

DRU YNOWE MISTRZOSTWA MŁODZIKÓW 12-13 lat woj. łódzkiego w pływaniu
Rawa Mazowiecka, 19-3-2016

Konkurencja 7
2016-03-19 - 11:38

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	RACZY SKA, Wiktoria		04	SKS 137 Delfin Łód			5:08.32	440	
	50m: 35.34 35.34	150m:		250m: 3:11.20	39.02	350m: 4:30.00	39.49		
	100m: 1:14.45 39.11	200m: 2:32.18		300m: 3:50.51	39.31	400m: 5:08.32	38.32		
2.	MACIASZCZYK, Weronika		04	UKS SP 149 Łód			5:14.63	414	
	50m: 38.07 38.07	150m:		250m:		350m:			
	100m: 1:19.15 41.08	200m: 2:40.36		300m:		400m: 5:14.63			
3.	MACIASZCZYK, Wiktoria		04	UKS SP 149 Łód			5:15.65	410	
	50m: 37.43 37.43	150m: 1:59.55	41.10	250m: 3:20.30	40.30	350m: 4:38.76	38.81		
	100m: 1:18.45 41.02	200m: 2:40.00	40.45	300m: 3:59.95	39.65	400m: 5:15.65	36.89		
4.	WRZESI SKA, Wiktoria		04	UKS 190 Łód			5:31.89	352	
	50m: 37.93 37.93	150m: 2:03.26	43.15	250m: 3:27.80	41.90	350m: 4:52.07	41.70		
	100m: 1:20.11 42.18	200m: 2:45.90	42.64	300m: 4:10.37	42.57	400m: 5:31.89	39.82		
5.	WITEK, Oliwia		04	UKS SP 149 Łód			5:37.23	336	
	50m: 38.36 38.36	150m: 2:05.42	43.37	250m: 3:31.53	43.02	350m: 4:56.09	41.97		
	100m: 1:22.05 43.69	200m: 2:48.51	43.09	300m: 4:14.12	42.59	400m: 5:37.23	41.14		
6.	BIERNACKA, Maja		04	MKS Jedyńka Łód			5:55.92	286	
	50m:	150m:		250m: 3:42.06	45.83	350m: 5:11.71			
	100m:	200m: 2:56.23		300m:		400m: 5:55.92	44.21		
7.	HAŁADYN, Kamila		04	UKS 190 Łód			5:56.18	285	
	50m: 38.21 38.21	150m: 2:07.57	45.66	250m: 3:38.50	46.13	350m: 5:12.34	47.04		
	100m: 1:21.91 43.70	200m: 2:52.37	44.80	300m: 4:25.30	46.80	400m: 5:56.18	43.84		
8.	JERUZAL, Nadia		04	UKS 55 Łód			6:05.84	263	
	50m: 40.95 40.95	150m: 2:13.11	46.34	250m: 3:47.12	47.13	350m: 5:21.07	47.13		
	100m: 1:26.77 45.82	200m: 2:59.99	46.88	300m: 4:33.94	46.82	400m: 6:05.84	44.77		
9.	SZCZEPA CZYK, Nikola		04	UKS 55 Łód			6:15.78	243	
	50m: 37.78 37.78	150m: 2:08.65	47.33	250m: 3:44.95	48.58	350m: 5:25.82	51.23		
	100m: 1:21.32 43.54	200m: 2:56.37	47.72	300m: 4:34.59	49.64	400m: 6:15.78	49.96		
10.	GÓRSKA, Julia		04	UKS NAWA Skierniewice			6:18.96	237	
	50m: 39.92 39.92	150m: 2:15.73	47.47	250m: 3:52.89	49.34	350m: 5:31.83	49.23		
	100m: 1:28.26 48.34	200m: 3:03.55	47.82	300m: 4:42.60	49.71	400m: 6:18.96	47.13		
11.	WI NIEWSKA, Lena		04	TP Olimpijczyk Aleksandrów			6:24.28	227	
	50m: 39.67 39.67	150m: 2:15.33	48.73	250m: 3:54.84	50.05	350m: 5:36.65	51.12		
	100m: 1:26.60 46.93	200m: 3:04.79	49.46	300m: 4:45.53	50.69	400m: 6:24.28	47.63		
12.	PETERA, Patrycja		04	UKS 5 Kons. Łódzki			6:27.48	221	
	50m:	150m:		250m:		350m:			
	100m:	200m:		300m:		400m: 6:27.48			
13.	GRZECZKA, Natalia		04	UKS NAWA Skierniewice			7:10.24	161	
	50m: 46.08 46.08	150m: 2:36.61	56.56	250m: 4:27.77	55.59	350m: 6:20.88	55.67		
	100m: 1:40.05 53.97	200m: 3:32.18	55.57	300m: 5:25.21	57.44	400m: 7:10.24	49.36		
14.	W GRZYNOWICZ, Oliwia		04	UKS NAWA Skierniewice			7:11.58	160	
	50m: 1:41.14 1:41.14	150m:		250m: 4:31.52		350m:			
	100m:	200m:		300m:		400m: 7:11.58			
NIE UK.	KOWACKA, Aleksandra		04	UKS SP 149 Łód					
	50m: 39.32 39.32	150m:		250m:		350m: 5:51.73	39.96		
	100m:	200m:		300m: 5:11.77		400m:			

DRU YNOWE MISTRZOSTWA MŁODZIKÓW 12-13 lat woj. łódzkiego w pływaniu
Rawa Mazowiecka, 19-3-2016

Konkurencja 7, Kobiet, 400m dowolny

13 lat

1.	KNOP, Aleksandra	03	UKS 190 Łód	4:27.31	675
	50m: 30.51 30.51	150m: 1:39.14	34.68	250m: 2:47.34	33.60
	100m: 1:04.46 33.95	200m: 2:13.74	34.60	300m: 3:21.63	34.29
				350m: 3:55.20	33.57
				400m: 4:27.31	32.11
2.	URBANIAK, Dominika	03	UKS 190 Łód	4:40.53	584
	50m: 32.17 32.17	150m: 1:42.59	35.31	250m: 2:54.12	35.75
	100m: 1:07.28 35.11	200m: 2:18.37	35.78	300m: 3:30.10	35.98
				350m: 4:05.76	35.66
				400m: 4:40.53	34.77
3.	HA. ADYN, Karolina	03	UKS 190 Łód	4:51.80	519
	50m: 33.98 33.98	150m: 1:48.14	37.48	250m: 3:01.95	36.79
	100m: 1:10.66 36.68	200m: 2:25.16	37.02	300m: 3:38.84	36.89
				350m: 4:15.79	36.95
				400m: 4:51.80	36.01
4.	STERNICZUK, Weronika	03	UKS 5 Kons. Łódzki	4:53.88	508
	50m: 33.87 33.87	150m:		250m:	350m:
	100m: 1:47.31 1:13.44	200m:		300m:	400m: 4:53.88
5.	ZBROJEWSKA, Zofia	03	MKS Trójka Łód	4:57.03	492
	50m: 32.96 32.96	150m: 1:47.84	37.35	250m: 3:03.46	38.06
	100m: 1:10.49 37.53	200m: 2:25.40	37.56	300m: 3:41.90	38.44
				350m: 4:19.56	37.66
				400m: 4:57.03	37.47
6.	MOTYL, Sara	03	UKS 190 Łód	5:01.10	472
	50m:	150m:		250m:	350m: 4:25.31
	100m: 1:14.00	200m: 2:31.83		300m:	400m: 5:01.10 35.79
7.	KOZANECKA, Laura	03	UKS 190 Łód	5:04.15	458
	50m: 36.09 36.09	150m: 1:53.66	38.93	250m: 3:11.30	38.49
	100m: 1:14.73 38.64	200m: 2:32.81	39.15	300m: 3:49.77	38.47
				350m: 4:27.64	37.87
				400m: 5:04.15	36.51
8.	KOSTRZEWSKA, Maria	03	UKS 190 Łód	5:07.33	444
	50m: 37.22 37.22	150m:		250m: 3:13.74	350m: 4:30.68
	100m:	200m:		300m:	400m: 5:07.33 36.65
9.	SZYMA SKA, Julia	03	UKS 190 Łód	5:10.22	432
	50m: 36.18 36.18	150m: 1:57.10	40.01	250m: 3:16.16	39.35
	100m: 1:17.09 40.91	200m: 2:36.81	39.71	300m: 3:54.96	38.80
				350m: 4:33.51	38.55
				400m: 5:10.22	36.71
10.	URBA SKA, Barbara	03	UKS SP 149 Łód	5:15.13	412
	50m: 35.46 35.46	150m: 1:54.85	40.20	250m: 3:15.58	39.96
	100m: 1:14.65 39.19	200m: 2:35.62	40.77	300m: 3:56.43	40.85
				350m: 4:37.11	40.68
				400m: 5:15.13	38.02
11.	CIESIELSKA, Natalia	03	UKS SP 149 Łód	5:18.95	397
	50m: 37.37 37.37	150m: 1:57.77	40.55	250m: 3:19.05	41.14
	100m: 1:17.22 39.85	200m: 2:37.91	40.14	300m: 3:59.90	40.85
				350m: 4:39.88	39.98
				400m: 5:18.95	39.07
12.	LIWOWSKA, Maria	03	UKS 5 Kons. Łódzki	5:26.46	370
	50m: 36.62 36.62	150m: 1:57.83	41.19	250m: 3:20.86	41.39
	100m: 1:16.64 40.02	200m: 2:39.47	41.64	300m: 4:03.34	42.48
				350m: 4:45.35	42.01
				400m: 5:26.46	41.11
13.	WIECZOREK, Marika	03	MUKS Wiking Tomaszów	5:30.45	357
	50m: 36.14 36.14	150m: 1:58.67	41.08	250m: 3:24.85	43.34
	100m: 1:17.59 41.45	200m: 2:41.51	42.84	300m: 4:08.55	43.70
				350m: 4:52.15	43.60
				400m: 5:30.45	38.30
14.	MILCZAREK, Oliwia	03	MKS Trójka Łód	5:31.88	352
	50m: 37.70 37.70	150m: 2:01.67	42.68	250m: 3:27.39	42.47
	100m: 1:18.99 41.29	200m: 2:44.92	43.25	300m: 4:10.65	43.26
				350m: 4:52.28	41.63
				400m: 5:31.88	39.60
15.	JASI SKA, Martyna	03	MUKS Wodnik Łask	5:35.11	342
	50m: 37.87 37.87	150m: 2:03.54	43.58	250m: 3:30.65	43.19
	100m: 1:19.96 42.09	200m: 2:47.46	43.92	300m: 4:13.28	42.63
				350m: 4:54.80	41.52
				400m: 5:35.11	40.31
16.	BUJNOWICZ, Laura	03	UKS 5 Kons. Łódzki	5:43.90	317
	50m: 38.40 38.40	150m: 2:04.90	43.39	250m: 3:32.83	44.48
	100m: 1:21.51 43.11	200m: 2:48.35	43.45	300m: 4:16.89	44.06
				350m: 5:01.87	44.98
				400m: 5:43.90	42.03
17.	WODECKA, Roksana	03	UKS SP 19 Łód	5:46.16	310
	50m: 37.81 37.81	150m: 2:05.16	44.71	250m: 3:34.75	44.42
	100m: 1:20.45 42.64	200m: 2:50.33	45.17	300m: 4:19.47	44.72
				350m: 5:03.18	43.71
				400m: 5:46.16	42.98
18.	SMEJDA, Julia	03	UKS Delfin Piotrków Tryb.	6:02.76	270
	50m: 39.56 39.56	150m: 2:11.19	46.37	250m: 3:44.22	47.01
	100m: 1:24.82 45.26	200m: 2:57.21	46.02	300m: 4:30.98	46.76
				350m: 5:17.57	46.59
				400m: 6:02.76	45.19

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Rawa Mazowiecka, 19-3-2016

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja		Rok ur.						Czas	Pkt.
19.	PUCZY SKA, Gabriela	03	UKS 5 Kons. Łódzki					6:10.48	253
	50m: 39.80 39.80			150m: 2:12.92 47.26		250m: 350m:		6:10.48	
	100m: 1:25.66 45.86			200m:		300m: 400m:			
20.	WIRTEK, Karolina	03	UKS Delfin Piotrków Tryb.					6:22.60	230
	50m:			150m:		250m: 350m:		6:22.60	
	100m:			200m:		300m: 400m:			
Open									
1.	KNOP, Aleksandra	03	UKS 190 Łód					4:27.31	675
	50m: 30.51 30.51			150m: 1:39.14 34.68		250m: 2:47.34 33.60		350m: 3:55.20 33.57	
	100m: 1:04.46 33.95			200m: 2:13.74 34.60		300m: 3:21.63 34.29		400m: 4:27.31 32.11	
2.	URBANIĄK, Dominika	03	UKS 190 Łód					4:40.53	584
	50m: 32.17 32.17			150m: 1:42.59 35.31		250m: 2:54.12 35.75		350m: 4:05.76 35.66	
	100m: 1:07.28 35.11			200m: 2:18.37 35.78		300m: 3:30.10 35.98		400m: 4:40.53 34.77	
3.	HAŁADYŃ, Karolina	03	UKS 190 Łód					4:51.80	519
	50m: 33.98 33.98			150m: 1:48.14 37.48		250m: 3:01.95 36.79		350m: 4:15.79 36.95	
	100m: 1:10.66 36.68			200m: 2:25.16 37.02		300m: 3:38.84 36.89		400m: 4:51.80 36.01	
4.	STERNICZUK, Weronika	03	UKS 5 Kons. Łódzki					4:53.88	508
	50m: 33.87 33.87			150m:		250m: 350m:		4:53.88	
	100m: 1:47.31 1:13.44			200m:		300m: 400m:			
5.	ZBROJEWSKA, Zofia	03	MKS Trójka Łód					4:57.03	492
	50m: 32.96 32.96			150m: 1:47.84 37.35		250m: 3:03.46 38.06		350m: 4:19.56 37.66	
	100m: 1:10.49 37.53			200m: 2:25.40 37.56		300m: 3:41.90 38.44		400m: 4:57.03 37.47	
6.	MOTYL, Sara	03	UKS 190 Łód					5:01.10	472
	50m:			150m:		250m: 350m:		4:25.31	
	100m: 1:14.00			200m: 2:31.83		300m: 400m:		5:01.10 35.79	
7.	KOZANECKA, Laura	03	UKS 190 Łód					5:04.15	458
	50m: 36.09 36.09			150m: 1:53.66 38.93		250m: 3:11.30 38.49		350m: 4:27.64 37.87	
	100m: 1:14.73 38.64			200m: 2:32.81 39.15		300m: 3:49.77 38.47		400m: 5:04.15 36.51	
8.	KOSTRZEWSKA, Maria	03	UKS 190 Łód					5:07.33	444
	50m: 37.22 37.22			150m:		250m: 3:13.74		350m: 4:30.68	
	100m:			200m:		300m: 400m:		5:07.33 36.65	
9.	RACZY SKA, Wiktoria	04	SKS 137 Delfin Łód					5:08.32	440
	50m: 35.34 35.34			150m:		250m: 3:11.20 39.02		350m: 4:30.00 39.49	
	100m: 1:14.45 39.11			200m: 2:32.18		300m: 3:50.51 39.31		400m: 5:08.32 38.32	
10.	SZYMA SKA, Julia	03	UKS 190 Łód					5:10.22	432
	50m: 36.18 36.18			150m: 1:57.10 40.01		250m: 3:16.16 39.35		350m: 4:33.51 38.55	
	100m: 1:17.09 40.91			200m: 2:36.81 39.71		300m: 3:54.96 38.80		400m: 5:10.22 36.71	
11.	MACIASZCZYK, Weronika	04	UKS SP 149 Łód					5:14.63	414
	50m: 38.07 38.07			150m:		250m: 350m:		5:14.63	
	100m: 1:19.15 41.08			200m: 2:40.36		300m: 400m:			
12.	URBA SKA, Barbara	03	UKS SP 149 Łód					5:15.13	412
	50m: 35.46 35.46			150m: 1:54.85 40.20		250m: 3:15.58 39.96		350m: 4:37.11 40.68	
	100m: 1:14.65 39.19			200m: 2:35.62 40.77		300m: 3:56.43 40.85		400m: 5:15.13 38.02	
13.	MACIASZCZYK, Wiktoria	04	UKS SP 149 Łód					5:15.65	410
	50m: 37.43 37.43			150m: 1:59.55 41.10		250m: 3:20.30 40.30		350m: 4:38.76 38.81	
	100m: 1:18.45 41.02			200m: 2:40.00 40.45		300m: 3:59.95 39.65		400m: 5:15.65 36.89	
14.	CIESIELSKA, Natalia	03	UKS SP 149 Łód					5:18.95	397
	50m: 37.37 37.37			150m: 1:57.77 40.55		250m: 3:19.05 41.14		350m: 4:39.88 39.98	
	100m: 1:17.22 39.85			200m: 2:37.91 40.14		300m: 3:59.90 40.85		400m: 5:18.95 39.07	
15.	LIWOWSKA, Maria	03	UKS 5 Kons. Łódzki					5:26.46	370
	50m: 36.62 36.62			150m: 1:57.83 41.19		250m: 3:20.86 41.39		350m: 4:45.35 42.01	
	100m: 1:16.64 40.02			200m: 2:39.47 41.64		300m: 4:03.34 42.48		400m: 5:26.46 41.11	

DRU YNOWE MISTRZOSTWA MŁODZIKÓW 12-13 lat woj. łódzkiego w pływaniu
Rawa Mazowiecka, 19-3-2016

Konkurencja 7, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.		
16.	WIECZOREK, Marika		03	MUKS Wiking Tomaszów				5:30.45	357		
	50m:	36.14 36.14	150m:	1:58.67	41.08	250m:	3:24.85	43.34	350m:	4:52.15	43.60
	100m:	1:17.59 41.45	200m:	2:41.51	42.84	300m:	4:08.55	43.70	400m:	5:30.45	38.30
17.	MILCZAREK, Oliwia		03	MKS Trójka Łód				5:31.88	352		
	50m:	37.70 37.70	150m:	2:01.67	42.68	250m:	3:27.39	42.47	350m:	4:52.28	41.63
	100m:	1:18.99 41.29	200m:	2:44.92	43.25	300m:	4:10.65	43.26	400m:	5:31.88	39.60
18.	WRZESI SKA, Wiktoria		04	UKS 190 Łód				5:31.89	352		
	50m:	37.93 37.93	150m:	2:03.26	43.15	250m:	3:27.80	41.90	350m:	4:52.07	41.70
	100m:	1:20.11 42.18	200m:	2:45.90	42.64	300m:	4:10.37	42.57	400m:	5:31.89	39.82
19.	JASI SKA, Martyna		03	MUKS Wodnik Łask				5:35.11	342		
	50m:	37.87 37.87	150m:	2:03.54	43.58	250m:	3:30.65	43.19	350m:	4:54.80	41.52
	100m:	1:19.96 42.09	200m:	2:47.46	43.92	300m:	4:13.28	42.63	400m:	5:35.11	40.31
20.	WITEK, Oliwia		04	UKS SP 149 Łód				5:37.23	336		
	50m:	38.36 38.36	150m:	2:05.42	43.37	250m:	3:31.53	43.02	350m:	4:56.09	41.97
	100m:	1:22.05 43.69	200m:	2:48.51	43.09	300m:	4:14.12	42.59	400m:	5:37.23	41.14
21.	BUJNOWICZ, Laura		03	UKS 5 Kons. Łódzki				5:43.90	317		
	50m:	38.40 38.40	150m:	2:04.90	43.39	250m:	3:32.83	44.48	350m:	5:01.87	44.98
	100m:	1:21.51 43.11	200m:	2:48.35	43.45	300m:	4:16.89	44.06	400m:	5:43.90	42.03
22.	WODECKA, Roksana		03	UKS SP 19 Łód				5:46.16	310		
	50m:	37.81 37.81	150m:	2:05.16	44.71	250m:	3:34.75	44.42	350m:	5:03.18	43.71
	100m:	1:20.45 42.64	200m:	2:50.33	45.17	300m:	4:19.47	44.72	400m:	5:46.16	42.98
23.	BIERNACKA, Maja		04	MKS Jedyńka Łód				5:55.92	286		
	50m:		150m:			250m:	3:42.06	45.83	350m:	5:11.71	
	100m:		200m:	2:56.23		300m:			400m:	5:55.92	44.21
24.	HAŁADYN, Kamila		04	UKS 190 Łód				5:56.18	285		
	50m:	38.21 38.21	150m:	2:07.57	45.66	250m:	3:38.50	46.13	350m:	5:12.34	47.04
	100m:	1:21.91 43.70	200m:	2:52.37	44.80	300m:	4:25.30	46.80	400m:	5:56.18	43.84
25.	SMEJDA, Julia		03	UKS Delfin Piotrków Tryb.				6:02.76	270		
	50m:	39.56 39.56	150m:	2:11.19	46.37	250m:	3:44.22	47.01	350m:	5:17.57	46.59
	100m:	1:24.82 45.26	200m:	2:57.21	46.02	300m:	4:30.98	46.76	400m:	6:02.76	45.19
26.	JERUZAL, Nadia		04	UKS 55 Łód				6:05.84	263		
	50m:	40.95 40.95	150m:	2:13.11	46.34	250m:	3:47.12	47.13	350m:	5:21.07	47.13
	100m:	1:26.77 45.82	200m:	2:59.99	46.88	300m:	4:33.94	46.82	400m:	6:05.84	44.77
27.	PUCZY SKA, Gabriela		03	UKS 5 Kons. Łódzki				6:10.48	253		
	50m:	39.80 39.80	150m:	2:12.92	47.26	250m:			350m:		
	100m:	1:25.66 45.86	200m:			300m:			400m:	6:10.48	
28.	SZCZEPA CZYK, Nikola		04	UKS 55 Łód				6:15.78	243		
	50m:	37.78 37.78	150m:	2:08.65	47.33	250m:	3:44.95	48.58	350m:	5:25.82	51.23
	100m:	1:21.32 43.54	200m:	2:56.37	47.72	300m:	4:34.59	49.64	400m:	6:15.78	49.96
29.	GÓRSKA, Julia		04	UKS NAWA Skierniewice				6:18.96	237		
	50m:	39.92 39.92	150m:	2:15.73	47.47	250m:	3:52.89	49.34	350m:	5:31.83	49.23
	100m:	1:28.26 48.34	200m:	3:03.55	47.82	300m:	4:42.60	49.71	400m:	6:18.96	47.13
30.	WIRTEK, Karolina		03	UKS Delfin Piotrków Tryb.				6:22.60	230		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	6:22.60	
31.	WI NIEWSKA, Lena		04	TP Olimpijczyk Aleksandrów				6:24.28	227		
	50m:	39.67 39.67	150m:	2:15.33	48.73	250m:	3:54.84	50.05	350m:	5:36.65	51.12
	100m:	1:26.60 46.93	200m:	3:04.79	49.46	300m:	4:45.53	50.69	400m:	6:24.28	47.63
32.	PETERA, Patrycja		04	UKS 5 Kons. Łódzki				6:27.48	221		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	6:27.48	
33.	GRZECZKA, Natalia		04	UKS NAWA Skierniewice				7:10.24	161		
	50m:	46.08 46.08	150m:	2:36.61	56.56	250m:	4:27.77	55.59	350m:	6:20.88	55.67
	100m:	1:40.05 53.97	200m:	3:32.18	55.57	300m:	5:25.21	57.44	400m:	7:10.24	49.36

DRU YNOWE MISTRZOSTWA MŁODZIKÓW 12-13 lat woj. łódzkiego w pływaniu
Rawa Mazowiecka, 19-3-2016

Konkurencja 7, Kobiet, 400m dowolny, Open

Pozycja		Rok ur.		Czas	Pkt.
34.	W GRZYNOWICZ, Oliwia	04	UKS NAWA Skierniewice	7:11.58	160
	50m: 1:41.14 1:41.14		250m: 4:31.52	350m:	
	100m:		300m:	400m: 7:11.58	
NIE UK.	KOWACKA, Aleksandra	04	UKS SP 149 Łód		
	50m: 39.32 39.32		250m:	350m: 5:51.73	39.96
	100m:		300m: 5:11.77	400m:	