

II RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH
Chodzie , 7 - 8-5-2016

Konkurencja 21
2016-05-08 - 9:57

Kobiet, 400 SF

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Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	KPP
Kat. A										
1.	TRUSZCZY SKA, Katarzyna		90	Torunczyk Toru				3:27.89		
	50m:	23.97 23.97	150m:	1:14.81 25.71	250m:	2:08.25 27.00	350m:	3:02.65 27.13		
	100m:	49.10 25.13	200m:	1:41.25 26.44	300m:	2:35.52 27.27	400m:	3:27.89 25.24		
2.	STACHOWIAK, Agnieszka		98	Uks Rekin Wrocław				4:06.89		
	50m:	26.76 26.76	150m:	1:26.79 30.84	250m:	2:30.57 32.71	350m:	3:35.96 32.66		
	100m:	55.95 29.19	200m:	1:57.86 31.07	300m:	3:03.30 32.73	400m:	4:06.89 30.93		
3.	P KALA, Agnieszka		97	MKP FLOTA Gdynia				4:31.95		
	50m:	28.39 28.39	150m:	1:33.58 33.74	250m:	2:44.94 35.65	350m:	3:57.32 35.64		
	100m:	59.84 31.45	200m:	2:09.29 35.71	300m:	3:21.68 36.74	400m:	4:31.95 34.63		
Kat. B										
1.	RETTIG, Agata		00	UKS Delfinek SP1 Chodzie				3:38.60		
	50m:	24.69 24.69	150m:	1:18.46 27.48	250m:	2:15.51 28.56	350m:	3:12.09 28.05		
	100m:	50.98 26.29	200m:	1:46.95 28.49	300m:	2:44.04 28.53	400m:	3:38.60 26.51		
2.	STRACHANOWSKA, Helena		99	Uks Delfin Jastarnia				3:55.90		
	50m:	25.52 25.52	150m:	1:24.66 30.37	250m:	2:27.29 31.41	350m:	3:27.69 29.79		
	100m:	54.29 28.77	200m:	1:55.88 31.22	300m:	2:57.90 30.61	400m:	3:55.90 28.21		
3.	JAGIELSKA, Agata		99	Laguna 24 Toru				3:56.63		
	50m:	25.50 25.50	150m:	1:24.04 29.71	250m:	2:25.88 30.55	350m:	3:27.90 30.93		
	100m:	54.33 28.83	200m:	1:55.33 31.29	300m:	2:56.97 31.09	400m:	3:56.63 28.73		
Kat. C										
1.	KLOC, Natalia		01	Uks Rekin Wrocław				4:06.83		
	50m:	27.73 27.73	150m:	1:29.63 31.71	250m:	2:34.18 32.42	350m:	3:37.86 31.09		
	100m:	57.92 30.19	200m:	2:01.76 32.13	300m:	3:06.77 32.59	400m:	4:06.83 28.97		
Kat. D										
1.	OSZKIEL, Wiktoria		04	KS Nautilus Jastrz bie				4:34.20		
	50m:	29.86 29.86	150m:	1:23.87 20.18	250m:	2:50.46 35.76	350m:	4:00.89 34.02		
	100m:	1:03.69 33.83	200m:	2:14.70 50.83	300m:	3:26.87 36.41	400m:	4:34.20 33.31		
2.	DREGER, Maria		04	UKS Delfinek SP1 Chodzie				4:36.79		
	50m:	29.98 29.98	150m:	1:39.25 35.01	250m:	2:53.69 36.60	350m:	4:03.92 33.75		
	100m:	1:04.24 34.26	200m:	2:17.09 37.84	300m:	3:30.17 36.48	400m:	4:36.79 32.87		
Kat. E										
1.	WIECZOREK, Zuzanna		05	Wielkopolski Klub Sportowy				5:10.19		
	50m:	35.79 35.79	150m:	1:54.32 39.91	250m:	3:15.12 40.14	350m:	4:33.27 38.29		
	100m:	1:14.41 38.62	200m:	2:34.98 40.66	300m:	3:54.98 39.86	400m:	5:10.19 36.92		
2.	KLASA, Kinga		07	Uks Wodniacy Garczyn				6:12.27		
	50m:	37.80 37.80	150m:	2:14.43 50.02	250m:	3:53.04 47.84	350m:	5:29.92 48.46		
	100m:	1:24.41 46.61	200m:	3:05.20 50.77	300m:	4:41.46 48.42	400m:	6:12.27 42.35		