



VII NORTH CUP - LEGA OLECKO LEGA 2023
OLECKO, 30.9. - 1.10.2023

Konkurencja 27
01.10.2023 - 11:37

Kobiet, 400 PP/Surface

Open
Wyniki

Punkty: Table 1000

Pozycja	Wiek	Czas	PUNKTY	100m	200m	300m	400m
KAT.E							
1. LELLEK Kaja	10	KS Aqua Sport Ko cierzyna	5:02.65	1:16.71	1:17.99	1:17.90	1:10.05
50m: 36.56	36.56	150m: 1:55.48	38.77	250m: 3:15.27	40.57	350m: 4:25.31	32.71
100m: 1:16.71	40.15	200m: 2:34.70	39.22	300m: 3:52.60	37.33	400m: 5:02.65	37.34
KAT.D							
1. PANUSZKO Lidia	13	Amfiprion Olecko	4:24.02	1:00.53	1:09.17	1:08.58	1:05.74
50m: 28.30	28.30	150m: 1:34.99	34.46	250m: 2:43.99	34.29	350m: 3:53.43	35.15
100m: 1:00.53	32.23	200m: 2:09.70	34.71	300m: 3:18.28	34.29	400m: 4:24.02	30.59
2. KUCHARSKA Nina	12	KS Aqua Sport Ko cierzyna	5:01.64	1:13.41	1:18.33	1:19.59	1:10.31
50m: 36.08	36.08	150m: 1:52.41	39.00	250m: 3:10.92	39.18	350m: 4:29.56	38.23
100m: 1:13.41	37.33	200m: 2:31.74	39.33	300m: 3:51.33	40.41	400m: 5:01.64	32.08
KAT.C							
1. SZYBALSKA Anna	15	KS Aqua Sport Ko cierzyna	4:00.92	54.91	1:02.08	1:03.25	1:00.68
50m: 26.07	26.07	150m: 1:25.98	31.07	250m: 2:28.56	31.57	350m: 3:31.48	31.24
100m: 54.91	28.84	200m: 1:56.99	31.01	300m: 3:00.24	31.68	400m: 4:00.92	29.44
2. NARKOWICZ Iga	15	Uks Delfin Jastarnia	4:18.45	59.93	1:07.08	1:06.56	1:04.88
50m: 27.94	27.94	150m: 1:33.27	33.34	250m: 2:40.23	33.22	350m: 3:46.99	33.42
100m: 59.93	31.99	200m: 2:07.01	33.74	300m: 3:13.57	33.34	400m: 4:18.45	31.46
3. LELLEK Wiktoria	14	KS Aqua Sport Ko cierzyna	4:23.09	59.98	1:06.73	1:08.61	1:07.77
50m: 28.75	28.75	150m: 1:33.38	33.40	250m: 2:41.08	34.37	350m: 3:49.68	34.36
100m: 59.98	31.23	200m: 2:06.71	33.33	300m: 3:15.32	34.24	400m: 4:23.09	33.41
4. INGA Svetlova	14	Akvalang Sk	4:39.96	1:03.68	1:13.12	1:14.12	1:09.04
50m: 29.47	29.47	150m: 1:39.92	36.24	250m: 2:53.82	37.02	350m: 4:07.69	36.77
100m: 1:03.68	34.21	200m: 2:16.80	36.88	300m: 3:30.92	37.10	400m: 4:39.96	32.27
5. NIKITINA Arina	14	Sostines Sport Centre - 1 (S)	4:49.65	1:03.37	1:13.72	1:17.75	1:14.81
50m: 30.29	30.29	150m: 1:39.16	35.79	250m: 2:55.31	38.22	350m: 4:14.43	39.59
100m: 1:03.37	33.08	200m: 2:17.09	37.93	300m: 3:34.84	39.53	400m: 4:49.65	35.22
KAT.B							
1. GUZI SKA Olga	17	UKS Manta Ko cierzyna	3:59.96	54.06	1:00.13	1:02.60	1:03.17
50m: 26.16	26.16	150m: 1:23.59	29.53	250m: 2:25.21	31.02	350m: 3:28.78	31.99
100m: 54.06	27.90	200m: 1:54.19	30.60	300m: 2:56.79	31.58	400m: 3:59.96	31.18
2. STRZ PKA Olga	16	Delfinek Chodzie	4:10.58	58.21	1:04.33	1:04.27	1:03.77
50m: 27.84	27.84	150m: 1:30.09	31.88	250m: 2:34.63	32.09	350m: 3:39.43	32.62
100m: 58.21	30.37	200m: 2:02.54	32.45	300m: 3:06.81	32.18	400m: 4:10.58	31.15
3. KOHNKE Nicole	16	Uks Delfin Jastarnia	4:23.47	1:00.39	1:07.96	1:09.26	1:05.86
50m: 28.59	28.59	150m: 1:33.96	33.57	250m: 2:42.65	34.30	350m: 3:51.58	33.97
100m: 1:00.39	31.80	200m: 2:08.35	34.39	300m: 3:17.61	34.96	400m: 4:23.47	31.89
KAT.A							
1. TRUSZCZY SKA-GZYL K.	33	UKS Tri-Sea Mewa Władysław	3:47.92	52.91	56.19	58.97	59.85
50m: 25.87	25.87	150m: 1:20.56	27.65	250m: 2:18.20	29.10	350m: 3:18.19	30.12
100m: 52.91	27.04	200m: 1:49.10	28.54	300m: 2:48.07	29.87	400m: 3:47.92	29.73
2. TUSK Weronika	18	UKS Tri-Sea Mewa Władysław	4:02.10	54.47	1:01.09	1:03.30	1:03.24
50m: 26.01	26.01	150m: 1:24.38	29.91	250m: 2:26.91	31.35	350m: 3:30.92	32.06
100m: 54.47	28.46	200m: 1:55.56	31.18	300m: 2:58.86	31.95	400m: 4:02.10	31.18

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Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

01.10.2023 12:04 - Strona 1

