



VII GRAND PRIX WARMII I MAZUR W PŁYWANIU
OLSZTYN, 2. - 3.12.2023

Konkurencja 19
02.12.2023 - 18:42

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Rekord PL Open	4:31.89	BARANOWSKA Katarzyna	00116	Debrecen (HUN)	16.12.2007
Rekord PL 19 +	4:31.89	BARANOWSKA Katarzyna	00116	Debrecen (HUN)	16.12.2007
Rekord PL 18	4:33.70	BARANOWSKA Katarzyna	POL	Trieste (ITA)	11.12.2005
Rekord PL 17	4:33.26	NITKA Aleksandra	01006	Zabierzow	09.10.2010
Rekord PL 16	4:35.65	KNOP Aleksandra	01605	Ostrowiec Sw	18.12.2019
Rekord PL 15	4:38.89	KNOP Aleksandra	01605	Lublin	18.12.2018
Rekord PL 14	4:43.77	KNOP Aleksandra	01605	Lodz	22.12.2017
Rekord PL 13	4:54.66	KNOP Aleksandra	05	Raciborz	15.10.2016

Punkty: FINA 2023

Pozycja	Wiek				Czas				Pkt.		
1. NIZIO Kamila	13				UKS „GIM 92 Ursynów”				542		
50m:	35.18	35.18	150m:	2:00.13	43.33	250m:	3:24.37	42.64	350m:	4:43.51	37.19
100m:	1:16.80	41.62	200m:	2:41.73	41.60	300m:	4:06.32	41.95	400m:	5:17.52	34.01
2. WALCZYK Hanna	13				Grudzi dzki KP „Orka”				509		
50m:	33.28	33.28	150m:	1:54.25	41.60	250m:	3:21.56	47.85	350m:	4:47.74	37.39
100m:	1:12.65	39.37	200m:	2:33.71	39.46	300m:	4:10.35	48.79	400m:	5:24.20	36.46
3. ZIELI SKA Maria	19				MPKS Orka w Ciechanowie				503		
50m:	33.76	33.76	150m:	2:00.50	44.24	250m:	3:25.67	42.81	350m:	4:47.78	38.59
100m:	1:16.26	42.50	200m:	2:42.86	42.36	300m:	4:09.19	43.52	400m:	5:25.50	37.72
4. SZKRABA Julia	13				MTP Kormoran Olsztyn				470		
50m:	35.06	35.06	150m:	2:02.12	45.17	250m:	3:32.18	47.58	350m:	4:57.84	37.98
100m:	1:16.95	41.89	200m:	2:44.60	42.48	300m:	4:19.86	47.68	400m:	5:32.84	35.00
5. PETRAUSKAIT Otilija	13				Šiauli "Delfinas" 1				419		
50m:	41.72	41.72	150m:	2:14.10	43.28	250m:	3:44.15	48.24	350m:	5:11.97	39.06
100m:	1:30.82	49.10	200m:	2:55.91	41.81	300m:	4:32.91	48.76	400m:	5:45.95	33.98
6. TIPELYT Aust ja	13				Šiauli "Delfinas" 1				416		
50m:	39.15	39.15	150m:	2:07.71	43.03	250m:	3:38.01	48.74	350m:	5:07.17	40.71
100m:	1:24.68	45.53	200m:	2:49.27	41.56	300m:	4:26.46	48.45	400m:	5:46.74	39.57
7. BARISTAIT August	13				Šiauli "Delfinas" 1				379		
50m:	39.35	39.35	150m:	2:14.07	49.27	250m:	3:50.58	49.03	350m:	5:18.62	39.64
100m:	1:24.80	45.45	200m:	3:01.55	47.48	300m:	4:38.98	48.40	400m:	5:57.79	39.17
8. STONKUTE Gabija	13				Palangos sporto centras				355		
50m:	40.06	40.06	150m:	2:13.10	46.36	250m:	3:49.33	51.63	350m:	5:24.02	42.22
100m:	1:26.74	46.68	200m:	2:57.70	44.60	300m:	4:41.80	52.47	400m:	6:05.42	41.40
9. NASZKIEWICZ Inga	14				MUKS Piorun Gołdap				268		
50m:	41.27	41.27	150m:	2:26.42	52.54	250m:	4:16.36	59.24	350m:	5:58.99	44.18
100m:	1:33.88	52.61	200m:	3:17.12	50.70	300m:	5:14.81	58.45	400m:	6:41.34	42.35