52.20	39.75	250m:	3:15.73	44.72	350m:	4:36.09	36.22
	100m:	1:12.45 38.61	200m:	2:31.01	38.81	300m:	3:59.87	44.14	400m:	5:10.56	34.47
5.	Wardzi ska Martyna		98	MKS Trójka Łód				<b>5:10.66</b>	591		
	50m:	33.99 33.99	150m:	1:52.51	39.98	250m:	3:16.52	44.24	350m:	4:36.92	35.59
	100m:	1:12.53 38.54	200m:	2:32.28	39.77	300m:	4:01.33	44.81	400m:	5:10.66	33.74
6.	Knop Aleksandra		03	UKS 190 Łód				<b>5:13.97</b>	573		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:13.97	
7.	Bednarek Zuzanna		01	MKS Jedyńka Łód				<b>5:18.87</b>	547		
	50m:	35.18 35.18	150m:			250m:	3:22.43		350m:	4:43.80	36.02
	100m:	1:16.24 41.06	200m:			300m:	4:07.78	45.35	400m:	5:18.87	35.07
8.	Wojciechowska Maria		00	LKS"OMEGA"Kleszczów				<b>5:21.63</b>	533		
	50m:	35.10 35.10	150m:	1:54.65	40.56	250m:	3:19.32	45.36	350m:	4:44.83	38.80
	100m:	1:14.09 38.99	200m:	2:33.96	39.31	300m:	4:06.03	46.71	400m:	5:21.63	36.80
9.	Osi ska Wiktoria		01	UKS SP 149 Łód				<b>5:22.26</b>	530		
	50m:	33.58 33.58	150m:	1:52.97	40.96	250m:	3:22.01	48.71	350m:	4:48.02	36.95
	100m:	1:12.01 38.43	200m:	2:33.30	40.33	300m:	4:11.07	49.06	400m:	5:22.26	34.24
10.	Król Oliwia		99	MKS Trójka Łód				<b>5:23.03</b>	526		
	50m:	34.10 34.10	150m:	1:56.75	44.27	250m:	3:24.16	45.46	350m:	5:23.03	1:12.15
	100m:	1:12.48 38.38	200m:	2:38.70	41.95	300m:	4:10.88	46.72	400m:	5:23.03	
11.	Rajca Oliwia		02	UKS 190 Łód				<b>5:24.77</b>	518		
	50m:	35.50 35.50	150m:	1:59.91	44.18	250m:	3:26.34	45.60	350m:	4:48.87	36.50
	100m:	1:15.73 40.23	200m:	2:40.74	40.83	300m:	4:12.37	46.03	400m:	5:24.77	35.90
12.	D browska Tatiana		02	UKS 5 Konstancynów				<b>5:27.43</b>	505		
	50m:	34.50 34.50	150m:	1:57.84	43.40	250m:	3:25.69	45.64	350m:	4:50.39	38.51
	100m:	1:14.44 39.94	200m:	2:40.05	42.21	300m:	4:11.88	46.19	400m:	5:27.43	37.04
13.	Soliwoda Julia		01	UKS NAWA Skierniewice				<b>5:29.52</b>	496		
	50m:	39.64 39.64	150m:	2:02.96	38.61	250m:	3:29.87	48.67	350m:	4:54.00	36.99
	100m:	1:24.35 44.71	200m:	2:41.20	38.24	300m:	4:17.01	47.14	400m:	5:29.52	35.52
14.	Piechota Karolina		01	UKS 190 Łód				<b>5:31.01</b>	489		
	50m:	37.12 37.12	150m:	2:00.43	42.64	250m:	3:30.92	48.79	350m:	4:55.74	36.74
	100m:	1:17.79 40.67	200m:	2:42.13	41.70	300m:	4:19.00	48.08	400m:	5:31.01	35.27
15.	Orłowska Zuzanna		02	UKS NAWA Skierniewice				<b>5:45.32</b>	431		
	50m:	35.92 35.92	150m:	2:01.24	43.80	250m:	3:35.77	52.08	350m:	5:06.44	39.18
	100m:	1:17.44 41.52	200m:	2:43.69	42.45	300m:	4:27.26	51.49	400m:	5:45.32	38.88
16.	Maciejewska Beata		03	UKS SP 149 Łód				<b>5:49.29</b>	416		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:49.29	
17.	Maciaszczyk Weronika		04	UKS SP 149 Łód				<b>5:57.40</b>	388		
	50m:		150m:			250m:	3:49.16	52.28	350m:	5:19.95	38.64
	100m:		200m:	2:56.88		300m:	4:41.31	52.15	400m:	5:57.40	37.45

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Pozycja			Rok ur.				Czas		Pkt.
18.	Pietrzak Aleksandra		03	MKS Jedyńka Łód			<b>6:02.38</b>	372	
	50m:	39.68 39.68	150m:	2:15.60 45.00	250m:	3:49.66 49.84	350m:	5:22.30 42.05	
	100m:	1:30.60 50.92	200m:	2:59.82 44.22	300m:	4:40.25 50.59	400m:	6:02.38 40.08	
PK	Jasiorska Aleksandra		02	IUKS Muszelka Warszawa			<b>5:33.58</b>	478	
	50m:	36.62 36.62	150m:		250m:	3:32.42 48.16	350m:	4:57.64 37.53	
	100m:	1:20.52 43.90	200m:	2:44.26	300m:	4:20.11 47.69	400m:	5:33.58 35.94	
PK	Badzian Natalia		03	IUKS Muszelka Warszawa			<b>5:20.88</b>	537	
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:20.88	
PK	Cynarska Weronika		03	IUKS Muszelka Warszawa			<b>5:35.91</b>	468	
	50m:	36.14 36.14	150m:	2:01.80 43.46	250m:	3:31.70 46.30	350m:	4:58.57 38.62	
	100m:	1:18.34 42.20	200m:	2:45.40 43.60	300m:	4:19.95 48.25	400m:	5:35.91 37.34	
PK	Nowak Zofia		03	IUKS Muszelka Warszawa			<b>5:32.47</b>	482	
	50m:	34.32 34.32	150m:	1:57.29 44.06	250m:	3:28.90 49.33	350m:	4:55.06 37.28	
	100m:	1:13.23 38.91	200m:	2:39.57 42.28	300m:	4:17.78 48.88	400m:	5:32.47 37.41	