

Otwarte Mistrzostwa Okręgu Małopolskiego w Pływaniu Młodzików
Bochnia, 25- - 26-6-2011

Konkurencja 19
2011-06-25 - 17:15

Dziewcząt, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.	
11 lat										
1.	PODLE NY, Emilia		00	Kmita Zabierzów				5:59.63	278	
	50m: 40.11	40.11	150m: 2:13.47	46.91	250m: 3:45.59	46.80	350m: 5:18.05	45.80		
	100m: 1:26.56	46.45	200m: 2:58.79	45.32	300m: 4:32.25	46.66	400m: 5:59.63	41.58		
2.	SZMIDT, Milena		00	Kmita Zabierzów				6:50.93	186	
	50m: 42.21	42.21	150m: 2:28.53	54.37	250m: 4:17.16	53.27	350m: 6:05.50	54.09		
	100m: 1:34.16	51.95	200m: 3:23.89	55.36	300m: 5:11.41	54.25	400m: 6:50.93	45.43		
3.	OUSLEY NASEMAN, Gabriela		00	Jordan Kraków				6:56.67	179	
	50m: 46.23	46.23	150m: 2:33.55	54.41	250m: 4:20.78	53.22	350m: 6:07.67	52.61		
	100m: 1:39.14	52.91	200m: 3:27.56	54.01	300m: 5:15.06	54.28	400m: 6:56.67	49.00		
12 lat										
1.	LESZCZY SKA, Klaudia Julia		99	Fala Niepołomice				5:06.78	449	
	50m: 34.55	34.55	150m: 1:51.10	39.20	250m: 3:09.74	39.38	350m: 4:27.89	38.68		
	100m: 1:11.90	37.35	200m: 2:30.36	39.26	300m: 3:49.21	39.47	400m: 5:06.78	38.89		
2.	JANKOWSKA, Justyna		99	Kmita Zabierzów				5:19.57	397	
	50m: 35.94	35.94	150m: 1:57.04	41.04	250m: 3:19.90	41.59	350m: 4:41.09	39.65		
	100m: 1:16.00	40.06	200m: 2:38.31	41.27	300m: 4:01.44	41.54	400m: 5:19.57	38.48		
3.	LIPIARSKA, Zofia		99	Kmita Zabierzów				5:28.96	364	
	50m: 36.84	36.84	150m: 1:59.79	41.82	250m: 3:24.11	42.04	350m: 4:48.35	41.62		
	100m: 1:17.97	41.13	200m: 2:42.07	42.28	300m: 4:06.73	42.62	400m: 5:28.96	40.61		
4.	GÓRALCZYK, Anna		99	Ósemka O wi cim				5:46.08	312	SC 1
	50m: 40.13	40.13	150m: 2:09.10	44.78	250m: 3:38.34	44.71	350m: 5:05.92	43.77		
	100m: 1:24.32	44.19	200m: 2:53.63	44.53	300m: 4:22.15	43.81	400m: 5:46.08	40.16		
5.	JANUS, Karolina		99	Ósemka O wi cim				5:46.08	312	SC 2
	50m: 39.88	39.88	150m: 2:09.29	44.81	250m: 3:38.44	44.37	350m: 5:07.51	44.59		
	100m: 1:24.48	44.60	200m: 2:54.07	44.78	300m: 4:22.92	44.48	400m: 5:46.08	38.57		
6.	SIKORA, Adrianna		99	Jordan Kraków				6:00.56	276	
	50m: 40.07	40.07	150m: 2:10.80	46.18	250m: 3:43.06	46.56	350m: 5:16.33	46.42		
	100m: 1:24.62	44.55	200m: 2:56.50	45.70	300m: 4:29.91	46.85	400m: 6:00.56	44.23		
7.	ZAGRODNIK, Alicja		99	Ósemka O wi cim				6:03.87	269	
	50m: 40.18	40.18	150m: 2:10.75	44.32	250m: 3:43.91	45.82	350m: 5:17.23	47.72		
	100m: 1:26.43	46.25	200m: 2:58.09	47.34	300m: 4:29.51	45.60	400m: 6:03.87	46.64		
8.	WARYAN, Karolina		99	Jordan Kraków				6:06.95	262	
	50m: 44.68	44.68	150m: 2:19.08	46.81	250m: 3:52.87	46.77	350m: 5:24.42	45.80		
	100m: 1:32.27	47.59	200m: 3:06.10	47.02	300m: 4:38.62	45.75	400m: 6:06.95	42.53		
9.	GAWEŁ, Aleksandra		99	Jordan Kraków				6:07.68	260	
	50m: 41.68	41.68	150m: 2:15.58	47.86	250m: 3:50.80	47.83	350m: 5:24.88	46.69		
	100m: 1:27.72	46.04	200m: 3:02.97	47.39	300m: 4:38.19	47.39	400m: 6:07.68	42.80		
13 lat										
1.	KOZIK, Anna		98	Fala Niepołomice				4:55.53	502	
	50m: 33.93	33.93	150m: 1:48.79	38.04	250m: 3:05.15	38.37	350m: 4:21.13	38.25		
	100m: 1:10.75	36.82	200m: 2:26.78	37.99	300m: 3:42.88	37.73	400m: 4:55.53	34.40		
2.	PANKOWSKA, Wiktoria		98	CKiS Skawina				4:58.45	487	
	50m: 34.59	34.59	150m: 1:50.95	38.32	250m: 3:07.10	37.64	350m: 4:23.14	37.60		
	100m: 1:12.63	38.04	200m: 2:29.46	38.51	300m: 3:45.54	38.44	400m: 4:58.45	35.31		
3.	GRUCA, Nina		98	CKiS Skawina				5:01.15	474	
	50m: 35.28	35.28	150m: 1:52.02	38.35	250m: 3:08.08	38.08	350m: 4:24.42	38.13		
	100m: 1:13.67	38.39	200m: 2:30.00	37.98	300m: 3:46.29	38.21	400m: 5:01.15	36.73		

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Konkurencja 19, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	RADO, Sonia		98	Jordan Kraków				5:09.31	438
	50m:	34.97 34.97	150m:	1:53.24 39.48	250m:	3:12.98 39.77	350m:	4:32.37 39.22	
	100m:	1:13.76 38.79	200m:	2:33.21 39.97	300m:	3:53.15 40.17	400m:	5:09.31 36.94	
5.	MIELCZAREK, Anna		98	Jordan Kraków				5:09.88	435
	50m:	35.99 35.99	150m:	1:56.00 40.36	250m:	3:16.40 40.03	350m:	4:33.80 37.79	
	100m:	1:15.64 39.65	200m:	2:36.37 40.37	300m:	3:56.01 39.61	400m:	5:09.88 36.08	
6.	KORZONEK, Urszula		98	Kmita Zabierzów				5:15.66	412
	50m:	35.47 35.47	150m:	1:55.83 40.34	250m:	3:16.72 41.15	350m:	4:37.27 40.40	
	100m:	1:15.49 40.02	200m:	2:35.57 39.74	300m:	3:56.87 40.15	400m:	5:15.66 38.39	
7.	KOLBER, Roksana		98	Unia Owiścim				5:37.01	338
	50m:	39.00 39.00	150m:	2:03.92 42.51	250m:	3:30.71 43.69	350m:	4:55.92 42.39	
	100m:	1:21.41 42.41	200m:	2:47.02 43.10	300m:	4:13.53 42.82	400m:	5:37.01 41.09	
8.	DOLEGŁO, Martyna		98	Ósemka Owiścim				5:42.04	323
	50m:	38.41 38.41	150m:	2:05.33 44.27	250m:	3:33.30 43.69	350m:	4:59.88 42.63	
	100m:	1:21.06 42.65	200m:	2:49.61 44.28	300m:	4:17.25 43.95	400m:	5:42.04 42.16	
9.	SZOSTAK, Agnieszka		98	Aquarius Mylenice				5:44.54	316
	50m:	39.86 39.86	150m:	2:06.94 43.73	250m:	3:35.63 44.52	350m:	5:02.65 43.38	
	100m:	1:23.21 43.35	200m:	2:51.11 44.17	300m:	4:19.27 43.64	400m:	5:44.54 41.89	
10.	WAJDA, Aleksandra		98	Korona Kraków				6:08.68	258
	50m:	39.18 39.18	150m:	2:10.89 46.99	250m:	3:46.71 48.18	350m:	5:22.02 47.10	
	100m:	1:23.90 44.72	200m:	2:58.53 47.64	300m:	4:34.92 48.21	400m:	6:08.68 46.66	