

Sprawdzian Wytrzymała ci i Wszechstronno ci stylowej w pływaniu  
 OLSZTYN, 7.10.2023

 Konkurencja 3  
 07.10.2023 - 11:36

Dziewcz t, 400m dowolny

 11 lat  
 Wyniki

Punkty: FINA 2022

Pozycja				Wiek					Czas	Pkt.		
1.	KRYSZTOF Alicja			11	MTP Kormoran Olsztyn				<b>5:36.76</b>	335		
	50m:	37.12	37.12	150m:	2:03.98	43.83	250m:	3:30.38	43.20	350m:	4:56.45	43.00
	100m:	1:20.15	43.03	200m:	2:47.18	43.20	300m:	4:13.45	43.07	400m:	5:36.76	40.31
2.	GALEWSKA Isabella			11	MTP Kormoran Olsztyn				<b>6:16.11</b>	240		
	50m:	41.59	41.59	150m:	2:20.68	50.07	250m:	3:56.50	49.96	350m:	5:31.28	48.84
	100m:	1:30.61	49.02	200m:	3:06.54	45.86	300m:	4:42.44	45.94	400m:	6:16.11	44.83
3.	PI TKOWSKA Maja			11	UKS „Frog” Gi ycko				<b>6:19.58</b>	234		
	50m:	40.44	40.44	150m:	2:17.09	49.07	250m:	3:55.32	49.53	350m:	5:33.76	49.05
	100m:	1:28.02	47.58	200m:	3:05.79	48.70	300m:	4:44.71	49.39	400m:	6:19.58	45.82
4.	SZLEJTER Zuzanna			11	UKS „Frog” Gi ycko				<b>6:28.46</b>	218		
	50m:	42.87	42.87	150m:	2:22.26	50.38	250m:	4:02.30	50.09	350m:	5:41.13	48.60
	100m:	1:31.88	49.01	200m:	3:12.21	49.95	300m:	4:52.53	50.23	400m:	6:28.46	47.33
5.	PIOTROWSKA Lena			11	MTP Kormoran Olsztyn				<b>6:47.67</b>	188		
	50m:	43.11	43.11	150m:	2:32.06	54.56	250m:	4:19.94	53.09	350m:	6:02.11	51.69
	100m:	1:37.50	54.39	200m:	3:26.85	54.79	300m:	5:10.42	50.48	400m:	6:47.67	45.56
6.	JARMOSZKO Helena			11	MTP Kormoran Olsztyn				<b>7:22.45</b>	147		
	50m:	46.52	46.52	150m:	2:40.27	56.38	250m:	4:36.28	58.74	350m:	6:30.84	56.79
	100m:	1:43.89	57.37	200m:	3:37.54	57.27	300m:	5:34.05	57.77	400m:	7:22.45	51.61
7.	BORKOWSKA Marianna			11	UKS „Frog” Gi ycko				<b>7:28.04</b>	142		
	50m:	50.16	50.16	150m:	2:42.24	56.79	250m:	4:39.53	58.36	350m:	6:35.03	56.84
	100m:	1:45.45	55.29	200m:	3:41.17	58.93	300m:	5:38.19	58.66	400m:	7:28.04	53.01
8.	OPALACH Amelia			11	MTP Kormoran Olsztyn				<b>7:42.03</b>	129		
	50m:	50.33	50.33	150m:	2:46.29	58.09	250m:	4:45.30	1:00.15	350m:	6:47.94	1:00.70
	100m:	1:48.20	57.87	200m:	3:45.15	58.86	300m:	5:47.24	1:01.94	400m:	7:42.03	54.09
9.	KOWALCZYK Nina			11	UKS „Frog” Gi ycko				<b>8:17.09</b>	104		
	50m:	55.26	55.26	150m:	3:00.15	1:02.90	250m:	5:08.32	1:03.59	350m:	7:19.17	1:06.78
	100m:	1:57.25	1:01.99	200m:	4:04.73	1:04.58	300m:	6:12.39	1:04.07	400m:	8:17.09	57.92
10.	GROSZ Kornelia			11	MTP Kormoran Olsztyn				<b>8:48.80</b>	86		
	50m:	59.88	59.88	150m:	3:19.16	1:10.02	250m:	5:39.33	1:12.06	350m:	7:41.18	58.24
	100m:	2:09.14	1:09.26	200m:	4:27.27	1:08.11	300m:	6:42.94	1:03.61	400m:	8:48.80	1:07.62