

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej
Rawa Mazowiecka, 6- - 7-2-2016

Konkurencja 17
2016-02-06 - 17:01

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Zrobek Natalia		99	TP Olimpijczyk Aleksandrów				4:30.51	651
	50m:	31.04 31.04	150m:	1:39.70 34.73	250m:	2:49.27 34.44	350m:	3:57.48 33.89	
	100m:	1:04.97 33.93	200m:	2:14.83 35.13	300m:	3:23.59 34.32	400m:	4:30.51 33.03	
2.	Wardzi ska Martyna		98	MKS Trójka Łód				4:32.68	636
	50m:	32.63 32.63	150m:	1:43.03 35.16	250m:	2:51.59 33.36	350m:	3:59.25 33.86	
	100m:	1:07.87 35.24	200m:	2:18.23 35.20	300m:	3:25.39 33.80	400m:	4:32.68 33.43	
3.	Pi ko Natalia		02	MKS Jedyńka Łód				4:33.03	633
	50m:	31.59 31.59	150m:	1:40.68 34.66	250m:		350m:	3:59.14 34.25	
	100m:	1:06.02 34.43	200m:	2:50.04 1:09.36	300m:	3:24.89	400m:	4:33.03 33.89	
4.	Knop Aleksandra		03	UKS 190 Łód				4:34.63	622
	50m:	31.59 31.59	150m:	1:41.04 34.82	250m:	2:51.01 34.91	350m:	4:00.76 34.80	
	100m:	1:06.22 34.63	200m:	2:16.10 35.06	300m:	3:25.96 34.95	400m:	4:34.63 33.87	
5.	Pokrywka Karolina		98	MKS Trójka Łód				4:38.26	598
	50m:	33.09 33.09	150m:	1:43.53 35.31	250m:	2:52.59 33.77	350m:	4:02.37 35.57	
	100m:	1:08.22 35.13	200m:	2:18.82 35.29	300m:	3:26.80 34.21	400m:	4:38.26 35.89	
6.	Osi ska Wiktoria		01	UKS SP 149 Łód				4:40.07	587
	50m:	33.08 33.08	150m:	1:44.31 35.65	250m:	2:55.13 35.48	350m:	4:06.25 35.62	
	100m:	1:08.66 35.58	200m:	2:19.65 35.34	300m:	3:30.63 35.50	400m:	4:40.07 33.82	
7.	Bednarek Aleksandra		98	MKS Jedyńka Łód				4:40.27	585
	50m:	32.72 32.72	150m:	1:42.77 35.30	250m:	2:54.15 35.43	350m:	4:05.73 35.58	
	100m:	1:07.47 34.75	200m:	2:18.72 35.95	300m:	3:30.15 36.00	400m:	4:40.27 34.54	
8.	Bednarek Zuzanna		01	MKS Jedyńka Łód				4:41.51	578
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:41.51	
9.	Piechota Karolina		01	UKS 190 Łód				4:42.05	574
	50m:	33.86 33.86	150m:	1:45.29 35.84	250m:	2:56.90 35.79	350m:	4:07.90 35.27	
	100m:	1:09.45 35.59	200m:	2:21.11 35.82	300m:	3:32.63 35.73	400m:	4:42.05 34.15	
10.	Balcer Julia		01	UKS 190 Łód				4:42.36	572
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:42.36	
11.	Wojciechowska Maria		00	LKS"OMEGA"Kleszczów				4:42.44	572
	50m:	33.18 33.18	150m:	1:43.80 35.49	250m:	2:55.77 35.96	350m:	4:07.79 35.67	
	100m:	1:08.31 35.13	200m:	2:19.81 36.01	300m:	3:32.12 36.35	400m:	4:42.44 34.65	
12.	Soliwoda Julia		01	UKS NAWA Skierniewice				4:46.90	546
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:46.90	
13.	Pawłowska Barbara		02	UKS 190 Łód				4:47.66	541
	50m:	32.80 32.80	150m:	1:44.15 35.79	250m:	2:57.01 36.62	350m:	4:11.14 37.01	
	100m:	1:08.36 35.56	200m:	2:20.39 36.24	300m:	3:34.13 37.12	400m:	4:47.66 36.52	
14.	Nowakowska Małgorzata		02	UKS 190 Łód				4:48.80	535
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:48.80	
15.	Urbaniak Dominika		03	UKS 190 Łód				4:52.15	517
	50m:		150m:	2:24.17 1:13.09	250m:		350m:	4:49.70 34.84	
	100m:	1:11.08	200m:	3:01.10 36.93	300m:	4:14.86	400m:	4:52.15 2.45	
16.	Romanowska Patrycja		00	UKS 5 Konstancynów				4:52.38	516
	50m:	33.06 33.06	150m:	1:46.72 37.05	250m:	3:01.25 37.34	350m:	4:16.12 36.66	
	100m:	1:09.67 36.61	200m:	2:23.91 37.19	300m:	3:39.46 38.21	400m:	4:52.38 36.26	
17.	Mikołajczyk Julia		01	UKS 190 Łód				4:55.81	498
	50m:	34.69 34.69	150m:	1:49.11 37.31	250m:	3:03.87 37.40	350m:	4:18.78 37.63	
	100m:	1:11.80 37.11	200m:	2:26.47 37.36	300m:	3:41.15 37.28	400m:	4:55.81 37.03	

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej
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Konkurencja 17, Kobiet, 400m dowolny, 12 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
18.	D browska Tatiana		02	UKS 5 Konstanyńów				4:57.76	488		
	50m:	33.33 33.33	150m:	1:48.59	37.92	250m:	3:04.43	37.77	350m:	4:21.31	38.55
	100m:	1:10.67 37.34	200m:	2:26.66	38.07	300m:	3:42.76	38.33	400m:	4:57.76	36.45
19.	Raczy ska Wiktoria		04	SKS 137 Delfin Łód				5:00.62	474		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:00.62	
20.	Nieszporek Wiktoria		99	UKS 190 Łód				5:02.79	464		
	50m:	32.87 32.87	150m:	1:47.75	38.63	250m:	3:06.64	38.46	350m:	4:24.55	39.20
	100m:	1:09.12 36.25	200m:	2:28.18	40.43	300m:	3:45.35	38.71	400m:	5:02.79	38.24
21.	Sterniczuk Weronika		03	UKS 5 Konstanyńów				5:03.13	463		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:03.13	
22.	Orłowska Zuzanna		02	UKS NAWA Skierniewice				5:03.15	462		
	50m:	34.54 34.54	150m:	1:51.24	38.53	250m:	3:08.68	38.85	350m:	4:26.13	38.73
	100m:	1:12.71 38.17	200m:	2:29.83	38.59	300m:	3:47.40	38.72	400m:	5:03.15	37.02
23.	Bartczak Julia		00	SKS 137 Delfin Łód				5:03.74	460		
	50m:	34.42 34.42	150m:	1:50.27	38.38	250m:	3:08.62	38.75	350m:		
	100m:	1:11.89 37.47	200m:	2:29.87	39.60	300m:			400m:	5:03.74	
24.	Miksa Paulina		02	UKS 190 Łód				5:04.67	456		
	50m:	34.43 34.43	150m:	1:51.12	38.88	250m:	3:08.98	39.05	350m:	4:27.10	39.08
	100m:	1:12.24 37.81	200m:	2:29.93	38.81	300m:	3:48.02	39.04	400m:	5:04.67	37.57
25.	Hł adyn Karolina		03	UKS 190 Łód				5:09.61	434		
	50m:	37.23 37.23	150m:	1:54.60	38.91	250m:	3:13.88	39.48	350m:	4:32.03	38.95
	100m:	1:15.69 38.46	200m:	2:34.40	39.80	300m:	3:53.08	39.20	400m:	5:09.61	37.58
26.	Galant Maja		01	MKS Jedynka Łód				5:17.02	404		
	50m:	34.53 34.53	150m:	1:54.43	40.65	250m:	3:15.82	40.53	350m:	4:37.58	41.14
	100m:	1:13.78 39.25	200m:	2:35.29	40.86	300m:	3:56.44	40.62	400m:	5:17.02	39.44
27.	Maciaszczyk Wiktoria		04	UKS SP 149 Łód				5:17.84	401		
	50m:	37.55 37.55	150m:	1:59.66	41.66	250m:	3:21.84	40.93	350m:	4:42.25	39.23
	100m:	1:18.00 40.45	200m:	2:40.91	41.25	300m:	4:03.02	41.18	400m:	5:17.84	35.59
28.	Pabin Marta		00	SKS 137 Delfin Łód				5:18.33	399		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:18.33	
29.	Urba ska Barbara		03	UKS SP 149 Łód				5:20.28	392		
	50m:	36.30 36.30	150m:	1:57.33	41.08	250m:	3:19.93	41.09	350m:	4:42.78	41.98
	100m:	1:16.25 39.95	200m:	2:38.84	41.51	300m:	4:00.80	40.87	400m:	5:20.28	37.50
30.	Maciaszczyk Weronika		04	UKS SP 149 Łód				5:21.60	387		
	50m:	37.78 37.78	150m:	2:00.50	40.86	250m:	3:23.04	40.57	350m:	4:43.96	40.23
	100m:	1:19.64 41.86	200m:	2:42.47	41.97	300m:	4:03.73	40.69	400m:	5:21.60	37.64
31.	Król Oliwia		99	MKS Trójka Łód				5:22.50	384		
	50m:	34.57 34.57	150m:	1:54.26	40.79	250m:	3:18.52	42.03	350m:	4:42.67	
	100m:	1:13.47 38.90	200m:	2:36.49	42.23	300m:			400m:	5:22.50	39.83
32.	Broniarek Pamela		96	UKS NAWA Skierniewice				5:23.99	379		
	50m:	35.71 35.71	150m:	1:56.44	41.15	250m:	3:19.56	41.59	350m:	4:43.07	41.52
	100m:	1:15.29 39.58	200m:	2:37.97	41.53	300m:	4:01.55	41.99	400m:	5:23.99	40.92
33.	Wieczorek Marika		03	MUKS Wiking Tomaszów Maz.				5:28.53	363		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:	4:07.14		400m:	5:28.53	
34.	Manios Olga		03	UKS 5 Konstanyńów				5:28.89	362		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:28.89	
35.	Wrzesi ska Wiktoria		04	UKS 190 Łód				5:30.18	358		
	50m:	38.25 38.25	150m:	2:03.15	42.24	250m:	3:26.19	42.11	350m:	4:50.76	42.25
	100m:	1:20.91 42.66	200m:	2:44.08	40.93	300m:	4:08.51	42.32	400m:	5:30.18	39.42

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Pozycja			Rok ur.					Czas	Pkt.
36.	Karpi ska Zuzanna		04	MKS Trójka Łód				5:30.73	356
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:30.73	
37.	Liwowska Maria		03	UKS 5 Konstantynów				5:35.57	341
	50m:		150m:		250m:		350m:	4:53.90	
	100m:		200m:		300m:		400m:	5:35.57 41.67	
38.	Biernacka Maja		04	MKS Jedynka Łód				6:03.05	269
	50m:	39.82 39.82	150m:	2:14.87 48.58	250m:	3:49.21 46.59	350m:	5:22.43 46.71	
	100m:	1:26.29 46.47	200m:	3:02.62 47.75	300m:	4:35.72 46.51	400m:	6:03.05 40.62	
39.	Pecyna Weronika		04	Pływak Tomaszów Maz				6:29.06	219
	50m:	38.28 38.28	150m:		250m:		350m:	5:42.76	
	100m:		200m:	3:06.33	300m:		400m:	6:29.06 46.30	
40.	Wilijewicz Anastazja		04	TP Olimpijczyk Aleksandrów				7:13.78	158
	50m:	42.18 42.18	150m:	2:29.52 56.87	250m:	4:25.36 57.82	350m:	6:20.97 57.30	
	100m:	1:32.65 50.47	200m:	3:27.54 58.02	300m:	5:23.67 58.31	400m:	7:13.78 52.81	
PK	Jasiorska Aleksandra		02	IUKS Muszelka Warszawa				4:43.44	566
	50m:	33.07 33.07	150m:	1:43.96 35.48	250m:	2:55.66 35.75	350m:	4:08.30 36.55	
	100m:	1:08.48 35.41	200m:	2:19.91 35.95	300m:	3:31.75 36.09	400m:	4:43.44 35.14	
PK	Badzian Natalia		03	IUKS Muszelka Warszawa				4:40.33	585
	50m:	32.55 32.55	150m:	1:43.26 35.65	250m:	2:54.40 35.36	350m:	4:05.87 35.62	
	100m:	1:07.61 35.06	200m:	2:19.04 35.78	300m:	3:30.25 35.85	400m:	4:40.33 34.46	
PK	Cynarska Natalia		03	IUKS Muszelka Warszawa				4:55.05	502
	50m:	33.40 33.40	150m:	1:46.65 37.05	250m:	3:02.48 37.97	350m:	4:18.60 38.09	
	100m:	1:09.60 36.20	200m:	2:24.51 37.86	300m:	3:40.51 38.03	400m:	4:55.05 36.45	
PK	Nowak Zofia		03	IUKS Muszelka Warszawa				5:01.03	472
	50m:	32.37 32.37	150m:	1:47.71 38.87	250m:	3:05.93 38.99	350m:	4:23.25 38.84	
	100m:	1:08.84 36.47	200m:	2:26.94 39.23	300m:	3:44.41 38.48	400m:	5:01.03 37.78	
PK	Ziemacka Julia		03	IUKS Muszelka Warszawa				5:03.23	462
	50m:	34.95 34.95	150m:	1:51.04 38.24	250m:	3:08.58 38.80	350m:	4:25.97 38.77	
	100m:	1:12.80 37.85	200m:	2:29.78 38.74	300m:	3:47.20 38.62	400m:	5:03.23 37.26	