

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 6- - 7-2-2016

Konkurencja 18  
2016-02-06 - 17:51

M czynn, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Lassek Bartłomiej		94	AZS UŁ PŁ				<b>3:56.01</b>	727
	50m:	56.41 56.41	150m:	1:25.99	250m:		350m:	3:26.12 30.29	
	100m:		200m:		300m:	2:55.83	400m:	3:56.01 29.89	
2.	Parzynowski Wojciech		99	TP Olimpijczyk Aleksandrów				<b>3:57.53</b>	713
	50m:	27.42 27.42	150m:	1:26.36 29.77	250m:	2:26.76 30.03	350m:	3:27.92 30.82	
	100m:	56.59 29.17	200m:	1:56.73 30.37	300m:	2:57.10 30.34	400m:	3:57.53 29.61	
3.	Kraska Jakub		00	UKS 5 Konstantinów				<b>4:06.55</b>	638
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:06.55	
4.	Pawlaczyk Patryk		00	UKS 190 Łód				<b>4:10.51</b>	608
	50m:	28.65 28.65	150m:	1:31.80 31.99	250m:	2:35.57 31.63	350m:	3:40.07 32.17	
	100m:	59.81 31.16	200m:	2:03.94 32.14	300m:	3:07.90 32.33	400m:	4:10.51 30.44	
5.	Zaborowski Paweł		98	MKS Jedyńka Łód				<b>4:17.83</b>	557
	50m:	29.54 29.54	150m:		250m:	2:40.21 33.10	350m:		
	100m:	1:01.62 32.08	200m:	2:07.11	300m:		400m:	4:17.83	
6.	Smul Bła ej		99	TP Olimpijczyk Aleksandrów				<b>4:17.98</b>	556
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:17.98	
7.	Kawczy ski Marcin		95	SKS 137 Delfin Łód				<b>4:18.11</b>	556
	50m:	29.42 29.42	150m:	1:34.55 32.77	250m:	2:40.48 33.20	350m:	3:46.81 33.06	
	100m:	1:01.78 32.36	200m:	2:07.28 32.73	300m:	3:13.75 33.27	400m:	4:18.11 31.30	
8.	Wo niak Maciej		00	UKS 190 Łód				<b>4:18.81</b>	551
	50m:		150m:	1:36.26 33.21	250m:	2:42.82 32.97	350m:	3:50.04 33.31	
	100m:	1:03.05	200m:	2:09.85 33.59	300m:	3:16.73 33.91	400m:	4:18.81 28.77	
9.	Ma ka Filip		00	UKS 190 Łód				<b>4:19.83</b>	545
	50m:	30.09 30.09	150m:	1:35.69 33.25	250m:	2:42.53 33.09	350m:	3:49.82 33.26	
	100m:	1:02.44 32.35	200m:	2:09.44 33.75	300m:	3:16.56 34.03	400m:	4:19.83 30.01	
10.	Kwiasowski Jakub		00	MKS Jedyńka Łód				<b>4:21.63</b>	533
	50m:	31.56 31.56	150m:	1:38.02 33.34	250m:	2:44.46 32.95	350m:	3:49.66 32.48	
	100m:	1:04.68 33.12	200m:	2:11.51 33.49	300m:	3:17.18 32.72	400m:	4:21.63 31.97	
11.	D bski Szymon		99	UKS NAWA Skierniewice				<b>4:22.25</b>	530
	50m:	30.12 30.12	150m:	1:35.39 32.69	250m:	2:42.64 33.98	350m:	3:49.69 33.42	
	100m:	1:02.70 32.58	200m:	2:08.66 33.27	300m:	3:16.27 33.63	400m:	4:22.25 32.56	
12.	Feli czak Wojciech		96	SKS 137 Delfin Łód				<b>4:22.88</b>	526
	50m:	29.53 29.53	150m:	1:35.99 33.47	250m:	2:42.66 33.20	350m:	3:49.56 33.58	
	100m:	1:02.52 32.99	200m:	2:09.46 33.47	300m:	3:15.98 33.32	400m:	4:22.88 33.32	
13.	Fiks Krzysztof		00	UKS 190 Łód				<b>4:23.31</b>	523
	50m:	31.11 31.11	150m:	1:38.82 33.82	250m:	2:46.41 33.54	350m:	3:52.58 33.04	
	100m:	1:05.00 33.89	200m:	2:12.87 34.05	300m:	3:19.54 33.13	400m:	4:23.31 30.73	
14.	migielski Mateusz		01	MKS Jedyńka Łód				<b>4:23.74</b>	521
	50m:		150m:	1:36.82 33.06	250m:		350m:	4:23.74	
	100m:	1:03.76	200m:	2:10.27 33.45	300m:		400m:	4:23.74	
15.	Rel Maciej		00	MKS Trójka Łód				<b>4:23.92</b>	520
	50m:	30.67 30.67	150m:	1:36.80 33.24	250m:	2:44.55 33.73	350m:	3:51.52 32.83	
	100m:	1:03.56 32.89	200m:	2:10.82 34.02	300m:	3:18.69 34.14	400m:	4:23.92 32.40	
16.	Krzywania Oskar		02	UKS SP 149 Łód				<b>4:27.41</b>	500
	50m:	30.95 30.95	150m:	1:40.21 34.80	250m:	2:48.72 33.74	350m:	3:55.82 33.54	
	100m:	1:05.41 34.46	200m:	2:14.98 34.77	300m:	3:22.28 33.56	400m:	4:27.41 31.59	
17.	Knyszy ski Maciej		02	MKS Jedyńka Łód				<b>4:28.78</b>	492
	50m:	31.73 31.73	150m:	1:40.64 34.54	250m:	2:48.60 33.97	350m:	3:56.26 33.56	
	100m:	1:06.10 34.37	200m:	2:14.63 33.99	300m:	3:22.70 34.10	400m:	4:28.78 32.52	

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawy Mazowiecka, 6- - 7-2-2016

Konkurencja 18, M czyzn, 400m dowolny, 12 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	Milczarek Piotr		98	UKS 190 Łód				<b>4:30.07</b>	485
	50m:	30.48 30.48	150m:	2:13.27	34.62	250m:	3:22.30 34.34	350m:	
	100m:	1:38.65 1:08.17	200m:	2:47.96	34.69	300m:		400m:	4:30.07
19.	Chmielowiec Mateusz		00	UKS NAWA Skierniewice				<b>4:30.35</b>	483
	50m:		150m:			250m:		350m:	3:58.11
	100m:	1:04.41	200m:	2:15.40		300m:		400m:	4:30.35 32.24
20.	Nowak Aleksander		01	UKS NAWA Skierniewice				<b>4:30.76</b>	481
	50m:	30.86 30.86	150m:	1:38.91	34.17	250m:	2:47.83 34.42	350m:	3:56.96 34.44
	100m:	1:04.74 33.88	200m:	2:13.41	34.50	300m:	3:22.52 34.69	400m:	4:30.76 33.80
21.	Kaczmarek Kacper		99	TP Olimpijczyk Aleksandrów				<b>4:31.50</b>	477
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	4:31.50
22.	Zieli ski Konrad		03	UKS 190 Łód				<b>4:32.19</b>	474
	50m:	31.40 31.40	150m:	1:39.39	34.30	250m:	2:48.40 34.64	350m:	3:57.96 34.88
	100m:	1:05.09 33.69	200m:	2:13.76	34.37	300m:	3:23.08 34.68	400m:	4:32.19 34.23
23.	Brodowski Bartosz		00	UKS NAWA Skierniewice				<b>4:32.39</b>	473
	50m:	31.34 31.34	150m:	1:39.35	34.24	250m:	2:48.76 34.62	350m:	3:58.92 35.04
	100m:	1:05.11 33.77	200m:	2:14.14	34.79	300m:	3:23.88 35.12	400m:	4:32.39 33.47
24.	Perzankowski Maciej		01	UKS NAWA Skierniewice				<b>4:32.59</b>	472
	50m:	30.97 30.97	150m:	1:40.36	34.72	250m:	2:49.98 34.75	350m:	3:59.85 34.77
	100m:	1:05.64 34.67	200m:	2:15.23	34.87	300m:	3:25.08 35.10	400m:	4:32.59 32.74
25.	Krysiak Michał		01	MKS Trójka Łód				<b>4:33.96</b>	465
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	4:33.96
26.	Mistakiewicz Patryk		01	UKS 190 Łód				<b>4:36.29</b>	453
	50m:	30.80 30.80	150m:			250m:		350m:	
	100m:	1:04.59 33.79	200m:	2:13.96		300m:		400m:	4:36.29
27.	Rajca Wiktor		02	UKS 190 Łód				<b>4:37.12</b>	449
	50m:		150m:			250m:		350m:	4:03.02
	100m:	1:07.47	200m:			300m:		400m:	4:37.12 34.10
28.	Derendarz Aleksander		00	UKS 190 Łód				<b>4:38.44</b>	442
	50m:	31.73 31.73	150m:	1:40.58	34.83	250m:	2:51.41 35.46	350m:	4:02.32 36.29
	100m:	1:05.75 34.02	200m:	2:15.95	35.37	300m:	3:26.03 34.62	400m:	4:38.44 36.12
29.	Grelewski Wojciech		01	MKS Jedyńka Łód				<b>4:40.23</b>	434
	50m:	1:08.35 1:08.35	150m:			250m:	2:55.75 35.56	350m:	
	100m:		200m:	2:20.19		300m:		400m:	4:40.23
30.	cieszko Mateusz		01	MKS Trójka Łód				<b>4:42.47</b>	424
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	4:42.47
31.	Wody ski Bartosz		02	TP Olimpijczyk Aleksandrów				<b>4:47.85</b>	400
	50m:	31.07 31.07	150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	4:47.85
32.	Stefanowski Dawid		01	UKS NAWA Skierniewice				<b>4:48.07</b>	399
	50m:	31.19 31.19	150m:	1:44.99	37.21	250m:	2:59.72 36.59	350m:	4:13.19 36.27
	100m:	1:07.78 36.59	200m:	2:23.13	38.14	300m:	3:36.92 37.20	400m:	4:48.07 34.88
33.	Lik Kacper		02	MKS Jedyńka Łód				<b>4:48.51</b>	398
	50m:	33.47 33.47	150m:	1:46.92	36.93	250m:	2:59.53 36.19	350m:	4:13.35 36.82
	100m:	1:09.99 36.52	200m:	2:23.34	36.42	300m:	3:36.53 37.00	400m:	4:48.51 35.16
34.	Malinowski Wojciech		03	MKS Jedyńka Łód				<b>4:53.26</b>	379
	50m:	34.00 34.00	150m:	1:48.52	37.61	250m:	3:03.38 37.58	350m:	4:18.38 37.43
	100m:	1:10.91 36.91	200m:	2:25.80	37.28	300m:	3:40.95 37.57	400m:	4:53.26 34.88
35.	Malewski Bartłomiej		01	SKS 137 Delfin Łód				<b>4:56.54</b>	366
	50m:	33.07 33.07	150m:	1:47.78	37.79	250m:	3:05.38 38.46	350m:	4:21.77 37.67
	100m:	1:09.99 36.92	200m:	2:26.92	39.14	300m:	3:44.10 38.72	400m:	4:56.54 34.77

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 6- - 7-2-2016

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Pozycja			Rok ur.					Czas	Pkt.		
36.	Libera Daniel		01	UKS NAWA Skierniewice				<b>4:58.09</b>	360		
	50m:	34.57 34.57	150m:	1:49.71	37.82	250m:	3:05.80	38.01	350m:	4:21.82	38.06
	100m:	1:11.89 37.32	200m:	2:27.79	38.08	300m:	3:43.76	37.96	400m:	4:58.09	36.27
37.	Kudli ski Łukasz		03	UKS SP 149 Łód				<b>4:58.24</b>	360		
	50m:	34.06 34.06	150m:	1:49.61	37.88	250m:	3:06.52	38.38	350m:	4:20.31	35.84
	100m:	1:11.73 37.67	200m:	2:28.14	38.53	300m:	3:44.47	37.95	400m:	4:58.24	37.93
38.	Stefanowski Bartosz		03	UKS NAWA Skierniewice				<b>4:58.85</b>	358		
	50m:	33.93 33.93	150m:			250m:	3:04.10		350m:	4:21.75	39.09
	100m:		200m:			300m:	3:42.66	38.56	400m:	4:58.85	37.10
39.	Cybulski Cyprian		02	UKS 5 Konstanyńów				<b>5:01.74</b>	348		
	50m:	1:48.44 1:48.44	150m:			250m:			350m:	5:01.74	
	100m:		200m:			300m:			400m:	5:01.74	
40.	Chmielowiec Łukasz		00	UKS NAWA Skierniewice				<b>5:02.29</b>	346		
	50m:	30.82 30.82	150m:	1:47.31	38.68	250m:			350m:	4:24.69	
	100m:	1:08.63 37.81	200m:			300m:			400m:	5:02.29	37.60
41.	Sobiech Szymon		03	UKS SP 149 Łód				<b>5:06.55</b>	331		
	50m:	33.72 33.72	150m:	1:52.51	39.71	250m:	3:10.81	38.99	350m:	4:28.41	38.32
	100m:	1:12.80 39.08	200m:	2:31.82	39.31	300m:	3:50.09	39.28	400m:	5:06.55	38.14
42.	Lewandowski Adrian		03	UKS SP 149 Łód				<b>5:06.72</b>	331		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:06.72	
43.	Gołacki Sergiusz		04	UKS 190 Łód				<b>5:07.37</b>	329		
	50m:	35.20 35.20	150m:	1:53.70	39.62	250m:	3:11.06	38.47	350m:	4:29.29	38.76
	100m:	1:14.08 38.88	200m:	2:32.59	38.89	300m:	3:50.53	39.47	400m:	5:07.37	38.08
44.	Zamojski Kacper		03	MKS Trójka Łód				<b>5:08.44</b>	325		
	50m:	34.29 34.29	150m:	1:50.93	39.05	250m:	3:11.49	40.32	350m:	4:30.82	39.64
	100m:	1:11.88 37.59	200m:	2:31.17	40.24	300m:	3:51.18	39.69	400m:	5:08.44	37.62
45.	Stanisławski Bartosz		04	UKS SP 149 Łód				<b>5:09.02</b>	324		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:09.02	
46.	Tarnowski Aleks		01	UKS NAWA Skierniewice				<b>5:16.94</b>	300		
	50m:	34.92 34.92	150m:			250m:			350m:		
	100m:	1:14.13 39.21	200m:			300m:	3:16.28		400m:	5:16.94	
47.	Kalisiak Norbert		02	UKS NAWA Skierniewice				<b>5:20.99</b>	289		
	50m:	36.00 36.00	150m:	1:58.55	42.33	250m:	3:22.38	41.70	350m:	4:43.99	
	100m:	1:16.22 40.22	200m:	2:40.68	42.13	300m:			400m:	5:20.99	37.00
48.	Le niak Maksymilian		04	UKS 190 Łód				<b>5:26.22</b>	275		
	50m:	35.85 35.85	150m:	1:57.50	41.34	250m:	3:21.02	41.74	350m:	4:45.87	42.37
	100m:	1:16.16 40.31	200m:	2:39.28	41.78	300m:	4:03.50	42.48	400m:	5:26.22	40.35
49.	Grotowski Piotr		04	UKS SP 149 Łód				<b>5:36.05</b>	251		
	50m:	39.29 39.29	150m:	2:04.86	43.22	250m:	3:30.58	42.29	350m:	4:55.17	42.24
	100m:	1:21.64 42.35	200m:	2:48.29	43.43	300m:	4:12.93	42.35	400m:	5:36.05	40.88
50.	Krakowiak Kacper		03	UKS NAWA Skierniewice				<b>5:36.21</b>	251		
	50m:	37.91 37.91	150m:	2:02.12	42.73	250m:	3:27.75	43.20	350m:	4:53.50	43.14
	100m:	1:19.39 41.48	200m:	2:44.55	42.43	300m:	4:10.36	42.61	400m:	5:36.21	42.71
51.	J dryka Nikodem		04	MKS Jedynka Łód				<b>5:39.19</b>	245		
	50m:	39.33 39.33	150m:	2:04.73	42.79	250m:	3:31.06	43.82	350m:	4:58.39	43.16
	100m:	1:21.94 42.61	200m:	2:47.24	42.51	300m:	4:15.23	44.17	400m:	5:39.19	40.80
52.	Krysiak Kacper		04	MKS Trójka Łód				<b>5:40.02</b>	243		
	50m:	38.60 38.60	150m:	2:05.18	43.51	250m:	3:31.43	43.32	350m:	4:58.72	43.52
	100m:	1:21.67 43.07	200m:	2:48.11	42.93	300m:	4:15.20	43.77	400m:	5:40.02	41.30
53.	Bajer vel Bojer Adam		03	UKS 5 Konstanyńów				<b>5:48.59</b>	225		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:48.59	

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 6- - 7-2-2016

Konkurencja 18, M czyzn, 400m dowolny, 12 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
54.	Warych Aleksander		04	MKS Jedyńka Łód			<b>5:54.38</b>	214	
	50m: 38.39	38.39	150m: 2:08.35	45.14	250m:	350m: 5:10.23			
	100m: 1:23.21	44.82	200m:		300m:	400m: 5:54.38	44.15		
55.	Straszy ski Kacper		03	SKS 137 Delfin Łód			<b>5:55.02</b>	213	
	50m: 37.41	37.41	150m: 2:06.30	45.41	250m: 3:38.17	46.06	350m: 5:12.71	47.22	
	100m: 1:20.89	43.48	200m: 2:52.11	45.81	300m: 4:25.49	47.32	400m: 5:55.02	42.31	
56.	Wilanowski Mateusz		03	MKS Jedyńka Łód			<b>5:55.51</b>	212	
	50m: 38.31	38.31	150m: 2:05.69	43.16	250m: 3:38.03	46.10	350m: 5:11.03	45.53	
	100m: 1:22.53	44.22	200m: 2:51.93	46.24	300m: 4:25.50	47.47	400m: 5:55.51	44.48	
57.	Przydalski Maciej		02	MUKS Wiking Tomaszów Maz.			<b>6:07.10</b>	193	
	50m: 39.28	39.28	150m: 2:10.72	47.44	250m: 3:47.03	47.46	350m:		
	100m: 1:23.28	44.00	200m: 2:59.57	48.85	300m: 4:35.44	48.41	400m: 6:07.10		
58.	C brzy ski Mateusz		04	UKS 5 Konstanyńów			<b>6:09.47</b>	189	
	50m:		150m:		250m:	350m:			
	100m:		200m:		300m:	400m: 6:09.47			
59.	Sarnacki Janusz		03	MKS Trójka Łód			<b>6:22.38</b>	171	
	50m: 40.32	40.32	150m: 2:16.62	49.61	250m: 3:55.08	49.35	350m: 5:33.68	48.51	
	100m: 1:27.01	46.69	200m: 3:05.73	49.11	300m: 4:45.17	50.09	400m: 6:22.38	48.70	
60.	Tomala Dawid		04	Pływak Tomaszów Maz			<b>6:27.83</b>	163	
	50m: 39.72	39.72	150m: 2:16.90	49.06	250m: 3:58.83	51.16	350m: 5:41.79	51.53	
	100m: 1:27.84	48.12	200m: 3:07.67	50.77	300m: 4:50.26	51.43	400m: 6:27.83	46.04	
DYSKW.	Oleski Tomasz		03	TP Olimpijczyk Aleksandrów					
	04								
	50m: 34.58	34.58	150m: 1:58.58	42.93	250m: 3:26.60	44.12	350m: 4:54.64	43.54	
	100m: 1:15.65	41.07	200m: 2:42.48	43.90	300m: 4:11.10	44.50	400m:		
PK	Ja kiewicz Adrian		02	IUKS Muszelka Warszawa			<b>4:18.67</b>	552	
	50m:		150m:		250m:	350m:			
	100m:		200m:		300m:	400m: 4:18.67			
PK	Dołowy Grzegorz		02	IUKS Muszelka Warszawa			<b>4:21.87</b>	532	
	50m: 30.50	30.50	150m: 1:35.77	32.89	250m: 2:42.86	33.72	350m: 3:49.99	33.65	
	100m: 1:02.88	32.38	200m: 2:09.14	33.37	300m: 3:16.34	33.48	400m: 4:21.87	31.88	
PK	Rodkiewicz Radosław		03	IUKS Muszelka Warszawa			<b>4:39.17</b>	439	
	50m: 31.36	31.36	150m: 1:40.99	35.07	250m: 2:52.37	35.83	350m: 4:03.84	35.80	
	100m: 1:05.92	34.56	200m: 2:16.54	35.55	300m: 3:28.04	35.67	400m: 4:39.17	35.33	
PK	Burczy ski Piotr		02	IUKS Muszelka Warszawa			<b>4:53.91</b>	376	
	50m: 33.17	33.17	150m: 1:46.48	37.26	250m:	350m: 4:17.66	1:15.63		
	100m: 1:09.22	36.05	200m: 2:24.27	37.79	300m: 3:02.03	400m: 4:53.91	36.25		
PK	Ruta Kamil		02	IUKS Muszelka Warszawa			<b>4:34.87</b>	460	
	50m: 1:05.95	1:05.95	150m:		250m:	350m:			
	100m:		200m:		300m:	400m: 4:34.87			
PK	Stworzyjanek Marek		02	IUKS Muszelka Warszawa			<b>4:54.81</b>	373	
	50m: 33.42	33.42	150m: 1:48.04	37.71	250m: 3:03.07	37.26	350m: 4:18.83	37.94	
	100m: 1:10.33	36.91	200m: 2:25.81	37.77	300m: 3:40.89	37.82	400m: 4:54.81	35.98	
PK	Czajka Marcel		02	IUKS Muszelka Warszawa			<b>4:37.54</b>	447	
	50m:		150m:		250m:	350m:			
	100m:		200m:		300m:	400m: 4:37.54			
PK	Chmielewski Krzysztof		04	IUKS Muszelka Warszawa			<b>4:40.91</b>	431	
	50m: 31.23	31.23	150m: 1:41.48	35.47	250m: 2:53.96	36.10	350m: 4:05.87	35.85	
	100m: 1:06.01	34.78	200m: 2:17.86	36.38	300m: 3:30.02	36.06	400m: 4:40.91	35.04	
PK	Bednarek Przemysław		04	IUKS Muszelka Warszawa			<b>5:00.86</b>	351	
	50m: 34.55	34.55	150m: 1:50.30	38.28	250m: 3:07.69	38.57	350m: 4:24.14	38.18	
	100m: 1:12.02	37.47	200m: 2:29.12	38.82	300m: 3:45.96	38.27	400m: 5:00.86	36.72	

Zimowe Mistrzostwa Województwa Łódzkiego pod patronatem Burmistrza Rawy Mazowieckiej  
Rawa Mazowiecka, 6 - 7-2-2016

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Konkurencja 18, M czyzn, 400m dowolny

Pozycja				Rok ur.					Czas	Pkt.		
PK	Roguski Mateusz			03	IUKS Muszelka Warszawa				<b>5:00.43</b>	<b>352</b>		
	50m:	33.23	33.23	150m:	1:49.91	38.28	250m:	3:07.68	38.81	350m:	4:24.31	38.52
	100m:	1:11.63	38.40	200m:	2:28.87	38.96	300m:	3:45.79	38.11	400m:	5:00.43	36.12